



Podkarpacka Liga Pływacka Dzieci 11-12 lat - 3 edycja wiosna 2026
Mielec, 16.05.2026

Konkurencja 16
16.05.2026 - 12:51

Chłopców, 400m dowolny

12 lat
Wyniki

Punkty: AQUA 2025

Pozycja			Rok ur.					Czas	Pkt.
1.	DEMBOWSKI Kuba		14	UKS Aqua Sport				5:11.33	316
	50m: 34.58	34.58	150m: 1:54.78	40.46	250m: 3:15.06	40.18	350m: 4:33.99	39.48	
	100m: 1:14.32	39.74	200m: 2:34.88	40.10	300m: 3:54.51	39.45	400m: 5:11.33	37.34	
2.	WIECH Karol		14	MKS IKAR STAL Mielec				5:17.27	299
	50m: 34.20	34.20	150m: 1:55.00	41.03	250m: 3:14.57	40.17	350m: 4:35.71	40.61	
	100m: 1:13.97	39.77	200m: 2:34.40	39.40	300m: 3:55.10	40.53	400m: 5:17.27	41.56	
3.	FLORKIEWICZ Frank		14	UKS DELFINEK Ustrzyki Dolne				5:36.62	250
	50m: 36.00	36.00	150m: 1:59.64	42.54	250m: 3:27.27	43.89	350m: 4:55.18	43.72	
	100m: 1:17.10	41.10	200m: 2:43.38	43.74	300m: 4:11.46	44.19	400m: 5:36.62	41.44	
4.	KU MA Maurycy		14	SP MOTYL Stalowa Wola				5:40.46	242
	50m: 37.81	37.81	150m: 2:04.46	43.92	250m: 3:31.28	43.36	350m: 4:58.54	43.27	
	100m: 1:20.54	42.73	200m: 2:47.92	43.46	300m: 4:15.27	43.99	400m: 5:40.46	41.92	
5.	STEC Jakub		14	UKS FENIKS D bica				5:45.40	232
	50m: 35.53	35.53	150m: 2:00.96	43.23	250m: 3:31.08	44.34	350m: 5:02.65	45.54	
	100m: 1:17.73	42.20	200m: 2:46.74	45.78	300m: 4:17.11	46.03	400m: 5:45.40	42.75	
6.	LEWANDOWSKI Jakub		14	UKS Aqua Sport				5:54.30	214
	50m: 39.85	39.85	150m: 2:10.38	46.07	250m: 3:42.33	45.54	350m:		
	100m: 1:24.31	44.46	200m: 2:56.79	46.41	300m: 4:27.17	44.84	400m: 5:54.30		
7.	SZKAFARAK Kacper		14	UKS DELFINEK Ustrzyki Dolne				6:03.10	199
	50m: 38.94	38.94	150m: 2:12.61	47.81	250m: 3:48.57	47.49	350m: 5:27.06	51.12	
	100m: 1:24.80	45.86	200m: 3:01.08	48.47	300m: 4:35.94	47.37	400m: 6:03.10	36.04	
8.	BARYŁA Ryszard		14	SP MOTYL Stalowa Wola				6:06.63	194
	50m: 40.95	40.95	150m: 2:15.04	47.68	250m: 3:50.28	47.28	350m: 5:23.55	45.19	
	100m: 1:27.36	46.41	200m: 3:03.00	47.96	300m: 4:38.36	48.08	400m: 6:06.63	43.08	
9.	DARA Franciszek		14	KP SOKÓŁ Reszów				6:09.50	189
	50m: 40.58	40.58	150m: 2:13.33	46.81	250m: 3:47.62	47.64	350m: 5:24.25	48.86	
	100m: 1:26.52	45.94	200m: 2:59.98	46.65	300m: 4:35.39	47.77	400m: 6:09.50	45.25	
10.	KAMI SKI Mikołaj		14	MKS IKAR STAL Mielec				6:17.69	177
	50m: 40.37	40.37	150m: 2:16.70	49.79	250m: 3:49.32	44.98	350m: 5:30.18	49.67	
	100m: 1:26.91	46.54	200m: 3:04.34	47.64	300m: 4:40.51	51.19	400m: 6:17.69	47.51	
11.	BAŁA Ignacy		14	UKS FENIKS D bica				6:20.08	174
	50m: 41.82	41.82	150m: 2:19.64	49.03	250m: 3:57.55	49.61	350m: 5:34.28	46.86	
	100m: 1:30.61	48.79	200m: 3:07.94	48.30	300m: 4:47.42	49.87	400m: 6:20.08	45.80	
12.	RAK Łukasz		14	PIRANIE SOSiR Nowa D ba				6:22.79	170
	50m: 43.45	43.45	150m: 2:24.95	51.63	250m: 4:06.20	50.14	350m: 5:41.81	45.80	
	100m: 1:33.32	49.87	200m: 3:16.06	51.11	300m: 4:56.01	49.81	400m: 6:22.79	40.98	
13.	L CZKA Jakub		14	Stow. Sportowe PROSWIM				6:30.11	161
	50m: 39.35	39.35	150m: 2:16.68	49.64	250m: 4:00.75	51.68	350m: 5:44.63	50.74	
	100m: 1:27.04	47.69	200m: 3:09.07	52.39	300m: 4:53.89	53.14	400m: 6:30.11	45.48	
14.	STANICKI Jakub		14	SP MOTYL Stalowa Wola				6:30.71	160
	50m: 41.76	41.76	150m: 2:22.55	51.65	250m: 4:04.76	51.29	350m: 5:44.48	50.09	
	100m: 1:30.90	49.14	200m: 3:13.47	50.92	300m: 4:54.39	49.63	400m: 6:30.71	46.23	
15.	KARABAN Jakub		14	SP MOTYL Stalowa Wola				6:33.92	156
	50m: 42.66	42.66	150m: 2:23.98	51.65	250m: 4:08.18	52.14	350m: 5:50.17	50.08	
	100m: 1:32.33	49.67	200m: 3:16.04	52.06	300m: 5:00.09	51.91	400m: 6:33.92	43.75	
16.	CHROBAK Borys		14	KSW Stal Rzeszów				6:41.12	148
	50m: 44.50	44.50	150m: 2:27.87	52.05	250m: 4:11.90	52.07	350m: 5:54.79	52.14	
	100m: 1:35.82	51.32	200m: 3:19.83	51.96	300m: 5:02.65	50.75	400m: 6:41.12	46.33	



