

MIĘDZYWOJEWÓDZKIE DRUŻYNOWE MISTRZOSTWA MŁODZIKÓW 12 LAT

RUNDA II

MIĘDZYWOJEWÓDZKIE MISTRZOSTWA MŁODZIKÓW 12 LAT - II runda
Pruszków, 16. - 17.6.2026

Konkurencja 7
16.06.2026 - 12:06

Dziewcz ę, 400m dowolny

12 lat
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.	Czas	Pkt.
1. KU MICZ Aleksandra	14 UKS „GIM 92 Ursynów”	5:05.33	428
50m: 33.31 33.31	150m: 1:50.98 39.44	250m: 3:10.39 39.61	350m: 4:28.76 39.17
100m: 1:11.54 38.23	200m: 2:30.78 39.80	300m: 3:49.59 39.20	400m: 5:05.33 36.57
2. MISHUSTSINA Kseniya	14 UKS 48 Warszawa ródmi cie	5:06.51	423
50m: 33.86 33.86	150m: 1:51.78 39.57	250m: 3:10.41 39.16	350m: 4:29.01 39.14
100m: 1:12.21 38.35	200m: 2:31.25 39.47	300m: 3:49.87 39.46	400m: 5:06.51 37.50
3. SOBIERAJSKA Erika	14 IUKS „Muszelka” Warszawa	5:09.85	410
50m: 35.06 35.06	150m: 1:51.47 38.73	250m: 3:10.25 39.64	350m: 4:30.13 39.98
100m: 1:12.74 37.68	200m: 2:30.61 39.14	300m: 3:50.15 39.90	400m: 5:09.85 39.72
4. POCHWAŁA Nina	14 MKS Ochota Warszawa	5:13.11	397
50m: 35.54 35.54	150m: 1:52.98 39.02	250m: 3:13.20 40.01	350m: 4:34.21 40.46
100m: 1:13.96 38.42	200m: 2:33.19 40.21	300m: 3:53.75 40.55	400m: 5:13.11 38.90
5. ZAHORSKA Margarita	14 MKS Ochota Warszawa	5:13.34	396
50m: 35.65 35.65	150m: 1:55.79 40.17	250m: 3:16.78 40.91	350m: 4:37.80 41.10
100m: 1:15.62 39.97	200m: 2:35.87 40.08	300m: 3:56.70 39.92	400m: 5:13.34 35.54
6. KOWALCZYK Maria	14 MKS Ochota Warszawa	5:14.06	394
50m: 35.74 35.74	150m: 1:55.74 40.34	250m: 3:16.16 40.55	350m: 4:37.25 40.96
100m: 1:15.40 39.66	200m: 2:35.61 39.87	300m: 3:56.29 40.13	400m: 5:14.06 36.81
7. PAWŁOWSKA Amelia	14 IKS Konstancin	5:15.97	386
50m: 35.66 35.66	150m: 1:55.61 40.49	250m: 3:17.33 41.26	350m: 4:39.54 40.93
100m: 1:15.12 39.46	200m: 2:36.07 40.46	300m: 3:58.61 41.28	400m: 5:15.97 36.43
8. TURSKA Hanna	14 MKS Ochota Warszawa	5:17.66	380
50m: 36.47 36.47	150m: 1:55.95 39.46	250m: 3:16.48 40.65	350m: 4:38.72 41.18
100m: 1:16.49 40.02	200m: 2:35.83 39.88	300m: 3:57.54 41.06	400m: 5:17.66 38.94
9. BŁASZCZYK Matylda	14 UKS „GIM 92 Ursynów”	5:17.84	380
50m: 34.07 34.07	150m: 1:52.76 39.70	250m: 3:14.32 41.01	350m: 4:37.75 42.04
100m: 1:13.06 38.99	200m: 2:33.31 40.55	300m: 3:55.71 41.39	400m: 5:17.84 40.09
10. MISIAŁKIEWICZ Hanna	14 MKS Piaseczno	5:18.08	379
50m: 33.73 33.73	150m: 1:53.83 41.29	250m: 3:16.76 42.17	350m: 4:40.22 41.48
100m: 1:12.54 38.81	200m: 2:34.59 40.76	300m: 3:58.74 41.98	400m: 5:18.08 37.86
11. GLI SKA Michalina	14 MKS Ochota Warszawa	5:19.06	375
50m: 36.21 36.21	150m: 1:56.18 40.51	250m: 3:18.76 41.56	350m: 4:40.52 40.39
100m: 1:15.67 39.46	200m: 2:37.20 41.02	300m: 4:00.13 41.37	400m: 5:19.06 38.54
12. G SIOREK Maja	14 MKS „Jagiellonka” Warszawa	5:24.66	356
50m: 37.65 37.65	150m: 1:58.53 40.77	250m: 3:21.72 41.17	350m: 4:45.65 42.21
100m: 1:17.76 40.11	200m: 2:40.55 42.02	300m: 4:03.44 41.72	400m: 5:24.66 39.01
13. WERTENSTEIN - UŁAWSKA Matylda	14 UKS oliborz	5:32.70	331
50m: 36.61 36.61	150m: 1:59.85 41.72	250m: 3:27.16 43.39	350m: 4:52.57 42.77
100m: 1:18.13 41.52	200m: 2:43.77 43.92	300m: 4:09.80 42.64	400m: 5:32.70 40.13
14. SENTYCZ Zoe	14 UKS oliborz	5:36.00	321
50m: 38.33 38.33	150m: 2:03.41 43.76	250m: 3:29.63 43.57	350m: 4:56.45 43.14
100m: 1:19.65 41.32	200m: 2:46.06 42.65	300m: 4:13.31 43.68	400m: 5:36.00 39.55

