



Zimowe Otwarte Mistrzostwa Polski w Pływaniu Osób Niepełnosprawnych - Gorzów Wielkopolski 2024
Gorzów Wielkopolski, 22- - 24-11-2024

Event 7
2024-11-22 - 17:48

Women, 400m Freestyle

Open
Results

Points: WPS 2024

Rank	YB		Time				Pts	
Klasa S6-S14								
1.	BORUSZEWSKA Zuzanna	05	UKS SP 149 Lodz				5:13.08	743 S9 33323
	50m: 35.34	35.34	150m: 1:54.84	40.20	250m: 3:14.63	40.40	350m: 4:35.15	40.09
	100m: 1:14.64	39.30	200m: 2:34.23	39.39	300m: 3:55.06	40.43	400m: 5:13.08	37.93
2.	BADOWSKA Nikola	07	IKS AWF Warszawa				5:43.11	460 S9 52055
	50m: 38.32	38.32	150m: 2:03.78	43.23	250m: 3:32.63	44.27	350m: 5:01.27	
	100m: 1:20.55	42.23	200m: 2:48.36	44.58	300m:		400m: 5:43.11	41.84
3.	SOLTYSIK Julia	11	WSSiRN Start Katowice				5:42.66	333 S10
	50m: 39.21	39.21	150m: 2:06.46	44.47	250m: 3:35.14	44.29	350m: 5:01.82	42.54
	100m: 1:21.99	42.78	200m: 2:50.85	44.39	300m: 4:19.28	44.14	400m: 5:42.66	40.84
4.	GIEDRYS Alicja	81	Szansa Start Gdansk				5:52.25	255 S10
	50m: 39.39	39.39	150m: 2:08.49	45.07	250m: 3:38.94	45.21	350m: 5:10.16	45.04
	100m: 1:23.42	44.03	200m: 2:53.73	45.24	300m: 4:25.12	46.18	400m: 5:52.25	42.09
5.	WOJCIK Alicja	09	Start Tarnow				6:21.24	243 S8
	50m: 40.13	40.13	150m: 2:14.23	48.35	250m: 3:52.86	49.74	350m: 5:34.34	50.71
	100m: 1:25.88	45.75	200m: 3:03.12	48.89	300m: 4:43.63	50.77	400m: 6:21.24	46.90
6.	KOLOCZEK Malwina	11	WSSiRN Start Katowice				6:22.41	235 S8
	50m: 43.41	43.41	150m: 2:18.57	47.74	250m: 3:57.38	49.22	350m: 5:35.32	48.10
	100m: 1:30.83	47.42	200m: 3:08.16	49.59	300m: 4:47.22	49.84	400m: 6:22.41	47.09
7.	LEWANDOWSKA Emilia	12	WSSiRN Start Katowice				6:50.13	92 S8
	50m: 48.65	48.65	150m: 2:33.02	52.74	250m: 4:17.58	52.98	350m: 6:01.40	51.28
	100m: 1:40.28	51.63	200m: 3:24.60	51.58	300m: 5:10.12	52.54	400m: 6:50.13	48.73
8.	COVEY Alyshia	07	WSSiRN Start Katowice				6:39.25	84 S9
	50m: 44.25	44.25	150m: 2:25.19	51.91	250m: 4:10.07	52.82	350m: 5:52.52	50.29
	100m: 1:33.28	49.03	200m: 3:17.25	52.06	300m: 5:02.23	52.16	400m: 6:39.25	46.73

Mistrzostwa Polski

1.	BORUSZEWSKA Zuzanna	05	UKS SP 149 Lodz				5:13.08	743 S9 33323
	50m: 35.34	35.34	150m: 1:54.84	40.20	250m: 3:14.63	40.40	350m: 4:35.15	40.09
	100m: 1:14.64	39.30	200m: 2:34.23	39.39	300m: 3:55.06	40.43	400m: 5:13.08	37.93
2.	BADOWSKA Nikola	07	IKS AWF Warszawa				5:43.11	460 S9 52055
	50m: 38.32	38.32	150m: 2:03.78	43.23	250m: 3:32.63	44.27	350m: 5:01.27	
	100m: 1:20.55	42.23	200m: 2:48.36	44.58	300m:		400m: 5:43.11	41.84
3.	SOLTYSIK Julia	11	WSSiRN Start Katowice				5:42.66	333 S10
	50m: 39.21	39.21	150m: 2:06.46	44.47	250m: 3:35.14	44.29	350m: 5:01.82	42.54
	100m: 1:21.99	42.78	200m: 2:50.85	44.39	300m: 4:19.28	44.14	400m: 5:42.66	40.84
4.	GIEDRYS Alicja	81	Szansa Start Gdansk				5:52.25	255 S10
	50m: 39.39	39.39	150m: 2:08.49	45.07	250m: 3:38.94	45.21	350m: 5:10.16	45.04
	100m: 1:23.42	44.03	200m: 2:53.73	45.24	300m: 4:25.12	46.18	400m: 5:52.25	42.09
5.	WOJCIK Alicja	09	Start Tarnow				6:21.24	243 S8
	50m: 40.13	40.13	150m: 2:14.23	48.35	250m: 3:52.86	49.74	350m: 5:34.34	50.71
	100m: 1:25.88	45.75	200m: 3:03.12	48.89	300m: 4:43.63	50.77	400m: 6:21.24	46.90
6.	KOLOCZEK Malwina	11	WSSiRN Start Katowice				6:22.41	235 S8
	50m: 43.41	43.41	150m: 2:18.57	47.74	250m: 3:57.38	49.22	350m: 5:35.32	48.10
	100m: 1:30.83	47.42	200m: 3:08.16	49.59	300m: 4:47.22	49.84	400m: 6:22.41	47.09
7.	LEWANDOWSKA Emilia	12	WSSiRN Start Katowice				6:50.13	92 S8
	50m: 48.65	48.65	150m: 2:33.02	52.74	250m: 4:17.58	52.98	350m: 6:01.40	51.28
	100m: 1:40.28	51.63	200m: 3:24.60	51.58	300m: 5:10.12	52.54	400m: 6:50.13	48.73

