

Opole, 25.10.2025

Konkurencja 9

25.10.2025 - 12:45

Mężczyzn, 400m dowolny

11 lat i starsi

Wyniki

Rekord Opolszczyzny Open	3:56.92	Jabłoński Bartłomiej	01207	Bydgoszcz	16.12.2023
Rekord Opolszczyzny 19 +	3:59.97	Wiekiera Dawid	02407	Opole	23.11.2024
Rekord Opolszczyzny 18	4:00.38	Kempa Mikołaj	00207	Gorzów Wlkp	11.03.2017
Rekord Opolszczyzny 17	4:01.18	Kempa Mikołaj	00207	Olsztyn	15.12.2016
Rekord Opolszczyzny 16	3:56.92	Jabłoński Bartłomiej	01207	Bydgoszcz	16.12.2023
Rekord Opolszczyzny 15	4:02.18	Roman Mateusz	00107	Strzelce Opolskie	20.11.2015
Rekord Opolszczyzny 14	4:16.35	Kempa Mikołaj	00207	Kędzierzyn-Koźle	29.11.2013
Rekord Opolszczyzny 13	4:29.14	Kempa Mikołaj	00207	Oświęcim	22.12.2012
Rekord Opolszczyzny 12	4:41.06	Nowak Radosław	00407	Kędzierzyn	19.12.2009
Rekord Opolszczyzny - 11	5:04.77	Bukryj Patryk	02107	Opole	23.11.2024

Punkty: AQUA 2025

Pozycja

Rok ur.

Czas

Pkt.

11 lat

1. Mańka Alan	14	CSiR MOS w Dąbrowie Górniczej	5:32.42	260
50m: 38.02 38.02	150m: 2:04.45 43.85	250m: 3:30.78 42.28	350m: 4:53.48 40.32	
100m: 1:20.60 42.58	200m: 2:48.50 44.05	300m: 4:13.16 42.38	400m: 5:32.42 38.94	
2. Jończyk Maksym	14	MUKS Gilus Gilowice	5:37.93	247
50m: 37.47 37.47	150m: 2:03.21 43.48	250m: 3:31.01 43.59	350m: 4:57.93 43.38	
100m: 1:19.73 42.26	200m: 2:47.42 44.21	300m: 4:14.55 43.54	400m: 5:37.93 40.00	
3. Plachta Xavier	14	KP Aqua-Swim Nysa	5:41.84	239
50m: 38.21 38.21	150m: 2:05.49 42.98	250m: 3:34.07 44.02	350m: 5:01.74 43.58	
100m: 1:22.51 44.30	200m: 2:50.05 44.56	300m: 4:18.16 44.09	400m: 5:41.84 40.10	
4. Michaliszyn Marcin	14	KS Rekin Świebodzice	5:43.96	234
50m: 37.99 37.99	150m: 2:06.87 44.54	250m: 3:37.11 44.68	350m: 5:05.69 44.56	
100m: 1:22.33 44.34	200m: 2:52.43 45.56	300m: 4:21.13 44.02	400m: 5:43.96 38.27	
