

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat Runda I
Skierniewice, 15. - 16.4.2025

Konkurencja 7
15.04.2025 - 11:34

Dziewcząt, 400m dowolny

12 - 13 lat
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.										Czas	Pkt.
12 lat												
1.	SAŁKOWSKA Maja			13	UKS Nawa Skierniewice					5:14.74	396	
	50m:	34.83	34.83	150m:	1:56.13	41.26	250m:	3:17.87	40.93	350m:	4:38.23	39.82
	100m:	1:14.87	40.04	200m:	2:36.94	40.81	300m:	3:58.41	40.54	400m:	5:14.74	36.51
2.	NOWAK Jagoda			13	UKS Piątka Konstantynów Łódzki					5:31.22	340	
	50m:	38.49	38.49	150m:	2:03.71	42.98	250m:	3:28.82	42.22	350m:	4:48.94	39.79
	100m:	1:20.73	42.24	200m:	2:46.60	42.89	300m:	4:09.15	40.33	400m:	5:31.22	42.28
3.	BOJANOWSKA Hanna			13	UKS 190 Łódź					5:41.59	310	
	50m:	38.22	38.22	150m:	2:05.10	43.65	250m:	3:33.35	44.18	350m:	5:00.60	44.05
	100m:	1:21.45	43.23	200m:	2:49.17	44.07	300m:	4:16.55	43.20	400m:	5:41.59	40.99
4.	ZALEGA Lena			13	LKS „Opocznianka"					5:42.92	306	
	50m:	37.81	37.81	150m:	2:04.80	43.63	250m:	3:32.88	44.29	350m:	5:01.53	43.98
	100m:	1:21.17	43.36	200m:	2:48.59	43.79	300m:	4:17.55	44.67	400m:	5:42.92	41.39
5.	DZIEJA Hanna			13	MKS Jedyńka Łódź					5:43.15	306	
	50m:	40.25	40.25	150m:	2:07.26	43.99	250m:	3:36.59	44.34	350m:	5:03.54	43.19
	100m:	1:23.27	43.02	200m:	2:52.25	44.99	300m:	4:20.35	43.76	400m:	5:43.15	39.61
6.	WALCZAK Wiktoria			13	UKS 190 Łódź					5:44.74	302	
	50m:	39.94	39.94	150m:	2:08.81	44.52	250m:	3:39.19	45.03	350m:	5:05.23	41.91
	100m:	1:24.29	44.35	200m:	2:54.16	45.35	300m:	4:23.32	44.13	400m:	5:44.74	39.51
7.	TRZCIŃSKA Laura			13	MKS Jedyńka Łódź					5:45.56	299	
	50m:	38.28	38.28	150m:	2:05.81	44.43	250m:	3:34.80	43.97	350m:	5:03.57	44.06
	100m:	1:21.38	43.10	200m:	2:50.83	45.02	300m:	4:19.51	44.71	400m:	5:45.56	41.99
8.	OLESIK Zofia			13	UKS „Delfinek" w Kutnie					5:50.03	288	
	50m:	39.21	39.21	150m:	2:07.50	44.72	250m:	3:38.19	45.52	350m:	5:08.09	44.38
	100m:	1:22.78	43.57	200m:	2:52.67	45.17	300m:	4:23.71	45.52	400m:	5:50.03	41.94
9.	MAHRBURG Izabela			13	Sekcja Pływacka Meduza Pajęczno					5:51.02	286	
	50m:	37.83	37.83	150m:	2:06.26	46.18	250m:	3:37.16	44.51	350m:	5:07.78	45.64
	100m:	1:20.08	42.25	200m:	2:52.65	46.39	300m:	4:22.14	44.98	400m:	5:51.02	43.24
10.	NAJBERT Marcelina			13	MUKS Zgierz					5:51.34	285	
	50m:	38.68	38.68	150m:	2:08.62	45.32	250m:	3:39.85	45.14	350m:	5:10.25	44.73
	100m:	1:23.30	44.62	200m:	2:54.71	46.09	300m:	4:25.52	45.67	400m:	5:51.34	41.09
11.	NAJBERT Matylda			13	MUKS Zgierz					5:51.73	284	
	50m:	40.49	40.49	150m:	2:09.15	44.93	250m:	3:39.86	45.63	350m:	5:10.48	44.94
	100m:	1:24.22	43.73	200m:	2:54.23	45.08	300m:	4:25.54	45.68	400m:	5:51.73	41.25
12.	CHAŁUBEK Barbara			13	UKS 190 Łódź					5:56.48	273	
	50m:	40.68	40.68	150m:	2:09.61	44.64	250m:	3:41.60	46.52	350m:	5:13.70	
	100m:	1:24.97	44.29	200m:	2:55.08	45.47	300m:			400m:	5:56.48	42.78
13.	JANECZEK Katarzyna			13	MKS Trójka Łódź					5:57.50	270	
	50m:	39.74	39.74	150m:	2:10.38	45.47	250m:	3:40.51	45.16	350m:	5:15.57	48.18
	100m:	1:24.91	45.17	200m:	2:55.35	44.97	300m:	4:27.39	46.88	400m:	5:57.50	41.93
14.	ŁOBODA Julia			13	UKS 190 Łódź					6:19.49	226	
	50m:	44.67	44.67	150m:	2:21.97	49.21	250m:	3:59.31	48.38	350m:	5:35.91	48.19
	100m:	1:32.76	48.09	200m:	3:10.93	48.96	300m:	4:47.72	48.41	400m:	6:19.49	43.58
15.	POPECKA Maja			13	LKS „Opocznianka"					6:22.19	221	
	50m:	41.13	41.13	150m:	2:20.41	50.67	250m:	4:01.40	50.32	350m:	5:41.11	49.32
	100m:	1:29.74	48.61	200m:	3:11.08	50.67	300m:	4:51.79	50.39	400m:	6:22.19	41.08
16.	PLEWIŃSKA Maja			13	UKS Piątka Konstantynów Łódzki					6:25.66	215	
	50m:	41.47	41.47	150m:	2:19.96	49.34	250m:	4:01.56	50.33	350m:	5:41.38	48.77
	100m:	1:30.62	49.15	200m:	3:11.23	51.27	300m:	4:52.61	51.05	400m:	6:25.66	44.28
17.	PLICHTA Zofia			13	TP Olimpijczyk Aleksandrów Łódzki					6:25.94	215	
	50m:	43.59	43.59	150m:	2:20.50	48.73	250m:	3:59.20	49.29	350m:	5:36.03	46.97
	100m:	1:31.77	48.18	200m:	3:09.91	49.41	300m:	4:49.06	49.86	400m:	6:25.94	49.91

