

Liga Dzieci i Młodzików Runda II Sezon 2025/2026
Skierniewice, 30.1.2026

Konkurencja 5
30.01.2026 - 9:01

Dziewcząt, 400m dowolny

12 - 13 lat
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.										Czas	Pkt.
12 lat												
1.	GAJDA Liliana			14	TP Olimpijczyk Aleksandrów Łódzki						5:13.39	396
	50m:	33.94	33.94	150m:	1:54.15	41.05	250m:	3:15.49	40.86	350m:		
	100m:	1:13.10	39.16	200m:	2:34.63	40.48	300m:	3:55.53	40.04	400m:	5:13.39	
2.	JAGIEŁŁO Anna			14	MKS Trójka Łódź						5:28.45	344
	50m:	35.62	35.62	150m:	1:57.82	42.08	250m:	3:23.29	43.06	350m:	4:48.60	
	100m:	1:15.74	40.12	200m:	2:40.23	42.41	300m:	4:06.06	42.77	400m:	5:28.45	
3.	RERUCH Zuzanna			14	UKS 190 Łódź						5:30.58	337
	50m:	37.14	37.14	150m:	2:03.55	44.06	250m:	3:31.00	43.67	350m:	4:52.96	
	100m:	1:19.49	42.35	200m:	2:47.33	43.78	300m:	4:12.79	41.79	400m:	5:30.58	
4.	BER Lena			14	UKS Piątka Konstantynów Łódzki						5:34.54	326
	50m:	38.15	38.15	150m:	2:04.54	42.80	250m:	3:31.71	43.47	350m:	4:56.13	
	100m:	1:21.74	43.59	200m:	2:48.24	43.70	300m:	4:14.62	42.91	400m:	5:34.54	
5.	KRAMEK Maria			14	UKS Piątka Konstantynów Łódzki						5:36.28	320
	50m:	35.18	35.18	150m:	2:00.60	43.51	250m:	3:28.64	44.32	350m:	4:55.95	
	100m:	1:17.09	41.91	200m:	2:44.32	43.72	300m:	4:12.93	44.29	400m:	5:36.28	
6.	KOWALSKA Małgorzata			14	LKS „Opocznianka"						5:37.26	318
	50m:	36.36	36.36	150m:	2:00.11	42.71	250m:	3:28.02	44.47	350m:	4:55.18	
	100m:	1:17.40	41.04	200m:	2:43.55	43.44	300m:	4:11.45	43.43	400m:	5:37.26	
7.	GÓRECKA Zofia			14	MKS Jedyńka Łódź						5:43.10	302
	50m:	35.97	35.97	150m:	2:01.83	43.97	250m:	3:31.72	44.77	350m:	5:00.30	
	100m:	1:17.86	41.89	200m:	2:46.95	45.12	300m:	4:16.34	44.62	400m:	5:43.10	
8.	TOMECKA Hanna			14	UKS Piątka Konstantynów Łódzki						5:47.59	290
	50m:	38.91	38.91	150m:	2:05.08	43.79	250m:	3:33.86	44.62	350m:	5:03.57	
	100m:	1:21.29	42.38	200m:	2:49.24	44.16	300m:	4:18.85	44.99	400m:	5:47.59	
9.	OKACHI Ella			14	MKS Jedyńka Łódź						5:48.92	287
	50m:	38.95	38.95	150m:	2:09.41	45.87	250m:	3:38.19	43.00	350m:	5:08.19	
	100m:	1:23.54	44.59	200m:	2:55.19	45.78	300m:	4:21.95	43.76	400m:	5:48.92	
10.	DANIELEWICZ Martyna			14	MKS Trójka Łódź						5:48.99	287
	50m:	35.50	35.50	150m:	1:59.57	43.97	250m:	3:30.07	45.38	350m:	5:04.00	
	100m:	1:15.60	40.10	200m:	2:44.69	45.12	300m:	4:16.85	46.78	400m:	5:48.99	
11.	OKACHI Eliana			14	MKS Jedyńka Łódź						5:52.86	277
	50m:	37.44	37.44	150m:	2:06.47	45.83	250m:	3:38.72	46.40	350m:	5:10.04	
	100m:	1:20.64	43.20	200m:	2:52.32	45.85	300m:	4:24.73	46.01	400m:	5:52.86	
12.	RESZKA Zuzanna			14	LKS „Opocznianka"						5:57.24	267
	50m:	40.65	40.65	150m:	2:09.36	45.29	250m:	3:41.39	46.18	350m:	5:14.35	
	100m:	1:24.07	43.42	200m:	2:55.21	45.85	300m:	4:27.83	46.44	400m:	5:57.24	
13.	PANASZEK Helena			14	LKS „Opocznianka"						6:00.36	260
	50m:	38.00	38.00	150m:	2:08.26	46.28	250m:	3:42.12	47.03	350m:	5:16.18	
	100m:	1:21.98	43.98	200m:	2:55.09	46.83	300m:	4:29.06	46.94	400m:	6:00.36	
14.	PUCIŁOWSKA Martyna			14	UKS Nawa Skierniewice						6:01.23	258
	50m:	39.98	39.98	150m:	2:11.64	46.18	250m:	3:44.69	46.74	350m:	5:16.93	
	100m:	1:25.46	45.48	200m:	2:57.95	46.31	300m:	4:31.07	46.38	400m:	6:01.23	
15.	PARTYKA Aleksandra			14	LKS „Opocznianka"						6:01.99	257
	50m:	39.03	39.03	150m:	2:08.55	45.20	250m:	3:41.58	46.47	350m:	5:16.70	
	100m:	1:23.35	44.32	200m:	2:55.11	46.56	300m:	4:28.85	47.27	400m:	6:01.99	
16.	ZAMECZNIK Kaja			14	MKS Jedyńka Łódź						6:03.85	253
	50m:	38.64	38.64	150m:	2:13.05	46.91	250m:	3:46.70	46.19	350m:	5:19.76	
	100m:	1:26.14	47.50	200m:	3:00.51	47.46	300m:	4:33.22	46.52	400m:	6:03.85	
17.	MACKO Karolina			14	UKS 190 Łódź						6:15.14	231
	50m:	42.52	42.52	150m:	2:18.63	48.69	250m:	3:54.83	47.90	350m:	5:30.18	
	100m:	1:29.94	47.42	200m:	3:06.93	48.30	300m:	4:42.82	47.99	400m:	6:15.14	

