



Open Baltic Cup 2025
Olsztyn, 8- - 9-3-2025

Event 6
2025-03-08 - 10:12

Women, 400m Bifins

12 years and older
Results

Points:

Rank	YB	Time	Pts	100m	200m	300m	400m
KAT. Open							
1.	SZALAST Karolina 05	UKS Tri - Sea Mewa Wla4:06.21wo		58.17	1:02.12	1:03.61	1:02.31
	50m: 28.05 28.05	150m: 1:28.94 30.77	250m: 2:32.14	31.85	350m: 3:35.77	31.87	
	100m: 58.17 30.12	200m: 2:00.29 31.35	300m: 3:03.90	31.76	400m: 4:06.21	30.44	
2.	BUBLITZ Tessa 08	Berliner TSC e.V. 4:12.46	+ 6.25	58.58	1:04.94	1:06.39	1:02.55
	50m: 27.76 27.76	150m: 1:30.72 32.14	250m: 2:36.58	33.06	350m: 3:41.92	32.01	
	100m: 58.58 30.82	200m: 2:03.52 32.80	300m: 3:09.91	33.33	400m: 4:12.46	30.54	
3.	KOZLOWSKA Laura 11	MUKS Piorun Goldap 4:14.01	+ 7.80	59.88	1:06.03	1:05.40	1:02.70
	50m: 28.07 28.07	150m: 1:32.68 32.80	250m: 2:38.54	32.63	350m: 3:43.57	32.26	
	100m: 59.88 31.81	200m: 2:05.91 33.23	300m: 3:11.31	32.77	400m: 4:14.01	30.44	
4.	REDLIN Anna 08	UKS Tri - Sea Mewa Wla4:15.44wo	+ 9.23	59.85	1:05.71	1:06.25	1:03.63
	50m: 28.56 28.56	150m: 1:32.41 32.56	250m: 2:38.96	33.40	350m: 3:44.26	32.45	
	100m: 59.85 31.29	200m: 2:05.56 33.15	300m: 3:11.81	32.85	400m: 4:15.44	31.18	
5.	PIETRAS Maria 07	Delfinek Chodziej 4:17.88	+ 11.67	1:00.15	1:05.44	1:06.87	1:05.42
	50m: 28.67 28.67	150m: 1:32.17 32.02	250m: 2:38.71	33.12	350m: 3:46.02	33.56	
	100m: 1:00.15 31.48	200m: 2:05.59 33.42	300m: 3:12.46	33.75	400m: 4:17.88	31.86	
6.	MAROZ Daria 09	Sostines Sporto Centras4:19.79	+ 13.58	1:02.01	1:05.51	1:07.28	1:04.99
	50m: 29.71 29.71	150m: 1:34.93 32.92	250m: 2:40.92	33.40	350m: 3:47.90	33.10	
	100m: 1:02.01 32.30	200m: 2:07.52 32.59	300m: 3:14.80	33.88	400m: 4:19.79	31.89	
7.	HEMLER Alena 10	Berliner TSC e.V. 4:20.45	+ 14.24	1:00.43	1:06.29	1:08.23	1:05.50
	50m: 28.31 28.31	150m: 1:33.35 32.92	250m: 2:40.90	34.18	350m: 3:48.38	33.43	
	100m: 1:00.43 32.12	200m: 2:06.72 33.37	300m: 3:14.95	34.05	400m: 4:20.45	32.07	
8.	SULKOWSKA Hanna 11	UKS Delfin Wladyslawov4:23.06	+ 16.85	1:00.62	1:06.79	1:09.00	1:06.65
	50m: 28.57 28.57	150m: 1:33.95 33.33	250m: 2:42.06	34.65	350m: 3:49.87	33.46	
	100m: 1:00.62 32.05	200m: 2:07.41 33.46	300m: 3:16.41	34.35	400m: 4:23.06	33.19	
9.	BACHOVAITE Laura 07	Sostines Sporto Centras4:23.13	+ 16.92	1:00.56	1:06.35	1:08.75	1:07.47
	50m: 29.17 29.17	150m: 1:33.08 32.52	250m: 2:40.53	33.62	350m: 3:49.61	33.95	
