

OTWARTE WIOSENNE MISTRZOSTWA WARSZAWY I WOJ. MAZOWIECKIEGO
Warszawa, 16. - 17.5.2026

Konkurencja 25
16.05.2026 - 19:19

M czynn, 400m zmienny

Open
Wyniki

Punkty: Rudolph Table 2025

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | | |
|-------------------------|-----------------------|---------|---------|----------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|
| 13 lat i młodszy | | | | | | | | | | | | |
| 1. | PINIEWSKI Ignacy | | 13 | IKS Konstancin | | | | 5:29.77 | 8,4 | 397 | | |
| | 50m: | 34.99 | 34.99 | 150m: | 2:00.25 | 42.83 | 250m: | 3:30.41 | 46.80 | 350m: | 4:55.12 | 37.19 |
| | 100m: | 1:17.42 | 42.43 | 200m: | 2:43.61 | 43.36 | 300m: | 4:17.93 | 47.52 | 400m: | 5:29.77 | 34.65 |
| 2. | ZIELI SKI Oskar | | 14 | MPKS "Orka" w Ciechanowie | | | | 6:01.70 | 5,7 | 301 | | |
| | 50m: | 39.85 | 39.85 | 150m: | 2:14.80 | 45.15 | 250m: | 3:52.45 | 54.59 | 350m: | 5:24.08 | 39.04 |
| | 100m: | 1:29.65 | 49.80 | 200m: | 2:57.86 | 43.06 | 300m: | 4:45.04 | 52.59 | 400m: | 6:01.70 | 37.62 |
| 3. | SZYMA SKI Antoni | | 14 | IUKS „Muszelka” Warszawa | | | | 6:24.51 | | 250 | | |
| | 50m: | 43.81 | 43.81 | 150m: | 2:26.72 | 48.82 | 250m: | 4:05.58 | 52.21 | 350m: | 5:43.98 | 46.17 |
| | 100m: | 1:37.90 | 54.09 | 200m: | 3:13.37 | 46.65 | 300m: | 4:57.81 | 52.23 | 400m: | 6:24.51 | 40.53 |
| 14 - 15 lat | | | | | | | | | | | | |
| 1. | NITECKI Adam | | 11 | MKS Piaseczno | | | | 5:03.57 | 10,6 | 509 | | |
| | 50m: | 31.39 | 31.39 | 150m: | 1:48.90 | 40.64 | 250m: | 3:11.79 | 42.90 | 350m: | 4:29.66 | 35.30 |
| | 100m: | 1:08.26 | 36.87 | 200m: | 2:28.89 | 39.99 | 300m: | 3:54.36 | 42.57 | 400m: | 5:03.57 | 33.91 |
| 2. | BEDY SKI Jakub | | 11 | MKS „Jagiellonka” Warszawa | | | | 5:04.53 | 10,3 | 504 | | |
| | 50m: | 29.78 | 29.78 | 150m: | 1:44.93 | 40.43 | 250m: | 3:09.84 | 45.22 | 350m: | 4:30.91 | 35.05 |
| | 100m: | 1:04.50 | 34.72 | 200m: | 2:24.62 | 39.69 | 300m: | 3:55.86 | 46.02 | 400m: | 5:04.53 | 33.62 |
| 3. | SZOK Filip | | 11 | MKS Ochota Warszawa | | | | 5:04.78 | 10,3 | 503 | | |
| | 50m: | 28.79 | 28.79 | 150m: | 1:45.55 | 41.79 | 250m: | 3:11.83 | 46.59 | 350m: | 4:31.91 | 33.98 |
| | 100m: | 1:03.76 | 34.97 | 200m: | 2:25.24 | 39.69 | 300m: | 3:57.93 | 46.10 | 400m: | 5:04.78 | 32.87 |
| 4. | WACHOWSKI Maksymilian | | 12 | MKS Ochota Warszawa | | | | 5:09.98 | 10,9 | 478 | | |
| | 50m: | 31.03 | 31.03 | 150m: | 1:50.87 | 43.74 | 250m: | 3:17.07 | 43.53 | 350m: | 4:37.00 | 34.68 |
| | 100m: | 1:07.13 | 36.10 | 200m: | 2:33.54 | 42.67 | 300m: | 4:02.32 | 45.25 | 400m: | 5:09.98 | 32.98 |
| 5. | KUCZMAR Zbigniew | | 11 | MKS Ochota Warszawa | | | | 5:10.50 | 8,9 | 476 | | |
| | 50m: | 32.47 | 32.47 | 150m: | 1:52.06 | 41.74 | 250m: | 3:17.61 | 44.77 | 350m: | 4:37.27 | 35.29 |
| | 100m: | 1:10.32 | 37.85 | 200m: | 2:32.84 | 40.78 | 300m: | 4:01.98 | 44.37 | 400m: | 5:10.50 | 33.23 |
| 6. | GÓRECKI Stanisław | | 12 | MKS Jedyńka Łódź | | | | 5:13.88 | 10,0 | 461 | | |
| | 50m: | 32.99 | 32.99 | 150m: | 1:50.06 | 39.72 | 250m: | 3:15.43 | 45.62 | 350m: | 4:38.82 | 37.37 |
| | 100m: | 1:10.34 | 37.35 | 200m: | 2:29.81 | 39.75 | 300m: | 4:01.45 | 46.02 | 400m: | 5:13.88 | 35.06 |
| 7. | GROCHALA Aleks | | 12 | UKS „GIM 92 Ursynów” | | | | 5:20.03 | 8,5 | 435 | | |
| | 50m: | 32.29 | 32.29 | 150m: | 1:51.36 | 39.96 | 250m: | 3:19.25 | 48.75 | 350m: | 4:44.57 | 36.56 |
| | 100m: | 1:11.40 | 39.11 | 200m: | 2:30.50 | 39.14 | 300m: | 4:08.01 | 48.76 | 400m: | 5:20.03 | 35.46 |
| 8. | LYSIUCHENKO Ivan | | 11 | UKS "SMS KAPRY Pruszków" | | | | 5:23.88 | 5,6 | 419 | | |
| | 50m: | 33.06 | 33.06 | 150m: | 1:57.94 | 42.35 | 250m: | 3:25.05 | 45.85 | 350m: | 4:49.50 | 38.51 |
| | 100m: | 1:15.59 | 42.53 | 200m: | 2:39.20 | 41.26 | 300m: | 4:10.99 | 45.94 | 400m: | 5:23.88 | 34.38 |
| 9. | KUSYK Franciszek | | 11 | MKS „Jagiellonka” Warszawa | | | | 5:24.75 | 5,4 | 416 | | |
| | 50m: | 32.99 | 32.99 | 150m: | 1:57.63 | 43.50 | 250m: | 3:24.96 | 46.30 | 350m: | 4:49.48 | 36.99 |
| | 100m: | 1:14.13 | 41.14 | 200m: | 2:38.66 | 41.03 | 300m: | 4:12.49 | 47.53 | 400m: | 5:24.75 | 35.27 |

