



PGE Grand Prix Puchar Polski. Zawody Kwalifikacyjne do Mistrzostw Europy Lublin 2025.
Gorzów Wlkp., 13- - 14-11-2025

Event 25 Women, 400m Freestyle 14 years and older
2025-11-14 - 9:00 Results

Rekord Polski Open	4:02.68	POLANSKA Aleksandra	07614	Olsztyn	2020-12-18
Rekord Polski 19 +	4:02.68	POLANSKA Aleksandra	07614	Olsztyn	2020-12-18
Rekord Polski 18	4:04.30	GUŚC Wiktoria	00116	Bydgoszcz	2022-12-02
Rekord Polski 17	4:08.05	GUŚC Wiktoria	01705	Bydgoszcz	2021-12-03
Rekord Polski 16	4:08.04	KILIJAŃSKA Donata	00612	Poznan	2011-12-17
Rekord Polski 15	4:08.60	GUŚC Wiktoria	01705	Poznan	2019-11-23
Rekord Polski 14	4:09.54	GUŚC Wiktoria	01705	Olsztyn	2018-12-15

Points: AQUA 2025

Rank	YB										Time	Pts	RT
Open													
1.	GUSC Wiktoria				04	MKP Szczecin					4:12.61	757	+0,73
	50m:	28.60	28.60	150m:	1:31.02	31.33	250m:	2:34.97	32.14	350m:	3:39.98	32.57	
	100m:	59.69	31.09	200m:	2:02.83	31.81	300m:	3:07.41	32.44	400m:	4:12.61	32.63	
2.	PARADOWSKA Kinga				01	Stowarzyszenie AZS WSG					4:15.08	735	+0,71
	50m:	30.14	30.14	150m:	1:34.43	32.37	250m:	2:39.48	32.48	350m:	3:43.98	32.24	
	100m:	1:02.06	31.92	200m:	2:07.00	32.57	300m:	3:11.74	32.26	400m:	4:15.08	31.10	
3.	DUDA Natalia				10	MKP Szczecin					4:25.92	649	+0,77
	50m:	30.59	30.59	150m:	1:37.24	33.86	250m:	2:45.35	33.92	350m:	3:53.41	34.13	
	100m:	1:03.38	32.79	200m:	2:11.43	34.19	300m:	3:19.28	33.93	400m:	4:25.92	32.51	
4.	KOCHANSKA Urszula				09	UKS "Olimp" Gorzow Wlkp.					4:30.83	614	+0,64
	50m:	30.91	30.91	150m:	1:39.32	34.47	250m:	2:48.54	34.55	350m:	3:58.07	34.78	
	100m:	1:04.85	33.94	200m:	2:13.99	34.67	300m:	3:23.29	34.75	400m:	4:30.83	32.76	
5.	BOMBA Julia				11	CSiR MOS w Dabrowie Gorniczej					4:32.58	602	+0,71
	50m:	30.77	30.77	150m:	1:38.51	34.09	250m:	2:48.30	35.10	350m:	3:58.49	35.06	
	100m:	1:04.42	33.65	200m:	2:13.20	34.69	300m:	3:23.43	35.13	400m:	4:32.58	34.09	
6.	NIKIEL Emilia				11	MKS Park Wodny Tarnowskie Gory					4:36.23	579	+0,82
	50m:	31.79	31.79	150m:	1:41.27	34.95	250m:	2:51.43	34.93	350m:	4:01.93	35.28	
	100m:	1:06.32	34.53	200m:	2:16.50	35.23	300m:	3:26.65	35.22	400m:	4:36.23	34.30	
7.	JANKOVICIUTE Kornelija				10	LTU Aquatics					4:39.37	559	
	50m:	31.20	31.20	150m:	1:40.00	34.76	250m:	2:51.96	36.18	350m:	4:04.61	36.34	
	100m:	1:05.24	34.04	200m:	2:15.78	35.78	300m:	3:28.27	36.31	400m:	4:39.37	34.76	
8.	TOMASZEWSKA Maria				08	WKS Slask					4:42.46	541	+0,66
	50m:	32.17	32.17	150m:	1:43.08	35.94	250m:	2:55.43	35.97	350m:	4:06.99	35.91	
	100m:	1:07.14	34.97	200m:	2:19.46	36.38	300m:	3:31.08	35.65	400m:	4:42.46	35.47	
9.	GNAS Nadia				09	UKS Tri-Team Rumia					4:43.08	538	+0,80
	50m:	32.16	32.16	150m:	1:43.05	36.03	250m:	2:55.58	36.36	350m:	4:08.08	36.24	
	100m:	1:07.02	34.86	200m:	2:19.22	36.17	300m:	3:31.84	36.26	400m:	4:43.08	35.00	
10.	RYCHTER Zofia				10	MKS Park Wodny Tarnowskie Gory					4:43.21	537	+0,81
	50m:	32.37	32.37	150m:	1:42.83	35.50	250m:	2:54.51	36.02	350m:	4:07.64	36.55	
	100m:	1:07.33	34.96	200m:	2:18.49	35.66	300m:	3:31.09	36.58	400m:	4:43.21	35.57	
11.	FIGAS Alicja				04	MKP Szczecin					4:46.83	517	
	50m:	31.77	31.77	150m:	1:43.30	36.29	250m:	2:55.26	35.62	350m:	4:09.18	37.39	
	100m:	1:07.01	35.24	200m:	2:19.64	36.34	300m:	3:31.79	36.53	400m:	4:46.83	37.65	
12.	WEGNER Julia				09	UKS "Olimp" Gorzow Wlkp.					4:47.41	514	+0,77
	50m:	31.59	31.59	150m:	1:42.26	35.98	250m:	2:56.11	36.84	350m:	4:10.53	37.41	
	100m:	1:06.28	34.69	200m:	2:19.27	37.01	300m:	3:33.12	37.01	400m:	4:47.41	36.88	
13.	ORLOWSKA Celina				09	MKP Szczecin					4:51.33	493	+0,72
	50m:	31.90	31.90	150m:	1:44.54	36.51	250m:	2:57.62	36.82	350m:	4:13.48	38.32	
	100m:	1:08.03	36.13	200m:	2:20.80	36.26	300m:	3:35.16	37.54	400m:	4:51.33	37.85	
14.	DZIKOWICKA Konstancja				09	UKS "Olimp" Gorzow Wlkp.					4:52.09	489	+0,62
	50m:	32.84	32.84	150m:	1:46.27	37.22	250m:	3:00.96	37.30	350m:	4:16.72	37.85	
	100m:	1:09.05	36.21	200m:	2:23.66	37.39	300m:	3:38.87	37.91	400m:	4:52.09	35.37	





