Konkurencja 36 | Kobiet, 400m Surface | 12 lat i starsi
2026-11-08 - 12:55 | Wyniki

Punkty: PP 2026 CMAS

Pozycja		Rok ur.		Czas	Pkt.	druż.

KAT. D — wyniki tymczasowe

1.	KONKEL Viktoria	14	UKS Tri-Sea Mewa Władysławowo	**3:43.90**	629	50,00
	50m: 25.10 25.10 150m: 1:20.37 27.77 250m: 2:17.40 28.75 350m: 3:15.59 29.23					
	100m: 52.60 27.50 200m: 1:48.65 28.28 300m: 2:46.36 28.96 400m: 3:43.90 28.31					
2.	ROZIEL Nina	14	UKS Rekin Wrocław SP50	**3:57.49**	527	46,00
	50m: 25.98 25.98 150m: 1:23.02 29.22 250m: 2:24.70 31.19 350m: 3:27.06 31.15					
	100m: 53.80 27.82 200m: 1:53.51 30.49 300m: 2:55.91 31.21 400m: 3:57.49 30.43					
3.	LELLEK Kaja	13	UKS Manta Kościerzyna	**3:59.48**	514	42,00
	50m: 26.62 26.62 150m: 1:25.84 30.01 250m: 2:28.35 31.36 350m: 3:31.40 31.41					
	100m: 55.83 29.21 200m: 1:56.99 31.15 300m: 2:59.99 31.64 400m: 3:59.48 28.08					
4.	DUBYK Iryna	14	UKS Tri-Sea Mewa Władysławowo	**4:08.59**	459	39,00
	50m: 27.10 27.10 150m: 1:28.92 31.46 250m: 2:33.31 32.17 350m: 3:38.84 32.84					
	100m: 57.46 30.36 200m: 2:01.14 32.22 300m: 3:06.00 32.69 400m: 4:08.59 29.75					
5.	SMARUJ Inez	14	Delfinek Chodzież	**4:17.62**	413	36,00
	50m: 30.84 30.84 150m: 1:37.09 33.01 250m: 2:43.83 33.91 350m: 3:49.42 32.20					
	100m: 1:04.08 33.24 200m: 2:09.92 32.83 300m: 3:17.22 33.39 400m: 4:17.62 28.20					

KAT. C — wyniki tymczasowe

1.	MASIANIS Maja	11	UKS Amfiprion Olecko	**4:07.80**	464	50,00
	50m: 27.04 27.04 150m: 1:28.49 31.40 250m: 2:33.68 32.24 350m: 3:39.32 32.64					
	100m: 57.09 30.05 200m: 2:01.44 32.95 300m: 3:06.68 33.00 400m: 4:07.80 28.48					
2.	REJNO Tamara	12	UKS Rekin Wrocław SP50	**4:08.14**	462	46,00
	50m: 27.54 27.54 150m: 1:28.17 31.23 250m: 2:32.64 31.11 350m: 3:38.08 31.64					
	100m: 56.94 29.40 200m: 2:01.53 33.36 300m: 3:06.44 33.80 400m: 4:08.14 30.06					
3.	WITKOWSKA Amelia	12	Laguna 24 Toruń	**4:09.81**	453	42,00
	50m: 25.30 25.30 150m: 1:26.79 32.06 250m: 2:31.81 33.14 350m: 3:36.28 31.79					
	100m: 54.73 29.43 200m: 1:58.67 31.88 300m: 3:04.49 32.68 400m: 4:09.81 33.53					
DYSKW.	MAJEWSKA Iga	12	Delfinek Chodzież	**4:47.50**		-
	- Przedwczesny start					
	50m: 33.24 33.24 150m: 1:45.71 36.92 250m: 3:02.19 39.13 350m: 4:16.44 35.65					
	100m: 1:08.79 35.55 200m: 2:23.06 37.35 300m: 3:40.79 38.60 400m: 4:47.50 31.06					

KAT. B — wyniki tymczasowe

1.	GĘBCZYŃSKA Hanna	10	KS Nautilus-Jastrzebie	**3:47.85**	597	50,00
	50m: 25.47 25.47 150m: 1:23.31 29.36 250m: 2:23.08 30.03 350m: 3:21.76 29.18					
	100m: 53.95 28.48 200m: 1:53.05 29.74 300m: 2:52.58 29.50 400m: 3:47.85 26.09					
2.	BLOK Sandra	09	Laguna 24 Toruń	**3:54.20**	549	46,00
	50m: 26.16 26.16 150m: 1:25.90 30.64 250m: 2:25.65 29.82 350m: 3:25.29 29.96					
	100m: 55.26 29.10 200m: 1:55.83 29.93 300m: 2:55.33 29.68 400m: 3:54.20 28.91					
3.	PALUSIAK Natalia	10	Laguna 24 Toruń	**4:01.47**	501	42,00
	50m: 26.06 26.06 150m: 1:25.85 30.53 250m: 2:29.18 31.48 350m: 3:32.21 31.19					
	100m: 55.32 29.26 200m: 1:57.70 31.85 300m: 3:01.02 31.84 400m: 4:01.47 29.26					
4.	GRELA Agata	10	Delfinek Chodzież	**4:04.60**	482	39,00
	50m: 24.57 24.57 150m: 1:22.82 30.90 250m: 2:27.28 32.44 350m: 3:33.73 33.37					
	100m: 51.92 27.35 200m: 1:54.84 32.02 300m: 3:00.36 33.08 400m: 4:04.60 30.87					

Konkurencja 36, Kobiet, 400m Surface

KAT. A

wyniki tymczasowe

1.	TUSK Weronika				05	UKS Tri-Sea Mewa Władysławowo						**3:58.84**	518	50,00
	50m:	26.11	26.11	150m:	1:25.78	30.23	250m:	2:27.39	30.83	350m:	3:29.07	30.70		
	100m:	55.55	29.44	200m:	1:56.56	30.78	300m:	2:58.37	30.98	400m:	3:58.84	29.77		
2.	SIERAKOWSKA Karolina				02	Laguna 24 Toruń						**4:21.38**	395	46,00
	50m:	28.19	28.19	150m:	1:31.83	32.48	250m:	2:38.65	34.04	350m:	3:47.85	34.98		
	100m:	59.35	31.16	200m:	2:04.61	32.78	300m:	3:12.87	34.22	400m:	4:21.38	33.53		