

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat, I Runda  
 Szczecin, 11- - 12-4-2025

 Konkurencja 7  
 2025-04-11 - 12:15

Dziewcz t, 400m dowolny

 12 - 13 lat  
 Wyniki

Punkty: AQUA 2024

Pozycja					Rok ur.					Czas	Pkt.	CR
<b>13 lat</b>												
1.	JAWORSKA Ada				12	MKS CKS-SMS Szczecin				<b>5:05.88</b>	432	+0,69
	50m:	33.65	33.65	150m:	1:50.97	39.16	250m:	3:09.52	39.63	350m:	4:30.20	40.79
	100m:	1:11.81	38.16	200m:	2:29.89	38.92	300m:	3:49.41	39.89	400m:	5:05.88	35.68
2.	GIETKA Ida				12	MKP Szczecin				<b>5:17.79</b>	385	+0,74
	50m:	34.16	34.16	150m:	1:52.04	39.75	250m:	3:13.96	41.26	350m:	4:37.83	41.79
	100m:	1:12.29	38.13	200m:	2:32.70	40.66	300m:	3:56.04	42.08	400m:	5:17.79	39.96
3.	KWATYRA Ewa				12	MKP Szczecin				<b>5:22.47</b>	369	+0,62
	50m:	35.08	35.08	150m:	1:55.72	41.00	250m:	3:18.56	41.53	350m:	4:42.39	41.38
	100m:	1:14.72	39.64	200m:	2:37.03	41.31	300m:	4:01.01	42.45	400m:	5:22.47	40.08
4.	KORONA Kornelia				12	MKS Znicz Koszalin				<b>5:30.44</b>	342	+0,74
	50m:	35.06	35.06	150m:	1:58.90	42.39	250m:	3:25.43	43.14	350m:	4:51.43	42.26
	100m:	1:16.51	41.45	200m:	2:42.29	43.39	300m:	4:09.17	43.74	400m:	5:30.44	39.01
5.	MRÓZ Pola				12	MKS CKS-SMS Szczecin				<b>5:30.47</b>	342	+0,83
	50m:	34.55	34.55	150m:	1:57.53	42.12	250m:	3:24.45	43.63	350m:	4:50.83	42.59
	100m:	1:15.41	40.86	200m:	2:40.82	43.29	300m:	4:08.24	43.79	400m:	5:30.47	39.64
6.	ŁYSKO Alicja				12	MKS Znicz Koszalin				<b>5:33.77</b>	332	+0,83
	50m:	38.49	38.49	150m:	2:03.90	42.79	250m:	3:30.33	43.36	350m:	4:56.89	43.13
	100m:	1:21.11	42.62	200m:	2:46.97	43.07	300m:	4:13.76	43.43	400m:	5:33.77	36.88
7.	BERNACKA Magdalena				12	MKS CKS-SMS Szczecin				<b>5:35.44</b>	327	+0,83
	50m:	35.86	35.86	150m:	1:58.95	42.22	250m:	3:26.71	44.24	350m:	4:54.65	43.42
	100m:	1:16.73	40.87	200m:	2:42.47	43.52	300m:	4:11.23	44.52	400m:	5:35.44	40.79
8.	SŁABY Martyna				12	UKS Olimp Gorzów Wlkp.				<b>5:36.94</b>	323	+0,65
	50m:	35.41	35.41	150m:	1:58.99	42.84	250m:	3:26.61	43.95	350m:	4:54.94	44.16
	100m:	1:16.15	40.74	200m:	2:42.66	43.67	300m:	4:10.78	44.17	400m:	5:36.94	42.00
9.	SOBCZYK Hanna				12	MKS CKS-SMS Szczecin				<b>5:37.98</b>	320	+0,76
	50m:	37.13	37.13	150m:	2:04.33	43.63	250m:	3:32.13	44.14	350m:	4:57.91	42.45
	100m:	1:20.70	43.57	200m:	2:47.99	43.66	300m:	4:15.46	43.33	400m:	5:37.98	40.07
10.	KIELAR Milena				12	MKS Znicz Koszalin				<b>5:38.44</b>	319	+0,73
	50m:	37.67	37.67	150m:	2:04.07	43.54	250m:	3:31.99	43.64	350m:	4:57.62	42.25
	100m:	1:20.53	42.86	200m:	2:48.35	44.28	300m:	4:15.37	43.38	400m:	5:38.44	40.82
11.	KAMI SKA Nela				12	MKS Znicz Koszalin				<b>5:42.81</b>	307	
	50m:	38.08	38.08	150m:	2:06.77	45.11	250m:	3:37.40	45.50	350m:	5:04.94	43.02
	100m:	1:21.66	43.58	200m:	2:51.90	45.13	300m:	4:21.92	44.52	400m:	5:42.81	37.87
12.	JACKIEWICZ Julia				12	MKS CKS-SMS Szczecin				<b>5:43.42</b>	305	
	50m:	36.25	36.25	150m:	2:02.67	44.31	250m:	3:31.90	45.41	350m:	5:01.63	45.31
	100m:	1:18.36	42.11	200m:	2:46.49	43.82	300m:	4:16.32	44.42	400m:	5:43.42	41.79
13.	AUKSEL Zuzanna				12	UKS Olimp Gorzów Wlkp.				<b>5:45.39</b>	300	+0,88
	50m:	39.69	39.69	150m:	2:07.89	44.43	250m:	3:37.23	44.44	350m:		
	100m:	1:23.46	43.77	200m:	2:52.79	44.90	300m:	4:21.92	44.69	400m:	5:45.39	
14.	OLSZEWSKA Nina				12	KP Neptun Stargard				<b>5:47.21</b>	295	+0,76
	50m:	37.91	37.91	150m:	2:07.85	45.48	250m:	3:38.12	45.36	350m:	5:07.14	44.22
	100m:	1:22.37	44.46	200m:	2:52.76	44.91	300m:	4:22.92	44.80	400m:	5:47.21	40.07
15.	PETERS Maria				12	KS Warta Pozna				<b>5:48.46</b>	292	+0,86
	50m:	36.41	36.41	150m:	2:03.57	44.70	250m:	3:33.78	44.84	350m:	5:04.49	44.98
	100m:	1:18.87	42.46	200m:	2:48.94	45.37	300m:	4:19.51	45.73	400m:	5:48.46	43.97
16.	HAAK Maja				12	KS Warta Pozna				<b>5:51.55</b>	284	+0,85
	50m:	37.20	37.20	150m:	2:04.57	44.35	250m:	3:34.77	45.71	350m:	5:07.57	45.85
	100m:	1:20.22	43.02	200m:	2:49.06	44.49	300m:	4:21.72	46.95	400m:	5:51.55	43.98

