

Zimowe Mistrzostwa Polski Juniorów Młodszych w pływaniu-16lat Gorzów, 12- - 14-12-2025

Konkurencja 17
2025-12-13 - 17:09

Dziewcząt, 400m dowolny

16 lat
Wyniki Finał

Rekord Polski Open	4:02.68	POLANSKA Aleksandra	07614	Olsztyn	2020-12-18
Rekord Polski 16	4:08.04	KILIJAŃSKA Donata	00612	Poznan	2011-12-17

Punkty: AQUA 2025

Pozycja		Rok	ur.					Czas	CR	Strata	%	Pkt.
Finał A												
1.	RESZKO Lena	09		UKP Polonia Warszawa				4:15.62	+0.77		100%	730
	50m: 29.16 29.16		150m: 1:34.16 32.92	250m: 2:39.38 32.28				350m: 3:43.90 31.83				
	100m: 1:01.24 32.08		200m: 2:07.10 32.94	300m: 3:12.07 32.69				400m: 4:15.62 31.72				
2.	POLAK Iga	09		UKP Unia Oświęcim				4:17.51	+0.72	+ 1.89	99%	714
	50m: 29.55 29.55		150m: 1:34.41 32.89	250m: 2:40.06 32.72				350m: 3:45.48 32.72				
	100m: 1:01.52 31.97		200m: 2:07.34 32.93	300m: 3:12.76 32.70				400m: 4:17.51 32.03				
3.	KWIATKOWSKA Rozalia	09		MUKS Piętnastka				4:20.71	+0.64	+ 5.09	103%	688
	50m: 29.64 29.64		150m: 1:34.84 33.05	250m: 2:41.20 33.14				350m: 3:47.92 33.37				
	100m: 1:01.79 32.15		200m: 2:08.06 33.22	300m: 3:14.55 33.35				400m: 4:20.71 32.79				
4.	KOCHAŃSKA Urszula	09		UKS Olimp Gorzów Wlkp.				4:21.15	+0.66	+ 5.53	108%	685
	50m: 29.64 29.64		150m: 1:35.61 33.41	250m: 2:42.48 33.43				350m: 3:49.36 33.45				
	100m: 1:02.20 32.56		200m: 2:09.05 33.44	300m: 3:15.91 33.43				400m: 4:21.15 31.79				
5.	KARKOCHA Gabriela	09		UKP Unia Oświęcim				4:28.35	+0.69	+ 12.73	99%	631
	50m: 30.40 30.40		150m: 1:37.00 33.69	250m: 2:44.22 33.69				350m: 3:53.70 35.05				
	100m: 1:03.31 32.91		200m: 2:10.53 33.53	300m: 3:18.65 34.43				400m: 4:28.35 34.65				
6.	KUCZMAR Aleksandra	09		UKP Polonia Warszawa				4:30.42	+0.64	+ 14.80	95%	617
	50m: 29.98 29.98		150m: 1:36.18 33.54	250m: 2:45.16 34.62				350m: 3:55.87 35.50				
	100m: 1:02.64 32.66		200m: 2:10.54 34.36	300m: 3:20.37 35.21				400m: 4:30.42 34.55				
7.	OKOŃ Anna	09		LKS Jedność 32 Przyszowice				4:31.71	+0.86	+ 16.09	101%	608
	50m: 30.71 30.71		150m: 1:38.83 34.41	250m: 2:48.39 34.94				350m: 3:58.15 34.84				
	100m: 1:04.42 33.71		200m: 2:13.45 34.62	300m: 3:23.31 34.92				400m: 4:31.71 33.56				
8.	WEGNER Julia	09		UKS Olimp Gorzów Wlkp.				4:34.24	+0.72	+ 18.62	99%	591
	50m: 30.92 30.92		150m: 1:38.59 34.41	250m: 2:48.43 35.11				350m: 3:59.25 35.46				
	100m: 1:04.18 33.26		200m: 2:13.32 34.73	300m: 3:23.79 35.36				400m: 4:34.24 34.99				
Finał B												
9.	WIECZOREK Michalina	09		UKP Unia Oświęcim				4:30.01	+0.73	+ 14.39	100%	620
	50m: 31.10 31.10		150m: 1:39.16 34.28	250m: 2:47.59 34.27				350m: 3:56.40 34.45				
	100m: 1:04.88 33.78		200m: 2:13.32 34.16	300m: 3:21.95 34.36				400m: 4:30.01 33.61				
10.	MAIK Victoria	09		UKS Manta Kochłowice Ruda Śląsk				4:31.63	+0.68	+ 16.01	104%	609
	50m: 30.78 30.78		150m: 1:38.40 34.50	250m: 2:48.02 34.73				350m: 3:57.69 34.85				
	100m: 1:03.90 33.12		200m: 2:13.29 34.89	300m: 3:22.84 34.82				400m: 4:31.63 33.94				
11.	MALARZ Milena	09		UKS Victoria Kozy				4:32.83	+0.74	+ 17.21	101%	601
	50m: 31.65 31.65		150m: 1:40.22 34.48	250m: 2:49.81 34.88				350m: 3:59.32 34.53				
	100m: 1:05.74 34.09		200m: 2:14.93 34.71	300m: 3:24.79 34.98				400m: 4:32.83 33.51				
12.	GNAŚ Nadia	09		UKS Tri-Team Rumia				4:34.15	+0.82	+ 18.53	103%	592
	50m: 31.67 31.67		150m: 1:40.17 34.47	250m: 2:49.97 35.05				350m: 4:00.21 35.11				
	100m: 1:05.70 34.03		200m: 2:14.92 34.75	300m: 3:25.10 35.13				400m: 4:34.15 33.94				
13.	ŁUCZAK Anika	09		UKS SP-149 Łódź				4:35.55	+0.71	+ 19.93	102%	583
	50m: 31.48 31.48		150m: 1:40.10 34.78	250m: 2:50.50 35.32				350m: 4:00.83 34.87				
	100m: 1:05.32 33.84		200m: 2:15.18 35.08	300m: 3:25.96 35.46				400m: 4:35.55 34.72				
14.	EKIERT Gabriela	09		UKP Polonia Warszawa				4:37.13	+0.72	+ 21.51	98%	573
	50m: 30.97 30.97		150m: 1:39.64 34.77	250m: 2:50.19 35.53				350m: 4:02.27 36.16				
	100m: 1:04.87 33.90		200m: 2:14.66 35.02	300m: 3:26.11 35.92				400m: 4:37.13 34.86				
15.	SZTREKER-WÓJCIK Iga	09		UKS G-8 Bielany Warszawa				4:38.86	+0.73	+ 23.24	101%	562
	50m: 31.57 31.57		150m: 1:40.20 34.47	250m: 2:51.62 35.59				350m: 4:03.32 35.96				
	100m: 1:05.73 34.16		200m: 2:16.03 35.83	300m: 3:27.36 35.74				400m: 4:38.86 35.54				
16.	STAMBUŁA Joanna	09		Akademia SMS Racibórz				4:51.44	+0.81	+ 35.82	94%	493
	50m: 32.54 32.54		150m: 1:43.84 36.35	250m: 2:58.55 37.79				350m: 4:14.15 38.04				
	100m: 1:07.49 34.95		200m: 2:20.76 36.92	300m: 3:36.11 37.56				400m: 4:51.44 37.29				