POLSKI
KOMITEET
PARALIMPIJSKI

TENZI



Zimowe Otwarte Mistrzostwa Polski w Pływaniu Osób Niepełnosprawnych - Gorzów Wielkopolski 2024
Gorzów Wielkopolski, 22- - 24-11-2024

Event 7, Women, 400m Freestyle, Mistrzostwa Polski

Rank	YB		Time				Pts	
8.	COVEY Alyshia	07	WSSiRN Start Katowice	6:39.25	84	S9		
	50m: 44.25	44.25	150m: 2:25.19	51.91	250m: 4:10.07	52.82	350m: 5:52.52	50.29
	100m: 1:33.28	49.03	200m: 3:17.25	52.06	300m: 5:02.23	52.16	400m: 6:39.25	46.73

Klasyfikacja Mi dzynarodowa

1.	BORUSZEWSKA Zuzanna	05	UKS SP 149 Lodz	5:13.08	743	S9	33323	
	50m: 35.34	35.34	150m: 1:54.84	40.20	250m: 3:14.63	40.40	350m: 4:35.15	40.09
	100m: 1:14.64	39.30	200m: 2:34.23	39.39	300m: 3:55.06	40.43	400m: 5:13.08	37.93
2.	BADOWSKA Nikola	07	IKS AWF Warszawa	5:43.11	460	S9	52055	
	50m: 38.32	38.32	150m: 2:03.78	43.23	250m: 3:32.63	44.27	350m: 5:01.27	
	100m: 1:20.55	42.23	200m: 2:48.36	44.58	300m:		400m: 5:43.11	41.84

Klasa S8

1.	WOJCIK Alicja	09	Start Tarnow	6:21.24	243	S8		
	50m: 40.13	40.13	150m: 2:14.23	48.35	250m: 3:52.86	49.74	350m: 5:34.34	50.71
	100m: 1:25.88	45.75	200m: 3:03.12	48.89	300m: 4:43.63	50.77	400m: 6:21.24	46.90
2.	KOLOCZEK Malwina	11	WSSiRN Start Katowice	6:22.41	235	S8		
	50m: 43.41	43.41	150m: 2:18.57	47.74	250m: 3:57.38	49.22	350m: 5:35.32	48.10
	100m: 1:30.83	47.42	200m: 3:08.16	49.59	300m: 4:47.22	49.84	400m: 6:22.41	47.09
3.	LEWANDOWSKA Emilia	12	WSSiRN Start Katowice	6:50.13	92	S8		
	50m: 48.65	48.65	150m: 2:33.02	52.74	250m: 4:17.58	52.98	350m: 6:01.40	51.28
	100m: 1:40.28	51.63	200m: 3:24.60	51.58	300m: 5:10.12	52.54	400m: 6:50.13	48.73

Klasa S9

1.	BORUSZEWSKA Zuzanna	05	UKS SP 149 Lodz	5:13.08	743	S9	33323	
	50m: 35.34	35.34	150m: 1:54.84	40.20	250m: 3:14.63	40.40	350m: 4:35.15	40.09
	100m: 1:14.64	39.30	200m: 2:34.23	39.39	300m: 3:55.06	40.43	400m: 5:13.08	37.93
2.	BADOWSKA Nikola	07	IKS AWF Warszawa	5:43.11	460	S9	52055	
	50m: 38.32	38.32	150m: 2:03.78	43.23	250m: 3:32.63	44.27	350m: 5:01.27	
	100m: 1:20.55	42.23	200m: 2:48.36	44.58	300m:		400m: 5:43.11	41.84
3.	COVEY Alyshia	07	WSSiRN Start Katowice	6:39.25	84	S9		
	50m: 44.25	44.25	150m: 2:25.19	51.91	250m: 4:10.07	52.82	350m: 5:52.52	50.29
	100m: 1:33.28	49.03	200m: 3:17.25	52.06	300m: 5:02.23	52.16	400m: 6:39.25	46.73

Klasa S10

1.	SOLTYSIK Julia	11	WSSiRN Start Katowice	5:42.66	333	S10		
	50m: 39.21	39.21	150m: 2:06.46	44.47	250m: 3:35.14	44.29	350m: 5:01.82	42.54
	100m: 1:21.99	42.78	200m: 2:50.85	44.39	300m: 4:19.28	44.14	400m: 5:42.66	40.84
2.	GIEDRYS Alicja	81	Szansa Start Gdansk	5:52.25	255	S10		
	50m: 39.39	39.39	150m: 2:08.49	45.07	250m: 3:38.94	45.21	350m: 5:10.16	45.04
	100m: 1:23.42	44.03	200m: 2:53.73	45.24	300m: 4:25.12	46.18	400m: 5:52.25	42.09