

Zawody o Puchar Prezydenta Miasta Mielca
Mielec, 7.2.2026

Konkurencja 1
07.02.2026 - 9:30

Kobiet, 400m dowolny

Open
Wyniki

Punkty: AQUA 2025

Pozycja			Rok ur.					Czas	Pkt.	
16 lat i starsi										
1.	SZOPA Natalia		07	UKP GRYF D bica				4:30.14	619	
	50m:	29.73 29.73	150m:	1:35.46	33.83	250m:	2:45.85	35.36	350m:	3:56.76 35.15
	100m:	1:01.63 31.90	200m:	2:10.49	35.03	300m:	3:21.61	35.76	400m:	4:30.14 33.38
2.	WÓJTOWICZ Aleksandra		10	Kajman Połaniec				4:51.14	494	
	50m:	32.64 32.64	150m:	1:44.46	36.51	250m:	2:59.50	37.55	350m:	4:14.40 37.71
	100m:	1:07.95 35.31	200m:	2:21.95	37.49	300m:	3:36.69	37.19	400m:	4:51.14 36.74
3.	STAWARZ Izabela		10	MUKP FALA Ropczyce				5:40.99	307	
	50m:	36.21 36.21	150m:	2:02.90	44.84	250m:	3:33.09	45.28	350m:	5:00.87 43.31
	100m:	1:18.06 41.85	200m:	2:47.81	44.91	300m:	4:17.56	44.47	400m:	5:40.99 40.12
14 - 15 lat										
1.	MENET Maria		12	UKS SP AQUARIUS Lesko				5:13.37	396	
	50m:	34.37 34.37	150m:	1:50.60	38.80	250m:	3:10.33	40.22	350m:	4:32.88 41.80
	100m:	1:11.80 37.43	200m:	2:30.11	39.51	300m:	3:51.08	40.75	400m:	5:13.37 40.49
2.	KRASOWSKA Maja		11	UKS DELFIN Tarnobrzeg				5:13.97	394	
	50m:	34.77 34.77	150m:	1:54.92	40.95	250m:	3:16.84	40.56	350m:	4:37.21 39.25
	100m:	1:13.97 39.20	200m:	2:36.28	41.36	300m:	3:57.96	41.12	400m:	5:13.97 36.76
3.	MILLER Milena		12	UKS SP AQUARIUS Lesko				5:14.37	392	
	50m:	34.84 34.84	150m:	1:52.99	39.85	250m:	3:14.68	40.72	350m:	4:35.53 40.58
	100m:	1:13.14 38.30	200m:	2:33.96	40.97	300m:	3:54.95	40.27	400m:	5:14.37 38.84
4.	ERNESTOWICZ Julia		12	MUKP Korona-Swim Kielce				5:19.12	375	
	50m:	34.76 34.76	150m:	1:53.83	40.36	250m:	3:16.52	41.70	350m:	4:40.09 42.37
	100m:	1:13.47 38.71	200m:	2:34.82	40.99	300m:	3:57.72	41.20	400m:	5:19.12 39.03
5.	CZACHOR Kornelia		12	UKS FENIKS D bica				5:21.05	368	
	50m:	33.49 33.49	150m:	1:54.58	41.96	250m:	3:18.83	42.27	350m:	4:43.09 42.54
	100m:	1:12.62 39.13	200m:	2:36.56	41.98	300m:	4:00.55	41.72	400m:	5:21.05 37.96
6.	BARNIAK Milena		12	UKS DELFINEK Ustrzyki Dolne				5:24.09	358	
	50m:	36.24 36.24	150m:	1:59.14	41.97	250m:	3:22.59	41.62	350m:	4:45.40 41.00
	100m:	1:17.17 40.93	200m:	2:40.97	41.83	300m:	4:04.40	41.81	400m:	5:24.09 38.69
7.	DWORZA SKA Aleksandra		11	UKS SP AQUARIUS Lesko				5:29.71	340	
	50m:	36.54 36.54	150m:	2:00.38	43.11	250m:	3:26.49	43.19	350m:	4:50.16 41.68
	100m:	1:17.27 40.73	200m:	2:43.30	42.92	300m:	4:08.48	41.99	400m:	5:29.71 39.55
8.	GIERLA Sara		12	UKS SP AQUARIUS Lesko				5:33.44	329	
	50m:	37.52 37.52	150m:	2:02.03	42.84	250m:	3:27.44	42.84	350m:	4:52.99 42.46
	100m:	1:19.19 41.67	200m:	2:44.60	42.57	300m:	4:10.53	43.09	400m:	5:33.44 40.45
9.	CZAJKOWSKA Oliwia		12	UKS DELFIN Tarnobrzeg				5:33.96	327	
	50m:	37.14 37.14	150m:	2:02.60	43.60	250m:	3:27.85	42.54	350m:	4:53.61 42.46
	100m:	1:19.00 41.86	200m:	2:45.31	42.71	300m:	4:11.15	43.30	400m:	5:33.96 40.35
10.	LEFARSKA Maja		12	MUKP Korona-Swim Kielce				5:39.27	312	
	50m:	37.50 37.50	150m:	2:00.76	42.29	250m:	3:27.82	44.11	350m:	4:57.05 44.40
	100m:	1:18.47 40.97	200m:	2:43.71	42.95	300m:	4:12.65	44.83	400m:	5:39.27 42.22
11.	MACIAS D esika		12	Kajman Połaniec				5:39.31	312	
	50m:	36.89 36.89	150m:	2:00.48	42.69	250m:	3:28.74	44.50	350m:	4:58.08 44.61
	100m:	1:17.79 40.90	200m:	2:44.24	43.76	300m:	4:13.47	44.73	400m:	5:39.31 41.23

