

ARENA SPEED CHALLENGE

26.09.2026 | WARSZAWA



POLSKIE PŁYWANIE
FUNDACJA PIOTRA WOŹNICKIEGO

ARENA SPEED CHALLENGE Warszawa, 26.9.2026

Konkurencja 23
26.09.2026 - 20:36

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Punkty: AQUA 2026

Pozycja	Rok ur.										Czas	Pkt.
12 lat												
1.	GLIŃSKA Michalina			14	MKS Ochota Warszawa					5:18.83	376	
	50m:	35.96	35.96	150m:	1:56.70	40.66	250m:	3:18.93	40.50	350m:	4:39.66	39.82
	100m:	1:16.04	40.08	200m:	2:38.43	41.73	300m:	3:59.84	40.91	400m:	5:18.83	39.17
2.	RAC Maria			14	MTP Kormoran Olsztyn					5:27.99	345	
	50m:	36.68	36.68	150m:	1:58.87	41.67	250m:	3:22.94	42.11	350m:	4:48.14	42.38
	100m:	1:17.20	40.52	200m:	2:40.83	41.96	300m:	4:05.76	42.82	400m:	5:27.99	39.85
13 lat												
1.	BALCERCZAK Gabriela			13	MKS Ochota Warszawa					4:43.23	537	
	50m:	32.12	32.12	150m:	1:44.12	36.69	250m:	2:56.65	35.91	350m:	4:08.39	35.28
	100m:	1:07.43	35.31	200m:	2:20.74	36.62	300m:	3:33.11	36.46	400m:	4:43.23	34.84
2.	KRASOWSKA Blanka			13	UKS Delfin Tarnobrzeg					4:54.09	479	
	50m:	33.34	33.34	150m:	1:47.76	37.48	250m:	3:01.96	37.13	350m:	4:16.94	37.68
	100m:	1:10.28	36.94	200m:	2:24.83	37.07	300m:	3:39.26	37.30	400m:	4:54.09	37.15
3.	RUDOLF Amelia			13	UKS Manta Warszawa Włochy					5:12.86	398	
	50m:	34.03	34.03	150m:	1:52.39	39.91	250m:	3:13.49	40.63	350m:	4:33.94	40.09
	100m:	1:12.48	38.45	200m:	2:32.86	40.47	300m:	3:53.85	40.36	400m:	5:12.86	38.92
4.	JAŠČUROVÁ Miriam			13	MPK Bardejov					5:16.65	384	
	50m:	35.04	35.04	150m:	1:55.62	40.70	250m:	3:17.07	40.50	350m:	4:37.99	39.77
	100m:	1:14.92	39.88	200m:	2:36.57	40.95	300m:	3:58.22	41.15	400m:	5:16.65	38.66
5.	AFTYKA Małgorzata			13	UKS 307 Warszawa					5:21.84	366	
	50m:	34.69	34.69	150m:	1:56.18	42.12	250m:	3:22.43	42.82	350m:	4:45.32	39.78
	100m:	1:14.06	39.37	200m:	2:39.61	43.43	300m:	4:05.54	43.11	400m:	5:21.84	36.52
6.	BIEŃ Laura			13	UKS "Feniks" Dębica					5:21.90	365	
	50m:	34.14	34.14	150m:	1:54.51	41.15	250m:	3:19.55	43.17	350m:	4:42.48	41.09
	100m:	1:13.36	39.22	200m:	2:36.38	41.87	300m:	4:01.39	41.84	400m:	5:21.90	39.42
14 lat												
1.	ZIĘBA Antonina			12	UKS „Skalar" Warszawa					5:07.31	420	
	50m:	34.74	34.74	150m:	1:52.48	39.51	250m:	3:11.82	40.28	350m:	4:30.97	39.04
	100m:	1:12.97	38.23	200m:	2:31.54	39.06	300m:	3:51.93	40.11	400m:	5:07.31	36.34
15 lat												
1.	ROKICKA Alicja			11	UKP „Polonia Warszawa"					4:38.36	565	
	50m:	32.08	32.08	150m:	1:41.92	35.17	250m:	2:52.25	35.46	350m:	4:03.78	35.72
	100m:	1:06.75	34.67	200m:	2:16.79	34.87	300m:	3:28.06	35.81	400m:	4:38.36	34.58
2.	IWAŃSKA Wiktoria			11	UKP „Polonia Warszawa"					4:41.51	547	
	50m:	31.25	31.25	150m:	1:41.63	35.64	250m:	2:53.81	36.55	350m:	4:06.07	36.31
	100m:	1:05.99	34.74	200m:	2:17.26	35.63	300m:	3:29.76	35.95	400m:	4:41.51	35.44



