

Konkurencja 8  
2026-06-13 - 12:12

M czyzn, 400m dowolny

Open  
Wyniki

Punkty: WPS 2026

Mistrzostwa Polski

								Czas	Pkt.			
1.	HREHOROWICZ Igor		POL	Start Wrocław				<b>4:29.62</b>	844	S9		
	50m:	30.17	30.17	150m:	1:37.98	33.69	250m:	2:46.45	34.59	350m:	3:55.13	34.16
	100m:	1:04.29	34.12	200m:	2:11.86	33.88	300m:	3:20.97	34.52	400m:	4:29.62	34.49
2.	OGORZĄLEK Alan		POL	Start Wrocław				<b>4:24.54</b>	790	S10		
	50m:	30.15	30.15	150m:	1:36.69	33.10	250m:	2:43.90	33.49	350m:	3:51.46	33.46
	100m:	1:03.59	33.44	200m:	2:10.41	33.72	300m:	3:18.00	34.10	400m:	4:24.54	33.08
3.	KOZŁOWSKI Alex		POL	UKS Laski Izabelin				<b>4:55.96</b>	771	S11		
	50m:	32.74	32.74	150m:	1:45.74	37.30	250m:	3:03.13	39.04	350m:	4:19.79	38.45
	100m:	1:08.44	35.70	200m:	2:24.09	38.35	300m:	3:41.34	38.21	400m:	4:55.96	36.17
4.	GŁADECKI Aleks		POL	UKS SP 149 Łódź				<b>4:55.82</b>	706	S8		
	50m:	34.01	34.01	150m:	1:48.41	37.61	250m:	3:03.99	37.40	350m:	4:20.03	38.22
	100m:	1:10.80	36.79	200m:	2:26.59	38.18	300m:	3:41.81	37.82	400m:	4:55.82	35.79
5.	KARLI SKI Patryk		POL	KSI Start Szczecin				<b>4:38.84</b>	642	S10		
	50m:	31.57	31.57	150m:	1:44.26	36.03	250m:	2:57.66	36.10	350m:	4:06.09	34.07
	100m:	1:08.23	36.66	200m:	2:21.56	37.30	300m:	3:32.02	34.36	400m:	4:38.84	32.75
6.	CYMBALISTA Szymon		POL	Start Wrocław				<b>4:51.46</b>	629	S9		
	50m:	32.47	32.47	150m:	1:44.28	36.61	250m:	2:58.89	37.55	350m:	4:15.15	38.10
	100m:	1:07.67	35.20	200m:	2:21.34	37.06	300m:	3:37.05	38.16	400m:	4:51.46	36.31
7.	BURZY SKI Rafał		POL	Start Wrocław				<b>5:01.95</b>	395	S10		
	50m:	33.95	33.95	150m:	1:51.18	39.53	250m:	3:07.36	38.21	350m:	4:24.42	38.70
	100m:	1:11.65	37.70	200m:	2:29.15	37.97	300m:	3:45.72	38.36	400m:	5:01.95	37.53
8.	BUŁAT Bartosz		POL	KS Korona 1919Kraków				<b>5:34.65</b>	329	S8		
	50m:	38.36	38.36	150m:	2:02.49	42.25	250m:	3:28.46	43.06	350m:	4:54.35	42.55
	100m:	1:20.24	41.88	200m:	2:45.40	42.91	300m:	4:11.80	43.34	400m:	5:34.65	40.30
9.	BRZÓZKA Marcel		POL	WSSiRN Start Katowice				<b>5:28.43</b>	269	S9		
	50m:	38.64	38.64	150m:	2:02.75	43.05	250m:	3:27.56	42.64	350m:	4:52.05	41.64
	100m:	1:19.70	41.06	200m:	2:44.92	42.17	300m:	4:10.41	42.85	400m:	5:28.43	36.38
10.	DONOCIK Mateusz		POL	LKS-Gol Start Cz stochowa				<b>5:34.38</b>	136	S10		
	50m:	37.28	37.28	150m:	2:01.29	42.38	250m:	3:27.89	43.19	350m:	4:54.30	42.87
	100m:	1:18.91	41.63	200m:	2:44.70	43.41	300m:	4:11.43	43.54	400m:	5:34.38	40.08
11.	ORWAT Kamil		POL	ZSR Start Zielona Góra				<b>6:02.32</b>	74	S9		
	50m:	40.73	40.73	150m:	2:10.80	46.47	250m:	3:44.46	46.70	350m:	5:16.82	46.30
	100m:	1:24.33	43.60	200m:	2:57.76	46.96	300m:	4:30.52	46.06	400m:	6:02.32	45.50
12.	WIRKO Dawid		POL	ZSR Start Zielona Góra				<b>5:56.62</b>	55	S12		
	50m:	41.38	41.38	150m:	2:10.98	46.10	250m:	3:44.48	46.73	350m:	5:16.14	45.51
	100m:	1:24.88	43.50	200m:	2:57.75	46.77	300m:	4:30.63	46.15	400m:	5:56.62	40.48
13.	MAZUROWSKI Jarosław		POL	Szansa Start Gda sk				<b>6:10.28</b>	50	S9		
	50m:	40.07	40.07	150m:	2:10.63	46.26	250m:	3:47.54	48.94	350m:		
	100m:	1:24.37	44.30	200m:	2:58.60	47.97	300m:			400m:	6:10.28	
14.	WAŁASZEK Tomasz		POL	Start Wrocław				<b>6:52.72</b>	44	S7		
	50m:	44.96	44.96	150m:	2:26.25	50.97	250m:	4:14.04	54.79	350m:	6:03.51	54.57
	100m:	1:35.28	50.32	200m:	3:19.25	53.00	300m:	5:08.94	54.90	400m:	6:52.72	49.21
15.	MI TA Juliusz		POL	Start Wrocław				<b>6:53.67</b>	42	S7		
	50m:	46.90	46.90	150m:	2:32.75	53.42	250m:	4:20.46	52.66	350m:	6:03.76	50.59
	100m:	1:39.33	52.43	200m:	3:27.80	55.05	300m:	5:13.17	52.71	400m:	6:53.67	49.91