Zawody o Puchar Prezydenta Miasta Mielca
Mielec, 7.2.2026

Konkurencja 1, Dziewcz t, 400m dowolny, 14 - 15 lat

Pozycja					Rok ur.					Czas	Pkt.	
12.	JASEK Anita				12	MUKP FALA Ropczyce				5:42.16	304	
	50m:	35.01	35.01	150m:	2:00.81	44.22	250m:	3:31.56	45.43	350m:	5:01.70	44.68
	100m:	1:16.59	41.58	200m:	2:46.13	45.32	300m:	4:17.02	45.46	400m:	5:42.16	40.46
13.	STACHNIK Wiktoria				11	MUKP FALA Ropczyce				5:43.88	300	
	50m:	37.96	37.96	150m:	2:04.74	43.83	250m:	3:33.23	44.46	350m:	5:01.96	44.24
	100m:	1:20.91	42.95	200m:	2:48.77	44.03	300m:	4:17.72	44.49	400m:	5:43.88	41.92
14.	OCHAŁ Dominika				11	MUKP FALA Ropczyce				5:47.02	292	
	50m:	36.41	36.41	150m:	2:01.62	43.86	250m:	3:31.42	44.72	350m:	5:01.97	45.85
	100m:	1:17.76	41.35	200m:	2:46.70	45.08	300m:	4:16.12	44.70	400m:	5:47.02	45.05
15.	KIPA Julia				12	MUKP FALA Ropczyce				5:51.45	281	
	50m:	39.03	39.03	150m:	2:08.26	45.33	250m:	3:40.20	45.89	350m:	5:09.57	43.89
	100m:	1:22.93	43.90	200m:	2:54.31	46.05	300m:	4:25.68	45.48	400m:	5:51.45	41.88
16.	KOŁODZIEJ Nadia				12	UKS FENIKS D bica				5:53.84	275	
	50m:	37.98	37.98	150m:	2:05.77	44.84	250m:	3:38.33	46.00	350m:	5:10.37	45.64
	100m:	1:20.93	42.95	200m:	2:52.33	46.56	300m:	4:24.73	46.40	400m:	5:53.84	43.47
17.	REGIEC Emilia				12	PIRANIE SOSiR Nowa D ba				6:15.27	230	
	50m:	40.46	40.46	150m:	2:14.43	47.14	250m:	3:51.37	48.91	350m:	5:30.25	50.08
	100m:	1:27.29	46.83	200m:	3:02.46	48.03	300m:	4:40.17	48.80	400m:	6:15.27	45.02

