



Zimowe Mistrzostwa Polski Seniorów i Juniorów w pływaniu w płetwach.
Kościerzyna, 13- - 14-12-2025

Konkurencja 43
2025-12-14 - 11:55

Mężczyzn, 400m Surface

Open
Wyniki

Punkty: PP 2025

Pozycja	Rok ur.										Czas	Pkt.
KAT. Open												
1.	PIETRAS Kamil			05	Delfinek Chodzież						3:07.07	881
	50m:	22.25	22.25	150m:	1:09.75	23.72	250m:	1:56.48	23.14	350m:	2:44.40	24.05
	100m:	46.03	23.78	200m:	1:33.34	23.59	300m:	2:20.35	23.87	400m:	3:07.07	22.67
2.	KONKEL Albert			10	UKS Tri-Sea Mewa						3:12.86	987 + 5.79
	50m:	22.51	22.51	150m:	1:10.42	23.99	250m:	1:57.94	23.81	350m:	2:48.04	25.33
	100m:	46.43	23.92	200m:	1:34.13	23.71	300m:	2:22.71	24.77	400m:	3:12.86	24.82
3.	GORZYCKI Kacper			12	Laguna 24 Toruń						3:42.65	733 + 35.58
	50m:	25.73	25.73	150m:	1:20.33	27.91	250m:	2:17.12	28.57	350m:	3:15.12	28.94
	100m:	52.42	26.69	200m:	1:48.55	28.22	300m:	2:46.18	29.06	400m:	3:42.65	27.53
4.	SZEWCZYK Jakub			09	UKS Rekin Wrocław SP50						4:12.13	43(+ 1:05.06
	50m:	25.72	25.72	150m:	1:27.77	32.44	250m:	2:35.13	33.53	350m:	3:41.86	33.88
	100m:	55.33	29.61	200m:	2:01.60	33.83	300m:	3:07.98	32.85	400m:	4:12.13	30.27
5.	SMYKOWSKI Franciszek			06	Laguna 24 Toruń						4:15.42	34(+ 1:08.35
	50m:	28.09	28.09	150m:	1:30.16	31.33	250m:	2:35.82	32.94	350m:	3:42.57	33.12
	100m:	58.83	30.74	200m:	2:02.88	32.72	300m:	3:09.45	33.63	400m:	4:15.42	32.85
6.	PIJANOWSKI Mateusz			12	Delfinek Chodzież						4:21.36	45(+ 1:14.29
	50m:	30.10	30.10	150m:	1:36.78	33.92	250m:	2:45.19	33.99	350m:	3:50.58	32.86
	100m:	1:02.86	32.76	200m:	2:11.20	34.42	300m:	3:17.72	32.53	400m:	4:21.36	30.78
7.	SZEWCZUK Leon			13	UKS Rekin Wrocław SP50						4:22.51	44(+ 1:15.44
	50m:	28.45	28.45	150m:	1:34.50	33.89	250m:	2:42.86	34.10	350m:	3:51.00	33.74
	100m:	1:00.61	32.16	200m:	2:08.76	34.26	300m:	3:17.26	34.40	400m:	4:22.51	31.51
8.	SIENKIEWICZ Kacper			11	UKS Amfiprion Olecko						4:40.34	32(+ 1:33.27
	50m:	27.71	27.71	150m:	1:37.18	35.95	250m:	2:50.12	36.43	350m:	4:01.85	35.65
	100m:	1:01.23	33.52	200m:	2:13.69	36.51	300m:	3:26.20	36.08	400m:	4:40.34	38.49
9.	ŁECHTAŃSKI Franciszek			11	Delfinek Chodzież						4:45.67	30(+ 1:38.60
	50m:	30.72	30.72	150m:	1:44.59	38.57	250m:	3:02.66	39.34	350m:	4:15.44	34.62
	100m:	1:06.02	35.30	200m:	2:23.32	38.73	300m:	3:40.82	38.16	400m:	4:45.67	30.23
10.	SĘDZICKI Arkadiusz			11	KS Aqua Sport Kościerzyna						4:47.84	29(+ 1:40.77
	50m:	31.51	31.51	150m:	1:45.33	37.31	250m:	2:59.52	36.66	350m:	4:13.42	36.52
	100m:	1:08.02	36.51	200m:	2:22.86	37.53	300m:	3:36.90	37.38	400m:	4:47.84	34.42
11.	BIELECKI Gabriel			13	Delfinek Chodzież						4:55.48	31(+ 1:48.41
	50m:	30.94	30.94	150m:	1:47.23	39.12	250m:	3:05.52	38.72	350m:	4:19.29	35.13
	100m:	1:08.11	37.17	200m:	2:26.80	39.57	300m:	3:44.16	38.64	400m:	4:55.48	36.19