Konkurencja 8, M czyzn, 400m dowolny, Mistrzostwa Polski

								Czas	Pkt.
16.	AUGUSTYN Aleks			POL	IPSON Start Mielec			<b>6:16.54</b>	15 S10
	50m:		150m:	2:15.07	47.91	250m:	3:55.66	350m:	
	100m:	1:27.16	200m:			300m:		400m:	6:16.54
17.	KOŁPAK Miłosz			POL	Start Wrocław			<b>6:48.50</b>	14 S8
	50m:	42.81 42.81	150m:	2:25.43	51.95	250m:		350m:	5:57.68 52.13
	100m:	1:33.48 50.67	200m:	3:18.27	52.84	300m:	5:05.55	400m:	6:48.50 50.82
18.	KAWALEC Mikołaj			POL	ICSiR Start Lublin			<b>6:50.96</b>	12 S8
	50m:	41.69 41.69	150m:	2:20.01	50.90	250m:	4:06.52 53.95	350m:	5:57.39 54.93
	100m:	1:29.11 47.42	200m:	3:12.57	52.56	300m:	5:02.46 55.94	400m:	6:50.96 53.57
19.	FR CALA Jakub			POL	WSSiRN Start Katowice			<b>6:47.03</b>	5 S9
	50m:	44.84 44.84	150m:	2:28.03	52.81	250m:	4:12.57 52.46	350m:	6:00.39 53.88
	100m:	1:35.22 50.38	200m:	3:20.11	52.08	300m:	5:06.51 53.94	400m:	6:47.03 46.64
20.	ISAHALIEV Yakym			POL	KS Start Opole			<b>6:48.51</b>	4 S14
	50m:	40.51 40.51	150m:	2:18.26	50.48	250m:	4:06.08 55.79	350m:	
	100m:	1:27.78 47.27	200m:	3:10.29	52.03	300m:	5:03.35 57.27	400m:	6:48.51
21.	MUCZKO Dawid			POL	Start Białystok			<b>6:50.24</b>	1 S10
	50m:	41.90 41.90	150m:	2:21.98	51.81	250m:	4:08.66 54.45	350m:	5:58.08 54.75
	100m:	1:30.17 48.27	200m:	3:14.21	52.23	300m:	5:03.33 54.67	400m:	6:50.24 52.16