5. Zalewski Bartosz	14	CSiR MOS w Dąbrowie Górniczej	5:53.50	216
50m: 41.37 41.37	150m: 2:11.50 45.51	250m: 3:42.31 45.07	350m: 5:12.03 44.11	
100m: 1:25.99 44.62	200m: 2:57.24 45.74	300m: 4:27.92 45.61	400m: 5:53.50 41.47	
6. Woźniak Mateusz	14	KP „Sukces” Chorzów	6:03.51	199
50m: 42.16 42.16	150m: 2:16.51 46.91	250m: 3:48.49 46.01	350m: 5:21.30 45.92	
100m: 1:29.60 47.44	200m: 3:02.48 45.97	300m: 4:35.38 46.89	400m: 6:03.51 42.21	
7. Tadewicz Mikołaj	14	Swim Team MOSiR Kędzierzyn-Koźle	6:12.99	184
50m: 41.84 41.84	150m: 2:16.90 48.11	250m: 3:54.29 48.86	350m: 5:27.21 44.87	
100m: 1:28.79 46.95	200m: 3:05.43 48.53	300m: 4:42.34 48.05	400m: 6:12.99 45.78	
8. Bejno Jakub	14	Swim Team MOSiR Kędzierzyn-Koźle	6:18.30	176
50m: 43.11 43.11	150m: 2:21.48 49.79	250m: 3:58.92 47.42	350m: 5:37.11 48.77	
100m: 1:31.69 48.58	200m: 3:11.50 50.02	300m: 4:48.34 49.42	400m: 6:18.30 41.19	
9. Dzień vel Rakoczy Kajetan	14	KS Rekin Świebodzice	6:18.44	176
50m: 42.92 42.92	150m: 2:19.70 48.12	250m: 3:55.44 47.93	350m: 5:30.41 47.28	
100m: 1:31.58 48.66	200m: 3:07.51 47.81	300m: 4:43.13 47.69	400m: 6:18.44 48.03	
10. Głapiak Antoni	14	AZS KU Politechniki Opolskiej	6:18.78	175
50m: 42.61 42.61	150m: 2:20.50 50.02	250m: 3:59.79 50.13	350m: 5:37.15 48.21	
100m: 1:30.48 47.87	200m: 3:09.66 49.16	300m: 4:48.94 49.15	400m: 6:18.78 41.63	
11. Dobrochowski Franciszek	14	KS Rekin Świebodzice	6:19.89	174
50m: 44.91 44.91	150m: 2:20.74 48.06	250m: 4:47.15 1:37.74	350m: 5:40.11 47.83	
100m: 1:32.68 47.77	200m: 3:09.41 48.67	300m: 5:35.90 48.75	400m: 6:19.89 46.84	
12. Hallek Wiktor	14	DOKiS SP Vega Dobrodzień	6:26.95	165
50m: 43.77 43.77	150m: 2:22.40 49.89	250m: 4:03.55 50.74	350m: 5:40.11 47.83	
100m: 1:32.51 48.74	200m: 3:12.81 50.41	300m: 4:52.28 48.73	400m: 6:26.95 46.84	

