



I Runda Klubowego Pucharu Polski w pływaniu w płetwach.  
Ko cierzyna, 21- - 22-2-2026

Konkurencja 32  
2026-02-22 - 12:06

Kobiet, 400m Bifins

12 lat i starsi  
Wyniki

Punkty: PP 2026 CMAS

Pozycja	Rok ur.	Czas	Pkt.	dru .
<b>KAT. D</b>				
1. BORYS Maja	13	<b>4:15.14</b>	682	50,00
50m: 28.49 28.49	150m: 1:33.00 32.48	250m: 2:39.67 33.31	350m: 3:46.44 33.16	
100m: 1:00.52 32.03	200m: 2:06.36 33.36	300m: 3:13.28 33.61	400m: 4:15.14 28.70	
2. GÓRKA Zofia	13	<b>4:17.33</b>	665	46,00
50m: 28.67 28.67	150m: 1:32.73 32.05	250m: 2:39.44 33.26	350m: 3:46.34 33.31	
100m: 1:00.68 32.01	200m: 2:06.18 33.45	300m: 3:13.03 33.59	400m: 4:17.33 30.99	
3. DUBYK Iryna	14	<b>4:41.04</b>	510	42,00
50m: 30.70 30.70	150m: 1:40.47 35.31	250m: 2:53.64 36.15	350m: 4:06.27 36.57	
100m: 1:05.16 34.46	200m: 2:17.49 37.02	300m: 3:29.70 36.06	400m: 4:41.04 34.77	
4. MU A Ewa	13	<b>4:56.50</b>	434	39,00
50m: 33.06 33.06	150m: 1:48.31 38.47	250m: 3:04.35 37.66	350m: 4:21.14 38.15	
100m: 1:09.84 36.78	200m: 2:26.69 38.38	300m: 3:42.99 38.64	400m: 4:56.50 35.36	
5. DETTLAF Zofia	14	<b>5:06.75</b>	392	36,00
50m: 34.65 34.65	150m: 1:54.36 40.63	250m: 3:14.79 39.62	350m: 4:32.08 38.25	
100m: 1:13.73 39.08	200m: 2:35.17 40.81	300m: 3:53.83 39.04	400m: 5:06.75 34.67	
6. CHAŁUBEK Julita	14	<b>5:36.27</b>	298	33,00
50m: 34.66 34.66	150m: 1:58.41 42.94	250m: 3:25.86 44.40	350m: 4:53.63 43.24	
100m: 1:15.47 40.81	200m: 2:41.46 43.05	300m: 4:10.39 44.53	400m: 5:36.27 42.64	
7. BOJANOWSKA Blanka	13	<b>6:24.17</b>	199	30,00
50m: 38.05 38.05	150m: 2:05.12 44.45	250m: 3:36.61 46.16	350m: 5:42.77 1:21.12	
100m: 1:20.67 42.62	200m: 2:50.45 45.33	300m: 4:21.65 45.04	400m: 6:24.17 41.40	
<b>KAT. C</b>				
1. MAZIEJUK Weronika	11	<b>4:11.90</b>	709	50,00
50m: 28.45 28.45	150m: 1:31.85 32.38	250m: 2:37.01 32.58	350m: 3:40.90 31.68	
100m: 59.47 31.02	200m: 2:04.43 32.58	300m: 3:09.22 32.21	400m: 4:11.90 31.00	
2. GNIEDZIEJKO Julia	12	<b>4:21.54</b>	633	46,00
50m: 29.49 29.49	150m: 1:34.26 33.37	250m: 2:42.28 34.33	350m: 3:48.63 32.92	
100m: 1:00.89 31.40	200m: 2:07.95 33.69	300m: 3:15.71 33.43	400m: 4:21.54 32.91	
3. UKOWICZ Estera	11	<b>4:28.36</b>	586	42,00
50m: 30.06 30.06	150m: 1:38.91 34.82	250m: 2:49.57 35.50	350m: 3:58.60 33.67	
100m: 1:04.09 34.03	200m: 2:14.07 35.16	300m: 3:24.93 35.36	400m: 4:28.36 29.76	
4. J DRO Zuzanna	11	<b>4:38.27</b>	526	39,00
50m: 30.87 30.87	150m: 1:40.22 35.23	250m: 2:51.52 35.92	350m: 4:03.39 35.85	
100m: 1:04.99 34.12	200m: 2:15.60 35.38	300m: 3:27.54 36.02	400m: 4:38.27 34.88	
5. BOBKOWSKA Aida	12	<b>4:41.07</b>	510	36,00
50m: 31.49 31.49	150m: 1:44.22 37.17	250m: 2:58.07 36.59	350m: 4:08.89 34.97	
100m: 1:07.05 35.56	200m: 2:21.48 37.26	300m: 3:33.92 35.85	400m: 4:41.07 32.18	
6. ZARACH Monika	11	<b>4:46.65</b>	481	33,00
50m: 30.12 30.12	150m: 1:40.45 36.12	250m: 2:54.21 37.02	350m: 4:09.92 37.99	
100m: 1:04.33 34.21	200m: 2:17.19 36.74	300m: 3:31.93 37.72	400m: 4:46.65 36.73	
7. BOSZKE aneta	12	<b>4:50.46</b>	462	30,00
50m: 32.57 32.57	150m: 1:45.05 36.73	250m: 3:00.07 37.31	350m: 4:16.22 38.02	
100m: 1:08.32 35.75	200m: 2:22.76 37.71	300m: 3:38.20 38.13	400m: 4:50.46 34.24	
8. OKROJ Magdalena	11	<b>5:02.84</b>	408	27,00
50m: 34.33 34.33	150m: 1:49.61 37.93	250m: 3:07.28 38.59	350m: 4:27.08 39.18	
100m: 1:11.68 37.35	200m: 2:28.69 39.08	300m: 3:47.90 40.62	400m: 5:02.84 35.76	