	100m: 1:00.56 31.39	200m: 2:06.91 33.83	300m: 3:15.66	35.13	400m: 4:23.13	33.52	
10.	LADOS Natalia 10	UKS Rekin Wroclaw SP54:23.97	+ 17.76	1:02.55	1:07.68	1:07.82	1:05.92
	50m: 29.58 29.58	150m: 1:36.30 33.75	250m: 2:44.11	33.88	350m: 3:51.45	33.40	
	100m: 1:02.55 32.97	200m: 2:10.23 33.93	300m: 3:18.05	33.94	400m: 4:23.97	32.52	
11.	OBERMAN Zuzanna 08	UKP Polonia Warszawa 4:25.50	+ 19.29	59.86	1:09.31	1:08.80	1:07.53
	50m: 27.61 27.61	150m: 1:34.11 34.25	250m: 2:43.46	34.29	350m: 3:52.02	34.05	
	100m: 59.86 32.25	200m: 2:09.17 35.06	300m: 3:17.97	34.51	400m: 4:25.50	33.48	
12.	REPINSKA Weronika 08	UKS Manta Koscierzyna 4:25.94	+ 19.73	1:01.08	1:07.49	1:10.69	1:06.68
	50m: 29.03 29.03	150m: 1:34.36 33.28	250m: 2:43.94	35.37	350m: 3:54.71	35.45	
	100m: 1:01.08 32.05	200m: 2:08.57 34.21	300m: 3:19.26	35.32	400m: 4:25.94	31.23	
13.	WAECHTER Kaethe 09	Berliner TSC e.V. 4:28.10	+ 21.89	1:03.43	1:09.39	1:08.15	1:07.13
	50m: 30.05 30.05	150m: 1:37.23 33.80	250m: 2:46.50	33.68	350m: 3:54.74	33.77	
	100m: 1:03.43 33.38	200m: 2:12.82 35.59	300m: 3:20.97	34.47	400m: 4:28.10	33.36	
14.	MAZIEJUK Weronika 11	UKS Amfiprion Olecko 4:29.24	+ 23.03	58.95	1:10.74	1:11.80	1:07.75
	50m: 27.92 27.92	150m: 1:34.04 35.09	250m: 2:45.42	35.73	350m: 3:57.13	35.64	
	100m: 58.95 31.03	200m: 2:09.69 35.65	300m: 3:21.49	36.07	400m: 4:29.24	32.11	
15.	GRELA Agata 10	Delfinek Chodziej 4:30.45	+ 24.24	1:02.50	1:10.49	1:10.58	1:06.88
	50m: 29.37 29.37	150m: 1:37.07 34.57	250m: 2:48.74	35.75	350m: 3:57.65	34.08	
	100m: 1:02.50 33.13	200m: 2:12.99 35.92	300m: 3:23.57	34.83	400m: 4:30.45	32.80	
16.	KASZKIEL Martyna 09	UKS Amfiprion Olecko 4:31.08	+ 24.87	1:04.00	1:09.85	1:10.22	1:07.01
	50m: 30.38 30.38	150m: 1:38.69 34.69	250m: 2:49.14	35.29	350m: 3:58.73	34.66	
	100m: 1:04.00 33.62	200m: 2:13.85 35.16	300m: 3:24.07	34.93	400m: 4:31.08	32.35	
17.	GORKA Zofia 13	UKS Rekin Wroclaw SP54:33.43	+ 27.22	1:05.15	1:10.18	1:11.21	1:06.89
	50m: 31.07 31.07	150m: 1:39.82 34.67	250m: 2:50.69	35.36	350m: 4:00.26	33.72	
	100m: 1:05.15 34.08	200m: 2:15.33 35.51	300m: 3:26.54	35.85	400m: 4:33.43	33.17	
18.	DAWIDOWICZ Lena 10	UKS Manta Koscierzyna 4:33.58	+ 27.37	1:06.67	1:09.70	1:09.65	1:07.56
	50m: 31.77 31.77	150m: 1:41.29 34.62	250m: 2:50.55	34.18	350m: 3:58.97	32.95	
	100m: 1:06.67 34.90	200m: 2:16.37 35.08	300m: 3:26.02	35.47	400m: 4:33.58	34.61	



