



Grand Prix Województwa Zachodniopomorskiego i Lubuskiego - Finał  
Szczecin, 5-6-2025

Konkurencja 9  
2025-06-05 - 13:01

Dziewcząt, 400m dowolny

12 - 15 lat  
Wyniki

Punkty: AQUA 2024

| Pozycja                | Rok ur. | Czas                   | Pkt.    | CR        | 100m    | 200m    | 300m    | 400m    |
|------------------------|---------|------------------------|---------|-----------|---------|---------|---------|---------|
| 15 lat                 |         |                        |         |           |         |         |         |         |
| 1. ROGIŃSKA Małgorzata | 10      | MKP Kołobrzeg          | 5:11.69 | 430 +0,69 | 1:14.05 | 1:21.96 | 1:20.56 | 1:15.12 |
| 50m:                   | 34.78   | 34.78                  | 150m:   | 1:54.95   | 40.40   | 350m:   | 4:35.04 | 38.47   |
| 100m:                  | 1:14.05 | 39.27                  | 200m:   | 2:36.01   | 40.16   | 400m:   | 5:11.69 | 36.65   |
| 2. KOSTECKA Emilia     | 10      | KP Neptun Stargard     | 5:20.73 | 395 +0,73 | 1:13.89 | 1:22.71 | 1:23.45 | 1:20.68 |
| 50m:                   | 34.97   | 34.97                  | 150m:   | 1:55.06   | 41.31   | 350m:   | 4:41.89 | 41.84   |
| 100m:                  | 1:13.89 | 38.92                  | 200m:   | 2:36.60   | 42.14   | 400m:   | 5:20.73 | 38.84   |
| 3. ŁUKASZUK Nela       | 10      | KP Neptun Stargard     | 5:27.12 | 372 +0,67 | 1:21.92 | 1:24.62 | 1:23.19 | 1:17.39 |
| 50m:                   | 38.56   | 38.56                  | 150m:   | 2:04.28   | 41.55   | 350m:   | 4:48.60 | 38.87   |
| 100m:                  | 1:21.92 | 43.36                  | 200m:   | 2:46.54   | 41.64   | 400m:   | 5:27.12 | 38.52   |
| 14 lat                 |         |                        |         |           |         |         |         |         |
| 1. ADAMSKA Nika        | 11      | MKP Szczecin           | 4:59.45 | 485 +0,73 | 1:10.34 | 1:16.72 | 1:17.45 | 1:14.94 |
| 50m:                   | 33.54   | 33.54                  | 150m:   | 1:48.80   | 38.61   | 350m:   | 4:23.19 | 38.68   |
| 100m:                  | 1:10.34 | 36.80                  | 200m:   | 2:27.06   | 38.84   | 400m:   | 4:59.45 | 36.26   |
| 2. ŚNIADY Maja         | 11      | MKP Szczecin           | 5:11.61 | 430 +0,66 | 1:12.91 | 1:19.83 | 1:19.80 | 1:19.07 |
| 50m:                   | 34.63   | 34.63                  | 150m:   | 1:52.75   | 39.58   | 350m:   | 4:33.11 | 40.57   |
| 100m:                  | 1:12.91 | 38.28                  | 200m:   | 2:32.74   | 40.22   | 400m:   | 5:11.61 | 38.50   |
| 3. PIOTROWSKA Julia    | 11      | MKS CKS-SMS Szczecin   | 5:51.06 | 301 +0,91 | 1:21.46 | 1:29.54 | 1:31.80 | 1:28.26 |
| 50m:                   | 38.00   | 38.00                  | 150m:   | 2:05.82   | 45.85   | 350m:   | 5:08.37 | 45.57   |
| 100m:                  | 1:21.46 | 43.46                  | 200m:   | 2:51.00   | 45.95   | 400m:   | 5:51.06 | 42.69   |
| 4. WALCZAK Dorota      | 11      | UKS Olimp Gorzów Wlkp. | 5:57.11 | 286 +0,69 | 1:25.00 | 1:31.46 | 1:31.81 | 1:28.84 |
| 50m:                   | 39.77   | 39.77                  | 150m:   | 2:11.02   | 46.14   | 350m:   | 5:13.16 | 44.89   |
| 100m:                  | 1:25.00 | 45.23                  | 200m:   | 2:56.46   | 45.44   | 400m:   | 5:57.11 | 43.95   |
| 5. OLESHKEVYCH Sofii   | 11      | MKP Szczecin           | 5:59.63 | 280 +0,73 | 1:23.44 | 1:32.53 | 1:33.11 | 1:30.55 |