OTWARTE WIOSENNE MISTRZOSTWA WARSZAWY I WOJ. MAZOWIECKIEGO
Warszawa, 16. - 17.5.2026

Konkurencja 25, Chłopców, 400m zmienny, 14 - 15 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | | |
|---------|-------------|------------|---------|----------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|
| 10. | FIJAŁKOWSKI | Konstanty | 12 | UKP „Polonia Warszawa” | | | | 5:26.03 | 7,1 | 411 | | |
| | 50m: | 32.63 | 32.63 | 150m: | 1:54.59 | 42.65 | 250m: | 3:22.93 | 45.65 | 350m: | 4:48.66 | 38.66 |
| | 100m: | 1:11.94 | 39.31 | 200m: | 2:37.28 | 42.69 | 300m: | 4:10.00 | 47.07 | 400m: | 5:26.03 | 37.37 |
| 11. | ÓŁTOWSKI | Adam | 11 | MKS „Jagiellonka” Warszawa | | | | 5:38.17 | 2,1 | 368 | | |
| | 50m: | 35.61 | 35.61 | 150m: | 2:02.79 | 42.45 | 250m: | 3:34.24 | 49.76 | 350m: | 5:01.87 | 37.64 |
| | 100m: | 1:20.34 | 44.73 | 200m: | 2:44.48 | 41.69 | 300m: | 4:24.23 | 49.99 | 400m: | 5:38.17 | 36.30 |
| 12. | GRUSZKA | Oskar | 12 | MKS „Jagiellonka” Warszawa | | | | 5:53.88 | | 321 | | |
| | 50m: | 37.60 | 37.60 | 150m: | 2:06.48 | 43.38 | 250m: | 3:41.14 | 51.90 | 350m: | 5:15.17 | 42.73 |
| | 100m: | 1:23.10 | 45.50 | 200m: | 2:49.24 | 42.76 | 300m: | 4:32.44 | 51.30 | 400m: | 5:53.88 | 38.71 |
| 13. | KAMI | SKI Ignacy | 11 | UKP „Polonia Warszawa” | | | | 5:54.28 | | 320 | | |
| | 50m: | 36.38 | 36.38 | 150m: | 2:08.48 | 46.43 | 250m: | 3:43.12 | 49.79 | 350m: | 5:15.02 | 40.74 |
| | 100m: | 1:22.05 | 45.67 | 200m: | 2:53.33 | 44.85 | 300m: | 4:34.28 | 51.16 | 400m: | 5:54.28 | 39.26 |