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat Runda I
Skierniewice, 15. - 16.4.2025

Konkurencja 7, Dziewcząt, 400m dowolny, 12 lat

Pozycja				Rok ur.					Czas	Pkt.
18.	GĄSZCZYK Alicja			13	MKS Trójka Łódź				6:28.13	211
	50m: 40.58	40.58	150m: 2:21.05	52.67	250m: 350m:					
	100m: 1:28.38	47.80	200m: 3:10.17	49.12	300m: 4:54.72			400m: 6:28.13		
19.	GRYGIEL Zofia			13	MKS Trójka Łódź				6:58.11	169
	50m: 45.49	45.49	150m: 2:29.47	53.08	250m: 4:18.42	53.47		350m: 6:58.11		
	100m: 1:36.39	50.90	200m: 3:24.95	55.48	300m: 5:13.99	55.57		400m: 6:58.11		
20.	KOLASKA Kornelia			13	MKS Trójka Łódź				7:15.40	149
	50m: 47.96	47.96	150m: 2:38.25	56.50	250m: 4:30.96	56.29		350m: 6:25.27	56.92	
	100m: 1:41.75	53.79	200m: 3:34.67	56.42	300m: 5:28.35	57.39		400m: 7:15.40	50.13	
21.	KAŹMIERCZAK Oliwia			13	MKS Trójka Łódź				7:49.63	119
	50m: 43.83	43.83	150m: 2:42.31	1:03.72	250m: 4:46.36	1:02.20		350m: 6:52.84	1:02.90	
	100m: 1:38.59	54.76	200m: 3:44.16	1:01.85	300m: 5:49.94	1:03.58		400m: 7:49.63	56.79	