| 50m:                   | 39.16   | 39.16                  | 150m:   | 2:09.59   | 46.50   | 350m:   | 5:15.33 | 46.25   |
| 100m:                  | 1:23.44 | 44.28                  | 200m:   | 2:55.97   | 46.61   | 400m:   | 5:59.63 | 44.30   |
| 6. SZULC Hanna         | 11      | MKS Znicz Koszalin     | 6:00.98 | 277 +0,93 | 1:25.53 | 1:34.38 | 1:34.52 | 1:26.55 |
| 50m:                   | 40.10   | 40.10                  | 150m:   | 2:12.37   | 47.06   | 350m:   | 5:19.56 | 45.13   |
| 100m:                  | 1:25.53 | 45.43                  | 200m:   | 2:59.91   | 47.46   | 400m:   | 6:00.98 | 41.42   |
| 7. CHORAŹIAK Wiktoria  | 11      | UKS Olimp Gorzów Wlkp. | 6:09.40 | 258 +0,81 | 1:24.68 | 1:35.42 | 1:36.61 | 1:32.69 |
| 50m:                   | 39.29   | 39.29                  | 150m:   | 2:11.92   | 48.20   | 350m:   | 5:24.94 | 48.23   |
| 100m:                  | 1:24.68 | 45.39                  | 200m:   | 3:00.10   | 48.41   | 400m:   | 6:09.40 | 44.46   |
| 13 lat                 |         |                        |         |           |         |         |         |         |
| 1. JAWORSKA Ada        | 12      | MKS CKS-SMS Szczecin   | 5:12.27 | 428 +0,70 | 1:12.59 | 1:20.39 | 1:20.78 | 1:18.51 |
| 50m:                   | 34.02   | 34.02                  | 150m:   | 1:52.24   | 40.12   | 350m:   | 4:34.06 | 40.30   |
| 100m:                  | 1:12.59 | 38.57                  | 200m:   | 2:32.98   | 40.66   | 400m:   | 5:12.27 | 38.21   |
| 2. KWATYRA Ewa         | 12      | MKP Szczecin           | 5:21.57 | 392 +0,72 | 1:14.47 | 1:22.33 | 1:23.82 | 1:20.95 |
| 50m:                   | 34.49   | 34.49                  | 150m:   | 1:56.46   | 41.12   | 350m:   | 4:43.17 | 42.55   |
| 100m:                  | 1:14.47 | 39.98                  | 200m:   | 2:36.80   | 42.70   | 400m:   | 5:21.57 | 38.40   |
| 3. CIBA Barbara        | 12      | MKS Znicz Koszalin     | 5:37.01 | 340 +0,67 | 1:21.65 | 1:26.49 | 1:25.63 | 1:23.24 |
| 50m:                   | 38.23   | 38.23                  | 150m:   | 2:05.29   | 42.54   | 350m:   | 4:56.13 | 42.36   |
| 100m:                  | 1:21.65 | 43.42                  | 200m:   | 2:48.14   | 43.09   | 400m:   | 5:37.01 | 40.88   |
| 4. KAMIŃSKA Anna       | 12      | MKS Znicz Koszalin     | 5:41.37 | 327 +0,77 | 1:23.05 | 1:29.18 | 1:28.46 | 1:20.68 |
| 50m:                   | 39.43   | 39.43                  | 150m:   | 2:08.20   | 44.89   | 350m:   | 5:04.75 | 44.06   |
| 100m:                  | 1:23.05 | 43.62                  | 200m:   | 2:52.23   | 43.57   | 400m:   | 5:41.37 | 36.62   |
| 5. HOŁUB Ewa           | 12      | MKS Znicz Koszalin     | 5:46.23 | 314 +0,76 | 1:21.47 | 1:28.27 | 1:28.85 | 1:27.64 |
| 50m:                   | 37.88   | 37.88                  | 150m:   | 2:05.44   | 44.39   | 350m:   | 5:03.78 | 45.19   |
| 100m:                  | 1:21.47 | 43.59                  | 200m:   | 2:49.74   | 44.46   | 400m:   | 5:46.23 | 42.45   |
| 6. AUKSEL Zuzanna      | 12      | UKS Olimp Gorzów Wlkp. | 5:50.72 | 302 +0,91 | 1:23.91 | 1:31.67 | 1:30.39 | 1:24.75 |
| 50m:                   | 39.30   | 39.30                  | 150m:   | 2:09.76   | 44.73   | 350m:   | 5:10.43 | 44.46   |
| 100m:                  | 1:23.91 | 44.61                  | 200m:   | 2:55.58   | 45.66   | 400m:   | 5:50.72 | 40.29   |