Opole, 25.10.2025

Konkurencja 9, Chłopców, 400m dowolny, 11 lat

Pozycja				Rok ur.							Czas	Pkt.
13.	Madej Aleksander			14	Swim Team MOSiR Kędzierzyn-Koźle			6:26.97			165	
	50m:	42.66	42.66	150m:	2:24.12	50.78	250m:	4:04.58	49.71	350m:	5:42.26	48.62
	100m:	1:33.34	50.68	200m:	3:14.87	50.75	300m:	4:53.64	49.06	400m:	6:26.97	44.71
14.	Wilczyński Fabian			14	KS Rekin Świebodzice			6:32.72			157	
	50m:	45.41	45.41	150m:	2:27.33	51.29	250m:	4:08.11	49.59	350m:	5:43.80	45.76
	100m:	1:36.04	50.63	200m:	3:18.52	51.19	300m:	4:58.04	49.93	400m:	6:32.72	48.92
15.	Danielewicz Aleksander			14	UKS Junior Kluczbork			6:39.00			150	
	50m:	43.26	43.26	150m:	3:13.42	1:42.93	250m:	4:58.88	52.80	350m:		
	100m:	1:30.49	47.23	200m:	4:06.08	52.66	300m:	5:49.01	50.13	400m:	6:39.00	
16.	Dudkiewicz Wolfgang			14	MUKS Gilus Gilowice			6:39.62			149	
	50m:	41.13	41.13	150m:	2:21.72	51.44	250m:	4:05.85	52.71	350m:	5:51.32	52.36
	100m:	1:30.28	49.15	200m:	3:13.14	51.42	300m:	4:58.96	53.11	400m:	6:39.62	48.30
17.	Krawczyk Aleksander			14	AZS KU Politechniki Opolskiej			6:39.77			149	
	50m:	43.14	43.14	150m:	2:23.30	50.65	250m:	4:06.23	52.00	350m:	5:49.32	51.27
	100m:	1:32.65	49.51	200m:	3:14.23	50.93	300m:	4:58.05	51.82	400m:	6:39.77	50.45
18.	Gajdecki Aleks			14	Swim Team MOSiR Kędzierzyn-Koźle			6:48.82			139	
	50m:	41.43	41.43	150m:	2:27.22	54.34	250m:	4:16.93	54.64	350m:	6:04.74	53.07
	100m:	1:32.88	51.45	200m:	3:22.29	55.07	300m:	5:11.67	54.74	400m:	6:48.82	44.08
19.	Król Wojciech			14	AZS KU Politechniki Opolskiej			6:49.84			138	
	50m:	42.50	42.50	150m:	2:26.62	54.12	250m:	4:15.98	55.02	350m:	6:04.99	53.73
	100m:	1:32.50	50.00	200m:	3:20.96	54.34	300m:	5:11.26	55.28	400m:	6:49.84	44.85
20.	Hadam Fabian			14	Swim Team MOSiR Kędzierzyn-Koźle			6:54.08			134	
	50m:	45.89	45.89	150m:	2:31.56	53.11	250m:	4:18.51	52.74	350m:	6:04.37	52.51
	100m:	1:38.45	52.56	200m:	3:25.77	54.21	300m:	5:11.86	53.35	400m:	6:54.08	49.71
21.	Zaremba Stanisław			14	Swim Team MOSiR Kędzierzyn-Koźle			7:00.41			128	
	50m:	45.95	45.95	150m:	2:30.77	53.48	250m:	4:19.31	53.94	350m:	6:13.67	57.66
	100m:	1:37.29	51.34	200m:	3:25.37	54.60	300m:	5:16.01	56.70	400m:	7:00.41	46.74
22.	Taler Filip			14	Swim Team MOSiR Kędzierzyn-Koźle			7:08.03			121	
	50m:	45.67	45.67	150m:	2:35.36	54.16	250m:	4:27.77	56.29	350m:	6:18.25	55.65
	100m:	1:41.20	55.53	200m:	3:31.48	56.12	300m:	5:22.60	54.83	400m:	7:08.03	49.78
23.	Sado Wojciech			14	Swim Team MOSiR Kędzierzyn-Koźle			7:18.44			113	
	50m:	47.77	47.77	150m:	2:40.72	55.42	250m:	4:32.91	56.05	350m:	6:24.74	55.12
	100m:	1:45.30	57.53	200m:	3:36.86	56.14	300m:	5:29.62	56.71	400m:	7:18.44	53.70
24.	Kaczmarczyk Leon			14	AZS KU Politechniki Opolskiej			7:25.23			108	
	50m:	44.33	44.33	150m:	2:36.20	58.60	250m:	4:30.42	56.52	350m:	6:26.94	59.57
	100m:	1:37.60	53.27	200m:	3:33.90	57.70	300m:	5:27.37	56.95	400m:	7:25.23	58.29
25.	Małota Aleksander			14	Swim Team MOSiR Kędzierzyn-Koźle			7:28.62			105	
	50m:	51.15	51.15	150m:	2:47.07	59.24	250m:	4:44.64	58.54	350m:	6:40.60	56.94
	100m:	1:47.83	56.68	200m:	3:46.10	59.03	300m:	5:43.66	59.02	400m:	7:28.62	48.02
26.	Hajduk Borys			14	Swim Team MOSiR Kędzierzyn-Koźle			7:31.69			103	
	50m:	46.59	46.59	150m:	2:40.12	57.61	250m:	4:34.86	58.68	350m:	6:33.86	58.51
	100m:	1:42.51	55.92	200m:	3:36.18	56.06	300m:	5:35.35	1:00.49	400m:	7:31.69	57.83
27.	Zabrocki Miłosz			14	Swim Team MOSiR Kędzierzyn-Koźle			7:49.51			92	
	50m:	49.86	49.86	150m:	2:49.32	1:00.51	250m:	4:51.50	59.75	350m:	6:53.35	59.91
	100m:	1:48.81	58.95	200m:	3:51.75	1:02.43	300m:	5:53.44	1:01.94	400m:	7:49.51	56.16

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Konkurencja 9, Chłopców, 400m dowolny, 11 lat