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat, I Runda  
 Szczecin, 11- - 12-4-2025

## Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.	CR	
17.	RZEWNIK Marianna		12	UKP Marlin Gryfino				<b>6:00.37</b>	264	+0,83	
	50m:	37.42 37.42	150m:	2:07.62	45.80	250m:	3:41.60	47.01	350m:	5:15.23	46.64
	100m:	1:21.82 44.40	200m:	2:54.59	46.97	300m:	4:28.59	46.99	400m:	6:00.37	45.14
18.	KALISZCZAK Hanna		12	MKS Znicz Koszalin				<b>6:02.88</b>	258	+0,88	
	50m:	39.71 39.71	150m:	2:07.43	44.77	250m:	3:40.85	48.11	350m:	5:17.37	47.97
	100m:	1:22.66 42.95	200m:	2:52.74	45.31	300m:	4:29.40	48.55	400m:	6:02.88	45.51
19.	LASKOWSKA Klaudia		12	KP Neptun Stargard				<b>6:07.59</b>	249	+0,84	
	50m:	40.10 40.10	150m:	2:12.34	46.09	250m:	3:46.70	47.35	350m:	5:20.45	46.45
	100m:	1:26.25 46.15	200m:	2:59.35	47.01	300m:	4:34.00	47.30	400m:	6:07.59	47.14
20.	WERS Lena		12	MKP Kołobrzeg				<b>6:28.89</b>	210	+0,77	
	50m:	40.20 40.20	150m:	2:14.67	48.53	250m:	3:56.37	50.75	350m:		
	100m:	1:26.14 45.94	200m:	3:05.62	50.95	300m:	4:48.31	51.94	400m:	6:28.89	
NIE UK.	KAKUŁA Pola		12	UKP Marlin Gryfino						+1,02	
	50m:	46.93 46.93	150m:	2:42.42	58.90	250m:	4:42.03	1:00.03	350m:	6:47.81	1:04.25
	100m:	1:43.52 56.59	200m:	3:42.00	59.58	300m:	5:43.56	1:01.53	400m:		