Klasa S7

1.	WAŁASZEK Tomasz			POL	Start Wrocław			<b>6:52.72</b>	44 S7
	50m:	44.96 44.96	150m:	2:26.25	50.97	250m:	4:14.04 54.79	350m:	6:03.51 54.57
	100m:	1:35.28 50.32	200m:	3:19.25	53.00	300m:	5:08.94 54.90	400m:	6:52.72 49.21
2.	MI TA Juliusz			POL	Start Wrocław			<b>6:53.67</b>	42 S7
	50m:	46.90 46.90	150m:	2:32.75	53.42	250m:	4:20.46 52.66	350m:	6:03.76 50.59
	100m:	1:39.33 52.43	200m:	3:27.80	55.05	300m:	5:13.17 52.71	400m:	6:53.67 49.91

Klasa S8

1.	GŁADECKI Aleks			POL	UKS SP 149 Łód			<b>4:55.82</b>	706 S8
	50m:	34.01 34.01	150m:	1:48.41	37.61	250m:	3:03.99 37.40	350m:	4:20.03 38.22
	100m:	1:10.80 36.79	200m:	2:26.59	38.18	300m:	3:41.81 37.82	400m:	4:55.82 35.79
2.	BUŁAT Bartosz			POL	KS Korona 1919Kraków			<b>5:34.65</b>	329 S8
	50m:	38.36 38.36	150m:	2:02.49	42.25	250m:	3:28.46 43.06	350m:	4:54.35 42.55
	100m:	1:20.24 41.88	200m:	2:45.40	42.91	300m:	4:11.80 43.34	400m:	5:34.65 40.30
3.	KOŁPAK Miłosz			POL	Start Wrocław			<b>6:48.50</b>	14 S8
	50m:	42.81 42.81	150m:	2:25.43	51.95	250m:		350m:	5:57.68 52.13
	100m:	1:33.48 50.67	200m:	3:18.27	52.84	300m:	5:05.55	400m:	6:48.50 50.82
4.	KAWALEC Mikołaj			POL	ICSiR Start Lublin			<b>6:50.96</b>	12 S8
	50m:	41.69 41.69	150m:	2:20.01	50.90	250m:	4:06.52 53.95	350m:	5:57.39 54.93
	100m:	1:29.11 47.42	200m:	3:12.57	52.56	300m:	5:02.46 55.94	400m:	6:50.96 53.57

Klasa S9

1.	HREHOROWICZ Igor			POL	Start Wrocław			<b>4:29.62</b>	844 S9
	50m:	30.17 30.17	150m:	1:37.98	33.69	250m:	2:46.45 34.59	350m:	3:55.13 34.16
	100m:	1:04.29 34.12	200m:	2:11.86	33.88	300m:	3:20.97 34.52	400m:	4:29.62 34.49
2.	CYMBALISTA Szymon			POL	Start Wrocław			<b>4:51.46</b>	629 S9
	50m:	32.47 32.47	150m:	1:44.28	36.61	250m:	2:58.89 37.55	350m:	4:15.15 38.10
	100m:	1:07.67 35.20	200m:	2:21.34	37.06	300m:	3:37.05 38.16	400m:	4:51.46 36.31

Konkurencja 8, M czyzn, 400m dowolny, Klasa S9

								Czas	Pkt.	
3.	BRZÓZKA Marcel	POL WSSiRN Start Katowice						<b>5:28.43</b>	269	S9
	50m: 38.64	38.64	150m: 2:02.75	43.05	250m: 3:27.56	42.64	350m: 4:52.05	41.64		
	100m: 1:19.70	41.06	200m: 2:44.92	42.17	300m: 4:10.41	42.85	400m: 5:28.43	36.38		
4.	ORWAT Kamil	POL ZSR Start Zielona Góra						<b>6:02.32</b>	74	S9
	50m: 40.73	40.73	150m: 2:10.80	46.47	250m: 3:44.46	46.70	350m: 5:16.82	46.30		
	100m: 1:24.33	43.60	200m: 2:57.76	46.96	300m: 4:30.52	46.06	400m: 6:02.32	45.50		
5.	MAZUROWSKI Jarosław	POL Szansa Start Gda sk						<b>6:10.28</b>	50	S9
	50m: 40.07	40.07	150m: 2:10.63	46.26	250m: 3:47.54	48.94	350m:			
	100m: 1:24.37	44.30	200m: 2:58.60	47.97	300m:		400m: 6:10.28			
6.	FR CALA Jakub	POL WSSiRN Start Katowice						<b>6:47.03</b>	5	S9
	50m: 44.84	44.84	150m: 2:28.03	52.81	250m: 4:12.57	52.46	350m: 6:00.39	53.88		
	100m: 1:35.22	50.38	200m: 3:20.11	52.08	300m: 5:06.51	53.94	400m: 6:47.03	46.64		

