

II Runda, Klubowego Pucharu Polski w pływaniu w płetwach  
Toru , 13- - 14-6-2026

Konkurencja 14  
2026-06-13 - 16:13

Kobiet, 400m Bifins

12 lat i starsi  
Wyniki

Punkty: PP 2026 CMAS

Pozycja			Rok ur.					Czas	Pkt.	dru .		
<b>KAT. D</b>												
1.	BORYS Maja		13	UKS Amfiprion Olecko				<b>4:11.34</b>	714	50,00		
	50m:	28.70	28.70	150m:	1:30.79	31.33	250m:	2:36.48	33.18	350m:	3:43.09	32.62
	100m:	59.46	30.76	200m:	2:03.30	32.51	300m:	3:10.47	33.99	400m:	4:11.34	28.25
2.	GÓRKA Zofia		13	UKS Rekin Wrocław SP50				<b>4:19.97</b>	645	46,00		
	50m:	28.93	28.93	150m:	1:34.50	33.09	250m:	2:41.27	32.74	350m:	3:48.08	34.02
	100m:	1:01.41	32.48	200m:	2:08.53	34.03	300m:	3:14.06	32.79	400m:	4:19.97	31.89
3.	MU A Ewa		13	UKS Tri-Sea Mewa Władysławowo				<b>4:46.89</b>	480	42,00		
	50m:	31.90	31.90	150m:	1:44.73	36.89	250m:	2:58.99	37.48	350m:	4:12.41	36.38
	100m:	1:07.84	35.94	200m:	2:21.51	36.78	300m:	3:36.03	37.04	400m:	4:46.89	34.48
4.	CARELLA Mia		13	KS Aqua Sport Ko cierzyna				<b>4:48.79</b>	470	39,00		
	50m:	31.42	31.42	150m:	1:43.69	37.22	250m:	2:58.33	37.27	350m:	4:12.08	36.49
	100m:	1:06.47	35.05	200m:	2:21.06	37.37	300m:	3:35.59	37.26	400m:	4:48.79	36.71
5.	LISAKOWSKA Zofia		14	UKS Delfin Jastarnia				<b>4:48.80</b>	470	36,00		
	50m:	32.01	32.01	150m:	1:45.11	37.70	250m:	3:00.90	38.04	350m:	4:15.76	37.28
	100m:	1:07.41	35.40	200m:	2:22.86	37.75	300m:	3:38.48	37.58	400m:	4:48.80	33.04
6.	DETLAFF Zofia		14	UKS Tri-Sea Mewa Władysławowo				<b>4:53.11</b>	450	33,00		
	50m:	33.00	33.00	150m:	1:49.81	38.83	250m:	3:05.40	37.64	350m:	4:20.10	36.81
	100m:	1:10.98	37.98	200m:	2:27.76	37.95	300m:	3:43.29	37.89	400m:	4:53.11	33.01
7.	POBŁOCKA Zuzanna		13	UKS Manta Ko cierzyna				<b>5:01.71</b>	412	30,00		
	50m:	35.15	35.15	150m:	1:51.66	38.60	250m:	3:08.95	38.24	350m:	4:26.08	38.08
	100m:	1:13.06	37.91	200m:	2:30.71	39.05	300m:	3:48.00	39.05	400m:	5:01.71	35.63
<b>KAT. C</b>												
1.	MAZIEJUK Weronika		11	UKS Amfiprion Olecko				<b>4:06.39</b>	757	50,00		
	50m:	27.83	27.83	150m:	1:29.28	31.22	250m:	2:31.99	31.15	350m:	3:34.88	31.67
	100m:	58.06	30.23	200m:	2:00.84	31.56	300m:	3:03.21	31.22	400m:	4:06.39	31.51
2.	PASZKIEWICZ Alicja		12	Laguna 24 Toru				<b>4:20.30</b>	642	46,00		
	50m:	27.69	27.69	150m:	2:05.45	1:05.86	250m:	3:13.23	34.15	350m:		
	100m:	59.59	31.90	200m:	2:39.08	33.63	300m:	3:47.19	33.96	400m:	4:20.30	
3.	BOBKOWSKA Aida		12	UKS Tri-Sea Mewa Władysławowo				<b>4:20.98</b>	637	42,00		
	50m:	29.25	29.25	150m:	1:35.11	33.47	250m:	2:42.87	33.94	350m:	3:48.81	32.14
	100m:	1:01.64	32.39	200m:	2:08.93	33.82	300m:	3:16.67	33.80	400m:	4:20.98	32.17
4.	UKOWICZ Estera		11	UKS Tri-Sea Mewa Władysławowo				<b>4:23.33</b>	620	39,00		
	50m:	29.24	29.24	150m:	1:35.28	33.82	250m:	2:43.38	33.95	350m:	3:51.51	34.09
	100m:	1:01.46	32.22	200m:	2:09.43	34.15	300m:	3:17.42	34.04	400m:	4:23.33	31.82
5.	WŁODARCZYK Urszula		12	Feniks Chodzie				<b>4:38.60</b>	524	36,00		
	50m:	30.23	30.23	150m:	1:38.35	34.79	250m:	2:52.30	37.39	350m:	4:03.69	36.14
	100m:	1:03.56	33.33	200m:	2:14.91	36.56	300m:	3:27.55	35.25	400m:	4:38.60	34.91
6.	IRACKA Zuzanna		12	Laguna 24 Toru				<b>4:40.29</b>	514	33,00		
	50m:	32.90	32.90	150m:	1:45.29	36.52	250m:	2:57.64	35.98	350m:	4:08.08	34.16
	100m:	1:08.77	35.87	200m:	2:21.66	36.37	300m:	3:33.92	36.28	400m:	4:40.29	32.21
7.	BOSZKE aneta		12	UKS Tri-Sea Mewa Władysławowo				<b>4:43.50</b>	497	30,00		
	50m:	31.91	31.91	150m:	1:42.75	35.60	250m:	2:56.17	36.84	350m:	4:10.84	37.31
	100m:	1:07.15	35.24	200m:	2:19.33	36.58	300m:	3:33.53	37.36	400m:	4:43.50	32.66
8.	TELEGO Liwia		12	UKS Rekin Wrocław SP50				<b>4:56.65</b>	434	27,00		
	50m:	30.39	30.39	150m:	1:41.46	36.69	250m:	2:58.86	39.24	350m:	4:19.07	40.55
	100m:	1:04.77	34.38	200m:	2:19.62	38.16	300m:	3:38.52	39.66	400m:	4:56.65	37.58

