

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12-13 lat_ I runda
Szczecin, 30- - 31-3-2017

Konkurencja 7
2017-03-30 - 13:41

Dziewcz t, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
12 lat									
1.	PAROL Olga		05	UKS Foka				4:59.68	479
	50m:	32.28 32.28	150m:	1:49.62 39.41	250m:	3:07.76 39.58	350m:	4:24.40 38.39	
	100m:	1:10.21 37.93	200m:	2:28.18 38.56	300m:	3:46.01 38.25	400m:	4:59.68 35.28	
2.	KIEŁCZEWSKA Maja		05	MKP Szczecin				5:11.29	427
	50m:	33.90 33.90	150m:	1:50.67 39.35	250m:	3:11.83 41.00	350m:	4:33.26 40.67	
	100m:	1:11.32 37.42	200m:	2:30.83 40.16	300m:	3:52.59 40.76	400m:	5:11.29 38.03	
3.	MAKOWSKA Martyna		05	MKS Znicz Koszalin				5:17.93	401
	50m:	35.07 35.07	150m:	1:55.43 41.19	250m:	3:17.97 41.20	350m:	4:39.84 40.71	
	100m:	1:14.24 39.17	200m:	2:36.77 41.34	300m:	3:59.13 41.16	400m:	5:17.93 38.09	
4.	ŁASISZ Julia		05	MKS Znicz Koszalin				5:20.40	392
	50m:	34.35 34.35	150m:	1:53.22 40.08	250m:	3:16.59 41.45	350m:	4:40.15 41.68	
	100m:	1:13.14 38.79	200m:	2:35.14 41.92	300m:	3:58.47 41.88	400m:	5:20.40 40.25	
5.	MICHAŁOWSKA Amelia		05	MKP H2O Koszalin				5:27.40	367
	50m:	35.97 35.97	150m:	2:00.08 42.52	250m:	3:23.02 41.22	350m:	4:46.10 41.29	
	100m:	1:17.56 41.59	200m:	2:41.80 41.72	300m:	4:04.81 41.79	400m:	5:27.40 41.30	
6.	KONIECZNY Dominika		05	MKP Szczecin				5:34.96	343
	50m:	37.71 37.71	150m:	2:02.80 43.22	250m:	3:30.13 44.06	350m:	4:55.87 42.57	
	100m:	1:19.58 41.87	200m:	2:46.07 43.27	300m:	4:13.30 43.17	400m:	5:34.96 39.09	
7.	KOWALCZYK Katarzyna		05	MKP Szczecin				5:36.38	338
	50m:	37.64 37.64	150m:	2:04.05 43.75	250m:	3:31.74 44.04	350m:	4:58.34 42.41	
	100m:	1:20.30 42.66	200m:	2:47.70 43.65	300m:	4:15.93 44.19	400m:	5:36.38 38.04	
8.	SZONDELMAJER Zuzanna		05	MKP My libórz				5:36.58	338
	50m:	36.97 36.97	150m:	2:01.57 43.48	250m:	3:28.86 43.57	350m:	4:55.49 42.66	
	100m:	1:18.09 41.12	200m:	2:45.29 43.72	300m:	4:12.83 43.97	400m:	5:36.58 41.09	
9.	ROMASZKO Zuzanna		05	IU KP Wodnik Police				5:42.31	321
