



Grand Prix Województwa Zachodniopomorskiego i Lubuskiego - Finał
Szczecin, 3-6-2026

Konkurencja 9
2026-06-03 - 11:37

Dziewcz t, 400m dowolny

12 - 15 lat
Wyniki

Punkty: AQUA 2026

Pozycja		Rok ur.						Czas	Pkt.	CR
15 lat										
1.	KWATYRA Hanna	11	MKP Szczecin					4:57.57	487	+0,72
	50m: 33.28 33.28	150m: 1:47.85	37.94	250m: 3:05.43	39.00	350m: 4:22.62	37.76			
	100m: 1:09.91 36.63	200m: 2:26.43	38.58	300m: 3:44.86	39.43	400m: 4:57.57	34.95			
2.	NIADY Maja	11	MKP Szczecin					5:00.29	474	+0,68
	50m: 34.01 34.01	150m: 1:49.25	38.37	250m: 3:06.29	38.67	350m: 4:23.73	38.31			
	100m: 1:10.88 36.87	200m: 2:27.62	38.37	300m: 3:45.42	39.13	400m: 5:00.29	36.56			
3.	SIEWIERSKA Paulina	11	MKS Znicz Koszalin					5:28.63	361	+0,77
	50m: 34.70 34.70	150m: 1:54.92	41.17	250m: 3:20.82	43.31	350m: 4:46.48	42.22			
	100m: 1:13.75 39.05	200m: 2:37.51	42.59	300m: 4:04.26	43.44	400m: 5:28.63	42.15			
14 lat										
1.	JAWORSKA Ada	12	MKP Szczecin					4:56.95	490	+0,68
	50m: 33.04 33.04	150m: 1:48.06	37.75	250m: 3:04.20	37.96	350m: 4:20.57	38.10			
	100m: 1:10.31 37.27	200m: 2:26.24	38.18	300m: 3:42.47	38.27	400m: 4:56.95	36.38			
2.	AUKSEL Zuzanna	12	UKS Olimp Gorzów Wlkp.					5:18.28	398	+0,89
	50m: 35.87 35.87	150m: 1:56.44	40.98	250m: 3:18.14	40.84	350m: 4:40.00	40.29			
	100m: 1:15.46 39.59	200m: 2:37.30	40.86	300m: 3:59.71	41.57	400m: 5:18.28	38.28			
3.	KIELAR Milena	12	MKS Znicz Koszalin					5:32.01	350	+0,71
	50m: 37.12 37.12	150m: 2:04.18	43.98	250m: 3:31.00	43.06	350m: 4:55.64	41.43			
	100m: 1:20.20 43.08	200m: 2:47.94	43.76	300m: 4:14.21	43.21	400m: 5:32.01	36.37			
4.	OLSZEWSKA Nina	12	KP Neptun Stargard					5:36.69	336	+0,79
	50m: 38.22 38.22	150m: 2:05.16	43.92	250m: 3:32.97	43.59	350m: 4:57.94	41.17			
	100m: 1:21.24 43.02	200m: 2:49.38	44.22	300m: 4:16.77	43.80	400m: 5:36.69	38.75			
5.	KORONA Kornelia	12	MKS Znicz Koszalin					5:37.38	334	+0,80
	50m: 36.07 36.07	150m: 1:59.59	42.70	250m: 3:26.40	43.61	350m: 4:54.95	44.11			
	100m: 1:16.89 40.82	200m: 2:42.79	43.20	300m: 4:10.84	44.44	400m: 5:37.38	42.43			
6.	KAMI SKA Anna	12	MKS Znicz Koszalin					5:43.93	315	+0,72
	50m: 37.44 37.44	150m: 2:06.91	45.59	250m: 3:39.05	45.93	350m: 5:05.72	42.99			
	100m: 1:21.32 43.88	200m: 2:53.12	46.21	300m: 4:22.73	43.68	400m: 5:43.93	38.21			
7.	MALISZEWSKA Marika	12	UKS Olimp Gorzów Wlkp.					6:27.00	221	+0,96
	50m: 38.72 38.72	150m: 2:16.78	50.99	250m: 3:58.00	50.85	350m: 5:38.92	50.78			
	100m: 1:25.79 47.07	200m: 3:07.15	50.37	300m: 4:48.14	50.14	400m: 6:27.00	48.08			
13 lat										
1.	DOWNAROWICZ Olga	13	UKS Olimp Gorzów Wlkp.					4:51.98	515	+0,80
	50m: 32.25 32.25	150m: 1:46.26	37.54	250m: 3:01.75	37.66	350m: 4:15.50	35.97			
	100m: 1:08.72 36.47	200m: 2:24.09	37.83	300m: 3:39.53	37.78	400m: 4:51.98	36.48			
2.	FILIPCZAK Oliwia	13	UKS Olimp Gorzów Wlkp.					5:00.53	473	+0,68
	50m: 33.02 33.02	150m: 1:49.76	39.07	250m: 3:08.40	39.27	350m: 4:25.85	37.60			
	100m: 1:10.69 37.67	200m: 2:29.13	39.37	300m: 3:48.25	39.85	400m: 5:00.53	34.68			
3.	GRABOWSKA Julia	13	UKP Marlin Gryfino					5:03.16	460	+0,67
	50m: 33.03 33.03	150m: 1:48.78	38.52	250m: 3:06.36	39.29	350m: 4:24.94	38.52			
	100m: 1:10.26 37.23	200m: 2:27.07	38.29	300m: 3:46.42	40.06	400m: 5:03.16	38.22			
4.	WORONA Natalia	13	MKS Znicz Koszalin					5:17.16	402	+0,74
	50m: 36.06 36.06	150m: 1:58.31	41.53	250m: 3:21.35	41.56	350m: 4:42.46	39.54			
	100m: 1:16.78 40.72	200m: 2:39.79	41.48	300m: 4:02.92	41.57	400m: 5:17.16	34.70			