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ARENA SPEED CHALLENGE

Warszawa, 26.9.2026

Konkurencja 23, Dziewcząt, 400m dowolny, 15 lat

Pozycja		Rok ur.						Czas	Pkt.
3.	LAMECKA Kornelia	11	Champion Tomaszów Maz.					4:53.95	480
	50m: 32.84 32.84	150m: 1:46.43 37.29	250m: 3:02.09 37.95	350m: 4:19.46 39.05					
	100m: 1:09.14 36.30	200m: 2:24.14 37.71	300m: 3:40.41 38.32	400m: 4:53.95 34.49					
4.	PACYK Alexandra	11	UKP „Polonia Warszawa”					4:58.53	458
	50m: 33.55 33.55	150m: 1:49.52 38.13	250m: 3:06.55 38.43	350m: 4:23.33 38.25					
	100m: 1:11.39 37.84	200m: 2:28.12 38.60	300m: 3:45.08 38.53	400m: 4:58.53 35.20					
5.	WITTBRODT Alicja	11	UKP „Polonia Warszawa”					5:06.65	423
	50m: 34.64 34.64	150m: 1:53.16 39.44	250m: 3:11.56 39.17	350m: 4:29.33 38.59					
	100m: 1:13.72 39.08	200m: 2:32.39 39.23	300m: 3:50.74 39.18	400m: 5:06.65 37.32					

16 lat

1.	PIETUCH Antonina	10	AZS AWF Warszawa					4:28.39	631
	50m: 31.09 31.09	150m: 1:38.00 33.48	250m: 2:45.50 33.77	350m: 3:54.96 34.79					
	100m: 1:04.52 33.43	200m: 2:11.73 33.73	300m: 3:20.17 34.67	400m: 4:28.39 33.43					
2.	WIELGUS Nela	10	Champion Tomaszów Maz.					4:42.69	540
	50m: 31.62 31.62	150m: 1:41.63 35.61	250m: 2:54.33 36.42	350m: 4:07.51 36.36					
	100m: 1:06.02 34.40	200m: 2:17.91 36.28	300m: 3:31.15 36.82	400m: 4:42.69 35.18					
3.	SZOTEK Isabella	10	UKS "SMS KAPRY Pruszków"					4:53.44	483
	50m: 31.88 31.88	150m: 1:44.81 37.11	250m: 3:00.92 38.39	350m: 4:17.29 37.73					
	100m: 1:07.70 35.82	200m: 2:22.53 37.72	300m: 3:39.56 38.64	400m: 4:53.44 36.15					
4.	PIETRASZEWICZ Roksana	10	UKP „Polonia Warszawa”					4:59.85	452
	50m: 35.16 35.16	150m: 1:51.57 37.92	250m: 3:08.08 37.92	350m: 4:23.85 37.76					
	100m: 1:13.65 38.49	200m: 2:30.16 38.59	300m: 3:46.09 38.01	400m: 4:59.85 36.00					
5.	MYDŁOWSKA Roxana	10	UKS Nawa Skierniewice					5:03.92	434
	50m: 33.51 33.51	150m: 1:48.22 38.12	250m: 3:06.38 39.05	350m: 4:26.29 39.99					
	100m: 1:10.10 36.59	200m: 2:27.33 39.11	300m: 3:46.30 39.92	400m: 5:03.92 37.63					

17 lat i starsi

1.	NOWAK Maja	03	KU AZS Uniwersytetu Warszawskiego					4:24.63	658
	50m: 31.11 31.11	150m: 1:38.97 33.99	250m: 2:46.12 33.28	350m: 3:52.71 33.04					
	100m: 1:04.98 33.87	200m: 2:12.84 33.87	300m: 3:19.67 33.55	400m: 4:24.63 31.92					
2.	KUCZMAR Aleksandra	09	UKP „Polonia Warszawa”					4:24.69	658
	50m: 31.22 31.22	150m: 1:38.11 33.60	250m: 2:45.50 33.57	350m: 3:52.69 33.61					
	100m: 1:04.51 33.29	200m: 2:11.93 33.82	300m: 3:19.08 33.58	400m: 4:24.69 32.00					
3.	EKIERT Gabriela	09	UKP „Polonia Warszawa”					4:48.91	506
	50m: 32.96 32.96	150m: 1:46.28 36.68	250m: 2:59.78 36.32	350m: 4:12.55 36.50					
	100m: 1:09.60 36.64	200m: 2:23.46 37.18	300m: 3:36.05 36.27	400m: 4:48.91 36.36					
4.	PRZYŻECKA Zofia	09	MUKP Warszawianka- Wodny Park					5:19.60	373
	50m: 34.80 34.80	150m: 1:54.42 40.87	250m: 3:17.91 41.99	350m: 4:40.17 40.77					
	100m: 1:13.55 38.75	200m: 2:35.92 41.50	300m: 3:59.40 41.49	400m: 5:19.60 39.43					



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