



II Runda Klubowego Pucharu Polski w pływaniu w płetwach  
Ko cierzyna, 5- - 6-4-2025

Konkurencja 38

M czyzn, 400m Surface

12 lat i starsi

2025-04-06 - 14:01

Wyniki

Rekordy Polski_25m_pletwa Open	2:59.35	DRA BA Filip	POL	Cetniewo	2023-11-12
Rekordy Polski_25m_pletwa 16 - 17	3:10.31	PIETRAS Kamil		Ko cierzyna	2022-01-01
Rekordy Polski_25m_pletwa 14 - 15	3:12.03	WINIARSKI Adrian		KO CIERZYNA	2007-08-03
Rekordy Polski_25m_pletwa 12 - 13	3:20.75	MAJEWSKI Wojciech		Toru	2003-11-15

Punkty:

Pozycja		Rok ur.							Czas	Pkt.
KAT. D										
1.	SZEWCUK Leon	13	UKS Rekin Wrocław SP50						<b>4:33.78</b>	
	50m: 29.99 29.99	150m: 1:38.98	34.93	250m: 2:49.96	35.87	350m: 4:00.26	34.79			
	100m: 1:04.05 34.06	200m: 2:14.09	35.11	300m: 3:25.47	35.51	400m: 4:33.78	33.52			
2.	SZLENDAK Jakub	12	UKS Manta Ko cierzyna						<b>4:55.89</b>	+ 22.11
	50m: 31.09 31.09	150m: 1:43.54	37.81	250m: 3:01.30	39.17	350m: 4:19.86	39.11			
	100m: 1:05.73 34.64	200m: 2:22.13	38.59	300m: 3:40.75	39.45	400m: 4:55.89	36.03			
KAT. C										
1.	KONKEL Albert	10	UKS Tri-Sea Mewa Władysławowo						<b>3:18.97</b>	
	50m: 22.62 22.62	150m: 1:10.68	24.23	250m: 2:01.44	25.58	350m: 2:53.78	26.16			
	100m: 46.45 23.83	200m: 1:35.86	25.18	300m: 2:27.62	26.18	400m: 3:18.97	25.19			
2.	KAROLEWSKI Igor	11	UKS Tri-Sea Mewa Władysławowo						<b>4:21.10</b>	+ 1:02.13
	50m: 27.56 27.56	150m: 1:32.39	33.48	250m: 2:41.73	34.72	350m: 3:49.47	34.16			
	100m: 58.91 31.35	200m: 2:07.01	34.62	300m: 3:15.31	33.58	400m: 4:21.10	31.63			
3.	S DZICKI Arkadiusz	11	KS Aqua Sport Ko cierzyna						<b>4:49.00</b>	+ 1:30.03
	50m: 33.21 33.21	150m: 1:46.01	36.83	250m: 3:00.02	37.11	350m: 4:13.90	36.79			
	100m: 1:09.18 35.97	200m: 2:22.91	36.90	300m: 3:37.11	37.09	400m: 4:49.00	35.10			
KAT. B										
1.	KROPIDŁOWSKI Szymon	09	UKS Manta Ko cierzyna						<b>3:48.10</b>	
	50m: 25.30 25.30	150m: 1:23.23	29.07	250m: 2:22.43	28.38	350m: 3:20.82	28.71			
	100m: 54.16 28.86	200m: 1:54.05	30.82	300m: 2:52.11	29.68	400m: 3:48.10	27.28			
KAT. A										
1.	DRAMI SKI Michał	99	UKS Tri-Sea Mewa Władysławowo						<b>3:12.25</b>	
	50m: 21.80 21.80	150m: 1:09.66	24.27	250m: 1:58.93	24.76	350m: 2:48.30	24.71			
	100m: 45.39 23.59	200m: 1:34.17	24.51	300m: 2:23.59	24.66	400m: 3:12.25	23.95			
2.	SMYKOWSKI Franciszek	06	Laguna 24 Toru						<b>4:16.00</b>	+ 1:03.75
	50m: 28.45 28.45	150m: 1:31.81	31.96	250m: 2:37.05	32.45	350m: 3:43.15	33.04			
	100m: 59.85 31.40	200m: 2:04.60	32.79	300m: 3:10.11	33.06	400m: 4:16.00	32.85			