Open Baltic Cup 2025
Olsztyn, 8- - 9-3-2025

Event 6, Women, 400m Bifins, KAT. Open

Rank	YB	Time	Pts	100m	200m	300m	400m		
19.	SAHID Mishelle	10	Akvalang SK	4:33.80	+ 27.59	1:05.86	1:10.74	1:11.82	1:05.38
	50m: 31.94	31.94	150m: 1:40.87	35.01	250m: 2:53.31	36.71	350m: 4:03.27	34.85	
	100m: 1:05.86	33.92	200m: 2:16.60	35.73	300m: 3:28.42	35.11	400m: 4:33.80	30.53	
20.	IRACKA Zuzanna	12	Laguna 24 Torun	4:34.35	+ 28.14	1:04.66	1:10.87	1:11.24	1:07.58
	50m: 30.44	30.44	150m: 1:39.98	35.32	250m: 2:51.72	36.19	350m: 4:01.05	34.28	
	100m: 1:04.66	34.22	200m: 2:15.53	35.55	300m: 3:26.77	35.05	400m: 4:34.35	33.30	
21.	BLOK Sandra	09	KS Aqua Sport Koscierzy	4:34.37	+ 28.16	1:02.74	1:10.43	1:10.88	1:10.32
	50m: 29.69	29.69	150m: 1:37.52	34.78	250m: 2:48.54	35.37	350m: 3:59.76	35.71	
	100m: 1:02.74	33.05	200m: 2:13.17	35.65	300m: 3:24.05	35.51	400m: 4:34.37	34.61	
22.	GNIEDZIEJKO Julia	12	UKS Amfiprion Olecko	4:34.91	+ 28.70	1:01.50	1:13.02	1:13.18	1:07.21
	50m: 28.59	28.59	150m: 1:37.59	36.09	250m: 2:51.97	37.45	350m: 4:01.53	33.83	
	100m: 1:01.50	32.91	200m: 2:14.52	36.93	300m: 3:27.70	35.73	400m: 4:34.91	33.38	
23.	NARKOWICZ Iga	08	UKS Delfin Jastarnia	4:34.94	+ 28.73	1:03.18	1:11.11	1:12.37	1:08.28
	50m: 29.04	29.04	150m: 1:38.55	35.37	250m: 2:50.22	35.93	350m: 4:01.47	34.81	
	100m: 1:03.18	34.14	200m: 2:14.29	35.74	300m: 3:26.66	36.44	400m: 4:34.94	33.47	
24.	ZUKOWICZ Estera	11	UKS Tri - Sea Mewa Wla	4:36.84	+ 30.63	1:07.23	1:11.63	1:11.78	1:06.20
	50m: 31.63	31.63	150m: 1:42.83	35.60	250m: 2:55.07	36.21	350m: 4:04.77	34.13	
	100m: 1:07.23	35.60	200m: 2:18.86	36.03	300m: 3:30.64	35.57	400m: 4:36.84	32.07	
25.	KAISER Nadia	09	UKS Manta Koscierzyzna	4:38.32	+ 32.11	1:07.51	1:13.09	1:13.21	1:04.51
	50m: 33.02	33.02	150m: 1:43.84	36.33	250m: 2:57.15	36.55	350m: 4:07.85	34.04	
	100m: 1:07.51	34.49	200m: 2:20.60	36.76	300m: 3:33.81	36.66	400m: 4:38.32	30.47	
26.	BOBKOWSKA Aida	12	UKS Tri - Sea Mewa Wla	4:41.01	+ 34.80	1:07.12	1:14.43	1:13.36	1:06.10
	50m: 31.14	31.14	150m: 1:44.86	37.74	250m: 2:58.33	36.78	350m: 4:09.09	34.18	
	100m: 1:07.12	35.98	200m: 2:21.55	36.69	300m: 3:34.91	36.58	400m: 4:41.01	31.92	
27.	GERASIMOVA Eva	12	Akvalang SK	4:41.77	+ 35.56	1:03.01	1:14.01	1:13.35	1:11.40
	50m: 29.30	29.30	150m: 1:40.01	37.00	250m: 2:53.61	36.59	350m: 4:07.54	37.17	
	100m: 1:03.01	33.71	200m: 2:17.02	37.01	300m: 3:30.37	36.76	400m: 4:41.77	34.23	
28.	SZAJKOWSKA A.	11	UKS Tri - Sea Mewa Wla	4:43.26	+ 37.05	1:04.65	1:12.24	1:14.80	1:11.57
