

Event 7
2025-11-28 - 17:41

Women, 400m Freestyle

Open
Results

Points: WPS 2025

Rank								Time	Pts		
Klasa S6-S14											
1.	JABLONSKA Oliwia	POL Start Wroclaw						4:44.63	877	S10	8344
	50m: 33.32 33.32	150m: 1:45.90 36.13	250m: 2:58.03 35.94	350m: 4:09.88 35.98							
	100m: 1:09.77 36.45	200m: 2:22.09 36.19	300m: 3:33.90 35.87	400m: 4:44.63 34.75							
2.	KOLOCZEK Malwina	POL WSSiRN Start Katowice						5:53.15	464	S8	
	50m: 39.53 39.53	150m: 2:09.94 46.22	250m: 3:40.49 44.72	350m: 5:09.85 43.79							
	100m: 1:23.72 44.19	200m: 2:55.77 45.83	300m: 4:26.06 45.57	400m: 5:53.15 43.30							
3.	SOLTYSIK Julia	POL WSSiRN Start Katowice						5:43.70	322	S10	63423
	50m: 36.76 36.76	150m: 2:01.22 43.92	250m: 3:30.58 45.04	350m: 5:00.64 45.04							
	100m: 1:17.30 40.54	200m: 2:45.54 44.32	300m: 4:15.60 45.02	400m: 5:43.70 43.06							
4.	BADOWSKA Nikola	POL IKS AWF Warszawa						6:00.37	306	S9	52055
	50m: 40.87 40.87	150m: 2:11.19 45.88	250m: 3:43.32 46.39	350m: 5:15.34 46.67							
	100m: 1:25.31 44.44	200m: 2:56.93 45.74	300m: 4:28.67 45.35	400m: 6:00.37 45.03							
5.	GIEDRYS Alicja	POL Szansa Start Gdansk						5:49.64	273	S10	8343
	50m: 38.16 38.16	150m: 2:06.19 45.20	250m: 3:36.48 45.05	350m: 5:06.92 45.39							
	100m: 1:20.99 42.83	200m: 2:51.43 45.24	300m: 4:21.53 45.05	400m: 5:49.64 42.72							
6.	LEWANDOWSKA Emilia	POL WSSiRN Start Katowice						6:18.19	259	S8	63419
	50m: 41.66 41.66	150m: 2:18.56 48.76	250m: 3:54.70 48.20	350m: 5:31.86 49.03							
	100m: 1:29.80 48.14	200m: 3:06.50 47.94	300m: 4:42.83 48.13	400m: 6:18.19 46.33							
7.	KOCABAS Nisanur	GER Germany						6:56.61	226	S6	63337
	50m:	150m:	250m:	350m:							
	100m: 1:39.05	200m: 3:24.71	300m: 5:11.28	400m: 6:56.61							
8.	COVEY Alyshia	POL WSSiRN Start Katowice						6:20.74	166	S9	
	50m: 41.64 41.64	150m: 2:17.80 48.84	250m: 3:57.96 49.80	350m: 5:35.12 47.65							
	100m: 1:28.96 47.32	200m: 3:08.16 50.36	300m: 4:47.47 49.51	400m: 6:20.74 45.62							
9.	LITNER Jagoda	POL WSSiRN Start Katowice						6:34.80	55	S14	
	50m: 43.77 43.77	150m: 2:23.31 50.74	250m: 4:05.63 50.73	350m: 5:46.84 50.39							
	100m: 1:32.57 48.80	200m: 3:14.90 51.59	300m: 4:56.45 50.82	400m: 6:34.80 47.96							
10.	ROSNIAK Nina	POL SSN Start Lodz						7:09.56	19	S9	
	50m: 45.27 45.27	150m: 2:31.38 53.49	250m: 4:21.60 54.67	350m: 6:14.82 56.69							
	100m: 1:37.89 52.62	200m: 3:26.93 55.55	300m: 5:18.13 56.53	400m: 7:09.56 54.74							
11.	KWIECIEN Zuzanna	POL 4MK						8:26.68		S8	
	50m: 52.59 52.59	150m: 2:54.55 1:03.48	250m: 5:11.59 1:08.05	350m: 7:31.84 1:09.39							
	100m: 1:51.07 58.48	200m: 4:03.54 1:08.99	300m: 6:22.45 1:10.86	400m: 8:26.68 54.84							
	WASILEWSKA Magdalena	POL SSN Start Lodz						8:39.91		S14	
	50m: 52.08 52.08	150m: 3:04.71 1:09.04	250m: 5:21.91 1:08.61	350m: 7:38.05 1:09.30							
	100m: 1:55.67 1:03.59	200m: 4:13.30 1:08.59	300m: 6:28.75 1:06.84	400m: 8:39.91 1:01.86							