## 12 lat

1.	GRABOWSKA Julia		13	UKP Marlin Gryfino				<b>5:02.79</b>	445	+0,68	
	50m:	34.13 34.13	150m:	1:50.92	38.72	250m:	3:09.19	39.24	350m:	4:27.02	38.63
	100m:	1:12.20 38.07	200m:	2:29.95	39.03	300m:	3:48.39	39.20	400m:	5:02.79	35.77
2.	GŁUCH Antonina		13	MKS Znicz Koszalin				<b>5:24.65</b>	361	+0,64	
	50m:	35.35 35.35	150m:	1:56.48	41.28	250m:	3:21.47	42.27	350m:	4:46.33	41.50
	100m:	1:15.20 39.85	200m:	2:39.20	42.72	300m:	4:04.83	43.36	400m:	5:24.65	38.32
3.	FILIPCZAK Oliwia		13	UKS Olimp Gorzów Wlkp.				<b>5:25.30</b>	359	+0,85	
	50m:	37.10 37.10	150m:	1:58.89	41.28	250m:	3:24.03	42.50	350m:	4:47.49	41.42
	100m:	1:17.61 40.51	200m:	2:41.53	42.64	300m:	4:06.07	42.04	400m:	5:25.30	37.81
4.	MATECKA Martyna		13	KP Neptun Stargard				<b>5:30.78</b>	341	+0,73	
	50m:	35.74 35.74	150m:	1:57.56	41.75	250m:	3:24.02	42.83	350m:	4:49.93	43.45
	100m:	1:15.81 40.07	200m:	2:41.19	43.63	300m:	4:06.48	42.46	400m:	5:30.78	40.85
5.	WORONA Natalia		13	MKS Znicz Koszalin				<b>5:30.96</b>	341	+0,67	
	50m:	38.15 38.15	150m:	2:02.28	42.21	250m:	3:27.12	42.57	350m:	4:52.77	42.86
	100m:	1:20.07 41.92	200m:	2:44.55	42.27	300m:	4:09.91	42.79	400m:	5:30.96	38.19
6.	KHRYPKO Złata		13	MKP Szczecin				<b>5:34.55</b>	330	+0,74	
	50m:	35.17 35.17	150m:	2:00.71	43.30	250m:	3:27.75	43.29	350m:	4:54.02	41.84
	100m:	1:17.41 42.24	200m:	2:44.46	43.75	300m:	4:12.18	44.43	400m:	5:34.55	40.53
7.	SAMOILOVA Varvara		13	KP Neptun Stargard				<b>5:37.67</b>	321	+0,80	
	50m:	38.57 38.57	150m:	2:03.36	41.74	250m:	3:28.97	42.80	350m:	4:56.12	44.00
	100m:	1:21.62 43.05	200m:	2:46.17	42.81	300m:	4:12.12	43.15	400m:	5:37.67	41.55
8.	STRZAŁECKA Barbara		13	UKS Olimp Gorzów Wlkp.				<b>5:43.38</b>	305	+0,93	
	50m:	38.20 38.20	150m:	2:06.52	44.96	250m:	3:35.62	43.78	350m:	5:03.36	43.41
	100m:	1:21.56 43.36	200m:	2:51.84	45.32	300m:	4:19.95	44.33	400m:	5:43.38	40.02
9.	OLICHWIER KHAN LILI		13	UKS Olimp Gorzów Wlkp.				<b>5:44.30</b>	303	+0,82	
	50m:	36.55 36.55	150m:	2:03.21	44.47	250m:	3:31.80	43.93	350m:	5:00.84	44.53
	100m:	1:18.74 42.19	200m:	2:47.87	44.66	300m:	4:16.31	44.51	400m:	5:44.30	43.46
10.	OCALEWSKA Hanna		13	KP Neptun Stargard				<b>5:50.82</b>	286		
	50m:	37.71 37.71	150m:	2:05.28	44.36	250m:	3:37.42	46.10	350m:	5:07.26	45.10
	100m:	1:20.92 43.21	200m:	2:51.32	46.04	300m:	4:22.16	44.74	400m:	5:50.82	43.56
11.	DAY Ava		13	UKS Olimp Gorzów Wlkp.				<b>5:51.37</b>	285	+0,79	
	50m:	38.15 38.15	150m:	2:06.93	45.27	250m:	3:38.88	45.52	350m:	5:08.77	45.00
	100m:	1:21.66 43.51	200m:	2:53.36	46.43	300m:	4:23.77	44.89	400m:	5:51.37	42.60

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat, I Runda  
 Szczecin, 11- - 12-4-2025

## Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja					Rok ur.					Czas	Pkt.	CR
12.	PODBURACZY SKA Hanna				13	UKS Olimp Gorzów Wlkp.				<b>5:51.70</b>	284	
	50m: 38.61	38.61	150m: 2:06.81	44.67	250m: 3:36.67	45.17	350m: 5:08.79	45.73				
	100m: 1:22.14	43.53	200m: 2:51.50	44.69	300m: 4:23.06	46.39	400m: 5:51.70	42.91				
13.	SZPYTEK Kornelia				13	UKS Olimp Gorzów Wlkp.				<b>5:56.15</b>	273	+0,75
	50m: 39.36	39.36	150m: 2:10.13	46.33	250m: 3:42.31	45.27	350m: 5:14.72	45.48				
	100m: 1:23.80	44.44	200m: 2:57.04	46.91	300m: 4:29.24	46.93	400m: 5:56.15	41.43				
14.	MA K Marcelina				13	MKS Znicz Koszalin				<b>6:01.05</b>	262	+0,91
	50m: 42.07	42.07	150m: 2:18.86	47.71	250m: 3:51.59	47.03	350m: 5:21.27	43.95				
	100m: 1:31.15	49.08	200m: 3:04.56	45.70	300m: 4:37.32	45.73	400m: 6:01.05	39.78				
15.	ST PNIAK Iga				13	MKS Znicz Koszalin				<b>6:04.07</b>	256	+0,90
	50m: 41.22	41.22	150m: 2:13.78	46.76	250m: 3:47.56	47.08	350m: 5:20.03	46.55				
	100m: 1:27.02	45.80	200m: 3:00.48	46.70	300m: 4:33.48	45.92	400m: 6:04.07	44.04				
16.	WI NIEWSKA Kaja				13	MKS Znicz Koszalin				<b>6:04.20</b>	256	+0,80
	50m: 42.69	42.69	150m: 2:16.44	47.29	250m: 3:50.61	47.58	350m: 5:22.06	45.08				
	100m: 1:29.15	46.46	200m: 3:03.03	46.59	300m: 4:36.98	46.37	400m: 6:04.20	42.14				
17.	MAJEWSKA Gabriela				13	MKP Szczecin				<b>6:04.71</b>	255	+0,85
	50m: 41.33	41.33	150m: 2:11.33	46.22	250m: 3:44.12	46.41	350m: 5:17.12	47.24				
	100m: 1:25.11	43.78	200m: 2:57.71	46.38	300m: 4:29.88	45.76	400m: 6:04.71	47.59				
18.	KLUDZI SKA Lena				13	MKP Kołobrzeg				<b>6:10.94</b>	242	+0,84
	50m: 41.12	41.12	150m: 2:16.99	48.58	250m: 3:51.96	48.10	350m: 5:26.98	47.32				
	100m: 1:28.41	47.29	200m: 3:03.86	46.87	300m: 4:39.66	47.70	400m: 6:10.94	43.96				
19.	KUFEL Anastazja				13	MKP Kołobrzeg				<b>6:16.32</b>	232	+0,67
	50m: 41.57	41.57	150m: 2:17.28	48.97	250m: 3:54.91	48.68	350m: 5:32.36	48.27				
	100m: 1:28.31	46.74	200m: 3:06.23	48.95	300m: 4:44.09	49.18	400m: 6:16.32	43.96				
20.	SZAFRA SKA Inez				13	MKP Szczecin				<b>6:22.95</b>	220	+0,97
	50m: 42.17	42.17	150m: 2:17.21	48.36	250m: 3:55.18	49.30	350m: 5:33.74	49.43				
	100m: 1:28.85	46.68	200m: 3:05.88	48.67	300m: 4:44.31	49.13	400m: 6:22.95	49.21				
21.	JAGŁOWSKA Kornelia				13	MKP Szczecin				<b>6:26.26</b>	214	+0,75
	50m: 42.30	42.30	150m: 2:21.83	49.90	250m: 4:00.63	49.39	350m: 5:37.13	50.67				
	100m: 1:31.93	49.63	200m: 3:11.24	49.41	300m: 4:46.46	45.83	400m: 6:26.26	49.13				
22.	PODSIADŁY Pola				13	UKP Marlin Gryfino				<b>6:26.73</b>	213	+1,05
	50m: 42.23	42.23	150m: 2:18.26	49.58	250m: 3:57.95	50.28	350m:					
	100m: 1:28.68	46.45	200m: 3:07.67	49.41	300m: 4:49.92	51.97	400m: 6:26.73					
23.	MASIARZ Martyna				13	MKP Szczecin				<b>6:33.70</b>	202	+0,76
	50m: 41.20	41.20	150m: 2:17.84	48.72	250m: 3:59.60	51.26	350m: 5:42.91	50.73				
	100m: 1:29.12	47.92	200m: 3:08.34	50.50	300m: 4:52.18	52.58	400m: 6:33.70	50.79				
24.	GURBIN Emilia				13	MKP Szczecin				<b>6:47.24</b>	183	+0,80
	50m: 40.93	40.93	150m: 2:23.01	51.49	250m: 4:08.37	53.92	350m: 5:55.07	52.44				
	100m: 1:31.52	50.59	200m: 3:14.45	51.44	300m: 5:02.63	54.26	400m: 6:47.24	52.17				