	50m: 30.99	30.99	150m: 1:40.33	35.68	250m: 2:54.17	37.28	350m: 4:07.49	35.80	
	100m: 1:04.65	33.66	200m: 2:16.89	36.56	300m: 3:31.69	37.52	400m: 4:43.26	35.77	
29.	WITKOWSKA Amelia	12	Laguna 24 Torun	4:45.20	+ 38.99	1:05.71	1:11.79	1:15.32	1:12.38
	50m: 30.39	30.39	150m: 1:41.56	35.85	250m: 2:55.40	37.90	350m: 4:09.28	36.46	
	100m: 1:05.71	35.32	200m: 2:17.50	35.94	300m: 3:32.82	37.42	400m: 4:45.20	35.92	
30.	DEPTULA Julia	12	MUKS Piorun Goldap	4:53.84	+ 47.63	1:10.21	1:16.70	1:15.21	1:11.72
	50m: 32.47	32.47	150m: 1:48.72	38.51	250m: 3:05.13	38.22	350m: 4:18.95	36.83	
	100m: 1:10.21	37.74	200m: 2:26.91	38.19	300m: 3:42.12	36.99	400m: 4:53.84	34.89	
31.	SZYMANSKA Amelia	09	UKS Manta Koscierzyzna	4:56.26	+ 50.05	1:07.77	1:14.96	1:18.02	1:15.51
	50m: 32.40	32.40	150m: 1:45.81	38.04	250m: 3:01.90	39.17	350m: 4:20.35	39.60	
	100m: 1:07.77	35.37	200m: 2:22.73	36.92	300m: 3:40.75	38.85	400m: 4:56.26	35.91	
32.	BIDA Klaudia	07	KS Aqua Sport Koscierzy	4:58.90	+ 52.69	1:08.05	1:17.17	1:17.39	1:16.29
	50m: 31.63	31.63	150m: 1:46.29	38.24	250m: 3:03.53	38.31	350m: 4:21.30	38.69	
	100m: 1:08.05	36.42	200m: 2:25.22	38.93	300m: 3:42.61	39.08	400m: 4:58.90	37.60	
33.	TOMKUTE Sandra	12	Sostines Sporto Centras	5:05.86	+ 59.65	1:10.61	1:20.94	1:21.29	1:13.02
	50m: 32.51	32.51	150m: 1:50.81	40.20	250m: 3:12.31	40.76	350m: 4:31.28	38.44	
	100m: 1:10.61	38.10	200m: 2:31.55	40.74	300m: 3:52.84	40.53	400m: 5:05.86	34.58	
34.	OKROJ Magdalena	11	UKS Manta Koscierzyzna	5:06.02	+ 59.81	1:09.87	1:20.30	1:22.69	1:13.16
	50m: 33.14	33.14	150m: 1:49.07	39.20	250m: 3:12.47	42.30	350m: 4:31.36	38.50	
	100m: 1:09.87	36.73	200m: 2:30.17	41.10	300m: 3:52.86	40.39	400m: 5:06.02	34.66	
35.	PARCHEM Malgorzata	10	UKS Tri - Sea Mewa Wla	5:07.69	+ 1:01.48	1:09.72	1:19.97	1:21.72	1:16.28
	50m: 32.03	32.03	150m: 1:48.76	39.04	250m: 3:10.49	40.80	350m: 4:32.11	40.70	
	100m: 1:09.72	37.69	200m: 2:29.69	40.93	300m: 3:51.41	40.92	400m: 5:07.69	35.58	
36.	VACHOVIC Elina	11	Sostines Sporto Centras	5:19.29	+ 1:13.08	1:14.20			
	50m: 34.53	34.53	150m: 1:55.69	41.49	250m: 3:12.47		350m: 4:43.06		
	100m: 1:14.20	39.67	200m: 2:30.17		300m: 3:52.86		400m: 5:19.29	36.23	
37.	FREDA Amelia	13	KS Aqua Sport Koscierzy	5:28.95	+ 1:22.74	1:19.27	1:29.32	1:24.85	1:15.51
	50m: 36.61	36.61	150m: 2:04.08	44.81	250m: 3:30.92	42.33	350m: 4:54.03	40.59	
	100m: 1:19.27	42.66	200m: 2:48.59	44.51	300m: 4:13.44	42.52	400m: 5:28.95	34.92	