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Konkurencja 9, Dziewcz t, 400m dowolny, 13 lat

Pozycja		Rok ur.						Czas	Pkt.	CR
5.	GŁUCH Antonina	13	MKS Znicz Koszalin					5:18.52	397	+0,65
	50m: 35.09 35.09	150m: 1:55.61 40.81	250m: 3:18.99 41.33	350m: 4:41.22 40.21						
	100m: 1:14.80 39.71	200m: 2:37.66 42.05	300m: 4:01.01 42.02	400m: 5:18.52 37.30						
6.	SZKÓŁKA Aleksandra	13	UKS Olimp Gorzów Wlkp.					5:21.72	385	+0,81
	50m: 36.39 36.39	150m: 1:58.37 41.49	250m: 3:20.71 41.28	350m: 4:44.27 41.44						
	100m: 1:16.88 40.49	200m: 2:39.43 41.06	300m: 4:02.83 42.12	400m: 5:21.72 37.45						
7.	SZPYTEK Kornelia	13	UKS Olimp Gorzów Wlkp.					5:23.36	379	+0,95
	50m: 35.97 35.97	150m: 1:58.18 42.25	250m: 3:21.65 41.51	350m: 4:45.69 41.98						
	100m: 1:15.93 39.96	200m: 2:40.14 41.96	300m: 4:03.71 42.06	400m: 5:23.36 37.67						
8.	WI CEK Jagoda	13	UKS Olimp Gorzów Wlkp.					5:24.99	374	+0,80
	50m: 36.13 36.13	150m: 1:57.77 41.25	250m: 3:22.18 41.94	350m: 4:46.15 41.25						
	100m: 1:16.52 40.39	200m: 2:40.24 42.47	300m: 4:04.90 42.72	400m: 5:24.99 38.84						
9.	PAJEK Maria	13	MKS CKS-SMS Szczecin					5:30.20	356	+0,83
	50m: 34.61 34.61	150m: 1:59.31 42.85	250m: 3:25.58 43.60	350m: 4:50.59 42.23						
	100m: 1:16.46 41.85	200m: 2:41.98 42.67	300m: 4:08.36 42.78	400m: 5:30.20 39.61						
10.	M CZKA Amelia	13	MKS CKS-SMS Szczecin					5:31.10	353	+0,85
	50m: 35.94 35.94	150m: 2:01.02 43.30	250m: 3:27.29 43.39	350m: 4:51.21 40.71						
	100m: 1:17.72 41.78	200m: 2:43.90 42.88	300m: 4:10.50 43.21	400m: 5:31.10 39.89						
11.	OLICHWIER KHAN LILI	13	UKS Olimp Gorzów Wlkp.					5:32.43	349	+0,85
	50m: 37.58 37.58	150m: 2:02.98 43.21	250m: 3:29.03 43.08	350m: 4:52.95 41.34						
	100m: 1:19.77 42.19	200m: 2:45.95 42.97	300m: 4:11.61 42.58	400m: 5:32.43 39.48						
12.	PODBURACZY SKA Hanna	13	UKS Olimp Gorzów Wlkp.					5:33.64	345	+0,81