Liga Dzieci i Młodzików Runda II Sezon 2025/2026
Skierniewice, 30.1.2026

Konkurencja 5, Dziewcząt, 400m dowolny, 12 lat

Pozycja	Rok ur.								Czas	Pkt.
18.	CELMER Zofia	14	MUKS Wodnik Łask						6:15.47	230
	50m: 40.46 40.46	150m: 2:17.04 48.72	250m: 3:55.59 48.59	350m: 5:27.63 45.35						
	100m: 1:28.32 47.86	200m: 3:07.00 49.96	300m: 4:42.28 46.69	400m: 6:15.47 47.84						
19.	SIWIK Antonina	14	KS SwimFit Jump						6:20.71	221
	50m: 36.99 36.99	150m: 2:10.00 48.87	250m: 3:51.48 49.89	350m: 5:32.97 52.28						
	100m: 1:21.13 44.14	200m: 3:01.59 51.59	300m: 4:40.69 49.21	400m: 6:20.71 47.74						
20.	KUBIŚ Aleksandra	14	LKS „Opocznianka"						6:23.60	216
	50m: 41.56 41.56	150m: 2:17.66 49.10	250m: 3:55.93 49.19	350m: 5:35.63 49.99						
	100m: 1:28.56 47.00	200m: 3:06.74 49.08	300m: 4:45.64 49.71	400m: 6:23.60 47.97						
21.	SULGOSTOWSKA Iga	14	LKS „Opocznianka"						6:27.13	210
	50m: 41.47 41.47	150m: 2:18.52 49.29	250m: 3:57.77 50.29	350m: 5:38.71 50.05						
	100m: 1:29.23 47.76	200m: 3:07.48 48.96	300m: 4:48.66 50.89	400m: 6:27.13 48.42						
22.	JÓZEFIAK Joanna	14	LKS „Opocznianka"						6:29.58	206
	50m: 41.62 41.62	150m: 2:20.56 50.33	250m: 4:01.47 49.85	350m: 5:42.99 50.10						
	100m: 1:30.23 48.61	200m: 3:11.62 51.06	300m: 4:52.89 51.42	400m: 6:29.58 46.59						
23.	ŁASZCZEWSKA Franciszka	14	SKS 137 Delfin Łódź						6:34.95	198
	50m: 44.82 44.82	150m: 2:28.11 52.23	250m: 4:11.38 51.30	350m: 5:50.18 48.67						
	100m: 1:35.88 51.06	200m: 3:20.08 51.97	300m: 5:01.51 50.13	400m: 6:34.95 44.77						
24.	BERNAŚ Zofia	14	SP Meduza Pajęczno						6:59.67	165
	50m: 41.98 41.98	150m: 2:24.73 52.61	250m: 4:15.15 55.98	350m: 6:02.67 53.10						
	100m: 1:32.12 50.14	200m: 3:19.17 54.44	300m: 5:09.57 54.42	400m: 6:59.67 57.00						