	50m:	41.56 41.56	150m:	2:08.47 43.17	250m:	3:35.44 43.35	350m:	5:02.35 42.90	
	100m:	1:25.30 43.74	200m:	2:52.09 43.62	300m:	4:19.45 44.01	400m:	5:42.31 39.96	
10.	PRANKE Olga		05	MKS Znicz Koszalin				5:42.36	321
	50m:	36.96 36.96	150m:	2:03.18 43.66	250m:	3:29.96 42.92	350m:	4:56.32 42.23	
	100m:	1:19.52 42.56	200m:	2:47.04 43.86	300m:	4:14.09 44.13	400m:	5:42.36 46.04	
11.	PETRUK Hanna		05	MKP My libórz				5:46.09	311
	50m:	37.88 37.88	150m:	2:04.75 43.57	250m:	3:34.17 44.69	350m:	5:02.35 43.56	
	100m:	1:21.18 43.30	200m:	2:49.48 44.73	300m:	4:18.79 44.62	400m:	5:46.09 43.74	
12.	GRZEGOLEC Aleksandra		05	MKP Słowianka Gorzów Wlkp.				5:52.36	294
	50m:	37.90 37.90	150m:	2:04.11 43.86	250m:	3:35.13 46.03	350m:	5:07.83 46.62	
	100m:	1:20.25 42.35	200m:	2:49.10 44.99	300m:	4:21.21 46.08	400m:	5:52.36 44.53	
13.	KOWALSKA Nina		05	MKP Słowianka Gorzów Wlkp.				5:55.61	286
	50m:	39.74 39.74	150m:	2:11.62 46.39	250m:	3:42.85 45.52	350m:	5:13.82 44.76	
	100m:	1:25.23 45.49	200m:	2:57.33 45.71	300m:	4:29.06 46.21	400m:	5:55.61 41.79	
14.	KACZMAREK Nikola		05	MKP Słowianka Gorzów Wlkp.				5:56.50	284
	50m:	37.80 37.80	150m:	2:10.10 46.76	250m:	3:42.61 46.77	350m:	5:13.95 44.81	
	100m:	1:23.34 45.54	200m:	2:55.84 45.74	300m:	4:29.14 46.53	400m:	5:56.50 42.55	
15.	KLIMIUK Zuzanna		05	MKP Słowianka Gorzów Wlkp.				5:56.82	283
	50m:	39.85 39.85	150m:	2:11.78 47.23	250m:	3:43.06 45.24	350m:	5:15.56 46.06	
	100m:	1:24.55 44.70	200m:	2:57.82 46.04	300m:	4:29.50 46.44	400m:	5:56.82 41.26	
16.	KAWCZY SKA Maja		05	MKP Szczecin				5:57.20	283
	50m:	39.77 39.77	150m:	2:10.49 46.54	250m:	3:42.48 45.72	350m:	5:14.27 45.19	
	100m:	1:23.95 44.18	200m:	2:56.76 46.27	300m:	4:29.08 46.60	400m:	5:57.20 42.93	
17.	KOWALSKA Emilia		05	MKS Znicz Koszalin				5:58.63	279
	50m:	39.32 39.32	150m:	2:11.01 46.51	250m:	3:44.70 46.44	350m:	5:16.62 45.69	
	100m:	1:24.50 45.18	200m:	2:58.26 47.25	300m:	4:30.93 46.23	400m:	5:58.63 42.01	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat_ I runda
Szczecin, 30- - 31-3-2017