Podkarpacka Liga Pływacka Dzieci 11-12 lat - 3 edycja wiosna 2026
Mielec, 16.05.2026

Konkurencja 16, Chłopców, 400m dowolny, 12 lat

Pozycja				Rok ur.					Czas	Pkt.		
17.	DURAK Jaromir			14	Stow. Sportowe PROSWIM				6:45.91	142		
	50m:	44.33	44.33	150m:	2:29.61	53.54	250m:	4:14.54	52.04	350m:	5:57.85	50.86
	100m:	1:36.07	51.74	200m:	3:22.50	52.89	300m:	5:06.99	52.45	400m:	6:45.91	48.06
18.	PASTERNAK Ryszard			14	UKS Aqua Sport				7:05.20	124		
	50m:	47.17	47.17	150m:	2:36.71	55.52	250m:	4:29.12	55.82	350m:	6:17.86	54.75
	100m:	1:41.19	54.02	200m:	3:33.30	56.59	300m:	5:23.11	53.99	400m:	7:05.20	47.34
19.	DYL G Marcel			14	UKS Aqua Sport				7:23.28	109		
	50m:	46.92	46.92	150m:	2:37.47	56.50	250m:	4:32.97	57.67	350m:	6:29.90	59.50
	100m:	1:40.97	54.05	200m:	3:35.30	57.83	300m:	5:30.40	57.43	400m:	7:23.28	53.38
20.	KOZIARZ Jakub			14	Stow. Sportowe PROSWIM				7:32.24	103		
	50m:	47.51	47.51	150m:	2:41.52	57.36	250m:	4:40.15	58.82	350m:	6:41.49	59.91
	100m:	1:44.16	56.65	200m:	3:41.33	59.81	300m:	5:41.58	1:01.43	400m:	7:32.24	50.75