

I Runda Klubowego Pucharu Polski w pływaniu w płetwach
Władysławowo, 15- - 16-2-2025

Konkurencja 14
2025-02-15 - 14:37

Kobiet, 400m Bifins

12 lat i starsi
Wyniki

Rekordy Polski_25m_pletwa Open	3:53.77	PRENTKA Weronika	Ko cierzyna	2018-01-01
Rekordy Polski_25m_pletwa 16 - 17	3:58.21	SZELUGA Wiktoria	Olecko	2018-01-01
Rekordy Polski_25m_pletwa 14 - 15	3:58.40	OKO Anna	POL Ko cierzyna	2024-12-07
Rekordy Polski_25m_pletwa 12 - 13	4:09.56	CHMIELEWSKA ALEKSANDRA	OLECKO	2019-09-01

Punkty: PP 2025

Pozycja	Rok ur.	Czas	Pkt.
KAT. D			
1. GNIEDZIEJKO Julia	12	UKS Amfiprion Olecko	4:25.88 827
50m: 28.67 28.67	150m: 1:35.15 34.20	250m: 2:45.15 34.85	350m: 3:54.84 34.91
100m: 1:00.95 32.28	200m: 2:10.30 35.15	300m: 3:19.93 34.78	400m: 4:25.88 31.04
2. BORYS Maja	13	UKS Amfiprion Olecko	4:26.65 820 + 0.77
50m: 31.46 31.46	150m: 1:40.53 34.09	250m: 2:48.80 34.15	350m: 3:57.11 33.76
100m: 1:06.44 34.98	200m: 2:14.65 34.12	300m: 3:23.35 34.55	400m: 4:26.65 29.54
3. GÓRKA Zofia	13	UKS Rekin Wrocław SP50	4:27.06 816 + 1.18
50m: 31.75 31.75	150m: 1:40.11 32.65	250m: 2:48.06 33.52	350m: 3:56.54 34.03
100m: 1:07.46 35.71	200m: 2:14.54 34.43	300m: 3:22.51 34.45	400m: 4:27.06 30.52
4. IRACKA Zuzanna	12	Laguna 24 Toru	4:33.13 763 + 7.25
50m: 29.68 29.68	150m: 1:36.98 34.07	250m: 2:47.18 35.42	350m: 3:57.48 34.91
100m: 1:02.91 33.23	200m: 2:11.76 34.78	300m: 3:22.57 35.39	400m: 4:33.13 35.65
5. MAGIEREK Milena	12	KS Nautilus-Jastrz bie	4:47.95 651 + 22.07
50m: 31.37 31.37	150m: 1:43.31 36.37	250m: 2:57.64 37.40	350m: 4:12.64 36.90
100m: 1:06.94 35.57	200m: 2:20.24 36.93	300m: 3:35.74 38.10	400m: 4:47.95 35.31
6. DEPTUŁA Julia	12	MUKS Piorun Gołdap	4:48.86 645 + 22.98
50m: 32.26 32.26	150m: 1:44.73 36.71	250m: 2:58.22 36.81	350m: 4:12.09 36.77
100m: 1:08.02 35.76	200m: 2:21.41 36.68	300m: 3:35.32 37.10	400m: 4:48.86 36.77
7. BOBKOWSKA Aida	12	UKS Tri-Sea Mewa Władysławowo	4:51.21 629 + 25.33
50m: 32.19 32.19	150m: 1:45.67 37.15	250m: 2:59.56 36.42	350m: 4:13.76 36.84
100m: 1:08.52 36.33	200m: 2:23.14 37.47	300m: 3:36.92 37.36	400m: 4:51.21 37.45
8. MU A Ewa	13	UKS Tri-Sea Mewa Władysławowo	5:16.37 491 + 50.49
50m: 34.67 34.67	150m: 1:53.81 40.50	250m: 3:15.71 40.56	350m: 4:38.06 40.73
100m: 1:13.31 38.64	200m: 2:35.15 41.34	300m: 3:57.33 41.62	400m: 5:16.37 38.31

