

DRUŻYNOWY WIELOBÓJ PŁYWACKI DZIECI 10-11 LAT

MIĘDZYWOJEWÓDZKIE DRUŻYNOWE MISTRZOSTWA MŁODZIKÓW 12 LAT

Otwarte MDMM12lat oraz DWPD10-11lat

Opole, 30. - 31.5.2026

Event 17

Girls, 400m Freestyle

12 years

30.05.2026 - 11:15

Results

Rekord Polski Open	4:43.74	Rakowska Marta	00407	Kedzierzyn-Kozle	09.12.2017
Rekord Polski 12	4:33.26	Cierpiatowska Paulina	00310	Gdansk	09.12.2017
Rekord Opolszczyzny	4:39.21	Rakowska Marta	00407	Kedzierzyn-Kozle	08.12.2018

Points: AQUA 2025

Rank	YB				Time	Pts
1.	Podsiadlo Ada				5:07.36	420
	50m: 34.23	34.23	150m: 1:51.44	39.19	250m: 3:10.37	39.53
	100m: 1:12.25	38.02	200m: 2:30.84	39.40	300m: 3:50.00	39.63
				350m: 4:29.24	39.24	
				400m: 5:07.36	38.12	
2.	Witecka Barbara				5:14.10	393
	50m: 34.79	34.79	150m: 1:54.21	39.92	250m: 3:15.69	40.29
	100m: 1:14.29	39.50	200m: 2:35.40	41.19	300m: 3:56.63	40.94
				350m: 4:35.94	39.31	
				400m: 5:14.10	38.16	
3.	Gorek Martyna				5:17.04	383
	50m: 36.64	36.64	150m: 1:57.82	40.77	250m: 3:19.39	41.09
	100m: 1:17.05	40.41	200m: 2:38.30	40.48	300m: 3:59.83	40.44
				350m: 4:39.77	39.94	
				400m: 5:17.04	37.27	
4.	Goleszny Maja				5:19.74	373
	50m: 35.42	35.42	150m: 1:56.03	40.79	250m: 3:19.05	41.46
	100m: 1:15.24	39.82	200m: 2:37.59	41.56	300m: 4:00.43	41.38
				350m: 4:40.51	40.08	
				400m: 5:19.74	39.23	
5.	Gryl Hanna				5:20.87	369
	50m: 35.57	35.57	150m: 1:56.81	41.06	250m: 3:20.83	42.03
	100m: 1:15.75	40.18	200m: 2:38.80	41.99	300m: 4:02.87	42.04
				350m: 4:44.28	41.41	
				400m: 5:20.87	36.59	
6.	Wasik Anna				5:26.21	351
	50m: 35.54	35.54	150m: 1:57.50	41.45	250m: 3:21.38	42.63
	100m: 1:16.05	40.51	200m: 2:38.75	41.25	300m: 4:03.62	42.24
				350m: 4:45.80	42.18	
				400m: 5:26.21	40.41	
7.	Pas Amelia				5:32.26	332
	50m: 36.49	36.49	150m: 2:01.56	42.94	250m: 3:28.29	43.34
	100m: 1:18.62	42.13	200m: 2:44.95	43.39	300m: 4:10.42	42.13
				350m: 4:52.50	42.08	
				400m: 5:32.26	39.76	
8.	Sojka Antonina				5:38.21	315
	50m: 38.80	38.80	150m: 2:02.20	41.86	250m: 3:28.33	43.00
	100m: 1:20.34	41.54	200m: 2:45.33	43.13	300m: 4:12.24	43.91
				350m: 4:55.44	43.20	
				400m: 5:38.21	42.77	
9.	Niemiec Pola				5:49.93	284
	50m: 37.81	37.81	150m: 2:06.89	45.37	250m: 3:38.06	46.05
	100m: 1:21.52	43.71	200m: 2:52.01	45.12	300m: 4:23.35	45.29
				350m: 5:09.13	45.78	
				400m: 5:49.93	40.80	
10.	Kornatowska Iga				5:52.74	278
	50m: 40.37	40.37	150m: 2:12.36	46.30	250m: 3:46.26	46.87
	100m: 1:26.06	45.69	200m: 2:59.39	47.03	300m: 4:30.98	44.72
				350m: 5:15.16	44.18	
				400m: 5:52.74	37.58	
11.	Sitek Antonina				5:55.87	270
	50m: 39.04	39.04	150m: 2:10.54	46.22	250m: 3:44.39	47.01
	100m: 1:24.32	45.28	200m: 2:57.38	46.84	300m: 4:30.67	46.28
				350m: 5:15.03	44.36	
				400m: 5:55.87	40.84	
12.	Francuz Liliana				6:04.92	251
	50m: 40.98	40.98	150m: 2:13.02	46.51	250m: 3:46.98	46.75
	100m: 1:26.51	45.53	200m: 3:00.23	47.21	300m: 4:35.18	48.20
				350m: 5:22.70	47.52	
				400m: 6:04.92	42.22	
13.	Mielczarek Amelia				6:06.19	248
	50m: 40.66	40.66	150m: 2:14.79	47.85	250m: 3:50.21	48.26
	100m: 1:26.94	46.28	200m: 3:01.95	47.16	300m: 4:38.08	47.87
				350m: 5:25.16	47.08	
				400m: 6:06.19	41.03	