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Konkurencja 32, Dziewcz t, 400m Bifins, KAT. C

Pozycja		Rok ur.						Czas	Pkt.	dru .
9.	PEPLI SKA Magdalena	12	KS Aqua Sport Ko cierzyna					<b>5:11.29</b>	375	24,00
	50m: 34.52 34.52	150m: 1:54.17	40.54	250m: 3:15.11	40.32	350m: 4:33.85	39.57			
	100m: 1:13.63 39.11	200m: 2:34.79	40.62	300m: 3:54.28	39.17	400m: 5:11.29	37.44			
10.	LUBECKA Lilianna	12	KS Aqua Sport Ko cierzyna					<b>6:00.79</b>	241	22,00
	50m: 39.11 39.11	150m: 2:09.40	47.88	250m: 3:45.59	47.78	350m: 5:20.36	47.22			
	100m: 1:21.52 42.41	200m: 2:57.81	48.41	300m: 4:33.14	47.55	400m: 6:00.79	40.43			

KAT. B

1.	BLOK Sandra	09	KS Aqua Sport Ko cierzyna					<b>4:11.16</b>	715	50,00
	50m: 27.38 27.38	150m: 1:28.61	31.17	250m: 2:33.46	32.61	350m: 3:39.36	33.00			
	100m: 57.44 30.06	200m: 2:00.85	32.24	300m: 3:06.36	32.90	400m: 4:11.16	31.80			
2.	GRELA Agata	10	Delfinek Chodzie					<b>4:20.92</b>	638	46,00
	50m: 29.76 29.76	150m: 1:35.78	33.57	250m: 2:42.73	33.52	350m: 3:49.47	33.32			
	100m: 1:02.21 32.45	200m: 2:09.21	33.43	300m: 3:16.15	33.42	400m: 4:20.92	31.45			
3.	KASZKIEL Martyna	09	UKS Amfiprion Olecko					<b>4:21.48</b>	634	42,00
	50m: 29.44 29.44	150m: 1:34.45	33.02	250m: 2:42.05	33.90	350m: 3:49.69	33.28			
	100m: 1:01.43 31.99	200m: 2:08.15	33.70	300m: 3:16.41	34.36	400m: 4:21.48	31.79			
4.	GAJEWSKA Amelia	09	UKS Amfiprion Olecko					<b>4:30.23</b>	574	39,00
	50m: 29.25 29.25	150m: 1:36.15	33.89	250m: 2:45.92	35.29	350m: 3:57.02	35.64			
	100m: 1:02.26 33.01	200m: 2:10.63	34.48	300m: 3:21.38	35.46	400m: 4:30.23	33.21			
5.	DAWIDOWICZ Lena	10	UKS Tri-Sea Mewa Władysławowo					<b>4:37.91</b>	528	36,00
	50m: 29.74 29.74	150m: 1:39.64	35.33	250m: 2:52.49	36.02	350m: 4:05.23	36.19			