Mistrzostwa Polski

1.	JABLONSKA Oliwia	POL Start Wroclaw						4:44.63	877	S10	8344
	50m: 33.32 33.32	150m: 1:45.90 36.13	250m: 2:58.03 35.94	350m: 4:09.88 35.98							
	100m: 1:09.77 36.45	200m: 2:22.09 36.19	300m: 3:33.90 35.87	400m: 4:44.63 34.75							
2.	KOLOCZEK Malwina	POL WSSiRN Start Katowice						5:53.15	464	S8	
	50m: 39.53 39.53	150m: 2:09.94 46.22	250m: 3:40.49 44.72	350m: 5:09.85 43.79							
	100m: 1:23.72 44.19	200m: 2:55.77 45.83	300m: 4:26.06 45.57	400m: 5:53.15 43.30							
3.	SOLTYSIK Julia	POL WSSiRN Start Katowice						5:43.70	322	S10	63423
	50m: 36.76 36.76	150m: 2:01.22 43.92	250m: 3:30.58 45.04	350m: 5:00.64 45.04							
	100m: 1:17.30 40.54	200m: 2:45.54 44.32	300m: 4:15.60 45.02	400m: 5:43.70 43.06							

Event 7, Women, 400m Freestyle, Mistrzostwa Polski

Rank								Time	Pts		
4.	BADOWSKA Nikola	POL	IKS AWF Warszawa					6:00.37	306	S9	52055
	50m: 40.87	40.87	150m: 2:11.19	45.88	250m: 3:43.32	46.39	350m: 5:15.34	46.67			
	100m: 1:25.31	44.44	200m: 2:56.93	45.74	300m: 4:28.67	45.35	400m: 6:00.37	45.03			
5.	GIEDRYS Alicja	POL	Szansa Start Gdansk					5:49.64	273	S10	8343
	50m: 38.16	38.16	150m: 2:06.19	45.20	250m: 3:36.48	45.05	350m: 5:06.92	45.39			
	100m: 1:20.99	42.83	200m: 2:51.43	45.24	300m: 4:21.53	45.05	400m: 5:49.64	42.72			
6.	LEWANDOWSKA Emilia	POL	WSSiRN Start Katowice					6:18.19	259	S8	63419
	50m: 41.66	41.66	150m: 2:18.56	48.76	250m: 3:54.70	48.20	350m: 5:31.86	49.03			
	100m: 1:29.80	48.14	200m: 3:06.50	47.94	300m: 4:42.83	48.13	400m: 6:18.19	46.33			
7.	COVEY Alyshia	POL	WSSiRN Start Katowice					6:20.74	166	S9	
	50m: 41.64	41.64	150m: 2:17.80	48.84	250m: 3:57.96	49.80	350m: 5:35.12	47.65			
	100m: 1:28.96	47.32	200m: 3:08.16	50.36	300m: 4:47.47	49.51	400m: 6:20.74	45.62			
8.	LITNER Jagoda	POL	WSSiRN Start Katowice					6:34.80	55	S14	
	50m: 43.77	43.77	150m: 2:23.31	50.74	250m: 4:05.63	50.73	350m: 5:46.84	50.39			
	100m: 1:32.57	48.80	200m: 3:14.90	51.59	300m: 4:56.45	50.82	400m: 6:34.80	47.96			
9.	ROSNIAK Nina	POL	SSN Start Lodz					7:09.56	19	S9	
	50m: 45.27	45.27	150m: 2:31.38	53.49	250m: 4:21.60	54.67	350m: 6:14.82	56.69			
	100m: 1:37.89	52.62	200m: 3:26.93	55.55	300m: 5:18.13	56.53	400m: 7:09.56	54.74			
10.	KWIECIEN Zuzanna	POL	4MK					8:26.68		S8	
	50m: 52.59	52.59	150m: 2:54.55	1:03.48	250m: 5:11.59	1:08.05	350m: 7:31.84	1:09.39			
	100m: 1:51.07	58.48	200m: 4:03.54	1:08.99	300m: 6:22.45	1:10.86	400m: 8:26.68	54.84			
	WASILEWSKA Magdalena	POL	SSN Start Lodz					8:39.91		S14	
	50m: 52.08	52.08	150m: 3:04.71	1:09.04	250m: 5:21.91	1:08.61	350m: 7:38.05	1:09.30			
	100m: 1:55.67	1:03.59	200m: 4:13.30	1:08.59	300m: 6:28.75	1:06.84	400m: 8:39.91	1:01.86			

Klasyfikacja Międzynarodowa

1.	KOCABAS Nisanur	GER	Germany					6:56.61	226	S6	63337
	50m:		150m:		250m:		350m:				
	100m: 1:39.05		200m: 3:24.71		300m: 5:11.28		400m: 6:56.61				