KAT. C

1.	KONKEL Albert		10	UKS Tri-Sea Mewa								3:12.86	987
	50m: 22.51	22.51	150m: 1:10.42	23.99	250m: 1:57.94	23.81	350m: 2:48.04	25.33					
	100m: 46.43	23.92	200m: 1:34.13	23.71	300m: 2:22.71	24.77	400m: 3:12.86	24.82					
2.	SIENKIEWICZ Kacper		11	UKS Amfiprion Olecko								4:40.34	32(+ 1:27.48
	50m: 27.71	27.71	150m: 1:37.18	35.95	250m: 2:50.12	36.43	350m: 4:01.85	35.65					
	100m: 1:01.23	33.52	200m: 2:13.69	36.51	300m: 3:26.20	36.08	400m: 4:40.34	38.49					
3.	ŁECHTAŃSKI Franciszek		11	Delfinek Chodzież								4:45.67	30(+ 1:32.81
	50m: 30.72	30.72	150m: 1:44.59	38.57	250m: 3:02.66	39.34	350m: 4:15.44	34.62					
	100m: 1:06.02	35.30	200m: 2:23.32	38.73	300m: 3:40.82	38.16	400m: 4:45.67	30.23					
4.	SĘDZICKI Arkadiusz		11	KS Aqua Sport Kościerzyna								4:47.84	29(+ 1:34.98
	50m: 31.51	31.51	150m: 1:45.33	37.31	250m: 2:59.52	36.66	350m: 4:13.42	36.52					
	100m: 1:08.02	36.51	200m: 2:22.86	37.53	300m: 3:36.90	37.38	400m: 4:47.84	34.42					



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KAT. D

1.	GORZYCKI Kacper	12	Laguna 24 Toruń	3:42.65	733
	50m: 25.73 25.73	150m: 1:20.33	27.91 250m: 2:17.12 28.57	350m: 3:15.12	28.94
	100m: 52.42 26.69	200m: 1:48.55	28.22 300m: 2:46.18 29.06	400m: 3:42.65	27.53
2.	PIJANOWSKI Mateusz	12	Delfinek Chodzież	4:21.36	453 + 38.71
	50m: 30.10 30.10	150m: 1:36.78	33.92 250m: 2:45.19 33.99	350m: 3:50.58	32.86
	100m: 1:02.86 32.76	200m: 2:11.20	34.42 300m: 3:17.72 32.53	400m: 4:21.36	30.78
3.	SZEWCUK Leon	13	UKS Rekin Wrocław SP50	4:22.51	447 + 39.86
	50m: 28.45 28.45	150m: 1:34.50	33.89 250m: 2:42.86 34.10	350m: 3:51.00	33.74
	100m: 1:00.61 32.16	200m: 2:08.76	34.26 300m: 3:17.26 34.40	400m: 4:22.51	31.51
4.	BIELECKI Gabriel	13	Delfinek Chodzież	4:55.48	314+ 1:12.83
	50m: 30.94 30.94	150m: 1:47.23	39.12 250m: 3:05.52 38.72	350m: 4:19.29	35.13
	100m: 1:08.11 37.17	200m: 2:26.80	39.57 300m: 3:44.16 38.64	400m: 4:55.48	36.19