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.		
18.	KOZIKOWSKA Katarzyna		05	UKS Foka				6:01.06	274		
	50m:	38.66 38.66	150m:	2:10.06	47.19	250m:	3:43.52	46.98	350m:	5:18.17	47.78
	100m:	1:22.87 44.21	200m:	2:56.54	46.48	300m:	4:30.39	46.87	400m:	6:01.06	42.89
19.	NYKOŁAJCZUK Jagoda		05	MKS Neptun Stargard				6:06.95	261		
	50m:	41.60 41.60	150m:	2:16.58	47.72	250m:	3:51.14	47.25	350m:	5:24.77	46.75
	100m:	1:28.86 47.26	200m:	3:03.89	47.31	300m:	4:38.02	46.88	400m:	6:06.95	42.18
20.	ZIOMBRA Alicja		05	MKP Słowianka Gorzów Wlkp.				6:08.23	258		
	50m:	41.98 41.98	150m:	2:17.61	47.80	250m:	3:53.41	47.15	350m:	5:27.25	46.57
	100m:	1:29.81 47.83	200m:	3:06.26	48.65	300m:	4:40.68	47.27	400m:	6:08.23	40.98
21.	JAGODA Patrycja		05	MKP Słowianka Gorzów Wlkp.				6:08.24	258		
	50m:	40.46 40.46	150m:	2:15.56	47.89	250m:	3:49.77	47.11	350m:	5:23.79	47.86
	100m:	1:27.67 47.21	200m:	3:02.66	47.10	300m:	4:35.93	46.16	400m:	6:08.24	44.45
22.	MAZUR Zuzanna		05	MKP Słowianka Gorzów Wlkp.				6:08.26	258		
	50m:	42.93 42.93	150m:	2:17.34	47.54	250m:	3:52.78	48.24	350m:	5:27.23	47.35
	100m:	1:29.80 46.87	200m:	3:04.54	47.20	300m:	4:39.88	47.10	400m:	6:08.26	41.03
23.	KOSTRZEWA Karolina		05	MKP Szczecin				6:08.55	257		
	50m:	40.40 40.40	150m:	2:14.38	47.47	250m:	3:49.57	48.54	350m:	5:25.74	48.26
	100m:	1:26.91 46.51	200m:	3:01.03	46.65	300m:	4:37.48	47.91	400m:	6:08.55	42.81
24.	KOWALSKA Oliwia		05	MKP Słowianka Gorzów Wlkp.				6:10.37	253		
	50m:	42.19 42.19	150m:	2:16.27	47.11	250m:	3:51.19	46.94	350m:	5:26.70	47.91
	100m:	1:29.16 46.97	200m:	3:04.25	47.98	300m:	4:38.79	47.60	400m:	6:10.37	43.67
25.	TOMICZEK Hanna		05	MKP Słowianka Gorzów Wlkp.				6:11.02	252		
	50m:	40.51 40.51	150m:	2:12.80	46.64	250m:	3:48.32	48.17	350m:	5:25.12	48.40
	100m:	1:26.16 45.65	200m:	3:00.15	47.35	300m:	4:36.72	48.40	400m:	6:11.02	45.90
26.	MARSZAK Maja		05	MKP Szczecin				6:13.70	247		
	50m:	42.46 42.46	150m:	2:18.55	47.81	250m:	3:53.36	47.67	350m:	5:28.75	47.52
	100m:	1:30.74 48.28	200m:	3:05.69	47.14	300m:	4:41.23	47.87	400m:	6:13.70	44.95
27.	ABIEREK Nikola		05	MKP Słowianka Gorzów Wlkp.				6:22.67	230		
	50m:	45.48 45.48	150m:	2:22.04	48.09	250m:	3:59.66	48.69	350m:	5:37.04	48.27
	100m:	1:33.95 48.47	200m:	3:10.97	48.93	300m:	4:48.77	49.11	400m:	6:22.67	45.63
28.	PI TKKIEWICZ Oliwia		05	MKP Szczecin				6:30.87	215		
	50m:	39.91 39.91	150m:	2:16.20	50.39	250m:	3:56.20	48.93	350m:	5:40.47	51.60
	100m:	1:25.81 45.90	200m:	3:07.27	51.07	300m:	4:48.87	52.67	400m:	6:30.87	50.40
29.	KIK Klaudia		05	MKP Słowianka Gorzów Wlkp.				6:33.06	212		
	50m:	43.62 43.62	150m:	2:22.09	49.86	250m:	4:02.58	50.16	350m:	5:44.27	50.78
	100m:	1:32.23 48.61	200m:	3:12.42	50.33	300m:	4:53.49	50.91	400m:	6:33.06	48.79
30.	KOMOR Agata		05	MKP Słowianka Gorzów Wlkp.				6:37.82	204		
	50m:	43.17 43.17	150m:	2:22.40	50.88	250m:	4:02.76	50.25	350m:	5:43.97	49.96
	100m:	1:31.52 48.35	200m:	3:12.51	50.11	300m:	4:54.01	51.25	400m:	6:37.82	53.85
31.	GRELA Wiktoria		05	MKP Szczecin				6:41.36	199		
	50m:	42.27 42.27	150m:	2:23.37	51.43	250m:	4:06.90	51.53	350m:	5:51.90	52.35
	100m:	1:31.94 49.67	200m:	3:15.37	52.00	300m:	4:59.55	52.65	400m:	6:41.36	49.46
DYSKW.	WRZESZCZ Aleksandra		05	MKP Szczecin				5:37.78			
	<i>O4 - Start wykonany przed sygnałem (przedwczesny start)</i>										
	50m:	38.23 38.23	150m:	2:02.49	42.35	250m:	3:28.77	43.34	350m:	4:52.73	41.17
	100m:	1:20.14 41.91	200m:	2:45.43	42.94	300m:	4:11.56	42.79	400m:	5:37.78	45.05