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Rank			YB						Time	Pts	RT
15.	JANDIKOVA Natalie		05	Sport Club Pardubice					4:54.65	477	
	50m: 32.80 32.80	150m: 1:47.02	37.51	250m: 3:03.10	37.98	350m: 4:18.29	37.34				
	100m: 1:09.51 36.71	200m: 2:25.12	38.10	300m: 3:40.95	37.85	400m: 4:54.65	36.36				
16.	MAZUKNAITE Atene		11	LTU Aquatics					4:54.71	476	+0,79
	50m: 33.57 33.57	150m: 1:48.25	37.64	250m: 3:03.90	37.86	350m: 4:19.18	37.37				
	100m: 1:10.61 37.04	200m: 2:26.04	37.79	300m: 3:41.81	37.91	400m: 4:54.71	35.53				
17.	KAMINICKAITE Auguste		11	LTU Aquatics					5:00.84	448	+0,72
	50m: 32.26 32.26	150m: 1:47.75	38.31	250m: 3:05.28	38.91	350m: 4:23.53	39.13				
	100m: 1:09.44 37.18	200m: 2:26.37	38.62	300m: 3:44.40	39.12	400m: 5:00.84	37.31				

Kategoria 17-18 lat

1.	TOMASZEWSKA Maria		08	WKS Slask					4:42.46	541	+0,66
	50m: 32.17 32.17	150m: 1:43.08	35.94	250m: 2:55.43	35.97	350m: 4:06.99	35.91				
	100m: 1:07.14 34.97	200m: 2:19.46	36.38	300m: 3:31.08	35.65	400m: 4:42.46	35.47				