MIĘDZYWOJEWÓDZKIE DRUŻYNOWE MISTRZOSTWA MŁODZIKÓW 12 LAT

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MIĘDZYWOJEWÓDZKIE MISTRZOSTWA MŁODZIKÓW 12 LAT - II runda
Pruszków, 16. - 17.6.2026

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
15.	RZEPAKOWSKA Maria		14	Uczniowski Klub Sportowy H2O Warszawa				5:42.08	304
	50m:	38.08 38.08	150m:	2:05.63 44.04	250m:	3:35.60 45.05	350m:	5:03.16 43.10	
	100m:	1:21.59 43.51	200m:	2:50.55 44.92	300m:	4:20.06 44.46	400m:	5:42.08 38.92	
16.	JARZEWICZ Barbara		14	UKS oliborz				5:42.70	303
	50m:	40.05 40.05	150m:	2:07.83 44.33	250m:	4:20.84 1:28.54	350m:	5:42.70 38.70	
	100m:	1:23.50 43.45	200m:	2:52.30 44.47	300m:	5:04.00 43.16	400m:	5:42.70	
17.	JAKIEŁA Barbara		14	Uks „Szesnastka”				5:43.14	302
	50m:	38.28 38.28	150m:	2:05.93 44.51	250m:	3:34.54 44.68	350m:	5:02.44 43.16	
	100m:	1:21.42 43.14	200m:	2:49.86 43.93	300m:	4:19.28 44.74	400m:	5:43.14 40.70	
18.	KRAWCZYK Iga		14	UKS „GIM 92 Ursynów”				5:43.64	300
	50m:	37.31 37.31	150m:	2:03.87 44.03	250m:	3:33.16 44.32	350m:	5:03.03 45.22	
	100m:	1:19.84 42.53	200m:	2:48.84 44.97	300m:	4:17.81 44.65	400m:	5:43.64 40.61	
19.	TOMASIK Zoja		14	Mokotowski UKP Warszawianka- Wodny				5:44.10	299
	50m:	37.14 37.14	150m:	2:04.40 43.96	250m:	3:34.76 45.58	350m:	5:03.95 44.13	
	100m:	1:20.44 43.30	200m:	2:49.18 44.78	300m:	4:19.82 45.06	400m:	5:44.10 40.15	
20.	GÓRECKA Emilia		14	Buks				5:45.06	297
	50m:	36.35 36.35	150m:	2:06.89 46.36	250m:	3:36.59 45.14	350m:	5:04.62 43.27	
	100m:	1:20.53 44.18	200m:	2:51.45 44.56	300m:	4:21.35 44.76	400m:	5:45.06 40.44	
21.	DOMAGAŁA Amelia		14	MKS Ochota Warszawa				5:45.83	295
	50m:	38.24 38.24	150m:	2:05.26 44.02	250m:	3:34.70 44.94	350m:	5:04.49 44.91	
	100m:	1:21.24 43.00	200m:	2:49.76 44.50	300m:	4:19.58 44.88	400m:	5:45.83 41.34	
