



Zimowe Mistrzostwa Polski Seniorów i Juniorów w pływaniu w płetwach.
Kościerzyna, 7- - 8-12-2024

Konkurencja 23
2024-12-07 - 18:13

Dziewcz t, 400m Surface

KAT. E
Wyniki

Rekordy Polski_25m_pletwa Open 3:22.60 TRUSZCZY SKA Katarzyna Hodmezovasarhely 2011-08-02
Rekordy Polski_25m_pletwa 7 - 11 4:11.83 POLAK Justyna Toru 2003-11-15

Punkty:

Pozycja			Rok ur.					Czas	Pkt.
1.	LELLEK Kaja		13	KS Aqua Sport Kościerzyna				4:20.57	
	50m: 30.14	30.14	150m: 1:37.85	34.49	250m: 2:46.85	34.73	350m: 3:52.02	32.67	
	100m: 1:03.36	33.22	200m: 2:12.12	34.27	300m: 3:19.35	32.50	400m: 4:20.57	28.55	
2.	BORYS Maja		13	UKS Amfiprion Olecko				4:38.48	+ 17.91
	50m: 32.12	32.12	150m: 1:41.71	35.57	250m: 2:54.74	36.90	350m: 4:05.96	35.25	
	100m: 1:06.14	34.02	200m: 2:17.84	36.13	300m: 3:30.71	35.97	400m: 4:38.48	32.52	
3.	ROZIEL Nina		14	UKS Rekin SP50 Wrocław				4:39.39	+ 18.82
	50m: 31.40	31.40	150m: 1:43.41	37.36	250m: 2:56.37	36.51	350m: 4:07.73	35.64	
	100m: 1:06.05	34.65	200m: 2:19.86	36.45	300m: 3:32.09	35.72	400m: 4:39.39	31.66	
4.	FREDA Amelia		13	KS Aqua Sport Kościerzyna				4:54.87	+ 34.30
	50m: 31.51	31.51	150m: 1:46.93	38.49	250m: 3:04.77	39.09	350m: 4:22.32	37.54	
	100m: 1:08.44	36.93	200m: 2:25.68	38.75	300m: 3:44.78	40.01	400m: 4:54.87	32.55	
5.	BIAŁOSKÓRSKA Hanna		15	UKS Rekin SP50 Wrocław				5:03.51	+ 42.94
	50m: 34.86	34.86	150m: 1:53.71	40.11	250m: 3:11.49	38.67	350m: 4:28.42	38.55	
	100m: 1:13.60	38.74	200m: 2:32.82	39.11	300m: 3:49.87	38.38	400m: 5:03.51	35.09	
6.	SMARUJ Inez		14	Delfinek Chodzie				5:11.90	+ 51.33
	50m: 34.92	34.92	150m: 1:54.82	41.02	250m: 3:15.38	40.09	350m: 4:34.70	39.65	
	100m: 1:13.80	38.88	200m: 2:35.29	40.47	300m: 3:55.05	39.67	400m: 5:11.90	37.20	
7.	KAMI SKA Aleksandra		13	KS Aqua Sport Kościerzyna				5:22.89	+ 1:02.32
	50m: 35.53	35.53	150m: 1:57.44	41.48	250m: 3:23.49	43.56	350m: 4:47.45	40.11	
	100m: 1:15.96	40.43	200m: 2:39.93	42.49	300m: 4:07.34	43.85	400m: 5:22.89	35.44	
8.	BŁASZAK Majka		15	Laguna 24 Toru				5:46.88	+ 1:26.31
	50m: 38.16	38.16	150m: 2:07.03	44.03	250m: 3:35.42	45.30	350m: 5:06.48	45.18	
	100m: 1:23.00	44.84	200m: 2:50.12	43.09	300m: 4:21.30	45.88	400m: 5:46.88	40.40	