13 lat

1.	JAGODZIŃSKA Lena			12	UKS SP-149 Łódź				4:51.60	499
	50m: 33.12	33.12	150m: 1:46.73	37.00	250m: 3:00.25	37.21		350m: 4:16.32	37.84	
	100m: 1:09.73	36.61	200m: 2:23.04	36.31	300m: 3:38.48	38.23		400m: 4:51.60	35.28	
2.	GALIŃSKA Hanna			12	KP Raw-Swim				4:54.53	484
	50m: 31.92	31.92	150m: 1:46.11	37.44	250m: 3:02.28	38.84		350m: 4:19.34	38.93	
	100m: 1:08.67	36.75	200m: 2:23.44	37.33	300m: 3:40.41	38.13		400m: 4:54.53	35.19	
3.	CIESIELSKA Amelia			12	MKS Jedyńka Łódź				5:10.53	413
	50m: 36.00	36.00	150m: 1:55.16	39.72	250m: 3:14.56	39.74		350m: 4:33.49	39.16	
	100m: 1:15.44	39.44	200m: 2:34.82	39.66	300m: 3:54.33	39.77		400m: 5:10.53	37.04	
4.	KOTUS Maria			12	UKS Piątka Konstantynów Łódzki				5:11.78	408
	50m: 34.59	34.59	150m: 1:53.03	39.71	250m: 3:12.63	39.78		350m: 4:33.41	40.51	
	100m: 1:13.32	38.73	200m: 2:32.85	39.82	300m: 3:52.90	40.27		400m: 5:11.78	38.37	
5.	STEFANIW Natalia			12	Sekcja Pływacka Meduza Pajęczno				5:20.05	377
	50m: 37.04	37.04	150m: 1:57.16	40.28	250m: 3:19.93	41.21		350m: 4:42.57	41.07	
	100m: 1:16.88	39.84	200m: 2:38.72	41.56	300m: 4:01.50	41.57		400m: 5:20.05	37.48	
6.	ŻYDOWO Zuzanna			12	UKS „Delfinek” w Kutnie				5:20.65	375
	50m: 35.30	35.30	150m: 1:58.03	41.81	250m: 3:20.88	41.05		350m: 4:43.57	41.15	
	100m: 1:16.22	40.92	200m: 2:39.83	41.80	300m: 4:02.42	41.54		400m: 5:20.65	37.08	
7.	WACHOWIEC Julia			12	MKS Trójka Łódź				5:21.83	371
	50m: 35.85	35.85	150m: 1:58.29	41.24	250m: 3:21.65	41.70		350m: 4:44.66	41.34	
	100m: 1:17.05	41.20	200m: 2:39.95	41.66	300m: 4:03.32	41.67		400m: 5:21.83	37.17	
8.	KOWALSKA Dominika			12	LKS „Opocznianka”				5:22.39	369
	50m: 35.40	35.40	150m: 1:56.64	41.12	250m: 3:19.90	41.72		350m: 4:43.30	40.93	
	100m: 1:15.52	40.12	200m: 2:38.18	41.54	300m: 4:02.37	42.47		400m: 5:22.39	39.09	
9.	BUTRYM Hanna			12	UKS Piątka Konstantynów Łódzki				5:25.10	360
	50m: 36.15	36.15	150m: 1:59.63	42.60	250m: 3:24.40	42.12		350m: 4:45.98	40.67	
	100m: 1:17.03	40.88	200m: 2:42.28	42.65	300m: 4:05.31	40.91		400m: 5:25.10	39.12	
10.	TYC Zuzanna			12	MUKS Wodnik Łask				5:26.80	354
	50m: 37.90	37.90	150m: 2:01.40	41.99	250m: 3:26.13	42.41		350m: 4:49.47	40.99	
	100m: 1:19.41	41.51	200m: 2:43.72	42.32	300m: 4:08.48	42.35		400m: 5:26.80	37.33	
11.	SZYMAŃSKA Małgorzata			12	UKS Piątka Konstantynów Łódzki				5:29.89	344
	50m: 37.79	37.79	150m: 2:01.42	42.06	250m: 3:25.32	41.70		350m: 4:50.24	42.13	
	100m: 1:19.36	41.57	200m: 2:43.62	42.20	300m: 4:08.11	42.79		400m: 5:29.89	39.65	
12.	JÓŹWIAK Nela			12	LKS „Opocznianka”				5:32.26	337
	50m: 37.14	37.14	150m: 2:00.35	42.00	250m: 3:25.33	42.35		350m: 4:50.32	42.45	
	100m: 1:18.35	41.21	200m: 2:42.98	42.63	300m: 4:07.87	42.54		400m: 5:32.26	41.94	
13.	MARCINKOWSKA Oliwia			12	UKS SP-149 Łódź				5:33.81	332
	50m: 38.14	38.14	150m: 2:04.30	43.48	250m: 3:31.85	43.37		350m: 4:55.31	40.44	
	100m: 1:20.82	42.68	200m: 2:48.48	44.18	300m: 4:14.87	43.02		400m: 5:33.81	38.50	