Klasa S10

1.	OGORZALEK Alan	POL Start Wrocław						<b>4:24.54</b>	790	S10
	50m: 30.15	30.15	150m: 1:36.69	33.10	250m: 2:43.90	33.49	350m: 3:51.46	33.46		
	100m: 1:03.59	33.44	200m: 2:10.41	33.72	300m: 3:18.00	34.10	400m: 4:24.54	33.08		
2.	KARLI SKI Patryk	POL KSI Start Szczecin						<b>4:38.84</b>	642	S10
	50m: 31.57	31.57	150m: 1:44.26	36.03	250m: 2:57.66	36.10	350m: 4:06.09	34.07		
	100m: 1:08.23	36.66	200m: 2:21.56	37.30	300m: 3:32.02	34.36	400m: 4:38.84	32.75		
3.	BURZY SKI Rafał	POL Start Wrocław						<b>5:01.95</b>	395	S10
	50m: 33.95	33.95	150m: 1:51.18	39.53	250m: 3:07.36	38.21	350m: 4:24.42	38.70		
	100m: 1:11.65	37.70	200m: 2:29.15	37.97	300m: 3:45.72	38.36	400m: 5:01.95	37.53		
4.	DONOCIK Mateusz	POL LKS-Gol Start Cz stochowa						<b>5:34.38</b>	136	S10
	50m: 37.28	37.28	150m: 2:01.29	42.38	250m: 3:27.89	43.19	350m: 4:54.30	42.87		
	100m: 1:18.91	41.63	200m: 2:44.70	43.41	300m: 4:11.43	43.54	400m: 5:34.38	40.08		
5.	AUGUSTYN Aleks	POL IPSON Start Mielec						<b>6:16.54</b>	15	S10
	50m:		150m: 2:15.07	47.91	250m: 3:55.66		350m:			
	100m: 1:27.16		200m:		300m:		400m: 6:16.54			
6.	MUCZKO Dawid	POL Start Białystok						<b>6:50.24</b>	1	S10
	50m: 41.90	41.90	150m: 2:21.98	51.81	250m: 4:08.66	54.45	350m: 5:58.08	54.75		
	100m: 1:30.17	48.27	200m: 3:14.21	52.23	300m: 5:03.33	54.67	400m: 6:50.24	52.16		

Klasa S11

1.	KOZŁOWSKI Alex	POL UKS Laski Izabelin						<b>4:55.96</b>	771	S11
	50m: 32.74	32.74	150m: 1:45.74	37.30	250m: 3:03.13	39.04	350m: 4:19.79	38.45		
	100m: 1:08.44	35.70	200m: 2:24.09	38.35	300m: 3:41.34	38.21	400m: 4:55.96	36.17		

Klasa S12

1.	KOLESNYK Oleksii	UKR IKS AWF Warszawa						<b>5:18.71</b>	260	S12
	50m: 36.26	36.26	150m: 1:58.39	40.39	250m: 3:18.70	40.12	350m: 4:39.68	40.65		
	100m: 1:18.00	41.74	200m: 2:38.58	40.19	300m: 3:59.03	40.33	400m: 5:18.71	39.03		
2.	WIRKO Dawid	POL ZSR Start Zielona Góra						<b>5:56.62</b>	55	S12
	50m: 41.38	41.38	150m: 2:10.98	46.10	250m: 3:44.48	46.73	350m: 5:16.14	45.51		
	100m: 1:24.88	43.50	200m: 2:57.75	46.77	300m: 4:30.63	46.15	400m: 5:56.62	40.48		

Konkurencja 8, M czyzn, 400m dowolny

Klasa S14

1.	ISAHALIIEV Yakym			POL	KS Start Opole			<b>6:48.51</b>	4	S14
	50m:	40.51	40.51	150m:	2:18.26	50.48	250m:	4:06.08	55.79	350m:
	100m:	1:27.78	47.27	200m:	3:10.29	52.03	300m:	5:03.35	57.27	400m: 6:48.51