22.	CIOŁCZYK Antonina		14	MKS Ochota Warszawa				5:49.49	285
	50m:	38.59 38.59	150m:	2:07.12 44.54	250m:	3:36.84 45.03	350m:	5:07.01 45.23	
	100m:	1:22.58 43.99	200m:	2:51.81 44.69	300m:	4:21.78 44.94	400m:	5:49.49 42.48	
23.	MRÓZ Weronika		14	Uks „Szesnastka”				5:50.42	283
	50m:	36.73 36.73	150m:	2:03.92 44.78	250m:	3:33.11 44.50	350m:	5:04.43 46.67	
	100m:	1:19.14 42.41	200m:	2:48.61 44.69	300m:	4:17.76 44.65	400m:	5:50.42 45.99	
24.	LIWI SKA Alicja		14	UKS oliborz				5:50.95	282
	50m:	37.33 37.33	150m:	2:05.35	250m:	3:36.65	350m:	5:08.81	
	100m:		200m:		300m:		400m:	5:50.95 42.14	
25.	ANSLEY Michelle		14	UKS G-8 Bielany Warszawa				5:52.15	279
	50m:	40.42 40.42	150m:	2:10.01 45.27	250m:	3:41.18 45.41	350m:	5:11.50 45.60	
	100m:	1:24.74 44.32	200m:	2:55.77 45.76	300m:	4:25.90 44.72	400m:	5:52.15 40.65	
26.	WSZOŁCZYK - LIPKA Marianna		14	UKS oliborz				6:00.91	259
	50m:	41.22 41.22	150m:	2:15.07 47.04	250m:		350m:		
	100m:	1:28.03 46.81	200m:	3:02.15 47.08	300m:		400m:	6:00.91	
27.	ROMAN Wiktoria		14	UKS G-8 Bielany Warszawa				6:01.13	259
	50m:	38.16 38.16	150m:	2:09.30 46.82	250m:	3:43.26 47.32	350m:	5:17.51 47.63	
	100m:	1:22.48 44.32	200m:	2:55.94 46.64	300m:	4:29.88 46.62	400m:	6:01.13 43.62	
28.	CZERNIGA Natalia		14	UKP „Polonia Warszawa”				6:01.25	258
	50m:	39.82 39.82	150m:	2:12.18 46.55	250m:	3:45.20 46.18	350m:	5:18.56 45.99	
	100m:	1:25.63 45.81	200m:	2:59.02 46.84	300m:	4:32.57 47.37	400m:	6:01.25 42.69	
29.	MADEJ Anna		14	Uks „Szesnastka”				6:07.57	245
	50m:	41.32 41.32	150m:	2:15.97 47.74	250m:	3:52.34 48.18	350m:	5:25.58 45.41	
	100m:	1:28.23 46.91	200m:	3:04.16 48.19	300m:	4:40.17 47.83	400m:	6:07.57 41.99	

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RUNDA II

MIĘDZYWOJEWÓDZKIE MISTRZOSTWA MŁODZIKÓW 12 LAT - II runda
Pruszków, 16. - 17.6.2026

