

II Runda, Klubowego Pucharu Polski w pływaniu w płetwach
Toru , 13- - 14-6-2026

Konkurencja 18

Kobiet, 400m Surface

12 lat i starsi

2026-06-13 - 17:53

Wyniki

Punkty: PP 2026 CMAS

Pozycja	Rok ur.	Czas	Pkt.	dru .
KAT. D				
1. KONKEL Viktoria <i>Rekord Polski</i>	14	UKS Tri-Sea Mewa Władysławowo	3:48.76	590 50,00
50m: 25.29 25.29	150m: 1:22.82 29.04	250m: 2:22.21 29.36	350m:	
100m: 53.78 28.49	200m: 1:52.85 30.03	300m: 3:21.43 59.22	400m: 3:48.76	
2. ROZIEL Nina	14	UKS Rekin Wrocław SP50	3:58.73	519 46,00
50m: 26.74 26.74	150m: 1:24.56 29.25	250m: 2:26.19 30.54	350m: 3:28.96 31.79	
100m: 55.31 28.57	200m: 1:55.65 31.09	300m: 2:57.17 30.98	400m: 3:58.73 29.77	
3. DUBYK Iryna	14	UKS Tri-Sea Mewa Władysławowo	4:08.10	462 42,00
50m: 27.19 27.19	150m: 1:28.45 31.20	250m: 2:33.30 32.64	350m: 3:38.21 32.01	
100m: 57.25 30.06	200m: 2:00.66 32.21	300m: 3:06.20 32.90	400m: 4:08.10 29.89	
4. LELLEK Kaja	13	UKS Manta Ko cierzyna	4:10.37	450 39,00
50m: 27.21 27.21	150m: 1:27.51 30.74	250m: 3:08.73 1:09.88	350m: 3:40.93	
100m: 56.77 29.56	200m: 1:58.85 31.34	300m:	400m: 4:10.37 29.44	
5. PATSERA Yelyzaveta	14	Laguna 24 Toru	4:14.04	430 36,00
50m: 28.72 28.72	150m: 1:33.18 32.75	250m: 2:39.54 33.52	350m: 3:44.08 31.44	
100m: 1:00.43 31.71	200m: 2:06.02 32.84	300m: 3:12.64 33.10	400m: 4:14.04 29.96	
6. KAMI SKA Aleksandra	13	KS Aqua Sport Ko cierzyna	4:18.88	407 33,00
50m: 30.51 30.51	150m: 1:34.48 33.22	250m: 2:45.05 35.04	350m: 3:49.38 31.81	
100m: 1:01.26 30.75	200m: 2:10.01 35.53	300m: 3:17.57 32.52	400m: 4:18.88 29.50	
7. FREDA Amelia	13	KS Aqua Sport Ko cierzyna	4:19.94	402 30,00
50m: 28.80 28.80	150m: 1:35.89 34.28	250m: 2:43.98 33.66	350m: 3:49.48 32.36	
100m: 1:01.61 32.81	200m: 2:10.32 34.43	300m: 3:17.12 33.14	400m: 4:19.94 30.46	
8. MADALI SKA Aleksandra	13	UKS Tri-Sea Mewa Władysławowo	4:26.80	371 27,00
50m: 28.87 28.87	150m: 1:34.74 33.97	250m: 2:43.96 34.97	350m: 3:54.08 34.38	
100m: 1:00.77 31.90	200m: 2:08.99 34.25	300m: 3:19.70 35.74	400m: 4:26.80 32.72	
9. SMARUJ Inez	14	Delfinek Chodzie	4:30.81	355 24,00
50m: 32.74 32.74	150m: 1:41.73 35.39	250m: 2:51.27 35.04	350m: 3:59.72 33.58	
100m: 1:06.34 33.60	200m: 2:16.23 34.50	300m: 3:26.14 34.87	400m: 4:30.81 31.09	
10. NAUMKO Olena	14	UKS Rekin Wrocław SP50	5:08.87	239 22,00
50m: 34.41 34.41	150m: 1:55.50 42.37	250m: 3:23.91 45.27	350m: 4:58.93 49.96	
100m: 1:13.13 38.72	200m: 2:38.64 43.14	300m: 4:08.97 45.06	400m: 5:08.87 9.94	
KAT. C				
1. WITKOWSKA Amelia	12	Laguna 24 Toru	4:03.90	486 50,00
50m: 26.08 26.08	150m: 1:25.91 30.69	250m: 3:01.03 1:03.69	350m: 3:32.66	
100m: 55.22 29.14	200m: 1:57.34 31.43	300m:	400m: 4:03.90 31.24	
2. KUCHARSKA Nina	11	UKS Manta Ko cierzyna	4:10.15	451 46,00
50m: 28.51 28.51	150m: 1:29.73 30.99	250m: 2:33.52 31.90	350m: 3:38.18 32.58	
100m: 58.74 30.23	200m: 2:01.62 31.89	300m: 3:05.60 32.08	400m: 4:10.15 31.97	
3. REJNO Tamara	12	UKS Rekin Wrocław SP50	4:29.66	360 42,00
50m: 28.16 28.16	150m: 1:32.22 32.66	250m: 2:41.47 34.62	350m: 3:53.87 36.00	
100m: 59.56 31.40	200m: 2:06.85 34.63	300m: 3:17.87 36.40	400m: 4:29.66 35.79	