13 lat

1.	WOJCIECHOWSKA Julia	13	UKS SP-149 Łódź						5:02.08	442
	50m: 33.40 33.40	150m: 1:50.90 38.97	250m: 3:08.68 38.67	350m: 4:25.97 39.12						
	100m: 1:11.93 38.53	200m: 2:30.01 39.11	300m: 3:46.85 38.17	400m: 5:02.08 36.11						
2.	MICHALAK Natalia	13	Ks Assa						5:06.39	424
	50m: 34.17 34.17	150m: 1:50.08 38.29	250m: 3:09.25 39.52	350m: 4:28.09 39.17						
	100m: 1:11.79 37.62	200m: 2:29.73 39.65	300m: 3:48.92 39.67	400m: 5:06.39 38.30						
3.	NOWAK Jagoda	13	UKS Piątka Konstantynów Łódzki						5:24.41	357
	50m: 35.39 35.39	150m: 1:56.00 41.26	250m: 3:20.06 42.34	350m: 4:44.46 42.47						
	100m: 1:14.74 39.35	200m: 2:37.72 41.72	300m: 4:01.99 41.93	400m: 5:24.41 39.95						
4.	DZIEJA Hanna	13	MKS Jedynka Łódź						5:29.48	341
	50m: 36.68 36.68	150m: 1:58.14 41.41	250m: 3:21.82 41.70	350m: 4:46.54 42.65						
	100m: 1:16.73 40.05	200m: 2:40.12 41.98	300m: 4:03.89 42.07	400m: 5:29.48 42.94						
5.	BOJANOWSKA Hanna	13	UKS 190 Łódź						5:31.02	336
	50m: 37.15 37.15	150m: 2:01.51 42.87	250m: 3:26.22 42.23	350m: 4:51.26 42.39						
	100m: 1:18.64 41.49	200m: 2:43.99 42.48	300m: 4:08.87 42.65	400m: 5:31.02 39.76						
6.	WALCZAK Wiktoria	13	UKS 190 Łódź						5:33.12	330
	50m: 38.21 38.21	150m: 2:03.94 43.21	250m: 3:30.66 43.13	350m: 4:52.00 39.65						
	100m: 1:20.73 42.52	200m: 2:47.53 43.59	300m: 4:12.35 41.69	400m: 5:33.12 41.12						
7.	DWÓRZNIK Emilia	13	UKS Nawa Skierniewice						5:49.63	285
	50m: 38.33 38.33	150m: 2:09.54 45.67	250m: 3:39.74 44.85	350m: 5:08.36 43.97						
	100m: 1:23.87 45.54	200m: 2:54.89 45.35	300m: 4:24.39 44.65	400m: 5:49.63 41.27						
8.	BANASIAK Roksana	13	UKS Rekin Ozorków						5:56.99	268
	50m: 37.22 37.22	150m: 2:02.46 43.95	250m: 3:35.40 46.74	350m: 5:11.52 48.20						
	100m: 1:18.51 41.29	200m: 2:48.66 46.20	300m: 4:23.32 47.92	400m: 5:56.99 45.47						
9.	PLICHTA Zofia	13	TP Olimpijczyk Aleksandrów Łódzki						5:57.87	266
	50m: 40.00 40.00	150m: 2:10.22 46.06	250m: 3:42.81 46.31	350m: 5:14.96 45.52						
	100m: 1:24.16 44.16	200m: 2:56.50 46.28	300m: 4:29.44 46.63	400m: 5:57.87 42.91						
10.	MAHRBURG Izabela	13	SP Meduza Pajęczno						6:04.52	252
	50m: 36.88 36.88	150m: 2:05.20 46.28	250m: 3:41.64 48.70	350m: 5:18.73 47.72						
	100m: 1:18.92 42.04	200m: 2:52.94 47.74	300m: 4:31.01 49.37	400m: 6:04.52 45.79						

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Skierniewice, 30.1.2026

Konkurencja 5, Dziewcząt, 400m dowolny, 13 lat

Pozycja	Rok ur.									Czas	Pkt.	
11.	GAŚZCZYK Alicja			13	MKS Trójka Łódź					6:05.24	250	
	50m:	40.24	40.24	150m:	2:13.98	47.60	250m:	3:50.28	47.52	350m:	5:23.57	45.64
	100m:	1:26.38	46.14	200m:	3:02.76	48.78	300m:	4:37.93	47.65	400m:	6:05.24	41.67
12.	BANASZCZYK Weronika			13	UKS SP-149 Łódź					6:07.59	245	
	50m:	37.91	37.91	150m:	2:03.95	43.88	250m:	3:31.72	43.61	350m:	5:39.36	39.12
	100m:	1:20.07	42.16	200m:	2:48.11	44.16	300m:	5:00.24	1:28.52	400m:	6:07.59	28.23