

Finał Klubowego Pucharu Polski w pływaniu w płetwach  
Chodzież, 23- - 24-11-2024

Konkurencja 35  
2024-11-24 - 12:30

Kobiet, 400m Bifins

14 lat i starsi  
Wyniki

Rekordy Polski_25m_pletwa Open	3:53.77	PRENTKA Weronika	Ko cierzyna	2018-01-01
Rekordy Polski_25m_pletwa 16 - 17	3:58.21	SZELUGA Wiktoria	Olecko	2018-01-01
Rekordy Polski_25m_pletwa 14 - 15	4:02.20	JESIOŁOWSKA Inez	Ko cierzyna	2019-06-01

Punkty: PP 2024

Pozycja	Rok ur.	Czas	Pkt.
<b>KAT. C</b>			
1. ŁADO Natalia	10	UKS Rekin SP50 Wrocław	<b>4:17.33</b> 749
50m: 29.46 29.46	150m: 1:35.75 33.29	250m: 2:41.28 32.63	350m: 3:46.32 32.59
100m: 1:02.46 33.00	200m: 2:08.65 32.90	300m: 3:13.73 32.45	400m: 4:17.33 31.01
2. BLOK Sandra	09	KS Aqua Sport Ko cierzyna	<b>4:28.39</b> 660 + 11.06
50m: 29.42 29.42	150m: 1:35.68 33.96	250m: 2:44.61 34.55	350m: 3:54.20 34.64
100m: 1:01.72 32.30	200m: 2:10.06 34.38	300m: 3:19.56 34.95	400m: 4:28.39 34.19
3. GRELA Agata	10	Delfinek Chodzież	<b>4:28.77</b> 657 + 11.44
50m: 31.03 31.03	150m: 1:38.46 34.06	250m: 2:48.13 35.24	350m: 3:53.11 30.78
100m: 1:04.40 33.37	200m: 2:12.89 34.43	300m: 3:22.33 34.20	400m: 4:28.77 35.66
4. KASZKIEL Martyna	09	UKS Amfiprion Olecko	<b>4:33.20</b> 626 + 15.87
50m: 30.95 30.95	150m: 1:40.57 35.58	250m: 2:51.42 35.01	350m: 4:00.68 34.59
100m: 1:04.99 34.04	200m: 2:16.41 35.84	300m: 3:26.09 34.67	400m: 4:33.20 32.52
5. KAISER Nadia	09	UKS Manta Ko cierzyna	<b>4:33.80</b> 622 + 16.47
50m: 32.89 32.89	150m: 1:43.33 35.25	250m: 2:54.16 35.42	350m: 4:03.07 33.60
100m: 1:08.08 35.19	200m: 2:18.74 35.41	300m: 3:29.47 35.31	400m: 4:33.80 30.73
6. GAJEWSKA Amelia	09	UKS Amfiprion Olecko	<b>4:37.85</b> 595 + 20.52
50m: 30.28 30.28	150m: 1:39.63 35.22	250m: 2:53.03 36.77	350m: 4:05.42 35.91
100m: 1:04.41 34.13	200m: 2:16.26 36.63	300m: 3:29.51 36.48	400m: 4:37.85 32.43
7. TRYTEK Antonina	10	UKS Tri-Sea Mewa Władysławowo	<b>4:40.96</b> 576 + 23.63
50m: 30.11 30.11	150m: 1:41.19 36.11	250m: 2:53.65 36.04	350m: 4:06.78 36.47
100m: 1:05.08 34.97	200m: 2:17.61 36.42	300m: 3:30.31 36.66	400m: 4:40.96 34.18
8. SZYMA SKA Amelia	09	UKS Manta Ko cierzyna	<b>4:53.38</b> 505 + 36.05
50m: 32.74 32.74	150m: 1:45.88 37.25	250m: 3:03.14 38.50	350m: 4:18.35 36.57
100m: 1:08.63 35.89	200m: 2:24.64 38.76	300m: 3:41.78 38.64	400m: 4:53.38 35.03
9. DAWIDOWICZ Lena	10	UKS Manta Ko cierzyna	<b>4:53.52</b> 505 + 36.19
50m: 32.78 32.78	150m: 1:47.41 38.01	250m: 3:04.68 38.65	350m: 4:17.54 34.47
100m: 1:09.40 36.62	200m: 2:26.03 38.62	300m: 3:43.07 38.39	400m: 4:53.52 35.98

**KAT. B**

1. PIETRAS Maria	07	Delfinek Chodzież	<b>4:07.46</b> 843
50m: 27.96 27.96	150m: 1:28.27 30.92	250m: 2:31.91 32.04	350m: 3:36.87 32.60
100m: 57.35 29.39	200m: 1:59.87 31.60	300m: 3:04.27 32.36	400m: 4:07.46 30.59
2. REDLIN Anna	08	UKS Tri-Sea Mewa Władysławowo	<b>4:14.20</b> 777 + 6.74
50m: 27.47 27.47	150m: 1:30.31 32.15	250m: 2:36.65 33.15	350m: 3:42.85 32.65
100m: 58.16 30.69	200m: 2:03.50 33.19	300m: 3:10.20 33.55	400m: 4:14.20 31.35
3. BRESKA Helena	08	UKS Manta Ko cierzyna	<b>4:26.57</b> 674 + 19.11
50m: 28.34 28.34	150m: 1:33.23 33.14	250m: 2:42.19 35.09	350m: 3:52.70 34.91
100m: 1:00.09 31.75	200m: 2:07.10 33.87	300m: 3:17.79 35.60	400m: 4:26.57 33.87
4. NARKOWICZ Iga	08	UKS Tri-Sea Mewa Władysławowo	<b>4:38.16</b> 593 + 30.70
50m: 29.59 29.59	150m: 1:39.05 35.88	250m: 2:51.74 36.47	350m: 4:04.50 35.92
100m: 1:03.17 33.58	200m: 2:15.27 36.22	300m: 3:28.58 36.84	400m: 4:38.16 33.66



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Konkurencja 35, Dziewcz t, 400m Bifins, KAT. B

Pozycja			Rok ur.					Czas	Pkt.			
5.	BIDA Klaudia		07	KS Aqua Sport Kościerzyna				<b>4:45.62</b>	548 + 38.16			
	50m:	28.62	28.62	150m:	1:40.43	37.28	250m:	2:57.19	38.18	350m:	4:10.30	36.55
	100m:	1:03.15	34.53	200m:	2:19.01	38.58	300m:	3:33.75	36.56	400m:	4:45.62	35.32

KAT. A

1.	SZALAST Karolina		05	UKS Tri-Sea Mewa Władysławowo				<b>4:07.63</b>	841			
	50m:	27.09	27.09	150m:	1:28.03	31.25	250m:	2:32.15	32.23	350m:	3:37.02	32.50
	100m:	56.78	29.69	200m:	1:59.92	31.89	300m:	3:04.52	32.37	400m:	4:07.63	30.61
2.	TUSK Weronika		05	UKS Tri-Sea Mewa Władysławowo				<b>4:21.73</b>	712 + 14.10			
	50m:	28.54	28.54	150m:	1:33.21	32.83	250m:	2:41.08	33.88	350m:	3:48.48	33.52
	100m:	1:00.38	31.84	200m:	2:07.20	33.99	300m:	3:14.96	33.88	400m:	4:21.73	33.25