Kategoria 16 lat

1.	KOCHANSKA Urszula		09	UKS "Olimp" Gorzow Wlkp.					4:30.83	614	+0,64
	50m: 30.91 30.91	150m: 1:39.32	34.47	250m: 2:48.54	34.55	350m: 3:58.07	34.78				
	100m: 1:04.85 33.94	200m: 2:13.99	34.67	300m: 3:23.29	34.75	400m: 4:30.83	32.76				
2.	GNAS Nadia		09	UKS Tri-Team Rumia					4:43.08	538	+0,80
	50m: 32.16 32.16	150m: 1:43.05	36.03	250m: 2:55.58	36.36	350m: 4:08.08	36.24				
	100m: 1:07.02 34.86	200m: 2:19.22	36.17	300m: 3:31.84	36.26	400m: 4:43.08	35.00				
3.	WEGNER Julia		09	UKS "Olimp" Gorzow Wlkp.					4:47.41	514	+0,77
	50m: 31.59 31.59	150m: 1:42.26	35.98	250m: 2:56.11	36.84	350m: 4:10.53	37.41				
	100m: 1:06.28 34.69	200m: 2:19.27	37.01	300m: 3:33.12	37.01	400m: 4:47.41	36.88				
4.	ORLOWSKA Celina		09	MKP Szczecin					4:51.33	493	+0,72
	50m: 31.90 31.90	150m: 1:44.54	36.51	250m: 2:57.62	36.82	350m: 4:13.48	38.32				
	100m: 1:08.03 36.13	200m: 2:20.80	36.26	300m: 3:35.16	37.54	400m: 4:51.33	37.85				
5.	DZIKOWICKA Konstancja		09	UKS "Olimp" Gorzow Wlkp.					4:52.09	489	+0,62
	50m: 32.84 32.84	150m: 1:46.27	37.22	250m: 3:00.96	37.30	350m: 4:16.72	37.85				
	100m: 1:09.05 36.21	200m: 2:23.66	37.39	300m: 3:38.87	37.91	400m: 4:52.09	35.37				

Kategoria 15 lat

1.	DUDA Natalia		10	MKP Szczecin					4:25.92	649	+0,77
	50m: 30.59 30.59	150m: 1:37.24	33.86	250m: 2:45.35	33.92	350m: 3:53.41	34.13				
	100m: 1:03.38 32.79	200m: 2:11.43	34.19	300m: 3:19.28	33.93	400m: 4:25.92	32.51				
2.	JANKOVICIUTE Kornelija		10	LTU Aquatics					4:39.37	559	
	50m: 31.20 31.20	150m: 1:40.00	34.76	250m: 2:51.96	36.18	350m: 4:04.61	36.34				
	100m: 1:05.24 34.04	200m: 2:15.78	35.78	300m: 3:28.27	36.31	400m: 4:39.37	34.76				
3.	RYCHTER Zofia		10	MKS Park Wodny Tarnowskie Gory					4:43.21	537	+0,81
	50m: 32.37 32.37	150m: 1:42.83	35.50	250m: 2:54.51	36.02	350m: 4:07.64	36.55				
	100m: 1:07.33 34.96	200m: 2:18.49	35.66	300m: 3:31.09	36.58	400m: 4:43.21	35.57				

Kategoria 14 lat

1.	BOMBA Julia		11	CSiR MOS w Dabrowie Gorniczej					4:32.58	602	+0,71
	50m: 30.77 30.77	150m: 1:38.51	34.09	250m: 2:48.30	35.10	350m: 3:58.49	35.06				
	100m: 1:04.42 33.65	200m: 2:13.20	34.69	300m: 3:23.43	35.13	400m: 4:32.58	34.09				
2.	NIKIEL Emilia		11	MKS Park Wodny Tarnowskie Gory					4:36.23	579	+0,82
	50m: 31.79 31.79	150m: 1:41.27	34.95	250m: 2:51.43	34.93	350m: 4:01.93	35.28				
	100m: 1:06.32 34.53	200m: 2:16.50	35.23	300m: 3:26.65	35.22	400m: 4:36.23	34.30				





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Event 25, Girls, 400m Freestyle, Kategoria 14 lat

Rank			YB							Time	Pts	RT
3.	MAZUKNAITE Atene		11	LTU Aquatics						4:54.71	476	+0,79
	50m:	33.57	33.57	150m:	1:48.25	37.64	250m:	3:03.90	37.86	350m:	4:19.18	37.37
	100m:	1:10.61	37.04	200m:	2:26.04	37.79	300m:	3:41.81	37.91	400m:	4:54.71	35.53
4.	KAMINICKAITE Auguste		11	LTU Aquatics						5:00.84	448	+0,72
	50m:	32.26	32.26	150m:	1:47.75	38.31	250m:	3:05.28	38.91	350m:	4:23.53	39.13
	100m:	1:09.44	37.18	200m:	2:26.37	38.62	300m:	3:44.40	39.12	400m:	5:00.84	37.31