Pozycja				Rok ur.					Czas	Pkt.
28.	Świrski Julian			14	Swim Team MOSiR Kędzierzyn-Koźle				8:04.46	84
	50m:	45.33	45.33	150m:	2:32.18	54.56	250m:	5:18.87	350m:	7:09.83
	100m:	1:37.62	52.29	200m:	3:27.01	54.83	300m:	6:14.48	400m:	8:04.46

13 lat

1.	Lecht Jeremiasz			12	Swim Team MOSiR Kędzierzyn-Koźle				4:57.76	362
	50m:	32.48	32.48	150m:	1:47.28	37.52	250m:	3:03.28	350m:	4:18.56
	100m:	1:09.76	37.28	200m:	2:25.46	38.18	300m:	3:41.38	400m:	4:57.76
2.	Dzieża Antoni			12	UKS „Manta Kochłowice Ruda Śląska”				4:58.18	360
	50m:	32.43	32.43	150m:	1:47.68	37.87	250m:	3:07.38	350m:	4:24.52
	100m:	1:09.81	37.38	200m:	2:24.93	37.25	300m:	3:50.68	400m:	4:58.18
3.	Rokicki Borys			12	AZS KU Politechniki Opolskiej				5:03.33	342
	50m:	33.21	33.21	150m:	1:48.57	37.63	250m:	3:06.39	350m:	4:24.74
	100m:	1:10.94	37.73	200m:	2:27.00	38.43	300m:	3:45.63	400m:	5:03.33
4.	Siewiński Mateusz			12	AZS KU Politechniki Opolskiej				5:13.02	311
	50m:	33.20	33.20	150m:	1:51.66	39.45	250m:	3:12.53	350m:	4:33.69
	100m:	1:12.21	39.01	200m:	2:32.06	40.40	300m:	3:53.14	400m:	5:13.02
5.	Rudzki Aleksander			12	Swim Team MOSiR Kędzierzyn-Koźle				5:16.42	301
	50m:	36.44	36.44	150m:	1:58.72	41.33	250m:	3:20.29	350m:	4:38.75
	100m:	1:17.39	40.95	200m:	2:39.87	41.15	300m:	4:00.27	400m:	5:16.42
6.	Nowicki Borys			12	UKS Junior Kluczbork				5:17.20	299
	50m:	35.73	35.73	150m:	1:57.46	41.43	250m:	3:19.52	350m:	4:39.69
	100m:	1:16.03	40.30	200m:	2:38.65	41.19	300m:	4:00.35	400m:	5:17.20
7.	Ciszewski Bartosz			12	KS Rekin Świebodzice				5:21.89	286
	50m:	35.99	35.99	150m:	1:55.71	40.20	250m:	3:19.08	350m:	4:41.81
	100m:	1:15.51	39.52	200m:	2:37.65	41.94	300m:	4:01.09	400m:	5:21.89
8.	Sitarz Marek			12	UKS Junior Kluczbork				5:34.50	255
	50m:	38.89	38.89	150m:	2:03.82	42.68	250m:	3:29.76	350m:	4:55.60
	100m:	1:21.14	42.25	200m:	2:46.77	42.95	300m:	4:13.15	400m:	5:34.50
9.	Nowicki Adam			12	KS Rekin Świebodzice				5:39.19	245
	50m:	37.38	37.38	150m:	2:02.41	43.18	250m:	3:29.90	350m:	4:59.99
	100m:	1:19.23	41.85	200m:	2:46.15	43.74	300m:	4:14.86	400m:	5:39.19
10.	Kozarów Szymon			12	UKS Junior Kluczbork				5:49.42	224
	50m:	38.47	38.47	150m:	2:05.74	43.91	250m:	3:36.23	350m:	5:05.10
	100m:	1:21.83	43.36	200m:	2:50.88	45.14	300m:	4:21.15	400m:	5:49.42
11.	Nikonenko Semen			12	KP Aqua-Swim Nysa				5:59.39	205
	50m:	40.53	40.53	150m:	2:15.48	47.43	250m:	3:46.69	350m:	5:19.86
	100m:	1:28.05	47.52	200m:	3:00.32	44.84	300m:	4:33.35	400m:	5:59.39
12.	Studziński Szymon			12	UKS Kronos Strzelce Opolskie				5:59.63	205
	50m:	37.27	37.27	150m:	2:08.24	45.55	250m:	3:42.38	350m:	5:13.50
	100m:	1:22.69	45.42	200m:	2:54.96	46.72	300m:	4:28.52	400m:	5:59.63
13.	Marciniak Sebastian			12	KS Rekin Świebodzice				6:00.53	204
	50m:	38.46	38.46	150m:	2:10.54	45.50	250m:	3:42.71	350m:	5:15.79
	100m:	1:25.04	46.58	200m:	2:56.07	45.53	300m:	4:29.27	400m:	6:00.53
14.	Kicol Nikodem			12	Swim Team MOSiR Kędzierzyn-Koźle				6:24.29	168
	50m:	39.03	39.03	150m:	2:15.32	48.87	250m:	3:56.17	350m:	5:36.87
	100m:	1:26.45	47.42	200m:	3:05.56	50.24	300m:	4:47.02	400m:	6:24.29