Grand Prix Województwa Zachodniopomorskiego i Lubuskiego - Finał  
Szczecin, 5-6-2025

Konkurencja 9, Dziewcząt, 400m dowolny, 13 lat

| Pozycja              | Rok ur. |                    | Czas    |         | Pkt.  | CR    | 100m    | 200m    | 300m    | 400m    |       |
|----------------------|---------|--------------------|---------|---------|-------|-------|---------|---------|---------|---------|-------|
| 7. RZEWNIAK Marianna | 12      | UKP Marlin Gryfino | 5:57.81 | 284     | +0,97 |       | 1:23.48 | 1:31.43 | 1:32.92 | 1:29.98 |       |
| 50m:                 | 38.90   | 38.90              | 150m:   | 2:09.05 | 45.57 | 250m: | 3:41.63 | 46.72   | 350m:   | 5:13.33 | 45.50 |
| 100m:                | 1:23.48 | 44.58              | 200m:   | 2:54.91 | 45.86 | 300m: | 4:27.83 | 46.20   | 400m:   | 5:57.81 | 44.48 |

12 lat

|                       |         |                        |         |           |         |         |         |         |       |         |       |
|-----------------------|---------|------------------------|---------|-----------|---------|---------|---------|---------|-------|---------|-------|
| 1. GRABOWSKA Julia    | 13      | UKP Marlin Gryfino     | 5:10.48 | 435 +0,67 | 1:11.95 | 1:18.63 | 1:20.70 | 1:19.20 |       |         |       |
| 50m:                  | 34.36   | 34.36                  | 150m:   | 1:51.32   | 39.37   | 250m:   | 3:10.89 | 40.31   | 350m: | 4:31.24 | 39.96 |
| 100m:                 | 1:11.95 | 37.59                  | 200m:   | 2:30.58   | 39.26   | 300m:   | 3:51.28 | 40.39   | 400m: | 5:10.48 | 39.24 |
| 2. FILIPCZAK Oliwia   | 13      | UKS Olimp Gorzów Wlkp. | 5:25.46 | 378 +0,87 | 1:18.69 | 1:23.76 | 1:23.27 | 1:19.74 |       |         |       |
| 50m:                  | 37.29   | 37.29                  | 150m:   | 2:00.22   | 41.53   | 250m:   | 3:24.30 | 41.85   | 350m: | 4:46.73 | 41.01 |
| 100m:                 | 1:18.69 | 41.40                  | 200m:   | 2:42.45   | 42.23   | 300m:   | 4:05.72 | 41.42   | 400m: | 5:25.46 | 38.73 |
| 3. WORONA Natalia     | 13      | MKS Znicz Koszalin     | 5:30.18 | 362 +0,69 | 1:19.10 | 1:24.66 | 1:25.32 | 1:21.10 |       |         |       |
| 50m:                  | 37.14   | 37.14                  | 150m:   | 3:26.02   | 2:06.92 | 250m:   | 4:50.14 | 2:06.38 | 350m: |         |       |
| 100m:                 | 1:19.10 | 41.96                  | 200m:   | 2:43.76   |         | 300m:   | 4:09.08 |         | 400m: | 5:30.18 |       |
| 4. MATECKA Martyna    | 13      | KP Neptun Stargard     | 5:49.06 | 306 +0,67 | 1:17.31 | 1:30.48 | 1:32.81 | 1:28.46 |       |         |       |