	50m: 38.10 38.10	150m: 2:01.74 42.36	250m: 3:27.41 42.88	350m: 4:52.58 42.09						
	100m: 1:19.38 41.28	200m: 2:44.53 42.79	300m: 4:10.49 43.08	400m: 5:33.64 41.06						
13.	M KA Liliana	13	MKP Szczecin					5:46.90	307	+0,98
	50m: 36.47 36.47	150m: 2:04.03 44.82	250m: 3:34.63 45.44	350m: 5:04.83 45.33						
	100m: 1:19.21 42.74	200m: 2:49.19 45.16	300m: 4:19.50 44.87	400m: 5:46.90 42.07						
14.	KRAMARZ Julia	13	KP Bałtyk Kołobrzeg					5:47.67	305	+0,71
	50m: 36.90 36.90	150m: 2:04.09 43.96	250m: 3:35.38 45.77	350m: 5:05.45 44.49						
	100m: 1:20.13 43.23	200m: 2:49.61 45.52	300m: 4:20.96 45.58	400m: 5:47.67 42.22						
15.	SIEDLARZ Lilianna	13	MKS Znicz Koszalin					5:48.98	302	+0,83
	50m: 39.91 39.91	150m: 2:09.19 44.72	250m: 3:37.96 44.66	350m: 5:07.62 44.12						
	100m: 1:24.47 44.56	200m: 2:53.30 44.11	300m: 4:23.50 45.54	400m: 5:48.98 41.36						
16.	WYPYCH Hanna	13	MKP Szczecin					5:56.00	284	+0,78
	50m: 37.71 37.71	150m: 2:07.06 45.87	250m: 3:39.80 47.43	350m: 5:12.18 45.45						
	100m: 1:21.19 43.48	200m: 2:52.37 45.31	300m: 4:26.73 46.93	400m: 5:56.00 43.82						
17.	FURMANN Maja	13	MKS CKS-SMS Szczecin					6:10.50	252	+0,89
	50m: 41.02 41.02	150m: 2:14.95 47.63	250m: 3:49.58 47.05	350m: 5:24.33 47.25						
	100m: 1:27.32 46.30	200m: 3:02.53 47.58	300m: 4:37.08 47.50	400m: 6:10.50 46.17						
18.	KASZTELAN Hanna	13	MKS Znicz Koszalin					6:14.31	244	+0,65
	50m: 40.75 40.75	150m: 2:15.62 48.92	250m: 5:32.61 2:28.09	350m:						
	100m: 1:26.70 45.95	200m: 3:04.52 48.90	300m: 4:43.06	400m: 6:14.31						
19.	KUFEL Anastazja	13	MKP Kołobrzeg					6:14.37	244	+0,80
	50m: 41.35 41.35	150m: 2:16.08 47.30	250m: 3:54.29 48.49	350m: 5:31.16 49.96						
	100m: 1:28.78 47.43	200m: 3:05.80 49.72	300m: 4:41.20 46.91	400m: 6:14.37 43.21						



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Konkurencja 9, Dziewcz t, 400m dowolny

