

Opole, 25.10.2025

### Konkurencja 10

### Kobiet, 800m dowolny

12 lat i starsi

25.10.2025 - 13:35

Wyniki

|                          |         |                         |       |                     |            |
|--------------------------|---------|-------------------------|-------|---------------------|------------|
| Rekord Opolszczyzny Open | 8:34.84 | Zukowska Paula          | 00107 | Gorzow Wielkopolski | 27.11.2009 |
| Rekord Opolszczyzny 19 + | 9:09.75 | Nowacka Aleksandra      | 00107 | Kozienice           | 10.01.2009 |
| Rekord Opolszczyzny 18   | 8:45.04 | Zukowska Paula          | 00107 | Poznan              | 16.12.2011 |
| Rekord Opolszczyzny 17   | 8:35.13 | Zukowska Paula          | 00107 | Szczecin            | 02.12.2010 |
| Rekord Opolszczyzny 16   | 8:34.84 | Zukowska Paula          | 00107 | Gorzow Wielkopolski | 27.11.2009 |
| Rekord Opolszczyzny 15   | 8:56.12 | Zukowska Paula          | 00107 | Krakow              | 06.12.2008 |
| Rekord Opolszczyzny 14   | 9:21.48 | Zukowska Paula          | 00207 | Szczecin            | 08.12.2007 |
| Rekord Opolszczyzny 13   | 9:58.91 | Mycak Katarzyna         | 00107 | Kedzierzyn-Kozle    | 26.11.2011 |
| Rekord Opolszczyzny 12   | 9:54.84 | Gruszczyńska Aleksandra | 00407 | Poznan              | 13.11.2010 |

Punkty: AQUA 2025

Pozycja Rok ur. Czas Pkt.

12 lat

|                        |                       |                                  |                        |     |
|------------------------|-----------------------|----------------------------------|------------------------|-----|
| 1. Onysk Michalina     | 13                    | Swim Team MOSiR Kędzierzyn-Koźle | <b>12:08.74</b>        | 281 |
| 100m: 1:21.98 1:21.98  | 300m: 4:26.52 1:33.42 | 500m: 7:34.00 1:34.08            | 700m: 10:41.81 1:33.68 |     |
| 200m: 2:53.10 1:31.12  | 400m: 5:59.92 1:33.40 | 600m: 9:08.13 1:34.13            | 800m: 12:08.74 1:26.93 |     |
| 2. Galla Gabriela      | 13                    | KS Rekin Świebodzice             | <b>12:30.77</b>        | 257 |
| 100m: 1:31.10 1:31.10  | 300m: 4:44.42 1:36.09 | 500m: 7:52.52 1:33.43            | 700m: 11:01.22 1:33.99 |     |
| 200m: 3:08.33 1:37.23  | 400m: 6:19.09 1:34.67 | 600m: 9:27.23 1:34.71            | 800m: 12:30.77 1:29.55 |     |
| 3. Stach Oliwia        | 13                    | UKS DELFIN Krapkowice            | <b>12:30.83</b>        | 257 |
| 100m: 1:27.97 1:27.97  | 300m: 4:40.25 1:36.11 | 500m: 7:50.75 1:35.58            | 700m: 11:01.77 1:35.90 |     |
| 200m: 3:04.14 1:36.17  | 400m: 6:15.17 1:34.92 | 600m: 9:25.87 1:35.12            | 800m: 12:30.83 1:29.06 |     |
| 4. Donajska Maria      | 13                    | Swim Team MOSiR Kędzierzyn-Koźle | <b>12:43.61</b>        | 244 |
| 100m: 1:29.54 1:29.54  | 300m: 4:44.39 1:36.97 | 500m: 7:59.38 1:36.96            | 700m: 11:08.75 1:35.76 |     |
| 200m: 3:07.42 1:37.88  | 400m: 6:22.42 1:38.03 | 600m: 9:32.99 1:33.61            | 800m: 12:43.61 1:34.86 |     |
| 5. Sarnecka Natasza    | 13                    | Swim Team MOSiR Kędzierzyn-Koźle | <b>13:02.83</b>        | 226 |
| 100m: 1:31.28 1:31.28  | 300m: 4:50.69         | 500m: 8:12.34 1:41.52            | 700m: 11:31.40         |     |
| 200m:                  | 400m: 6:30.82 1:40.13 | 600m:                            | 800m: 13:02.83 1:31.43 |     |
| 6. Cichosz Maja        | 13                    | UKS Junior Kluczbork             | <b>13:41.64</b>        | 196 |
| 100m: 1:36.03 1:36.03  | 300m: 5:07.26 1:45.35 | 500m: 8:37.39 1:44.96            | 700m: 12:06.22 1:43.58 |     |
| 200m: 3:21.91 1:45.88  | 400m: 6:52.43 1:45.17 | 600m: 10:22.64 1:45.25           | 800m: 13:41.64 1:35.42 |     |
| 7. Najda Jagoda        | 13                    | UKS DELFIN Krapkowice            | <b>13:44.60</b>        | 194 |
| 100m: 1:39.59 1:39.59  | 300m:                 | 500m: 8:50.62 1:46.55            | 700m: 12:14.26 1:39.39 |     |
| 200m: 3:30.08 1:50.49  | 400m: 7:04.07         | 600m: 10:34.87 1:44.25           | 800m: 13:44.60 1:30.34 |     |
| 8. Fryc Emilia         | 13                    | Swim Team MOSiR Kędzierzyn-Koźle | <b>13:47.15</b>        | 192 |
| 100m: 1:36.09 1:36.09  | 300m: 5:05.44 1:44.40 | 500m: 8:35.31 1:45.85            | 700m: 12:05.59 1:44.61 |     |
| 200m: 3:21.04 1:44.95  | 400m: 6:49.46 1:44.02 | 600m: 10:20.98 1:45.67           | 800m: 13:47.15 1:41.56 |     |
| 9. Barszczewska Monika | 13                    | Swim Team MOSiR Kędzierzyn-Koźle | <b>14:01.84</b>        | 182 |
| 100m: 1:38.92 1:38.92  | 300m: 5:14.88 1:47.87 | 500m: 8:48.80 1:46.93            | 700m: 12:21.57 1:44.88 |     |
| 200m: 3:27.01 1:48.09  | 400m: 7:01.87 1:46.99 | 600m: 10:36.69 1:47.89           | 800m: 14:01.84 1:40.27 |     |