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Konkurencja 18, Kobiet, 400m Surface

KAT. B

1.	BLOK Sandra	09	Laguna 24 Toru	3:54.57	547	50,00
	50m: 26.08 26.08	150m: 1:22.48	29.01 250m: 2:24.00 31.18	350m: 3:25.09	30.21	
	100m: 53.47 27.39	200m: 1:52.82	30.34 300m: 2:54.88 30.88	400m: 3:54.57	29.48	
2.	G BCZY SKA Hanna	10	KS Nautilus-Jastrz bie	3:56.60	533	46,00
	50m: 26.00 26.00	150m: 1:24.55	29.88 250m: 2:26.15 30.80	350m: 3:28.45	31.16	
	100m: 54.67 28.67	200m: 1:55.35	30.80 300m: 2:57.29 31.14	400m: 3:56.60	28.15	
3.	KAISER Nadia	09	UKS Manta Ko cierzyna	4:05.40	478	42,00
	50m: 27.13 27.13	150m: 1:27.43	31.02 250m: 2:31.08 31.91	350m: 3:35.25	31.94	
	100m: 56.41 29.28	200m: 1:59.17	31.74 300m: 3:03.31 32.23	400m: 4:05.40	30.15	
4.	PALUSIAK Natalia	10	Laguna 24 Toru	4:12.58	438	39,00
	50m: 28.30 28.30	150m: 1:33.56	33.45 250m: 2:41.57 33.69	350m: 3:44.16	30.47	
	100m: 1:00.11 31.81	200m: 2:07.88	34.32 300m: 3:13.69 32.12	400m: 4:12.58	28.42	
5.	GRELA Agata	10	Delfinek Chodzie	4:15.70	422	36,00
	50m: 26.67 26.67	150m: 1:27.50	32.03 250m: 2:34.74 33.66	350m: 3:42.79	33.38	
	100m: 55.47 28.80	200m: 2:01.08	33.58 300m: 3:09.41 34.67	400m: 4:15.70	32.91	
6.	KATOLIK Paula	09	UKS Tri-Sea Mewa Władysławowo	4:15.97	421	33,00
	50m: 28.76 28.76	150m: 1:31.47	31.79 250m: 2:37.77 33.74	350m: 3:45.90	33.86	
	100m: 59.68 30.92	200m: 2:04.03	32.56 300m: 3:12.04 34.27	400m: 4:15.97	30.07	
7.	PALCZAK Milena	09	UKS Rekin Wrocław SP50	4:26.32	374	30,00
	50m: 28.53 28.53	150m: 1:34.21	33.54 250m: 2:42.42 34.51	350m: 3:51.69	34.71	
	100m: 1:00.67 32.14	200m: 2:07.91	33.70 300m: 3:16.98 34.56	400m: 4:26.32	34.63	

KAT. A

1.	SZYBALSKA Anna	08	UKS Manta Ko cierzyna	3:48.14	594	50,00
	50m: 24.85 24.85	150m: 1:21.07	28.63 250m: 2:20.70 30.00	350m: 3:20.29	29.20	
	100m: 52.44 27.59	200m: 1:50.70	29.63 300m: 2:51.09 30.39	400m: 3:48.14	27.85	
2.	PIETRAS Maria	07	Delfinek Chodzie	4:02.19	497	46,00
	50m: 28.52 28.52	150m: 1:29.17	31.16 250m: 2:32.79 31.92	350m: 3:34.07	30.39	
	100m: 58.01 29.49	200m: 2:00.87	31.70 300m: 3:03.68 30.89	400m: 4:02.19	28.12	
3.	SZALAST Karolina	05	UKS Tri-Sea Mewa Władysławowo	4:12.40	439	42,00
	50m: 28.11 28.11	150m: 1:29.52	31.58 250m: 2:34.61 32.74	350m: 3:40.17	32.59	
	100m: 57.94 29.83	200m: 2:01.87	32.35 300m: 3:07.58 32.97	400m: 4:12.40	32.23	