DRUŻYNOWY WIELOBÓJ PŁYWACKI DZIECI 10-11 LAT

MIĘDZYWOJEWÓDZKIE DRUŻYNOWE MISTRZOSTWA MŁODZIKÓW 12 LAT

Otwarte MDMM12lat oraz DWPD10-11lat

Opole, 30. - 31.5.2026

Event 17, Girls, 400m Freestyle, 12 years

Rank				YB					Time	Pts
14.	Ordys Alicja			14	CSiR MOS w Dabrowie Gorniczej				6:06.89	247
	50m:	40.47	40.47	150m:	250m:	3:50.10	46.41	350m:	5:25.70	46.69
	100m:	1:25.38	44.91	200m:	300m:	4:39.01	48.91	400m:	6:06.89	41.19
15.	Sojka Nina			14	UKS Aquatica Pawlowice				6:07.52	245
	50m:	41.05	41.05	150m:	250m:	3:49.94	47.65	350m:	5:25.61	47.73
	100m:	1:27.71	46.66	200m:	300m:	4:37.88	47.94	400m:	6:07.52	41.91
16.	Odias Zofia			14	UKS Wodnik Siemianowice Slaskie				6:07.97	244
	50m:	41.03	41.03	150m:	250m:			350m:		
	100m:	1:28.04	47.01	200m:	300m:			400m:	6:07.97	
17.	Krzowska Melania			14	UKS Aquatica Pawlowice				6:17.33	227
	50m:	42.81	42.81	150m:	250m:	4:00.03	50.12	350m:	5:35.25	47.32
	100m:	1:31.02	48.21	200m:	300m:	4:47.93	47.90	400m:	6:17.33	42.08
18.	Raczka Hanna			14	UKS Aquatica Pawlowice				6:24.50	214
	50m:	40.11	40.11	150m:	250m:	3:58.22	50.93	350m:	5:38.51	50.36
	100m:	1:27.81	47.70	200m:	300m:	4:48.15	49.93	400m:	6:24.50	45.99
19.	Radwanska Lena			14	UKS „Manta Kochlowice Ruda Slaska”				6:28.97	207
	50m:	45.58	45.58	150m:	250m:	4:05.95	49.41	350m:	5:42.09	45.63
	100m:	1:35.74	50.16	200m:	300m:	4:56.46	50.51	400m:	6:28.97	46.88
20.	Jeczmienny Kamila			14	Swim Team MOSiR Kedzierzyn-Kozle				6:29.81	206
	50m:	42.27	42.27	150m:	250m:	4:03.55	51.29	350m:	5:45.62	50.75
	100m:	1:31.52	49.25	200m:	300m:	4:54.87	51.32	400m:	6:29.81	44.19
21.	Lazar Natalia			14	UKS Aquatica Pawlowice				6:46.59	181
	50m:	42.84	42.84	150m:	250m:	4:12.67	53.71	350m:	5:59.89	54.30
	100m:	1:33.51	50.67	200m:	300m:	5:05.59	52.92	400m:	6:46.59	46.70
22.	Swaczyna Lena			14	Swim Team MOSiR Kedzierzyn-Kozle				6:58.39	166
	50m:	47.98	47.98	150m:	250m:	4:21.05	52.86	350m:	6:07.47	52.27
	100m:	1:41.11	53.13	200m:	300m:	5:15.20	54.15	400m:	6:58.39	50.92
23.	Filip Antonina			14	MKS Park Wodny Tarnowskie Gory				7:10.74	152
	50m:	46.42	46.42	150m:	250m:	4:26.28	55.62	350m:	6:18.24	54.68
	100m:	1:40.44	54.02	200m:	300m:	5:23.56	57.28	400m:	7:10.74	52.50