Open Baltic Cup 2025
Olsztyn, 8- - 9-3-2025

Event 6, Women, 400m Bifins, KAT. Open

Rank	YB	Time	Pts	100m	200m	300m	400m
38.	PUODZIUTE Austeja 03	SVJC Hobbyverse 5:39.54	+ 1:33.33	1:11.42	1:29.23		
	50m: 33.01 33.01	150m: 1:54.38 42.96	250m: 3:27.77	47.12	350m: 5:01.48		
	100m: 1:11.42 38.41	200m: 2:40.65 46.27	300m:		400m: 5:39.54	38.06	
39.	KAMINSKA Aleksandra 13	KS Aqua Sport Koscierzy 5:42.36	+ 1:36.15	1:22.73	1:33.37	1:27.26	1:19.00
	50m: 37.84 37.84	150m: 2:10.05 47.32	250m: 3:40.73	44.63	350m: 5:03.57	40.21	
	100m: 1:22.73 44.89	200m: 2:56.10 46.05	300m: 4:23.36	42.63	400m: 5:42.36	38.79	
40.	KLONOWSKA K. 12	KS Aqua Sport Koscierzy 5:43.03	+ 1:36.82	1:22.68	1:32.71	1:27.68	1:19.96
	50m: 38.55 38.55	150m: 2:08.73 46.05	250m: 3:41.03	45.64	350m: 5:03.97	40.90	
	100m: 1:22.68 44.13	200m: 2:55.39 46.66	300m: 4:23.07	42.04	400m: 5:43.03	39.06	
41.	KLINKOSZ Florentyna 13	UKS Manta Koscierzyzna 5:47.28	+ 1:41.07	1:23.13	1:32.61	1:31.87	1:19.67
	50m: 38.86 38.86	150m: 2:09.92 46.79	250m: 3:42.68	46.94	350m: 5:11.03	43.42	
	100m: 1:23.13 44.27	200m: 2:55.74 45.82	300m: 4:27.61	44.93	400m: 5:47.28	36.25	
DSQ	BORYS Maja 13	UKS Amfiprion Olecko					
	- Przedwczesny start						
DNF	GAJEWSKA Amelia 09	UKS Amfiprion Olecko		1:01.28	1:04.07		
	50m: 28.91 28.91	150m: 1:34.71 33.43	250m: 2:42.90	37.55	350m:		
	100m: 1:01.28 32.37	200m: 2:05.35 30.64	300m:		400m:		
DNF	JUCHNEVICIUTE D. 08	Sostines Sporto Centras					
KAT. B							
1.	BUBLITZ Tessa 08	Berliner TSC e.V. 4:12.46		58.58	1:04.94	1:06.39	1:02.55
	50m: 27.76 27.76	150m: 1:30.72 32.14	250m: 2:36.58	33.06	350m: 3:41.92	32.01	
	100m: 58.58 30.82	200m: 2:03.52 32.80	300m: 3:09.91	33.33	400m: 4:12.46	30.54	
2.	REDLIN Anna 08	UKS Tri - Sea Mewa Wla 4:15.44 wo	+ 2.98	59.85	1:05.71	1:06.25	1:03.63
	50m: 28.56 28.56	150m: 1:32.41 32.56	250m: 2:38.96	33.40	350m: 3:44.26	32.45	
	100m: 59.85 31.29	200m: 2:05.56 33.15	300m: 3:11.81	32.85	400m: 4:15.44	31.18	
3.	MAROZ Daria 09	Sostines Sporto Centras 4:19.79	+ 7.33	1:02.01	1:05.51	1:07.28	1:04.99
	50m: 29.71 29.71	150m: 1:34.93 32.92	250m: 2:40.92	33.40	350m: 3:47.90	33.10	
	100m: 1:02.01 32.30	200m: 2:07.52 32.59	300m: 3:14.80	33.88	400m: 4:19.79	31.89	