13 lat

1.	KRASOWSKA Blanka				13	UKS DELFIN Tarnobrzeg				4:58.53	458	
	50m:	32.01	32.01	150m:	1:44.71	37.02	250m:	3:01.48	38.82	350m:	4:20.57	39.72
	100m:	1:07.69	35.68	200m:	2:22.66	37.95	300m:	3:40.85	39.37	400m:	4:58.53	37.96
2.	SAWICKA Liliana				13	Kajman Połaniec				5:13.01	398	
	50m:	35.08	35.08	150m:	1:53.70	39.72	250m:	3:15.68	41.19	350m:	4:36.61	40.51
	100m:	1:13.98	38.90	200m:	2:34.49	40.79	300m:	3:56.10	40.42	400m:	5:13.01	36.40
3.	STAWARZ Anna				13	MUKP FALA Ropczyce				5:21.28	368	
	50m:	34.44	34.44	150m:	1:52.78	39.89	250m:	3:16.95	42.47	350m:	4:41.66	42.71
	100m:	1:12.89	38.45	200m:	2:34.48	41.70	300m:	3:58.95	42.00	400m:	5:21.28	39.62
4.	YGUŁA Amelia				13	UKP GRYF D bica				5:25.81	352	
	50m:	36.01	36.01	150m:	1:57.58	41.52	250m:	3:21.73	43.13	350m:	4:44.78	41.61
	100m:	1:16.06	40.05	200m:	2:38.60	41.02	300m:	4:03.17	41.44	400m:	5:25.81	41.03
5.	WI TEK Amelia				13	Kajman Połaniec				5:29.73	340	
	50m:	36.94	36.94	150m:	2:00.47	42.42	250m:	3:26.33	42.95	350m:	4:49.68	41.30
	100m:	1:18.05	41.11	200m:	2:43.38	42.91	300m:	4:08.38	42.05	400m:	5:29.73	40.05
6.	BIE Laura				13	UKS FENIKS D bica				5:29.84	340	
	50m:	34.63	34.63	150m:	1:56.68	41.77	250m:	3:23.94	44.70	350m:	4:50.51	42.77
	100m:	1:14.91	40.28	200m:	2:39.24	42.56	300m:	4:07.74	43.80	400m:	5:29.84	39.33
7.	LORENC Lena				13	MUKP FALA Ropczyce				5:31.38	335	
	50m:	36.89	36.89	150m:	2:00.66	42.82	250m:	3:26.44	43.47	350m:	4:53.25	43.34
	100m:	1:17.84	40.95	200m:	2:42.97	42.31	300m:	4:09.91	43.47	400m:	5:31.38	38.13
8.	HAJDUK Maja				13	UKP GRYF D bica				5:35.70	322	
	50m:	36.24	36.24	150m:	1:59.26	42.53	250m:	3:26.23	43.84	350m:	4:54.37	43.84
	100m:	1:16.73	40.49	200m:	2:42.39	43.13	300m:	4:10.53	44.30	400m:	5:35.70	41.33
9.	MUDRY Emilia				13	KP REKIN Lubaczów				5:37.83	316	
	50m:	37.70	37.70	150m:	2:03.87	44.42	250m:	3:32.55	44.39	350m:	4:58.52	41.31
	100m:	1:19.45	41.75	200m:	2:48.16	44.29	300m:	4:17.21	44.66	400m:	5:37.83	39.31
10.	SZCZEPANIK Inka				13	KP REKIN Lubaczów				5:47.49	290	
	50m:	40.32	40.32	150m:	2:07.93	43.94	250m:	3:36.78	44.82	350m:	5:05.20	44.15
	100m:	1:23.99	43.67	200m:	2:51.96	44.03	300m:	4:21.05	44.27	400m:	5:47.49	42.29

Zawody o Puchar Prezydenta Miasta Mielca
Mielec, 7.2.2026

Konkurencja 1, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
11.	ŁUSZCZ Nicola		13	Kajman Połaniec				5:55.88	270
	50m: 38.53	38.53	150m: 2:06.85	44.97	250m: 3:38.76	46.22	350m: 5:11.74	46.27	
	100m: 1:21.88	43.35	200m: 2:52.54	45.69	300m: 4:25.47	46.71	400m: 5:55.88	44.14	