II Runda, Klubowego Pucharu Polski w pływaniu w płetwach  
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Konkurencja 14, Dziewcz t, 400m Bifins, KAT. C

Pozycja			Rok ur.					Czas	Pkt.	dru .
9.	PEPLI SKA	Magdalena	12	KS Aqua Sport Ko cierzyna				<b>4:57.12</b>	432	24,00
	50m:	34.55 34.55	150m:	1:50.30	38.24	250m:	3:07.72 38.74	350m:	4:22.79 37.83	
	100m:	1:12.06 37.51	200m:	2:28.98	38.68	300m:	3:44.96 37.24	400m:	4:57.12 34.33	
10.	LIEDER	Zofia	12	UKS Delfin Jastarnia				<b>4:57.36</b>	431	22,00
	50m:	32.93 32.93	150m:	1:48.13	38.42	250m:	3:06.60 39.71	350m:	4:21.63 37.47	
	100m:	1:09.71 36.78	200m:	2:26.89	38.76	300m:	3:44.16 37.56	400m:	4:57.36 35.73	
11.	JAKS	Sandra	12	UKS Delfin Jastarnia				<b>5:27.23</b>	323	20,00
	50m:	36.57 36.57	150m:	1:55.04	40.47	250m:	3:17.96 41.79	350m:	4:43.62 43.32	
	100m:	1:14.57 38.00	200m:	2:36.17	41.13	300m:	4:00.30 42.34	400m:	5:27.23 43.61	
12.	LUBECKA	Lilianna	12	KS Aqua Sport Ko cierzyna				<b>5:39.25</b>	290	18,00
	50m:	37.11 37.11	150m:	2:00.58	42.98	250m:	3:28.98 44.88	350m:	4:57.96 44.93	
	100m:	1:17.60 40.49	200m:	2:44.10	43.52	300m:	4:13.03 44.05	400m:	5:39.25 41.29	