KAT. C

1. KOZŁOWSKA Laura	11	MUKS Piorun Gołdap	4:13.23 834
50m: 28.50 28.50	150m: 1:34.69 33.33	250m: 2:39.15 31.54	350m: 3:42.31 31.34
100m: 1:01.36 32.86	200m: 2:07.61 32.92	300m: 3:10.97 31.82	400m: 4:13.23 30.92
2. ŁADO Natalia	10	UKS Rekin Wrocław SP50	4:26.90 713 + 13.67
50m: 28.57 28.57	150m: 1:32.72 32.87	250m: 2:39.79 33.59	350m: 3:51.29 36.20
100m: 59.85 31.28	200m: 2:06.20 33.48	300m: 3:15.09 35.30	400m: 4:26.90 35.61
3. UKOWICZ Estera	11	UKS Tri-Sea Mewa Władysławowo	4:37.47 634 + 24.24
50m: 29.90 29.90	150m: 1:37.99 35.06	250m: 2:51.36 36.89	350m: 4:04.74 35.83
100m: 1:02.93 33.03	200m: 2:14.47 36.48	300m: 3:28.91 37.55	400m: 4:37.47 32.73
4. MAZIEJUK Weronika	11	UKS Amfiprion Olecko	4:42.54 601 + 29.31
50m: 31.52 31.52	150m: 1:43.03 36.47	250m: 2:58.31 37.02	350m: 4:10.28 35.74
100m: 1:06.56 35.04	200m: 2:21.29 38.26	300m: 3:34.54 36.23	400m: 4:42.54 32.26
5. OKROJ Magda	11	UKS Manta Ko cierzyna	4:57.67 514 + 44.44
50m: 33.15 33.15	150m: 1:47.86 37.74	250m: 3:05.20 38.27	350m: 4:22.11 37.83
100m: 1:10.12 36.97	200m: 2:26.93 39.07	300m: 3:44.28 39.08	400m: 4:57.67 35.56

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Konkurencja 14, Dziewcz t, 400m Bifins, KAT. C

Pozycja			Rok ur.					Czas	Pkt.		
6.	PARCHEM	Małgorzata	10	UKS Tri-Sea Mewa Władysławowo				4:59.26	506 + 46.03		
	50m:	30.72 30.72	150m:	1:45.10	37.78	250m:	3:04.91	40.34	350m:	4:23.20	39.52
	100m:	1:07.32 36.60	200m:	2:24.57	39.47	300m:	3:43.68	38.77	400m:	4:59.26	36.06
7.	KREFT	Alicja	11	UKS Delfin Władysławowo				5:17.12	42 + 1:03.89		
	50m:	35.46 35.46	150m:	1:56.30	41.16	250m:	3:19.24	41.26	350m:	4:41.17	41.58
	100m:	1:15.14 39.68	200m:	2:37.98	41.68	300m:	3:59.59	40.35	400m:	5:17.12	35.95