4.	OBERMAN Zuzanna 08	UKP Polonia Warszawa 4:25.50	+ 13.04	59.86	1:09.31	1:08.80	1:07.53
	50m: 27.61 27.61	150m: 1:34.11 34.25	250m: 2:43.46	34.29	350m: 3:52.02	34.05	
	100m: 59.86 32.25	200m: 2:09.17 35.06	300m: 3:17.97	34.51	400m: 4:25.50	33.48	
5.	REPINSKA Weronika 08	UKS Manta Koscierzyzna 4:25.94	+ 13.48	1:01.08	1:07.49	1:10.69	1:06.68
	50m: 29.03 29.03	150m: 1:34.36 33.28	250m: 2:43.94	35.37	350m: 3:54.71	35.45	
	100m: 1:01.08 32.05	200m: 2:08.57 34.21	300m: 3:19.26	35.32	400m: 4:25.94	31.23	
6.	WAECHTER Kaethe 09	Berliner TSC e.V. 4:28.10	+ 15.64	1:03.43	1:09.39	1:08.15	1:07.13
	50m: 30.05 30.05	150m: 1:37.23 33.80	250m: 2:46.50	33.68	350m: 3:54.74	33.77	
	100m: 1:03.43 33.38	200m: 2:12.82 35.59	300m: 3:20.97	34.47	400m: 4:28.10	33.36	
7.	KASZKIEL Martyna 09	UKS Amfiprion Olecko 4:31.08	+ 18.62	1:04.00	1:09.85	1:10.22	1:07.01
	50m: 30.38 30.38	150m: 1:38.69 34.69	250m: 2:49.14	35.29	350m: 3:58.73	34.66	
	100m: 1:04.00 33.62	200m: 2:13.85 35.16	300m: 3:24.07	34.93	400m: 4:31.08	32.35	
8.	BLOK Sandra 09	KS Aqua Sport Koscierzy 4:34.37	+ 21.91	1:02.74	1:10.43	1:10.88	1:10.32
	50m: 29.69 29.69	150m: 1:37.52 34.78	250m: 2:48.54	35.37	350m: 3:59.76	35.71	
	100m: 1:02.74 33.05	200m: 2:13.17 35.65	300m: 3:24.05	35.51	400m: 4:34.37	34.61	
9.	NARKOWICZ Iga 08	UKS Delfin Jastarnia 4:34.94	+ 22.48	1:03.18	1:11.11	1:12.37	1:08.28
	50m: 29.04 29.04	150m: 1:38.55 35.37	250m: 2:50.22	35.93	350m: 4:01.47	34.81	
	100m: 1:03.18 34.14	200m: 2:14.29 35.74	300m: 3:26.66	36.44	400m: 4:34.94	33.47	
10.	KAISER Nadia 09	UKS Manta Koscierzyzna 4:38.32	+ 25.86	1:07.51	1:13.09	1:13.21	1:04.51
	50m: 33.02 33.02	150m: 1:43.84 36.33	250m: 2:57.15	36.55	350m: 4:07.85	34.04	
	100m: 1:07.51 34.49	200m: 2:20.60 36.76	300m: 3:33.81	36.66	400m: 4:38.32	30.47	
11.	SZYMANSKA Amelia 09	UKS Manta Koscierzyzna 4:56.26	+ 43.80	1:07.77	1:14.96	1:18.02	1:15.51
	50m: 32.40 32.40	150m: 1:45.81 38.04	250m: 3:01.90	39.17	350m: 4:20.35	39.60	
	100m: 1:07.77 35.37	200m: 2:22.73 36.92	300m: 3:40.75	38.85	400m: 4:56.26	35.91	
DNF	GAJEWSKA Amelia 09	UKS Amfiprion Olecko		1:01.28	1:04.07		
	50m: 28.91 28.91	150m: 1:34.71 33.43	250m: 2:42.90	37.55	350m:		
	100m: 1:01.28 32.37	200m: 2:05.35 30.64	300m:		400m:		