KAT. B

1.	KAISER	Nadia	09	UKS Manta Ko cierzyna				<b>4:17.12</b>	666	50,00
	50m:	29.74 29.74	150m:	1:35.20	32.95	250m:	2:40.08 32.20	350m:	3:45.65 32.58	
	100m:	1:02.25 32.51	200m:	2:07.88	32.68	300m:	3:13.07 32.99	400m:	4:17.12 31.47	
2.	GRELA	Agata	10	Delfinek Chodzie				<b>4:17.57</b>	663	46,00
	50m:	29.31 29.31	150m:	1:32.60	32.16	250m:	2:39.44 33.83	350m:	3:44.61 31.57	
	100m:	1:00.44 31.13	200m:	2:05.61	33.01	300m:	3:13.04 33.60	400m:	4:17.57 32.96	
3.	KASZKIEL	Martyna	09	UKS Amfiprion Olecko				<b>4:24.76</b>	610	42,00
	50m:	29.67 29.67	150m:	1:35.77	33.62	250m:	2:44.55 34.17	350m:	3:52.53 33.56	
	100m:	1:02.15 32.48	200m:	2:10.38	34.61	300m:	3:18.97 34.42	400m:	4:24.76 32.23	
4.	DAWIDOWICZ	Lena	10	UKS Tri-Sea Mewa Władysławowo				<b>4:32.89</b>	557	39,00
	50m:	29.87 29.87	150m:	1:37.21	34.29	250m:		350m:		
	100m:	1:02.92 33.05	200m:	2:47.78	1:10.57	300m:	3:59.19	400m:	4:32.89	
5.	GAJEWSKA	Amelia	09	UKS Amfiprion Olecko				<b>4:36.24</b>	537	36,00
	50m:	29.76 29.76	150m:	1:38.40	34.96	250m:	2:50.02 36.00	350m:	4:01.99 36.10	
	100m:	1:03.44 33.68	200m:	2:14.02	35.62	300m:	3:25.89 35.87	400m:	4:36.24 34.25	
6.	PARCHEM	Małgorzata	10	UKS Tri-Sea Mewa Władysławowo				<b>4:45.51</b>	487	33,00
	50m:	31.24 31.24	150m:	1:42.79	36.16	250m:	2:56.36 37.30	350m:	4:10.37 37.07	
	100m:	1:06.63 35.39	200m:	2:19.06	36.27	300m:	3:33.30 36.94	400m:	4:45.51 35.14	
7.	RZE NIK	Nadia	10	Feniks Chodzie				<b>5:33.23</b>	306	30,00
	50m:	36.01 36.01	150m:	1:58.87	42.53	250m:		350m:		
	100m:	1:16.34 40.33	200m:	2:43.12	44.25	300m:		400m:	5:33.23	

KAT. A

1.	SZALAST	Karolina	05	UKS Tri-Sea Mewa Władysławowo				<b>4:02.18</b>	798	50,00
	50m:	27.58 27.58	150m:	1:27.83	30.59	250m:	2:29.83 30.72	350m:	3:31.90 30.99	
	100m:	57.24 29.66	200m:	1:59.11	31.28	300m:	3:00.91 31.08	400m:	4:02.18 30.28	
2.	REDLIN	Anna	08	UKS Tri-Sea Mewa Władysławowo				<b>4:04.28</b>	777	46,00
	50m:	28.56 28.56	150m:	1:29.44	30.85	250m:	2:32.15 31.61	350m:		
	100m:	58.59 30.03	200m:	2:00.54	31.10	300m:	3:34.45 1:02.30	400m:	4:04.28	
3.	DUDEK	Antonina	05	MKP Gdansk				<b>4:10.49</b>	721	42,00
	50m:	27.43 27.43	150m:	1:29.02	31.40	250m:	2:32.42 31.93	350m:	3:38.14 32.90	
	100m:	57.62 30.19	200m:	2:00.49	31.47	300m:	3:05.24 32.82	400m:	4:10.49 32.35	
4.	PIETRAS	Maria	07	Delfinek Chodzie				<b>4:12.36</b>	705	39,00
	50m:	27.87 27.87	150m:	1:29.85	31.84	250m:	2:35.58 33.12	350m:	3:41.22 32.53	
	100m:	58.01 30.14	200m:	2:02.46	32.61	300m:	3:08.69 33.11	400m:	4:12.36 31.14	

II Runda, Klubowego Pucharu Polski w pływaniu w płetwach  
Toru , 13- - 14-6-2026

Konkurencja 14, Kobiet, 400m Bifins, KAT. A

Pozycja			Rok ur.						Czas	Pkt.	dru .
5.	KOCHA	SKA Aleksandra	08	UKS Rekin Wrocław SP50				<b>4:41.10</b>	510	36,00	
	50m:	30.64 30.64	150m:	1:39.56	34.80	250m:	2:50.65	35.78	350m:	4:04.92	37.52
	100m:	1:04.76 34.12	200m:	2:14.87	35.31	300m:	3:27.40	36.75	400m:	4:41.10	36.18
6.	KONKEL	Sonia	87	UKS Tri-Sea Mewa Władysławowo				<b>5:44.95</b>	276	33,00	
	50m:	38.16 38.16	150m:	2:06.72	45.36	250m:	4:20.68	44.12	350m:	5:04.57	
	100m:	1:21.36 43.20	200m:	3:36.56	1:29.84	300m:			400m:	5:44.95	40.38