KAT. B

1.	REDLIN	Anna	08	UKS Tri-Sea Mewa Władysławowo				4:08.73	878		
	50m:	27.10 27.10	150m:	1:28.03	31.29	250m:	2:32.83	32.85	350m:	3:38.32	32.51
	100m:	56.74 29.64	200m:	1:59.98	31.95	300m:	3:05.81	32.98	400m:	4:08.73	30.41
2.	BLOK	Sandra	09	KS Aqua Sport Ko cierzyna				4:22.69	746 + 13.96		
	50m:	27.76 27.76	150m:	1:30.25	31.97	250m:	2:38.54	34.55	350m:	3:48.00	34.85
	100m:	58.28 30.52	200m:	2:03.99	33.74	300m:	3:13.15	34.61	400m:	4:22.69	34.69
3.	REPI	SKA Weronika	08	UKS Manta Ko cierzyna				4:24.25	733 + 15.52		
	50m:	29.02 29.02	150m:	1:33.21	33.01	250m:	2:41.35	34.15	350m:	3:51.75	35.38
	100m:	1:00.20 31.18	200m:	2:07.20	33.99	300m:	3:16.37	35.02	400m:	4:24.25	32.50
4.	OBERMAN	Zuzanna	08	UKP Polonia Warszawa				4:24.83	728 + 16.10		
	50m:	28.06 28.06	150m:	1:33.39	33.25	250m:	2:41.85	34.28	350m:	3:51.66	34.95
	100m:	1:00.14 32.08	200m:	2:07.57	34.18	300m:	3:16.71	34.86	400m:	4:24.83	33.17
5.	KASZKIEL	Martyna	09	UKS Amfiprion Olecko				4:27.93	703 + 19.20		
	50m:	29.49 29.49	150m:	1:36.61	34.59	250m:	2:46.80	35.07	350m:	3:55.16	33.68
	100m:	1:02.02 32.53	200m:	2:11.73	35.12	300m:	3:21.48	34.68	400m:	4:27.93	32.77
6.	GAJEWSKA	Amelia	09	UKS Amfiprion Olecko				4:31.64	674 + 22.91		
	50m:	29.22 29.22	150m:	1:35.43	33.75	250m:	2:46.24	35.75	350m:	3:57.58	35.52
	100m:	1:01.68 32.46	200m:	2:10.49	35.06	300m:	3:22.06	35.82	400m:	4:31.64	34.06
7.	YWICKA	Nadia	09	UKS Manta Ko cierzyna				4:43.96	590 + 35.23		
	50m:	32.02 32.02	150m:	1:42.82	36.13	250m:	2:55.60	36.70	350m:	4:09.22	36.97
	100m:	1:06.69 34.67	200m:	2:18.90	36.08	300m:	3:32.25	36.65	400m:	4:43.96	34.74
8.	STELMACH	Zofia	08	KS Nautilus-Jastrz bie				4:48.71	562 + 39.98		
	50m:	31.21 31.21	150m:	1:43.84	36.61	250m:	2:58.47	37.78	350m:	4:14.07	37.50
	100m:	1:07.23 36.02	200m:	2:20.69	36.85	300m:	3:36.57	38.10	400m:	4:48.71	34.64
9.	SZYMA	SKA Amelia	09	UKS Manta Ko cierzyna				4:54.43	530 + 45.70		
	50m:	31.73 31.73	150m:	1:46.62	39.47	250m:	3:01.61	36.80	350m:	4:17.25	36.78
	100m:	1:07.15 35.42	200m:	2:24.81	38.19	300m:	3:40.47	38.86	400m:	4:54.43	37.18
10.	BAREŁKOWSKA	Blanka	09	UKS Manta Ko cierzyna				5:10.93	45(+ 1:02.20)		
	50m:	33.94 33.94	150m:	1:51.34	39.60	250m:	3:11.86	40.17	350m:	4:33.31	40.75
	100m:	1:11.74 37.80	200m:	2:31.69	40.35	300m:	3:52.56	40.70	400m:	5:10.93	37.62

KAT. A

1.	SZALAST	Karolina	05	UKS Tri-Sea Mewa Władysławowo				4:04.69	872		
	50m:	26.21 26.21	150m:	1:25.94	30.69	250m:	2:28.77	31.70	350m:	3:33.69	32.30
	100m:	55.25 29.04	200m:	1:57.07	31.13	300m:	3:01.39	32.62	400m:	4:04.69	31.00
2.	TARTANUS	Nina	07	UKS Tri-Sea Mewa Władysławowo				4:22.96	703 + 18.27		
	50m:	28.65 28.65	150m:	1:34.60	33.52	250m:	2:42.00	33.62	350m:	3:49.75	33.94
	100m:	1:01.08 32.43	200m:	2:08.38	33.78	300m:	3:15.81	33.81	400m:	4:22.96	33.21