13 lat

|                       |                       |                       |                        |     |
|-----------------------|-----------------------|-----------------------|------------------------|-----|
| 1. Bartniczak Julia   | 12                    | MOSM Tychy            | <b>9:43.00</b>         | 549 |
| 100m: 1:07.55 1:07.55 | 300m: 3:34.84 1:13.24 | 500m: 6:02.33 1:13.74 | 700m: 8:31.06 1:14.30  |     |
| 200m: 2:21.60 1:14.05 | 400m: 4:48.59 1:13.75 | 600m: 7:16.76 1:14.43 | 800m: 9:43.00 1:11.94  |     |
| 2. Cepak Paulina      | 12                    | UKS DELFIN Krapkowice | <b>11:10.06</b>        | 361 |
| 100m: 1:17.38 1:17.38 | 300m: 4:05.63 1:25.10 | 500m: 6:57.50 1:26.50 | 700m: 9:48.54 1:25.55  |     |
| 200m: 2:40.53 1:23.15 | 400m: 5:31.00 1:25.37 | 600m: 8:22.99 1:25.49 | 800m: 11:10.06 1:21.52 |     |

Opole, 25.10.2025

## Konkurencja 10, Dziewcząt, 800m dowolny, 13 lat

| Pozycja         | Rok ur.                          |         |       |         |         |       |          |         | Czas            | Pkt.             |
|-----------------|----------------------------------|---------|-------|---------|---------|-------|----------|---------|-----------------|------------------|
| 3. Bielous Lena | 12 KS Rekin Świebodzice          |         |       |         |         |       |          |         | <b>11:34.70</b> | 324              |
| 100m:           | 1:19.76                          | 1:19.76 | 300m: | 4:16.70 | 1:29.69 | 500m: | 7:16.56  | 1:29.82 | 700m:           | 10:12.02 1:27.31 |
| 200m:           | 2:47.01                          | 1:27.25 | 400m: | 5:46.74 | 1:30.04 | 600m: | 8:44.71  | 1:28.15 | 800m:           | 11:34.70 1:22.68 |
| 4. Kisiel Lena  | 12 DOKiS SP Vega Dobrodzień      |         |       |         |         |       |          |         | <b>13:19.52</b> | 212              |
| 100m:           | 1:31.71                          | 1:31.71 | 300m: | 4:53.10 |         | 500m: |          |         | 700m:           |                  |
| 200m:           |                                  |         | 400m: |         |         | 600m: |          |         | 800m:           | 13:19.52         |
| 5. Krawiec Lena | 12 AZS KU Politechniki Opolskiej |         |       |         |         |       |          |         | <b>13:31.63</b> | 203              |
| 100m:           | 1:31.65                          | 1:31.65 | 300m: | 4:58.19 | 1:43.92 | 500m: | 8:27.21  | 1:43.87 | 700m:           | 11:55.24 1:44.06 |
| 200m:           | 3:14.27                          | 1:42.62 | 400m: | 6:43.34 | 1:45.15 | 600m: | 10:11.18 | 1:43.97 | 800m:           | 13:31.63 1:36.39 |