12 lat

1.	POTOCKA Zuzanna	14	MKP Szczecin	5:28.31	362	+0,67
	50m: 35.33 35.33	150m: 1:59.28 42.65	250m: 3:24.36 42.79	350m: 4:49.62 42.70		
	100m: 1:16.63 41.30	200m: 2:41.57 42.29	300m: 4:06.92 42.56	400m: 5:28.31 38.69		
2.	PROKOP Barbara	14	MKP Szczecin	5:32.09	350	+0,77
	50m: 37.50 37.50	150m: 2:01.48 42.97	250m: 3:27.29 43.22	350m: 4:52.35 41.03		
	100m: 1:18.51 41.01	200m: 2:44.07 42.59	300m: 4:11.32 44.03	400m: 5:32.09 39.74		
3.	MARCHEWKA Zuzanna	14	MKP Szczecin	5:41.65	322	+0,73
	50m: 36.90 36.90	150m: 2:04.73 44.20	250m: 3:32.88 44.14	350m: 5:02.35 44.66		
	100m: 1:20.53 43.63	200m: 2:48.74 44.01	300m: 4:17.69 44.81	400m: 5:41.65 39.30		
4.	STASZEWSKA Ivi	14	MKS Znicz Koszalin	5:42.45	319	+0,76
	50m: 36.80 36.80	150m: 2:02.57 43.53	250m: 3:31.64 44.35	350m: 5:00.73 44.09		
	100m: 1:19.04 42.24	200m: 2:47.29 44.72	300m: 4:16.64 45.00	400m: 5:42.45 41.72		
5.	NIED WIECKA Zuzanna	14	MKP Szczecin	5:47.04	307	+0,74
	50m: 37.66 37.66	150m: 2:06.10 44.52	250m: 3:35.66 44.48	350m: 5:04.75 44.52		
	100m: 1:21.58 43.92	200m: 2:51.18 45.08	300m: 4:20.23 44.57	400m: 5:47.04 42.29		
6.	SZAŁA SKA Maria	14	MKP Szczecin	6:00.60	273	+0,78
	50m: 40.18 40.18	150m: 2:12.29 46.69	250m: 3:44.84 46.37	350m: 5:17.91 47.09		
	100m: 1:25.60 45.42	200m: 2:58.47 46.18	300m: 4:30.82 45.98	400m: 6:00.60 42.69		
7.	SZIDŁOWSKA Michalina	14	MKS Znicz Koszalin	6:02.36	269	+0,78
	50m: 40.25 40.25	150m: 2:13.42 46.99	250m: 3:45.94 45.95	350m: 5:19.16 46.94		
	100m: 1:26.43 46.18	200m: 2:59.99 46.57	300m: 4:32.22 46.28	400m: 6:02.36 43.20		
8.	ZAJ C Kinga	14	KP Neptun Stargard	6:08.35	256	+0,85
	50m: 37.96 37.96	150m: 2:08.72 45.90	250m: 3:45.20 47.81	350m: 5:21.07 47.29		
	100m: 1:22.82 44.86	200m: 2:57.39 48.67	300m: 4:33.78 48.58	400m: 6:08.35 47.28		
9.	KOPCZY SKA Bianca	14	MKS Znicz Koszalin	6:11.77	249	+0,69
	50m: 40.64 40.64	150m: 2:15.86 48.41	250m: 3:52.90 48.40	350m: 5:28.26 47.29		
	100m: 1:27.45 46.81	200m: 3:04.50 48.64	300m: 4:40.97 48.07	400m: 6:11.77 43.51		
10.	IWA SKA Maja	14	MKS CKS-SMS Szczecin	6:14.49	244	+0,75
	50m: 40.38 40.38	150m: 2:14.42 47.65	250m: 3:52.38 49.53	350m: 5:30.36 49.15		
	100m: 1:26.77 46.39	200m: 3:02.85 48.43	300m: 4:41.21 48.83	400m: 6:14.49 44.13		
11.	SKIERKOWSKA Anna	14	MKS CKS-SMS Szczecin	6:18.31	237	+0,79
	50m: 42.08 42.08	150m: 2:17.95 50.12	250m: 3:55.41 48.90	350m: 5:32.53 47.77		
	100m: 1:27.83 45.75	200m: 3:06.51 48.56	300m: 4:44.76 49.35	400m: 6:18.31 45.78		
12.	SZOŁDRA Hanna	14	MKS Znicz Koszalin	6:23.24	228	+0,79
	50m: 39.58 39.58	150m: 2:17.40 50.07	250m: 3:57.92 49.52	350m: 5:39.51 51.17		
	100m: 1:27.33 47.75	200m: 3:08.40 51.00	300m: 4:48.34 50.42	400m: 6:23.24 43.73		
13.	KOLMAN Maja	14	MKS CKS-SMS Szczecin	6:27.83	220	+0,64
	50m: 42.43 42.43	150m: 2:19.32 49.59	250m: 3:59.90 49.90	350m: 5:40.28 50.08		
	100m: 1:29.73 47.30	200m: 3:10.00 50.68	300m: 4:50.20 50.30	400m: 6:27.83 47.55		
14.	KOSTEWICZ Martyna	14	MKS Znicz Koszalin	6:32.24	212	+0,83
	50m: 45.23 45.23	150m: 2:29.35 52.66	250m: 4:11.76 50.62	350m: 5:49.29 47.66		
	100m: 1:36.69 51.46	200m: 3:21.14 51.79	300m: 5:01.63 49.87	400m: 6:32.24 42.95		
15.	BARBACHOWSKA Julia	14	MKP Szczecin	7:08.01	163	+0,83
	50m: 45.96 45.96	150m: 2:36.08 55.18	250m: 4:26.24 53.68	350m: 6:14.72 52.56		
	100m: 1:40.90 54.94	200m: 3:32.56 56.48	300m: 5:22.16 55.92	400m: 7:08.01 53.29		