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
30.	MARCZEWSKA Agata		14	UKS 307 Warszawa				6:07.96	245
	50m:	40.89 40.89	150m:	2:17.11 48.03	250m:	3:53.25 48.30	350m:	5:27.45 47.12	
	100m:	1:29.08 48.19	200m:	3:04.95 47.84	300m:	4:40.33 47.08	400m:	6:07.96 40.51	
31.	SZYPLI SKA Hanna		14	UKP „Polonia Warszawa”				6:09.35	242
	50m:	42.48 42.48	150m:	2:17.54 48.07	250m:	3:51.68 46.96	350m:	5:24.89 46.09	
	100m:	1:29.47 46.99	200m:	3:04.72 47.18	300m:	4:38.80 47.12	400m:	6:09.35 44.46	
32.	SIENICKA Amelia		14	MKS „Jagiellonka” Warszawa				6:12.21	236
	50m:	40.43 40.43	150m:	2:14.74 47.78	250m:	3:49.51 47.68	350m:	5:26.03 48.40	
	100m:	1:26.96 46.53	200m:	3:01.83 47.09	300m:	4:37.63 48.12	400m:	6:12.21 46.18	
33.	RYSLER Kira		14	UKS 307 Warszawa				6:18.84	224
	50m:	43.90 43.90	150m:	2:21.33 49.00	250m:	3:59.36 48.98	350m:	5:36.51 48.50	
	100m:	1:32.33 48.43	200m:	3:10.38 49.05	300m:	4:48.01 48.65	400m:	6:18.84 42.33	
34.	KAGAN Urszula		14	UKS 307 Warszawa				6:19.96	222
	50m:	42.66 42.66	150m:	2:19.80 49.35	250m:	3:58.23 49.64	350m:	5:36.18 47.63	
	100m:	1:30.45 47.79	200m:	3:08.59 48.79	300m:	4:48.55 50.32	400m:	6:19.96 43.78	
35.	ABLEWICZ Amelia		14	Uczniowski Klub Sportowy H2O Warszawa				6:20.62	221
	50m:	41.55 41.55	150m:	2:17.78 49.30	250m:	3:57.53 50.20	350m:	5:37.89 50.27	
	100m:	1:28.48 46.93	200m:	3:07.33 49.55	300m:	4:47.62 50.09	400m:	6:20.62 42.73	
36.	JANGAS Barbara		14	UKS oliborz				6:39.53	191
	50m:	43.17 43.17	150m:	2:23.18 51.79	250m:	4:08.43 53.30	350m:	5:52.34 51.57	
	100m:	1:31.39 48.22	200m:	3:15.13 51.95	300m:	5:00.77 52.34	400m:	6:39.53 47.19	
37.	WICHARY Jadwiga		14	Uks „Szesnastka”				6:41.67	188
	50m:	43.22 43.22	150m:	2:24.38 51.11	250m:	4:09.71 52.35	350m:	5:54.21 52.88	
	100m:	1:33.27 50.05	200m:	3:17.36 52.98	300m:	5:01.33 51.62	400m:	6:41.67 47.46	
38.	SOBIECH Zuzanna		14	Uczniowski Klub Sportowy H2O Warszawa				7:01.87	162
	50m:	43.68 43.68	150m:	2:31.12 53.90	250m:	4:24.61 56.78	350m:	6:14.75 52.62	
	100m:	1:37.22 53.54	200m:	3:27.83 56.71	300m:	5:22.13 57.52	400m:	7:01.87 47.12	
39.	ADAMCZYK Wiktoria		14	Uczniowski Klub Sportowy H2O Warszawa				7:03.07	161
	50m:	44.74 44.74	150m:	2:31.76 54.90	250m:	4:24.98 57.55	350m:	6:16.84 55.42	
	100m:	1:36.86 52.12	200m:	3:27.43 55.67	300m:	5:21.42 56.44	400m:	7:03.07 46.23	
40.	KIENIG Gabriela		14	Uks „Szesnastka”				7:09.75	153
	50m:	45.87 45.87	150m:	2:33.67 54.08	250m:		350m:	6:20.62 57.60	
	100m:	1:39.59 53.72	200m:	3:29.72 56.05	300m:	5:23.02	400m:	7:09.75 49.13	
41.	STYK Gabriela		14	Uks „Szesnastka”				7:09.78	153
	50m:	45.61 45.61	150m:	2:34.69 56.10	250m:	4:28.82 56.77	350m:	6:20.12 53.07	
	100m:	1:38.59 52.98	200m:	3:32.05 57.36	300m:	5:27.05 58.23	400m:	7:09.78 49.66	
42.	ADAMCZYK Gabriela		14	Uczniowski Klub Sportowy H2O Warszawa				7:44.32	121
	50m:	49.82 49.82	150m:	2:44.34 58.67	250m:	4:45.48 1:00.25	350m:	6:45.84 1:00.53	
	100m:	1:45.67 55.85	200m:	3:45.23 1:00.89	300m:	5:45.31 59.83	400m:	7:44.32 58.48	