Open Baltic Cup 2025
Olsztyn, 8- - 9-3-2025

Event 6, Girls, 400m Bifins, KAT. B

Rank	YB	Time	Pts	100m	200m	300m	400m
DNF	JUCHNEVICIUTE D.	08	Sostines Sporto Centras				

KAT. C

1.	KOZLOWSKA Laura	11	MUKS Piorun Goldap	4:14.01	+ 6.44	59.88	1:06.03	1:05.40	1:02.70			
	50m:	28.07	28.07	150m:	1:32.68	32.80	250m:	2:38.54	32.63	350m:	3:43.57	32.26
	100m:	59.88	31.81	200m:	2:05.91	33.23	300m:	3:11.31	32.77	400m:	4:14.01	30.44
2.	HEMPLER Alena	10	Berliner TSC e.V.	4:20.45	+ 9.05	1:00.43	1:06.29	1:08.23	1:05.50			
	50m:	28.31	28.31	150m:	1:33.35	32.92	250m:	2:40.90	34.18	350m:	3:48.38	33.43
	100m:	1:00.43	32.12	200m:	2:06.72	33.37	300m:	3:14.95	34.05	400m:	4:20.45	32.07
3.	SULKOWSKA Hanna	11	UKS Delfin Wladyslawov	4:23.06	+ 9.96	1:00.62	1:06.79	1:09.00	1:06.65			
	50m:	28.57	28.57	150m:	1:33.95	33.33	250m:	2:42.06	34.65	350m:	3:49.87	33.46
	100m:	1:00.62	32.05	200m:	2:07.41	33.46	300m:	3:16.41	34.35	400m:	4:23.06	33.19
4.	LADOS Natalia	10	UKS Rekin Wroclaw SP54	4:23.97	+ 15.23	58.95	1:10.74	1:11.80	1:07.75			
	50m:	29.58	29.58	150m:	1:36.30	33.75	250m:	2:44.11	33.88	350m:	3:51.45	33.40
	100m:	1:02.55	32.97	200m:	2:10.23	33.93	300m:	3:18.05	33.94	400m:	4:23.97	32.52
5.	MAZIEJUK Weronika	11	UKS Amfiprion Olecko	4:29.24	+ 16.44	1:02.50	1:10.49	1:10.58	1:06.88			
	50m:	27.92	27.92	150m:	1:34.04	35.09	250m:	2:45.42	35.73	350m:	3:57.13	35.64
	100m:	58.95	31.03	200m:	2:09.69	35.65	300m:	3:21.49	36.07	400m:	4:29.24	32.11
6.	GRELA Agata	10	Delfinek Chodziej	4:30.45	+ 19.57	1:06.67	1:09.70	1:09.65	1:07.56			
	50m:	29.37	29.37	150m:	1:37.07	34.57	250m:	2:48.74	35.75	350m:	3:57.65	34.08
	100m:	1:02.50	33.13	200m:	2:12.99	35.92	300m:	3:23.57	34.83	400m:	4:30.45	32.80
7.	DAWIDOWICZ Lena	10	UKS Manta Koscierzyna	4:33.58	+ 19.79	1:05.86	1:10.74	1:11.82	1:05.38			
	50m:	31.77	31.77	150m:	1:41.29	34.62	250m:	2:50.55	34.18	350m:	3:58.97	32.95
	100m:	1:06.67	34.90	200m:	2:16.37	35.08	300m:	3:26.02	35.47	400m:	4:33.58	34.61
8.	SAHID Mishelle	10	Akwalang SK	4:33.80	+ 22.83	1:07.23	1:11.63	1:11.78	1:06.20			
	50m:	31.94	31.94	150m:	1:40.87	35.01	250m:	2:53.31	36.71	350m:	4:03.27	34.85
	100m:	1:05.86	33.92	200m:	2:16.60	35.73	300m:	3:28.42	35.11	400m:	4:33.80	30.53
9.	ZUKOWICZ Estera	11	UKS Tri - Sea Mewa Wla	4:36.84 wo	+ 29.25	1:04.65	1:12.24	1:14.80	1:11.57			
	50m:	31.63	31.63	150m:	1:42.83	35.60	250m:	2:55.07	36.21	350m:	4:04.77	34.13
	100m:	1:07.23	35.60	200m:	2:18.86	36.03	300m:	3:30.64	35.57	400m:	4:36.84	32.07
10.	SZAJKOWSKA A.	11	UKS Tri - Sea Mewa Wla	4:43.26 wo	+ 52.01	1:09.87	1:20.30	1:22.69	1:13.16			
	50m:	30.99	30.99	150m:	1:40.33	35.68	250m:	2:54.17	37.28	350m:	4:07.49	35.80
	100m:	1:04.65	33.66	200m:	2:16.89	36.56	300m:	3:31.69	37.52	400m:	4:43.26	35.77
11.	OKROJ Magdalena	11	UKS Manta Koscierzyna	5:06.02	+ 53.68	1:09.72	1:19.97	1:21.72	1:16.28			
	50m:	33.14	33.14	150m:	1:49.07	39.20	250m:	3:12.47	42.30	350m:	4:31.36	38.50
	100m:	1:09.87	36.73	200m:	2:30.17	41.10	300m:	3:52.86	40.39	400m:	5:06.02	34.66
12.	PARCHEM Malgorzata	10	UKS Tri - Sea Mewa Wla	5:07.69 wo	+ 1:05.28	1:14.20						
	50m:	32.03	32.03	150m:	1:48.76	39.04	250m:	3:10.49	40.80	350m:	4:32.11	40.70
	100m:	1:09.72	37.69	200m:	2:29.69	40.93	300m:	3:51.41	40.92	400m:	5:07.69	35.58
13.	VACHOVIC Elina	11	Sostines Sporto Centras	5:19.29								
	50m:	34.53	34.53	150m:	1:55.69	41.49	250m:			350m:	4:43.06	
	100m:	1:14.20	39.67	200m:			300m:			400m:	5:19.29	36.23

KAT. D

1.	GORKA Zofia	13	UKS Rekin Wroclaw SP54	4:33.43	+ 0.92	1:04.66	1:10.87	1:11.24	1:07.58			
	50m:	31.07	31.07	150m:	1:39.82	34.67	250m:	2:50.69	35.36	350m:	4:00.26	33.72
	100m:	1:05.15	34.08	200m:	2:15.33	35.51	300m:	3:26.54	35.85	400m:	4:33.43	33.17
2.	IRACKA Zuzanna	12	Laguna 24 Torun	4:34.35	+ 1.48	1:01.50	1:13.02	1:13.18	1:07.21			
	50m:	30.44	30.44	150m:	1:39.98	35.32	250m:	2:51.72	36.19	350m:	4:01.05	34.28
	100m:	1:04.66	34.22	200m:	2:15.53	35.55	300m:	3:26.77	35.05	400m:	4:34.35	33.30
3.	GNIEDZIEJKO Julia	12	UKS Amfiprion Olecko	4:34.91	+ 7.58	1:07.12	1:14.43	1:13.36	1:06.10			
	50m:	28.59	28.59	150m:	1:37.59	36.09	250m:	2:51.97	37.45	350m:	4:01.53	33.83
	100m:	1:01.50	32.91	200m:	2:14.52	36.93	300m:	3:27.70	35.73	400m:	4:34.91	33.38
4.	BOBKOWSKA Aida	12	UKS Tri - Sea Mewa Wla	4:41.01 wo								
	50m:	31.14	31.14	150m:	1:44.86	37.74	250m:	2:58.33	36.78	350m:	4:09.09	34.18
	100m:	1:07.12	35.98	200m:	2:21.55	36.69	300m:	3:34.91	36.58	400m:	4:41.01	31.92