12 lat

1.	DRAGON Dorota		14	Kajman Połaniec				5:28.34	344
	50m: 37.63	37.63	150m: 2:02.95	42.85	250m: 3:28.12	41.59	350m: 4:50.57	39.89	
	100m: 1:20.10	42.47	200m: 2:46.53	43.58	300m: 4:10.68	42.56	400m: 5:28.34	37.77	
2.	KAMI SKA Agata		14	Kajman Połaniec				5:33.23	329
	50m: 37.12	37.12	150m: 2:01.50	42.16	250m: 3:26.98	42.67	350m: 4:52.09	43.05	
	100m: 1:19.34	42.22	200m: 2:44.31	42.81	300m: 4:09.04	42.06	400m: 5:33.23	41.14	
3.	JAJKO Liliana		14	Kajman Połaniec				5:36.76	319
	50m: 36.60	36.60	150m: 1:59.84	42.09	250m: 3:24.45	41.80	350m: 4:51.74	42.79	
	100m: 1:17.75	41.15	200m: 2:42.65	42.81	300m: 4:08.95	44.50	400m: 5:36.76	45.02	
4.	CIPIE Hanna		14	Stow. Sportowe PROSWIM				5:49.16	286
	50m: 39.25	39.25	150m: 2:05.91	44.19	250m: 3:34.63	44.29	350m: 5:03.31	44.41	
	100m: 1:21.72	42.47	200m: 2:50.34	44.43	300m: 4:18.90	44.27	400m: 5:49.16	45.85	
5.	NYLEC Zuzanna		14	UKP GRYF D bica				5:53.76	275
	50m: 38.58	38.58	150m: 2:07.31	45.00	250m: 3:39.84	45.78	350m: 5:10.79	45.21	
	100m: 1:22.31	43.73	200m: 2:54.06	46.75	300m: 4:25.58	45.74	400m: 5:53.76	42.97	
6.	SUPERSON Wiktoria		14	UKS FENIKS D bica				5:53.81	275
	50m: 39.03	39.03	150m: 2:08.58	45.48	250m: 3:38.49	45.20	350m: 5:09.14	44.55	
	100m: 1:23.10	44.07	200m: 2:53.29	44.71	300m: 4:24.59	46.10	400m: 5:53.81	44.67	
7.	KRUCZEK Aleksandra		14	UKS SP AQUARIUS Lesko				5:58.88	264
	50m: 39.46	39.46	150m: 2:09.93	45.68	250m: 3:43.36	46.67	350m: 5:15.60	45.49	
	100m: 1:24.25	44.79	200m: 2:56.69	46.76	300m: 4:30.11	46.75	400m: 5:58.88	43.28	
8.	OKO Julia		14	Kajman Połaniec				6:29.74	206
	50m: 42.00	42.00	150m: 2:22.91	51.56	250m: 4:03.46	51.21	350m: 5:43.43	49.35	
	100m: 1:31.35	49.35	200m: 3:12.25	49.34	300m: 4:54.08	50.62	400m: 6:29.74	46.31	
9.	GARDYNIK Ewa		14	UKS Aqua Sport				7:22.36	141
	50m: 45.90	45.90	150m:		250m: 4:36.77	58.08	350m: 6:32.17	56.08	
	100m: 1:42.65	56.75	200m: 3:38.69		300m: 5:36.09	59.32	400m: 7:22.36	50.19	

11 lat i młodszy

1.	KNYCH Laura		17	MUKP FALA Ropczyce				7:45.86	120
	50m: 48.59	48.59	150m: 2:45.27	59.61	250m: 4:43.99	1:00.27	350m: 6:48.83	1:01.84	
	100m: 1:45.66	57.07	200m: 3:43.72	58.45	300m: 5:46.99	1:03.00	400m: 7:45.86	57.03	
2.	BOJARSKA Lena		15	KP REKIN Lubaczów				7:46.11	120
	50m: 44.50	44.50	150m: 2:38.25	59.84	250m: 4:40.96	1:01.78	350m:		
	100m: 1:38.41	53.91	200m: 3:39.18	1:00.93	300m:		400m: 7:46.11		