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat_ I runda
Szczecin, 30- - 31-3-2017

Konkurencja 7, Dziewcz t, 400m dowolny

13 lat

1.	MRO EK Weronika	04	MKP Kołobrzeg	4:45.04	556
	50m: 31.73 31.73	150m: 1:43.15	36.05 250m: 2:56.24	36.75 350m: 4:09.69	36.81
	100m: 1:07.10 35.37	200m: 2:19.49	36.34 300m: 3:32.88	36.64 400m: 4:45.04	35.35
2.	BEDNARZ Oliwia	04	KP Stilon Gorzów Wlkp.	4:58.09	486
	50m: 32.64 32.64	150m: 1:46.43	37.41 250m: 3:02.20	37.79 350m: 4:20.08	39.31
	100m: 1:09.02 36.38	200m: 2:24.41	37.98 300m: 3:40.77	38.57 400m: 4:58.09	38.01
3.	MALISZEWSKA Zuzanna	04	MKP H2O Koszalin	5:01.40	471
	50m: 32.98 32.98	150m: 1:47.99	38.12 250m: 3:04.90	38.53 350m: 4:22.99	39.05
	100m: 1:09.87 36.89	200m: 2:26.37	38.38 300m: 3:43.94	39.04 400m: 5:01.40	38.41
4.	JAGODZI SKA Zuzanna	04	MKS Neptun Stargard	5:04.74	455
	50m: 36.96 36.96	150m: 1:52.76	38.82 250m: 3:10.54	38.66 350m: 4:27.73	38.69
	100m: 1:13.94 36.98	200m: 2:31.88	39.12 300m: 3:49.04	38.50 400m: 5:04.74	37.01
5.	FIGAS Alicja	04	MKP Szczecin	5:07.79	442
	50m: 34.20 34.20	150m: 1:50.29	38.42 250m: 3:08.67	39.48 350m: 4:28.89	40.48
	100m: 1:11.87 37.67	200m: 2:29.19	38.90 300m: 3:48.41	39.74 400m: 5:07.79	38.90
6.	ZDRZENICKA Julia	04	MKP My libórz	5:08.15	440
	50m: 32.42 32.42	150m: 1:47.66	38.46 250m: 3:07.28	40.04 350m: 4:28.70	40.82
	100m: 1:09.20 36.78	200m: 2:27.24	39.58 300m: 3:47.88	40.60 400m: 5:08.15	39.45
7.	MIELCAREK Małgorzata	04	MKP Kołobrzeg	5:17.65	402
	50m: 35.87 35.87	150m: 1:56.21	40.40 250m: 3:18.33	41.10 350m: 4:39.37	40.01
	100m: 1:15.81 39.94	200m: 2:37.23	41.02 300m: 3:59.36	41.03 400m: 5:17.65	38.28
8.	CZESZEWSKA Weronika	04	MKS Znicz Koszalin	5:20.87	390
	50m: 36.25 36.25	150m: 1:58.79	41.20 250m: 3:21.15	40.77 350m: 4:42.42	40.28
	100m: 1:17.59 41.34	200m: 2:40.38	41.59 300m: 4:02.14	40.99 400m: 5:20.87	38.45
9.	WALBURG Wiktoria	04	MKP Szczecin	5:23.74	380
	50m: 35.80 35.80	150m: 1:57.18	41.43 250m: 3:21.05	42.08 350m: 4:44.52	41.22
	100m: 1:15.75 39.95	200m: 2:38.97	41.79 300m: 4:03.30	42.25 400m: 5:23.74	39.22
10.	BARTOSIK Anna	04	MKP Szczecin	5:25.56	373
	50m: 37.16 37.16	150m: 2:01.03	42.18 250m: 3:24.47	41.63 350m: 4:47.06	40.89
	100m: 1:18.85 41.69	200m: 2:42.84	41.81 300m: 4:06.17	41.70 400m: 5:25.56	38.50
11.	LISZTWAN Marcelina	04	MKS Znicz Koszalin	5:29.09	361