## 14 lat i starsi

|                          |                                 |         |       |         |         |       |          |         |                 |                  |
|--------------------------|---------------------------------|---------|-------|---------|---------|-------|----------|---------|-----------------|------------------|
| 1. Kościelniak Wiktoria  | 11 KS Rekin Świebodzice         |         |       |         |         |       |          |         | <b>10:50.44</b> | 395              |
| 100m:                    | 1:13.73                         | 1:13.73 | 300m: | 3:58.86 | 1:23.16 | 500m: | 6:47.28  | 1:23.93 | 700m:           | 9:33.71 1:22.86  |
| 200m:                    | 2:35.70                         | 1:21.97 | 400m: | 5:23.35 | 1:24.49 | 600m: | 8:10.85  | 1:23.57 | 800m:           | 10:50.44 1:16.73 |
| 2. Rogosz Estera         | 10 UKS DELFIN Krapkowice        |         |       |         |         |       |          |         | <b>10:56.92</b> | 383              |
| 100m:                    | 1:18.34                         | 1:18.34 | 300m: | 4:06.30 | 1:24.33 | 500m: | 6:53.54  | 1:24.42 | 700m:           | 9:40.11 1:23.04  |
| 200m:                    | 2:41.97                         | 1:23.63 | 400m: | 5:29.12 | 1:22.82 | 600m: | 8:17.07  | 1:23.53 | 800m:           | 10:56.92 1:16.81 |
| 3. Zabielska Helena      | 11 UKS Kronos Strzelce Opolskie |         |       |         |         |       |          |         | <b>11:22.70</b> | 341              |
| 100m:                    | 1:18.18                         | 1:18.18 | 300m: | 4:11.76 | 1:27.78 | 500m: | 7:07.29  | 1:27.57 | 700m:           | 10:01.95 1:26.85 |
| 200m:                    | 2:43.98                         | 1:25.80 | 400m: | 5:39.72 | 1:27.96 | 600m: | 8:35.10  | 1:27.81 | 800m:           | 11:22.70 1:20.75 |
| 4. Wiśniewska Aleksandra | 10 KS Rekin Świebodzice         |         |       |         |         |       |          |         | <b>11:36.03</b> | 322              |
| 100m:                    | 1:21.91                         | 1:21.91 | 300m: | 4:23.26 | 1:30.94 | 500m: | 7:21.25  | 1:28.76 | 700m:           | 10:12.92 1:23.32 |
| 200m:                    | 2:52.32                         | 1:30.41 | 400m: | 5:52.49 | 1:29.23 | 600m: | 8:49.60  | 1:28.35 | 800m:           | 11:36.03 1:23.11 |
| 5. Stec Natalia          | 11 KS Rekin Świebodzice         |         |       |         |         |       |          |         | <b>11:36.94</b> | 321              |
| 100m:                    | 1:20.85                         | 1:20.85 | 300m: | 4:16.59 | 1:28.06 | 500m: | 7:13.40  | 1:28.84 | 700m:           | 10:11.25 1:28.62 |
| 200m:                    | 2:48.53                         | 1:27.68 | 400m: | 5:44.56 | 1:27.97 | 600m: | 8:42.63  | 1:29.23 | 800m:           | 11:36.94 1:25.69 |
| 6. Lis Julia             | 11 KS Rekin Świebodzice         |         |       |         |         |       |          |         | <b>14:14.57</b> | 174              |
| 100m:                    | 1:32.09                         | 1:32.09 | 300m: | 5:09.11 | 1:49.69 | 500m: | 8:51.90  | 1:51.88 | 700m:           | 12:35.19 1:51.95 |
| 200m:                    | 3:19.42                         | 1:47.33 | 400m: | 7:00.02 | 1:50.91 | 600m: | 10:43.24 | 1:51.34 | 800m:           | 14:14.57 1:39.38 |