	100m: 1:04.31 34.57	200m: 2:16.47	36.83	300m: 3:29.04	36.55	400m: 4:37.91	32.68			
6.	CZAJA Maja	10	UKS Delfin Władysławowo					<b>5:15.46</b>	361	33,00
	50m: 33.65 33.65	150m: 1:53.90	40.96	250m: 3:17.00	41.42	350m: 4:37.88	39.94			
	100m: 1:12.94 39.29	200m: 2:35.58	41.68	300m: 3:57.94	40.94	400m: 5:15.46	37.58			

KAT. A

1.	SZALAST Karolina	05	UKS Tri-Sea Mewa Władysławowo					<b>4:01.78</b>	802	50,00
	50m: 27.47 27.47	150m: 1:27.66	30.47	250m: 2:29.40	30.74	350m: 3:31.51	31.13			
	100m: 57.19 29.72	200m: 1:58.66	31.00	300m: 3:00.38	30.98	400m: 4:01.78	30.27			
2.	REDLIN Anna	08	UKS Tri-Sea Mewa Władysławowo					<b>4:08.03</b>	743	46,00
	50m: 27.97 27.97	150m: 1:30.41	31.36	250m: 2:35.05	32.59	350m: 3:37.67	31.06			
	100m: 59.05 31.08	200m: 2:02.46	32.05	300m: 3:06.61	31.56	400m: 4:08.03	30.36			
3.	PIETRAS Maria	07	Delfinek Chodzie					<b>4:09.02</b>	734	42,00
	50m: 27.55 27.55	150m: 1:28.43	30.98	250m: 2:32.47	32.19	350m: 3:37.64	32.21			
	100m: 57.45 29.90	200m: 2:00.28	31.85	300m: 3:05.43	32.96	400m: 4:09.02	31.38			
4.	TUSK Weronika	05	UKS Tri-Sea Mewa Władysławowo					<b>4:12.38</b>	705	39,00
	50m: 27.48 27.48	150m: 1:29.38	31.59	250m: 2:33.93	32.41	350m: 3:39.62	32.96			
	100m: 57.79 30.31	200m: 2:01.52	32.14	300m: 3:06.66	32.73	400m: 4:12.38	32.76			
5.	SZYBALSKA Ania	08	UKS Manta Ko cierzyna					<b>4:23.18</b>	621	36,00
	50m: 28.70 28.70	150m: 1:30.85	31.61	250m: 2:36.24	33.20	350m: 3:47.26	36.36			
	100m: 59.24 30.54	200m: 2:03.04	32.19	300m: 3:10.90	34.66	400m: 4:23.18	35.92			
6.	BRESKA Helena	08	UKS Manta Ko cierzyna					<b>4:29.45</b>	579	33,00
	50m: 27.95 27.95	150m: 1:33.59	34.09	250m: 2:45.20	35.98	350m: 3:56.88	35.60			
	100m: 59.50 31.55	200m: 2:09.22	35.63	300m: 3:21.28	36.08	400m: 4:29.45	32.57			