Klasa S6

1.	KOCABAS Nisanur	GER	Germany					6:56.61	226	S6	63337
	50m:		150m:		250m:		350m:				
	100m: 1:39.05		200m: 3:24.71		300m: 5:11.28		400m: 6:56.61				

Klasa S8

1.	KOLOCZEK Malwina	POL	WSSiRN Start Katowice					5:53.15	464	S8	
	50m: 39.53	39.53	150m: 2:09.94	46.22	250m: 3:40.49	44.72	350m: 5:09.85	43.79			
	100m: 1:23.72	44.19	200m: 2:55.77	45.83	300m: 4:26.06	45.57	400m: 5:53.15	43.30			
2.	LEWANDOWSKA Emilia	POL	WSSiRN Start Katowice					6:18.19	259	S8	63419
	50m: 41.66	41.66	150m: 2:18.56	48.76	250m: 3:54.70	48.20	350m: 5:31.86	49.03			
	100m: 1:29.80	48.14	200m: 3:06.50	47.94	300m: 4:42.83	48.13	400m: 6:18.19	46.33			
3.	KWIECIEN Zuzanna	POL	4MK					8:26.68		S8	
	50m: 52.59	52.59	150m: 2:54.55	1:03.48	250m: 5:11.59	1:08.05	350m: 7:31.84	1:09.39			
	100m: 1:51.07	58.48	200m: 4:03.54	1:08.99	300m: 6:22.45	1:10.86	400m: 8:26.68	54.84			

Event 7, Women, 400m Freestyle

Klasa S9

1.	BADOWSKA Nikola			POL IKS AWF Warszawa					6:00.37	306	S9	52055
	50m:	40.87	40.87	150m:	2:11.19	45.88	250m:	3:43.32	46.39	350m:	5:15.34	46.67
	100m:	1:25.31	44.44	200m:	2:56.93	45.74	300m:	4:28.67	45.35	400m:	6:00.37	45.03
2.	COVEY Alyshia			POL WSSiRN Start Katowice					6:20.74	166	S9	
	50m:	41.64	41.64	150m:	2:17.80	48.84	250m:	3:57.96	49.80	350m:	5:35.12	47.65
	100m:	1:28.96	47.32	200m:	3:08.16	50.36	300m:	4:47.47	49.51	400m:	6:20.74	45.62
3.	ROSNIAK Nina			POL SSN Start Lodz					7:09.56	19	S9	
	50m:	45.27	45.27	150m:	2:31.38	53.49	250m:	4:21.60	54.67	350m:	6:14.82	56.69
	100m:	1:37.89	52.62	200m:	3:26.93	55.55	300m:	5:18.13	56.53	400m:	7:09.56	54.74

Klasa S10

1.	JABLONSKA Oliwia	POL Start Wroclaw						4:44.63	877	S10	8344	
	50m:	33.32	33.32	150m:	1:45.90	36.13	250m:	2:58.03	35.94	350m:	4:09.88	35.98
	100m:	1:09.77	36.45	200m:	2:22.09	36.19	300m:	3:33.90	35.87	400m:	4:44.63	34.75
2.	SOLTYSIK Julia	POL WSSiRN Start Katowice						5:43.70	322	S10	63423	
	50m:	36.76	36.76	150m:	2:01.22	43.92	250m:	3:30.58	45.04	350m:	5:00.64	45.04
	100m:	1:17.30	40.54	200m:	2:45.54	44.32	300m:	4:15.60	45.02	400m:	5:43.70	43.06
3.	GIEDRYS Alicja	POL Szansa Start Gdansk						5:49.64	273	S10	8343	
	50m:	38.16	38.16	150m:	2:06.19	45.20	250m:	3:36.48	45.05	350m:	5:06.92	45.39
	100m:	1:20.99	42.83	200m:	2:51.43	45.24	300m:	4:21.53	45.05	400m:	5:49.64	42.72

Klasa S14

1.	LITNER Jagoda			POL WSSiRN Start Katowice					6:34.80		55	S14
	50m:	43.77	43.77	150m:	2:23.31	50.74	250m:	4:05.63	50.73	350m:	5:46.84	50.39
	100m:	1:32.57	48.80	200m:	3:14.90	51.59	300m:	4:56.45	50.82	400m:	6:34.80	47.96
2.	WASILEWSKA Magdalena			POL SSN Start Lodz					8:39.91			S14
	50m:	52.08	52.08	150m:	3:04.71	1:09.04	250m:	5:21.91	1:08.61	350m:	7:38.05	1:09.30
	100m:	1:55.67	1:03.59	200m:	4:13.30	1:08.59	300m:	6:28.75	1:06.84	400m:	8:39.91	1:01.86