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14 lat i starsi

1.	Wołpiuk Michał			08	MUKS Gilus Gilowice					4:11.32	602
	50m: 27.51	27.51	150m: 1:30.29	31.65	250m: 2:34.44	32.15	350m: 3:39.66	32.66			
	100m: 58.64	31.13	200m: 2:02.29	32.00	300m: 3:07.00	32.56	400m: 4:11.32	31.66			
2.	Wasztyl Kacper			08	AZS KU Politechniki Opolskiej					4:27.41	500
	50m: 29.21	29.21	150m: 1:36.87	34.40	250m: 2:44.86	33.46	350m: 3:53.99	34.66			
	100m: 1:02.47	33.26	200m: 2:11.40	34.53	300m: 3:19.33	34.47	400m: 4:27.41	33.42			
3.	Stelmach Jędrzej			10	AZS KU Politechniki Opolskiej					4:28.01	496
	50m: 29.56	29.56	150m: 1:37.06	33.79	250m: 2:44.68	33.71	350m: 3:54.15	35.21			
	100m: 1:03.27	33.71	200m: 2:10.97	33.91	300m: 3:18.94	34.26	400m: 4:28.01	33.86			
4.	Jadczak Wojciech			11	DOKiS SP Vega Dobrodzień					4:40.94	431
	50m: 30.38	30.38	150m: 1:41.85	36.12	250m: 2:55.37	36.77	350m: 4:06.58	35.05			
	100m: 1:05.73	35.35	200m: 2:18.60	36.75	300m: 3:31.53	36.16	400m: 4:40.94	34.36			
5.	Wielgus Mikołaj			11	UKS Victoria Kozy					4:41.34	429
	50m: 30.37	30.37	150m: 1:40.54	35.90	250m: 2:51.77	35.58	350m: 4:02.67	34.36			
	100m: 1:04.64	34.27	200m: 2:16.19	35.65	300m: 3:28.31	36.54	400m: 4:41.34	38.67			
6.	Kary Borys			10	AZS KU Politechniki Opolskiej					4:41.84	427
	50m: 30.96	30.96	150m: 1:41.64	35.68	250m: 2:54.26	36.20	350m: 4:06.70	36.21			
	100m: 1:05.96	35.00	200m: 2:18.06	36.42	300m: 3:30.49	36.23	400m: 4:41.84	35.14			
7.	Tymoczko Oskar			10	Swim Team MOSiR Kędzierzyn-Koźle					4:46.60	406
	50m: 30.08	30.08	150m: 1:40.97	35.90	250m: 2:55.72	37.53	350m: 4:10.49	37.15			
	100m: 1:05.07	34.99	200m: 2:18.19	37.22	300m: 3:33.34	37.62	400m: 4:46.60	36.11			
8.	Juraszek Bartłomiej			10	KP Aqua-Swim Nysa					4:57.04	364
	50m: 33.53	33.53	150m: 1:48.95	38.00	250m: 3:05.79	38.27	350m: 4:22.14	38.06			
	100m: 1:10.95	37.42	200m: 2:27.52	38.57	300m: 3:44.08	38.29	400m: 4:57.04	34.90			
9.	Śliwiński Gabriel			11	Swim Team MOSiR Kędzierzyn-Koźle					4:59.58	355
	50m: 33.13	33.13	150m: 1:48.06	37.85	250m: 3:04.53	38.30	350m:				
	100m: 1:10.21	37.08	200m: 2:26.23	38.17	300m: 3:42.24	37.71	400m: 4:59.58				
10.	Spott Szymon			11	DOKiS SP Vega Dobrodzień					5:01.41	349
	50m: 33.10	33.10	150m: 1:49.31	37.97	250m: 3:06.70	38.93	350m: 4:23.77	37.73			
	100m: 1:11.34	38.24	200m: 2:27.77	38.46	300m: 3:46.04	39.34	400m: 5:01.41	37.64			
11.	Tenderowicz Michał			10	MUKS Gilus Gilowice					5:04.60	338
	50m: 32.14	32.14	150m: 1:46.20	38.21	250m: 3:04.43	39.37	350m: 4:24.65	40.17			
	100m: 1:07.99	35.85	200m: 2:25.06	38.86	300m: 3:44.48	40.05	400m: 5:04.60	39.95			
12.	Salwa Maciej			11	KS Rekin Świebodzice					5:19.20	294
	50m: 35.65	35.65	150m: 1:57.55	41.38	250m: 3:21.81	41.70	350m: 4:44.87	41.90			
	100m: 1:16.17	40.52	200m: 2:40.11	42.56	300m: 4:02.97	41.16	400m: 5:19.20	34.33			
13.	Krzyszkowski Krzysztof			10	KS Rekin Świebodzice					5:20.89	289
	50m: 32.96	32.96	150m: 1:50.99	39.18	250m: 3:14.32	42.12	350m: 4:40.18	42.99			
	100m: 1:11.81	38.85	200m: 2:32.20	41.21	300m: 3:57.19	42.87	400m: 5:20.89	40.71			
14.	Kopeć Rafał			08	KS Rekin Świebodzice					5:21.24	288
	50m: 33.62	33.62	150m: 1:55.30	42.00	250m: 3:20.72	42.67	350m: 4:45.82	41.93			
	100m: 1:13.30	39.68	200m: 2:38.05	42.75	300m: 4:03.89	43.17	400m: 5:21.24	35.42			
15.	Sańternik Jakub			10	KP Aqua-Swim Nysa					5:21.70	287
	50m: 35.48	35.48	150m: 2:39.03	1:23.41	250m: 4:02.94	42.13	350m: 5:22.04	38.27			
	100m: 1:15.62	40.14	200m: 3:20.81	41.78	300m: 4:43.77	40.83	400m: 5:21.70				