16 lat i starsi

| | | | | | | | | | | | | |
|----|------------|-----------------|-------|---------------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|
| 1. | MIŁKOWSKI | Mikołaj | 07 | UKS 48 Warszawa ródnie cie | | | | 4:38.19 | 12,0 | 662 | | |
| | 50m: | 28.81 | 28.81 | 150m: | 1:38.47 | 36.38 | 250m: | 2:54.55 | 40.98 | 350m: | 4:07.27 | 31.89 |
| | 100m: | 1:02.09 | 33.28 | 200m: | 2:13.57 | 35.10 | 300m: | 3:35.38 | 40.83 | 400m: | 4:38.19 | 30.92 |
| 2. | YAROSHENKO | Alexander | 10 | UKS G-8 Bielany Warszawa | | | | 4:51.55 | 12,0 | 575 | | |
| | 50m: | 31.14 | 31.14 | 150m: | 1:48.05 | 39.46 | 250m: | 3:04.77 | 38.03 | 350m: | 4:18.17 | 34.49 |
| | 100m: | 1:08.59 | 37.45 | 200m: | 2:26.74 | 38.69 | 300m: | 3:43.68 | 38.91 | 400m: | 4:51.55 | 33.38 |
| 3. | SKAWI | SKI Aleksander | 10 | UKS 307 Warszawa | | | | 4:55.96 | 10,9 | 550 | | |
| | 50m: | 30.07 | 30.07 | 150m: | 1:45.69 | 39.26 | 250m: | 3:05.70 | 41.31 | 350m: | 4:22.68 | 35.24 |
| | 100m: | 1:06.43 | 36.36 | 200m: | 2:24.39 | 38.70 | 300m: | 3:47.44 | 41.74 | 400m: | 4:55.96 | 33.28 |
| 4. | PRZE | LAKIEWICZ Filip | 10 | IKS Konstancin | | | | 4:57.81 | 10,5 | 539 | | |
| | 50m: | 30.15 | 30.15 | 150m: | 1:46.78 | 39.89 | 250m: | 3:07.82 | 42.81 | 350m: | 4:24.87 | 35.34 |
| | 100m: | 1:06.89 | 36.74 | 200m: | 2:25.01 | 38.23 | 300m: | 3:49.53 | 41.71 | 400m: | 4:57.81 | 32.94 |
| 5. | ZAWŁOCKI | Kajetan | 10 | UKS G-8 Bielany Warszawa | | | | 5:02.15 | 9,4 | 516 | | |
| | 50m: | 30.97 | 30.97 | 150m: | 1:47.70 | 40.67 | 250m: | 3:10.55 | 43.22 | 350m: | 4:28.82 | 34.31 |
| | 100m: | 1:07.03 | 36.06 | 200m: | 2:27.33 | 39.63 | 300m: | 3:54.51 | 43.96 | 400m: | 5:02.15 | 33.33 |
| 6. | SMOLAREK | Filip | 10 | Seksja Pływacka Meduza Paj czno | | | | 5:09.36 | 7,6 | 481 | | |
| | 50m: | 29.61 | 29.61 | 150m: | 1:47.77 | 41.65 | 250m: | 3:14.43 | 47.21 | 350m: | 4:37.46 | 33.61 |
| | 100m: | 1:06.12 | 36.51 | 200m: | 2:27.22 | 39.45 | 300m: | 4:03.85 | 49.42 | 400m: | 5:09.36 | 31.90 |
| 7. | KO | CIK Krzysztof | 08 | UKS G-8 Bielany Warszawa | | | | 6:06.47 | | 289 | | |
| | 50m: | 34.62 | 34.62 | 150m: | 2:08.62 | 50.97 | 250m: | 3:52.71 | 56.09 | 350m: | 5:27.78 | 40.18 |
| | 100m: | 1:17.65 | 43.03 | 200m: | 2:56.62 | 48.00 | 300m: | 4:47.60 | 54.89 | 400m: | 6:06.47 | 38.69 |