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat Runda I
Skierniewice, 15. - 16.4.2025

Konkurencja 7, Dziewcząt, 400m dowolny, 13 lat

Pozycja	Rok ur.									Czas	Pkt.	
14.	CHŁODNICKA Nikola			12	MKS Jedyńka Łódź					5:33.93	332	
	50m:	37.51	37.51	150m:	2:01.46	42.25	250m:	3:27.75	43.48	350m:	4:53.18	43.28
	100m:	1:19.21	41.70	200m:	2:44.27	42.81	300m:	4:09.90	42.15	400m:	5:33.93	40.75
15.	MACIEJEWSKA Otylia			12	MKS Jedyńka Łódź					5:36.62	324	
	50m:	38.96	38.96	150m:	2:04.38	42.87	250m:	3:30.48	42.94	350m:	4:56.63	43.37
	100m:	1:21.51	42.55	200m:	2:47.54	43.16	300m:	4:13.26	42.78	400m:	5:36.62	39.99
16.	KRAK Pola			12	UKS 190 Łódź					5:37.04	323	
	50m:	36.09	36.09	150m:	2:01.57	43.08	250m:	3:26.41	42.53	350m:	4:51.68	41.68
	100m:	1:18.49	42.40	200m:	2:43.88	42.31	300m:	4:10.00	43.59	400m:	5:37.04	45.36
17.	ŁEPCZYK Nadia			12	MKS Jedyńka Łódź					5:45.73	299	
	50m:	38.12	38.12	150m:	2:04.99	43.49	250m:	3:33.20	44.66	350m:	5:01.96	44.99
	100m:	1:21.50	43.38	200m:	2:48.54	43.55	300m:	4:16.97	43.77	400m:	5:45.73	43.77
18.	FRANK Joanna			12	MKS Trójka Łódź					5:50.28	287	
	50m:	37.94	37.94	150m:	2:08.22	45.49	250m:	3:39.37	45.69	350m:	5:09.56	44.44
	100m:	1:22.73	44.79	200m:	2:53.68	45.46	300m:	4:25.12	45.75	400m:	5:50.28	40.72
19.	BŁACHOWICZ Amelia			12	Sekcja Pływacka Meduza Pajęczno					5:53.55	280	
	50m:	39.25	39.25	150m:	2:07.36	45.10	250m:	3:40.33	47.19	350m:	5:11.87	45.31
	100m:	1:22.26	43.01	200m:	2:53.14	45.78	300m:	4:26.56	46.23	400m:	5:53.55	41.68
20.	OLAS Julia			12	UKS SP-149 Łódź					5:57.09	271	
	50m:	36.95	36.95	150m:	2:04.96	44.44	250m:	3:37.49	47.19	350m:	5:12.68	47.47
	100m:	1:20.52	43.57	200m:	2:50.30	45.34	300m:	4:25.21	47.72	400m:	5:57.09	44.41
21.	STASIAK Oliwia			12	Ks Assa					6:01.59	261	
	50m:	40.58	40.58	150m:	2:10.78	45.95	250m:	3:44.45	46.77	350m:	5:17.81	46.21
	100m:	1:24.83	44.25	200m:	2:57.68	46.90	300m:	4:31.60	47.15	400m:	6:01.59	43.78
22.	CISZYK Milena			12	UKS Piątka Konstantynów Łódzki					6:04.93	254	
	50m:	39.56	39.56	150m:	2:12.72	46.78	250m:	3:46.05	47.09	350m:	5:21.04	47.70
	100m:	1:25.94	46.38	200m:	2:58.96	46.24	300m:	4:33.34	47.29	400m:	6:04.93	43.89
23.	KOSZAŃSKA Apolonia			12	UKS Piątka Konstantynów Łódzki					6:25.04	216	
	50m:	41.64	41.64	150m:	2:20.23	50.46	250m:	4:00.75	1:01.65	350m:	5:38.68	48.95
	100m:	1:29.77	48.13	200m:	2:59.10	38.87	300m:	4:49.73	48.98	400m:	6:25.04	46.36
24.	BUJNOWICZ Zofia			12	UKS Piątka Konstantynów Łódzki					6:37.77	196	
	50m:	44.82	44.82	150m:	2:23.93	49.99	250m:	4:06.54	51.24	350m:	5:50.67	52.20
	100m:	1:33.94	49.12	200m:	3:15.30	51.37	300m:	4:58.47	51.93	400m:	6:37.77	47.10