Opole, 25.10.2025

Konkurencja 9, Mężczyzn, 400m dowolny, 14 lat i starsi

Pozycja	Rok ur.										Czas	Pkt.
16. Cherevko Markiyan	08 AZS KU Politechniki Opolskiej										5:26.38	275
50m:	35.14	35.14	150m:	1:56.85	41.69	250m:	3:20.36	41.68	350m:	4:44.97	41.83	
100m:	1:15.16	40.02	200m:	2:38.68	41.83	300m:	4:03.14	42.78	400m:	5:26.38	41.41	
17. Bachniak Brajan	10 KP Aqua-Swim Nysa										5:34.92	254
50m:	34.17	34.17	150m:	1:57.72	43.04	250m:	3:27.89	45.16	350m:	4:55.29	42.98	
100m:	1:14.68	40.51	200m:	2:42.73	45.01	300m:	4:12.31	44.42	400m:	5:34.92	39.63	
18. Jan Białowas	10 UKS Junior Kluczbork										5:38.10	247
50m:	35.11	35.11	150m:	2:00.65	43.84	250m:	3:28.57	44.30	350m:	4:57.45	44.61	
100m:	1:16.81	41.70	200m:	2:44.27	43.62	300m:	4:12.84	44.27	400m:	5:38.10	40.65	
19. Antonów Jakub	11 KP Aqua-Swim Nysa										6:29.89	161
50m:	41.82	41.82	150m:	2:18.58	49.03	250m:	3:58.14	50.34	350m:	5:40.92	50.66	
100m:	1:29.55	47.73	200m:	3:07.80	49.22	300m:	4:50.26	52.12	400m:	6:29.89	48.97	