Open Baltic Cup 2025
Olsztyn, 8- - 9-3-2025

Event 6, Girls, 400m Bifins, KAT. D

Rank	YB		Time	Pts	100m	200m	300m	400m	
5.	GERASIMOVA Eva	12	Akvalang SK	4:41.77	+ 8.34	1:03.01	1:14.01	1:13.35	1:11.40
	50m: 29.30	29.30	150m: 1:40.01	37.00	250m: 2:53.61	36.59	350m: 4:07.54	37.17	
	100m: 1:03.01	33.71	200m: 2:17.02	37.01	300m: 3:30.37	36.76	400m: 4:41.77	34.23	
6.	WITKOWSKA Amelia	12	Laguna 24 Torun	4:45.20	+ 11.77	1:05.71	1:11.79	1:15.32	1:12.38
	50m: 30.39	30.39	150m: 1:41.56	35.85	250m: 2:55.40	37.90	350m: 4:09.28	36.46	
	100m: 1:05.71	35.32	200m: 2:17.50	35.94	300m: 3:32.82	37.42	400m: 4:45.20	35.92	
7.	DEPTULA Julia	12	MUKS Piorun Goldap	4:53.84	+ 20.41	1:10.21	1:16.70	1:15.21	1:11.72
	50m: 32.47	32.47	150m: 1:48.72	38.51	250m: 3:05.13	38.22	350m: 4:18.95	36.83	
	100m: 1:10.21	37.74	200m: 2:26.91	38.19	300m: 3:42.12	36.99	400m: 4:53.84	34.89	
8.	TOMKUTE Sandra	12	Sostines Sporto Centras	5:05.86	+ 32.43	1:10.61	1:20.94	1:21.29	1:13.02
	50m: 32.51	32.51	150m: 1:50.81	40.20	250m: 3:12.31	40.76	350m: 4:31.28	38.44	
	100m: 1:10.61	38.10	200m: 2:31.55	40.74	300m: 3:52.84	40.53	400m: 5:05.86	34.58	
9.	FREDA Amelia	13	KS Aqua Sport Koscierzy	5:28.95	+ 55.52	1:19.27	1:29.32	1:24.85	1:15.51
	50m: 36.61	36.61	150m: 2:04.08	44.81	250m: 3:30.92	42.33	350m: 4:54.03	40.59	
	100m: 1:19.27	42.66	200m: 2:48.59	44.51	300m: 4:13.44	42.52	400m: 5:28.95	34.92	
10.	KAMINSKA Aleksandra	13	KS Aqua Sport Koscierzy	5:42.36	+ 1:08.93	1:22.73	1:33.37	1:27.26	1:19.00
	50m: 37.84	37.84	150m: 2:10.05	47.32	250m: 3:40.73	44.63	350m: 5:03.57	40.21	
	100m: 1:22.73	44.89	200m: 2:56.10	46.05	300m: 4:23.36	42.63	400m: 5:42.36	38.79	
11.	KLONOWSKA K.	12	KS Aqua Sport Koscierzy	5:43.03	+ 1:09.60	1:22.68	1:32.71	1:27.68	1:19.96
	50m: 38.55	38.55	150m: 2:08.73	46.05	250m: 3:41.03	45.64	350m: 5:03.97	40.90	
	100m: 1:22.68	44.13	200m: 2:55.39	46.66	300m: 4:23.07	42.04	400m: 5:43.03	39.06	
12.	KLINKOSZ Florentyna	13	UKS Manta Koscierzyzna	5:47.28	+ 1:13.85	1:23.13	1:32.61	1:31.87	1:19.67
	50m: 38.86	38.86	150m: 2:09.92	46.79	250m: 3:42.68	46.94	350m: 5:11.03	43.42	
	100m: 1:23.13	44.27	200m: 2:55.74	45.82	300m: 4:27.61	44.93	400m: 5:47.28	36.25	
DSQ	BORYS Maja	13	UKS Amfiprion Olecko						
	<i>- Przedwczesny start</i>								