| 50m:                  | 36.04   | 36.04                  | 150m:   | 2:01.67   | 44.36   | 250m:   | 3:34.71 | 46.92   | 350m: | 5:06.47 | 45.87 |
| 100m:                 | 1:17.31 | 41.27                  | 200m:   | 2:47.79   | 46.12   | 300m:   | 4:20.60 | 45.89   | 400m: | 5:49.06 | 42.59 |
| 5. SZPYTEK Kornelia   | 13      | UKS Olimp Gorzów Wlkp. | 5:49.13 | 306 +0,83 | 1:23.17 | 1:29.34 | 1:25.97 | 1:30.65 |       |         |       |
| 50m:                  | 37.92   | 37.92                  | 150m:   | 2:08.48   | 45.31   | 250m:   | 3:36.39 | 43.88   | 350m: | 5:05.17 | 46.69 |
| 100m:                 | 1:23.17 | 45.25                  | 200m:   | 2:52.51   | 44.03   | 300m:   | 4:18.48 | 42.09   | 400m: | 5:49.13 | 43.96 |
| 6. KHRYPKO Złata      | 13      | MKP Szczecin           | 5:49.89 | 304 +0,72 | 1:17.70 | 1:31.47 | 1:32.97 | 1:27.75 |       |         |       |
| 50m:                  | 35.59   | 35.59                  | 150m:   | 2:03.65   | 45.95   | 250m:   | 3:35.03 | 45.86   | 350m: | 5:07.78 | 45.64 |
| 100m:                 | 1:17.70 | 42.11                  | 200m:   | 2:49.17   | 45.52   | 300m:   | 4:22.14 | 47.11   | 400m: | 5:49.89 | 42.11 |
| 7. STRZAŁECKA Barbara | 13      | UKS Olimp Gorzów Wlkp. | 5:51.27 | 300 +0,84 | 1:20.96 | 1:32.19 | 1:32.17 | 1:25.95 |       |         |       |
| 50m:                  | 37.56   | 37.56                  | 150m:   | 2:06.90   | 45.94   | 250m:   | 3:39.22 | 46.07   | 350m: | 5:10.21 | 44.89 |
| 100m:                 | 1:20.96 | 43.40                  | 200m:   | 2:53.15   | 46.25   | 300m:   | 4:25.32 | 46.10   | 400m: | 5:51.27 | 41.06 |
| 8. MĄCZKA Amelia      | 13      | MKS CKS-SMS Szczecin   | 5:55.54 | 290 +0,93 | 1:19.50 | 1:34.00 | 1:33.00 | 1:29.04 |       |         |       |
| 50m:                  | 36.60   | 36.60                  | 150m:   | 2:06.23   | 46.73   | 250m:   | 3:39.51 | 46.01   | 350m: | 5:11.88 | 45.38 |
| 100m:                 | 1:19.50 | 42.90                  | 200m:   | 2:53.50   | 47.27   | 300m:   | 4:26.50 | 46.99   | 400m: | 5:55.54 | 43.66 |
| 9. PODBURACZYŃSKA H.  | 13      | UKS Olimp Gorzów Wlkp. | 5:59.73 | 280 +0,91 | 1:22.32 | 1:32.27 | 1:33.81 | 1:31.33 |       |         |       |
| 50m:                  | 39.32   | 39.32                  | 150m:   | 2:07.80   | 45.48   | 250m:   | 3:41.55 | 46.96   | 350m: |         |       |
| 100m:                 | 1:22.32 | 43.00                  | 200m:   | 2:54.59   | 46.79   | 300m:   | 4:28.40 | 46.85   | 400m: | 5:59.73 |       |
