



Zimowe Mistrzostwa Polski Seniorów i Juniorów w pływaniu w płetwach.
Kościerzyna, 7- - 8-12-2024

Konkurencja 26
2024-12-07 - 19:08

M czynn, 400m Surface

Open
Wyniki

Rekordy Polski_25m_pletwa Open	2:59.35	DRA BA Filip	POL	Cetniewo	2023-11-12
Rekordy Polski_25m_pletwa 16 - 17	3:10.31	PIETRAS Kamil		Kościerzyna	2022-01-01
Rekordy Polski_25m_pletwa 14 - 15	3:12.03	WINIARSKI Adrian		KO CIERZYNA	2007-08-03
Rekordy Polski_25m_pletwa 12 - 13	3:20.75	MAJEWSKI Wojciech		Toru	2003-11-15
Rekordy Polski_25m_pletwa 7 - 11	4:01.14	GOLI SKI Patryk		Pozna	2008-10-25

Punkty:

Pozycja		Rok ur.						Czas	Pkt.
KAT. Open									
1.	DRA BA Filip	02	UKS Tri-Sea Mewa Władysławowo	3:08.94					
	50m: 22.02 22.02	150m: 1:08.29 23.06	250m: 1:56.98 24.46	350m: 2:45.53 23.96					
	100m: 45.23 23.21	200m: 1:32.52 24.23	300m: 2:21.57 24.59	400m: 3:08.94 23.41					
2.	PIETRAS Kamil	05	Delfinek Chodzie	3:12.40	+ 3.46				
	50m: 21.67 21.67	150m: 1:08.42 23.70	250m: 1:57.50 24.86	350m: 2:47.81 25.34					
	100m: 44.72 23.05	200m: 1:32.64 24.22	300m: 2:22.47 24.97	400m: 3:12.40 24.59					
3.	DRAMI SKI Michał	99	UKS Tri-Sea Mewa Władysławowo	3:14.98	+ 6.04				
	50m: 22.60 22.60	150m: 1:10.43 24.31	250m: 1:59.92 24.98	350m: 2:50.55 25.41					
	100m: 46.12 23.52	200m: 1:34.94 24.51	300m: 2:25.14 25.22	400m: 3:14.98 24.43					
4.	KONKEL Albert	10	UKS Tri-Sea Mewa Władysławowo	3:24.07	+ 15.13				
	50m: 23.82 23.82	150m: 1:12.82 24.78	250m: 2:04.24 26.01	350m: 2:58.18 27.45					
	100m: 48.04 24.22	200m: 1:38.23 25.41	300m: 2:30.73 26.49	400m: 3:24.07 25.89					
5.	MARKIEWICZ Karol	07	UKS Tri-Sea Mewa Władysławowo	3:37.07	+ 28.13				
	50m: 23.19 23.19	150m: 1:13.00 24.95	250m: 2:07.20 27.99	350m: 3:06.99 30.22					
	100m: 48.05 24.86	200m: 1:39.21 26.21	300m: 2:36.77 29.57	400m: 3:37.07 30.08					
6.	KROPIDŁOWSKI Szymon	09	UKS Manta Kościerzyna	3:54.16	+ 45.22				
	50m: 25.27 25.27	150m: 1:23.53 30.19	250m: 2:24.13 30.55	350m: 3:25.63 30.37					
	100m: 53.34 28.07	200m: 1:53.58 30.05	300m: 2:55.26 31.13	400m: 3:54.16 28.53					
7.	SZEWCZYK Jakub	09	UKS Rekin SP50 Wrocław	4:10.53	+ 1:01.59				
	50m: 26.04 26.04	150m: 1:29.00 32.30	250m: 2:35.56 33.27	350m: 3:40.46 31.96					
	100m: 56.70 30.66	200m: 2:02.29 33.29	300m: 3:08.50 32.94	400m: 4:10.53 30.07					
8.	MAKOWSKI Aleksander	11	Laguna 24 Toru	4:18.03	+ 1:09.09				
	50m: 29.68 29.68	150m: 1:35.13 33.01	250m: 2:42.48 33.72	350m: 3:49.17 32.82					
	100m: 1:02.12 32.44	200m: 2:08.76 33.63	300m: 3:16.35 33.87	400m: 4:18.03 28.86					
9.	GORZYCKI Filip	09	Laguna 24 Toru	4:18.06	+ 1:09.12				
	50m: 28.33 28.33	150m: 1:33.18 33.17	250m: 2:41.89 35.55	350m: 3:49.82 33.43					
	100m: 1:00.01 31.68	200m: 2:06.34 33.16	300m: 3:16.39 34.50	400m: 4:18.06 28.24					
10.	SIENKIEWICZ Kacper	11	UKS Amfiprion Olecko	4:58.28	+ 1:49.34				
	50m: 31.77 31.77	150m: 1:46.61 38.45	250m: 3:04.33 39.00	350m: 4:21.28 38.65					
	100m: 1:08.16 36.39	200m: 2:25.33 38.72	300m: 3:42.63 38.30	400m: 4:58.28 37.00					
11.	S DZICKI Arkadiusz	11	KS Aqua Sport Kościerzyna	4:59.63	+ 1:50.69				
	50m: 33.48 33.48	150m: 1:49.45 38.25	250m: 3:07.14 38.94	350m: 4:24.45 38.35					
	100m: 1:11.20 37.72	200m: 2:28.20 38.75	300m: 3:46.10 38.96	400m: 4:59.63 35.18					
12.	TARNOWSKI Konstanty	12	KS Aqua Sport Kościerzyna	5:02.43	+ 1:53.49				
	50m: 32.68 32.68	150m: 1:49.99 39.17	250m: 3:07.82 37.91	350m: 4:25.68 37.91					
	100m: 1:10.82 38.14	200m: 2:29.91 39.92	300m: 3:47.77 39.95	400m: 5:02.43 36.75					

