



II Runda Klubowego Pucharu Polski w pływaniu w płetwach  
Ko cierzyna, 5- - 6-4-2025

Konkurencja 34

M cierzyn, 400m Bifins

12 lat i starsi

2025-04-06 - 13:01

Wyniki

Rekordy Polski_25m_pletwa Open	3:29.82	KROPIDŁOWSKI Szymon	POL	Cetniewo	2023-11-11
Rekordy Polski_25m_pletwa 16 - 17	3:36.22	SMOSZNA Wiktor		Cetniewo	2023-12-10
Rekordy Polski_25m_pletwa 14 - 15	3:36.22	SMOSZNA Wiktor	POL	Cetniewo	2023-11-11
Rekordy Polski_25m_pletwa 12 - 13	3:48.33	MARKIEWICZ Jarosław		Władysławowo	2018-11-15

Punkty:

Pozycja	Rok ur.	Czas	Pkt.
<b>KAT. D</b>			
1. K PA Kacper	13	<b>4:39.40</b>	
50m: 32.21 32.21	150m: 1:45.43 36.26	250m: 2:56.53 35.83	350m: 4:06.94 35.28
100m: 1:09.17 36.96	200m: 2:20.70 35.27	300m: 3:31.66 35.13	400m: 4:39.40 32.46
2. PROCHOWICZ Wojciech	12	<b>4:40.00</b>	+ 0.60
50m: 30.67 30.67	150m: 1:41.48 36.68	250m: 2:54.28 36.66	350m: 4:06.25 35.99
100m: 1:04.80 34.13	200m: 2:17.62 36.14	300m: 3:30.26 35.98	400m: 4:40.00 33.75
3. SYRBU Janusz	12	<b>4:50.18</b>	+ 10.78
50m: 33.76 33.76	150m: 1:49.00 37.22	250m: 3:04.04 37.58	350m: 4:17.14 36.02
100m: 1:11.78 38.02	200m: 2:26.46 37.46	300m: 3:41.12 37.08	400m: 4:50.18 33.04
4. B DKOWSKI Tymoteusz	13	<b>4:58.10</b>	+ 18.70
50m: 33.50 33.50	150m: 1:51.08 39.19	250m: 3:08.60 38.37	350m: 4:24.84 38.38
100m: 1:11.89 38.39	200m: 2:30.23 39.15	300m: 3:46.46 37.86	400m: 4:58.10 33.26
5. TARNOWSKI Konstanty	12	<b>4:58.48</b>	+ 19.08
50m: 32.27 32.27	150m: 1:50.12 40.43	250m: 3:08.79 38.21	350m: 4:23.29 35.60
100m: 1:09.69 37.42	200m: 2:30.58 40.46	300m: 3:47.69 38.90	400m: 4:58.48 35.19
6. SZCZEPANKIEWICZ Samuel	13	<b>5:00.45</b>	+ 21.05
50m: 33.01 33.01	150m: 1:49.00 38.51	250m: 3:06.35 39.19	350m: 4:24.65 37.78
100m: 1:10.49 37.48	200m: 2:27.16 38.16	300m: 3:46.87 40.52	400m: 5:00.45 35.80
7. WRÓBLEWSKI Grzegorz	13	<b>5:03.75</b>	+ 24.35
50m: 34.19 34.19	150m: 1:52.96 40.17	250m: 3:12.02 39.02	350m: 4:29.13 37.93
100m: 1:12.79 38.60	200m: 2:33.00 40.04	300m: 3:51.20 39.18	400m: 5:03.75 34.62
8. KUPC Tomasz	12	<b>5:13.20</b>	+ 33.80
50m: 33.89 33.89	150m: 1:52.15 39.65	250m: 3:14.07 40.63	350m: 4:35.92 40.41
100m: 1:12.50 38.61	200m: 2:33.44 41.29	300m: 3:55.51 41.44	400m: 5:13.20 37.28
9. WAWER Gustaw	12	<b>5:49.58</b>	+ 1:10.18
50m: 38.61 38.61	150m: 2:09.94 45.82	250m: 3:39.20 44.23	350m: 5:07.44 42.29
100m: 1:24.12 45.51	200m: 2:54.97 45.03	300m: 4:25.15 45.95	400m: 5:49.58 42.14

**KAT. C**

1. KASZUBOWSKI Kacper	10	<b>4:02.89</b>	
50m: 27.51 27.51	150m: 1:29.06 31.16	250m: 2:31.71 31.65	350m: 3:35.25 31.62
100m: 57.90 30.39	200m: 2:00.06 31.00	300m: 3:03.63 31.92	400m: 4:02.89 27.64
2. BYSTRON Fryderyk	10	<b>4:07.22</b>	+ 4.33
50m: 26.84 26.84	150m: 1:27.79 30.92	250m: 2:31.37 31.98	350m: 3:36.01 32.24
100m: 56.87 30.03	200m: 1:59.39 31.60	300m: 3:03.77 32.40	400m: 4:07.22 31.21
3. MARGOL Kacper	10	<b>4:22.08</b>	+ 19.19
50m: 28.49 28.49	150m: 1:31.94 32.24	250m: 2:38.37 33.36	350m: 3:48.03 35.00
100m: 59.70 31.21	200m: 2:05.01 33.07	300m: 3:13.03 34.66	400m: 4:22.08 34.05
4. DACH Tymon	11	<b>4:35.26</b>	+ 32.37
50m: 30.25 30.25	150m: 1:41.38 36.54	250m: 2:52.89 36.24	350m: 4:04.24 35.35
100m: 1:04.84 34.59	200m: 2:16.65 35.27	300m: 3:28.89 36.00	400m: 4:35.26 31.02
5. BEDRA Havier	10	<b>4:44.12</b>	+ 41.23
50m: 29.71 29.71	150m: 1:40.63 36.46	250m: 2:56.74 37.77	350m: 4:11.67 36.87
100m: 1:04.17 34.46	200m: 2:18.97 38.34	300m: 3:34.80 38.06	400m: 4:44.12 32.45