| 10. RZUCZKOWSKA Lena  | 13      | MKS CKS-SMS Szczecin   | 6:01.46 | 276 +0,69 | 1:23.80 | 1:35.20 | 1:34.79 | 1:27.67 |       |         |       |
| 50m:                  | 38.24   | 38.24                  | 150m:   |           |         | 250m:   |         |         | 350m: |         |       |
| 100m:                 | 1:23.80 | 45.56                  | 200m:   | 2:59.00   |         | 300m:   | 4:33.79 |         | 400m: | 6:01.46 |       |
| 11. MAJEWSKA Gabriela | 13      | MKP Szczecin           | 6:15.61 | 246 +0,77 | 1:26.38 | 1:37.43 | 1:38.59 | 1:33.21 |       |         |       |
| 50m:                  | 40.58   | 40.58                  | 150m:   | 2:14.95   | 48.57   | 250m:   | 3:53.27 | 49.46   | 350m: | 5:27.80 | 45.40 |
| 100m:                 | 1:26.38 | 45.80                  | 200m:   | 3:03.81   | 48.86   | 300m:   | 4:42.40 | 49.13   | 400m: | 6:15.61 | 47.81 |
| 12. KUSYK Natalia     | 13      | MKS CKS-SMS Szczecin   | 6:20.11 | 237 +0,75 | 1:32.55 | 1:38.76 | 1:37.78 | 1:31.02 |       |         |       |
| 50m:                  | 42.33   | 42.33                  | 150m:   | 2:22.28   | 49.73   | 250m:   | 4:00.76 | 49.45   | 350m: | 5:35.67 | 46.58 |
| 100m:                 | 1:32.55 | 50.22                  | 200m:   | 3:11.31   | 49.03   | 300m:   | 4:49.09 | 48.33   | 400m: | 6:20.11 | 44.44 |
| 13. KUFEL Anastazja   | 13      | MKP Kołobrzeg          | 6:26.38 | 226 +0,82 | 1:30.40 | 1:39.31 | 1:40.96 | 1:35.71 |       |         |       |
| 50m:                  | 41.71   | 41.71                  | 150m:   | 2:19.92   | 49.52   | 250m:   | 4:00.91 | 51.20   | 350m: | 5:39.80 | 49.13 |
| 100m:                 | 1:30.40 | 48.69                  | 200m:   | 3:09.71   | 49.79   | 300m:   | 4:50.67 | 49.76   | 400m: | 6:26.38 | 46.58 |
| 14. PODSIADŁY Pola    | 13      | UKP Marlin Gryfino     | 6:36.18 | 209 +0,95 | 1:33.63 | 1:41.53 | 1:43.88 | 1:37.14 |       |         |       |
| 50m:                  | 43.61   | 43.61                  | 150m:   | 2:24.06   | 50.43   | 250m:   | 4:07.31 | 52.15   | 350m: | 5:49.98 | 50.94 |
| 100m:                 | 1:33.63 | 50.02                  | 200m:   | 3:15.16   | 51.10   | 300m:   | 4:59.04 | 51.73   | 400m: | 6:36.18 | 46.20 |
| 15. DRELICH Zofia     | 13      | MKP Szczecin           | 6:54.30 | 183 +0,66 | 1:30.00 | 1:48.01 | 1:49.28 | 1:47.01 |       |         |       |
| 50m:                  | 40.41   | 40.41                  | 150m:   | 4:12.62   | 2:42.62 | 250m:   | 6:01.06 | 2:43.05 | 350m: |         |       |
| 100m:                 | 1:30.00 | 49.59                  | 200m:   | 3:18.01   |         | 300m:   | 5:07.29 |         | 400m: | 6:54.30 |       |