



I Runda Klubowego Pucharu Polski w pływaniu w płetwach.  
Ko cierzyna, 21 - - 22-2-2026

Konkurencja 38

M cyczn, 400m Surface

12 lat i starsi

2026-02-22 - 14:09

Wyniki

Punkty: PP 2026 CMAS

Pozycja	Rok ur.	Czas	Pkt.	dru .	
<b>KAT. D</b>					
1. SZEWCZUK Leon	13	UKS Rekin Wrocław SP50	<b>4:20.66</b>	290	50,00
50m: 29.16 29.16	150m: 1:35.22 33.31	250m: 2:43.72 34.56	350m: 3:49.90 32.59		
100m: 1:01.91 32.75	200m: 2:09.16 33.94	300m: 3:17.31 33.59	400m: 4:20.66 30.76		
<b>KAT. C</b>					
1. GORZYCKI Kacper	12	Laguna 24 Toru	<b>3:44.36</b>	455	50,00
50m: 25.35 25.35	150m: 1:20.98 28.39	250m: 2:18.68 28.83	350m: 3:16.67 28.55		
100m: 52.59 27.24	200m: 1:49.85 28.87	300m: 2:48.12 29.44	400m: 3:44.36 27.69		
2. SZLENDAK Jakub	12	UKS Manta Ko cierzyna	<b>4:23.57</b>	281	46,00
50m: 28.17 28.17	150m: 1:34.73 34.15	250m: 2:43.68 34.52	350m: 3:52.09 34.02		
100m: 1:00.58 32.41	200m: 2:09.16 34.43	300m: 3:18.07 34.39	400m: 4:23.57 31.48		
3. PIJANOWSKI Mateusz	12	Delfinek Chodzie	<b>4:24.10</b>	279	42,00
50m: 30.21 30.21	150m: 1:37.26 34.78	250m: 2:46.89 34.02	350m: 3:54.50 33.23		
100m: 1:02.48 32.27	200m: 2:12.87 35.61	300m: 3:21.27 34.38	400m: 4:24.10 29.60		
4. ŁECHTA SKI Franciszek	11	Delfinek Chodzie	<b>4:24.32</b>	278	39,00
50m: 28.58 28.58	150m: 1:35.97 34.54	250m: 2:44.33 33.58	350m: 3:52.58 34.19		
100m: 1:01.43 32.85	200m: 2:10.75 34.78	300m: 3:18.39 34.06	400m: 4:24.32 31.74		
5. SIENKIEWICZ Kacper	11	UKS Amfiprion Olecko	<b>4:42.31</b>	228	36,00
50m: 30.55 30.55	150m: 1:41.48 36.36	250m: 2:55.09 37.03	350m: 4:07.95 36.21		
100m: 1:05.12 34.57	200m: 2:18.06 36.58	300m: 3:31.74 36.65	400m: 4:42.31 34.36		
6. S DZICKI Arkadiusz	11	KS Aqua Sport Ko cierzyna	<b>4:42.34</b>	228	33,00
50m: 32.22 32.22	150m: 1:44.39 36.17	250m: 2:56.70 35.91	350m: 4:08.72 36.20		
100m: 1:08.22 36.00	200m: 2:20.79 36.40	300m: 3:32.52 35.82	400m: 4:42.34 33.62		
<b>KAT. B</b>					
1. KONKEL Albert	10	UKS Tri-Sea Mewa Władysławowo	<b>3:17.51</b>	668	50,00
50m: 22.34 22.34	150m: 1:11.34 24.79	250m: 2:01.47 25.07	350m: 2:52.58 25.40		
100m: 46.55 24.21	200m: 1:36.40 25.06	300m: 2:27.18 25.71	400m: 3:17.51 24.93		
2. SZEWCZYK Jakub	09	UKS Rekin Wrocław SP50	<b>4:10.33</b>	328	46,00
50m: 24.60 24.60	150m: 1:26.69 32.55	250m: 2:33.37 33.58	350m: 3:38.98 32.06		
100m: 54.14 29.54	200m: 1:59.79 33.10	300m: 3:06.92 33.55	400m: 4:10.33 31.35		
<b>KAT. A</b>					
1. PIETRAS Kamil	05	Delfinek Chodzie	<b>3:07.78</b>	777	50,00
50m: 21.91 21.91	150m: 1:09.90 23.94	250m: 1:57.75 23.74	350m: 2:45.68 23.97		
100m: 45.96 24.05	200m: 1:34.01 24.11	300m: 2:21.71 23.96	400m: 3:07.78 22.10		