	50m: 35.66 35.66	150m: 1:55.05	40.58 250m: 3:19.58	42.44 350m: 4:47.18	44.40
	100m: 1:14.47 38.81	200m: 2:37.14	42.09 300m: 4:02.78	43.20 400m: 5:29.09	41.91
12.	KOTLARZ Karolina	04	MKP Szczecin	5:33.92	346
	50m: 35.83 35.83	150m: 1:59.91	42.96 250m: 3:26.09	42.94 350m: 4:53.46	43.94
	100m: 1:16.95 41.12	200m: 2:43.15	43.24 300m: 4:09.52	43.43 400m: 5:33.92	40.46
13.	OSZMIA SKA Julia	04	MKP Słowianka Gorzów Wlkp.	5:35.46	341
	50m: 34.22 34.22	150m: 1:56.88	42.78 250m: 3:25.89	45.19 350m: 4:53.06	43.63
	100m: 1:14.10 39.88	200m: 2:40.70	43.82 300m: 4:09.43	43.54 400m: 5:35.46	42.40
14.	JAKOBIENKO Martyna	04	MKP Szczecin	5:40.48	326
	50m: 38.27 38.27	150m: 2:03.53	43.25 250m: 3:31.73	44.11 350m: 4:59.24	43.81
	100m: 1:20.28 42.01	200m: 2:47.62	44.09 300m: 4:15.43	43.70 400m: 5:40.48	41.24
15.	KUNICKA Gabriela	04	MKS Neptun Stargard	5:42.84	320
	50m: 40.30 40.30	150m: 2:07.68	44.14 250m: 3:36.37	43.75 350m: 5:02.46	42.96
	100m: 1:23.54 43.24	200m: 2:52.62	44.94 300m: 4:19.50	43.13 400m: 5:42.84	40.38
16.	MALINOWSKA Agata	04	MKP Szczecin	5:50.66	299
	50m: 39.21 39.21	150m: 2:07.62	44.21 250m: 3:37.29	44.74 350m: 5:07.46	45.46
	100m: 1:23.41 44.20	200m: 2:52.55	44.93 300m: 4:22.00	44.71 400m: 5:50.66	43.20
17.	SZYNAL Sara	04	IUKP Wodnik Police	5:50.87	298
	50m: 36.97 36.97	150m: 2:04.82	44.43 250m: 3:35.50	45.56 350m: 5:07.22	46.22
	100m: 1:20.39 43.42	200m: 2:49.94	45.12 300m: 4:21.00	45.50 400m: 5:50.87	43.65
18.	MYCIAK Sylwia	04	MKP Słowianka Gorzów Wlkp.	5:59.03	278
	50m: 36.96 36.96	150m: 2:05.22	45.47 250m: 3:39.28	46.91 350m: 5:13.93	46.75
	100m: 1:19.75 42.79	200m: 2:52.37	47.15 300m: 4:27.18	47.90 400m: 5:59.03	45.10

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat_ I runda
Szczecin, 30 - 31-3-2017

Konkurencja 7, Dziewcząt, 400m dowolny, 13 lat

Pozycja				Rok ur.					Czas	Pkt.		
19.	SZYMANEK Aleksandra			04	MKP Mylibórz				6:13.96	246		
	50m:	42.45	42.45	150m:	2:19.08	48.53	250m:	3:56.90	49.41	350m:	5:34.07	49.66
	100m:	1:30.55	48.10	200m:	3:07.49	48.41	300m:	4:44.41	47.51	400m:	6:13.96	39.89
DYSKW.	DOBRZELEWSKA Nina			04	MKP Szczecin				5:27.64			
	<i>O4 - Start wykonany przed sygnałem (przedwczesny start)</i>											
	50m:	36.63	36.63	150m:	1:59.92	42.39	250m:	3:23.80	42.18	350m:	4:47.56	42.04
	100m:	1:17.53	40.90	200m:	2:41.62	41.70	300m:	4:05.52	41.72	400m:	5:27.64	40.08