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Konkurencja 34, Chłopców, 400m Bifins, KAT. C

Pozycja		Rok ur.						Czas	Pkt.
6.	S DZICKI Arkadiusz	11	KS Aqua Sport Ko cierzyna					<b>4:56.81</b>	+ 53.92
	50m: 33.61 33.61	150m: 1:49.04	38.14	250m: 3:05.11	37.87	350m: 4:20.82	37.49		
	100m: 1:10.90 37.29	200m: 2:27.24	38.20	300m: 3:43.33	38.22	400m: 4:56.81	35.99		
7.	WAWER Karol	11	UKS Manta Ko cierzyna					<b>5:23.94</b>	+ 1:21.05
	50m: 33.19 33.19	150m: 1:53.24	40.86	250m: 3:17.85	42.79	350m: 4:43.64	43.34		
	100m: 1:12.38 39.19	200m: 2:35.06	41.82	300m:		400m: 5:23.94	40.30		
8.	JAKUBEK Dawid	11	UKS Manta Ko cierzyna					<b>5:27.72</b>	+ 1:24.83
	50m: 34.76 34.76	150m: 1:57.81	42.99	250m: 3:23.95	43.01	350m: 4:49.48	43.34		
	100m: 1:14.82 40.06	200m: 2:40.94	43.13	300m: 4:06.14	42.19	400m: 5:27.72	38.24		
9.	BRZEZI SKI Oskar	11	UKS Manta Ko cierzyna					<b>5:32.37</b>	+ 1:29.48
	50m: 36.91 36.91	150m: 2:00.90	42.92	250m: 3:27.99	43.64	350m: 4:53.54	43.14		
	100m: 1:17.98 41.07	200m: 2:44.35	43.45	300m: 4:10.40	42.41	400m: 5:32.37	38.83		

KAT. B

1.	KOZŁOWSKI Oskar	08	MUKS Piorun Gołdap					<b>3:49.04</b>	
	50m: 23.89 23.89	150m: 1:19.12	28.16	250m: 2:16.69	28.79	350m: 3:17.93	31.19		
	100m: 50.96 27.07	200m: 1:47.90	28.78	300m: 2:46.74	30.05	400m: 3:49.04	31.11		
2.	KOMAR Filip	09	KS Aqua Sport Ko cierzyna					<b>3:53.40</b>	+ 4.36
	50m: 24.98 24.98	150m: 1:23.75	30.34	250m: 2:23.80	29.75	350m: 3:24.98	30.12		
	100m: 53.41 28.43	200m: 1:54.05	30.30	300m: 2:54.86	31.06	400m: 3:53.40	28.42		
3.	ZIEMNIAK Seweryn	08	UKS Tri-Sea Mewa Władysławowo					<b>3:53.60</b>	+ 4.56
	50m: 25.71 25.71	150m: 1:24.34	29.69	250m: 2:24.40	30.27	350m: 3:25.41	30.49		
	100m: 54.65 28.94	200m: 1:54.13	29.79	300m: 2:54.92	30.52	400m: 3:53.60	28.19		
4.	KROPIDŁOWSKI Dawid	09	UKS Manta Ko cierzyna					<b>3:59.78</b>	+ 10.74
	50m: 26.72 26.72	150m: 1:27.38	30.52	250m: 2:29.15	30.53	350m: 3:30.51	30.68		
	100m: 56.86 30.14	200m: 1:58.62	31.24	300m: 2:59.83	30.68	400m: 3:59.78	29.27		
5.	MOSO Jakub	09	KS Nautilus-Jastrz bie					<b>4:43.63</b>	+ 54.59
	50m: 29.35 29.35	150m: 1:39.36	35.94	250m: 2:54.83	38.39	350m: 4:09.60	37.40		
	100m: 1:03.42 34.07	200m: 2:16.44	37.08	300m: 3:32.20	37.37	400m: 4:43.63	34.03		
6.	GAWRYSIAK Hubert	09	UKS Błyskawica SP 39 Gdynia					<b>4:51.69</b>	+ 1:02.65
	50m: 32.02 32.02	150m: 1:47.13	38.78	250m: 3:03.39	37.14	350m: 4:15.85	35.06		
	100m: 1:08.35 36.33	200m: 2:26.25	39.12	300m: 3:40.79	37.40	400m: 4:51.69	35.84		

KAT. A

1.	SZAJTER Jakub	05	KS Nautilus-Jastrz bie					<b>4:26.95</b>	
	50m: 27.69 27.69	150m: 1:31.95	32.89	250m: 2:41.72	35.53	350m: 3:53.08	35.75		
	100m: 59.06 31.37	200m: 2:06.19	34.24	300m: 3:17.33	35.61	400m: 4:26.95	33.87		
2.	RANISZEWSKI Oskar	03	Laguna 24 Toru					<b>4:38.31</b>	+ 11.36
	50m: 29.10 29.10	150m: 1:37.85	35.11	250m: 2:49.34	36.20	350m: 4:02.01	36.46		
	100m: 1:02.74 33.64	200m: 2:13.14	35.29	300m: 3:25.55	36.21	400m: 4:38.31	36.30		