KAT. C

1.	KONKEL Albert	10	UKS Tri-Sea Mewa Władysławowo	3:24.07					
	50m: 23.82 23.82	150m: 1:12.82 24.78	250m: 2:04.24 26.01	350m: 2:58.18 27.45					
	100m: 48.04 24.22	200m: 1:38.23 25.41	300m: 2:30.73 26.49	400m: 3:24.07 25.89					
2.	KROPIDŁOWSKI Szymon	09	UKS Manta Kościerzyna	3:54.16	+ 30.09				
	50m: 25.27 25.27	150m: 1:23.53 30.19	250m: 2:24.13 30.55	350m: 3:25.63 30.37					
	100m: 53.34 28.07	200m: 1:53.58 30.05	300m: 2:55.26 31.13	400m: 3:54.16 28.53					



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Konkurencja 26, Chłopców, 400m Surface, KAT. C

Pozycja			Rok ur.					Czas	Pkt.			
3.	SZEWCZYK Jakub		09	UKS Rekin SP50 Wrocław				4:10.53	+ 46.46			
	50m:	26.04	26.04	150m:	1:29.00	32.30	250m:	2:35.56	33.27	350m:	3:40.46	31.96
	100m:	56.70	30.66	200m:	2:02.29	33.29	300m:	3:08.50	32.94	400m:	4:10.53	30.07
4.	GORZYCKI Filip		09	Laguna 24 Toru				4:18.06	+ 53.99			
	50m:	28.33	28.33	150m:	1:33.18	33.17	250m:	2:41.89	35.55	350m:	3:49.82	33.43
	100m:	1:00.01	31.68	200m:	2:06.34	33.16	300m:	3:16.39	34.50	400m:	4:18.06	28.24

KAT. D

1.	MAKOWSKI Aleksander		11	Laguna 24 Toru				4:18.03				
	50m:	29.68	29.68	150m:	1:35.13	33.01	250m:	2:42.48	33.72	350m:	3:49.17	32.82
	100m:	1:02.12	32.44	200m:	2:08.76	33.63	300m:	3:16.35	33.87	400m:	4:18.03	28.86
2.	SIENKIEWICZ Kacper		11	UKS Amfiprion Olecko				4:58.28	+ 40.25			
	50m:	31.77	31.77	150m:	1:46.61	38.45	250m:	3:04.33	39.00	350m:	4:21.28	38.65
	100m:	1:08.16	36.39	200m:	2:25.33	38.72	300m:	3:42.63	38.30	400m:	4:58.28	37.00
3.	S DZICKI Arkadiusz		11	KS Aqua Sport Kościerzyna				4:59.63	+ 41.60			
	50m:	33.48	33.48	150m:	1:49.45	38.25	250m:	3:07.14	38.94	350m:	4:24.45	38.35
	100m:	1:11.20	37.72	200m:	2:28.20	38.75	300m:	3:46.10	38.96	400m:	4:59.63	35.18
4.	TARNOWSKI Konstanty		12	KS Aqua Sport Kościerzyna				5:02.43	+ 44.40			
	50m:	32.68	32.68	150m:	1:49.99	39.17	250m:	3:07.82	37.91	350m:	4:25.68	37.91
	100m:	1:10.82	38.14	200m:	2:29.91	39.92	300m:	3:47.77	39.95	400m:	5:02.43	36.75