



Duża Liga Runda III
Kielce, 4.10.2025



Konkurencja 7
04.10.2025 - 12:15

Kobiet, 400m zmienny

13 lat i starsi
Wyniki

Rekordy Św. 19 +	4:45.20	KILIJAŃSKA Donata	KSOST	Kraków	08.03.2013
Rekordy Św. 18	4:45.20	KILIJAŃSKA Donata	KSOST	Kraków	08.03.2013
Rekordy Św. 17	4:46.40	KILIJAŃSKA Donata	KSOST	Gliwice	18.03.2011
Rekordy Św. 16	4:46.40	KILIJAŃSKA Donata	00612	Gliwice	18.03.2011
Rekordy Św. 15	4:53.17	KILIJAŃSKA Donata	00612	Katowice	22.01.2010
Rekordy Św. 14	5:00.78	WOŁEK Oliwia	00612	Ostrowiec Sw	27.11.2015
Rekordy Św. 13	5:15.23	LATAŁA Weronika	01412	Ostrowiec Sw	03.12.2017

Punkty: AQUA 2024

Pozycja Rok ur. Czas Pkt.

13 lat

1. SIATKOWSKA Pola	12	MUKP MOSiR Orka Kielce	5:41.42	436
50m: 35.76 35.76	150m: 2:05.87 45.05	250m: 3:35.70 47.76	350m: 5:02.81 39.87	
100m: 1:20.82 45.06	200m: 2:47.94 42.07	300m: 4:22.94 47.24	400m: 5:41.42 38.61	
2. SKUBISZ Liliana	12	CSiR MOS w Dąbrowie Górniczej	5:42.80	430
50m: 34.75 34.75	150m: 2:01.46 45.78	250m: 3:36.16 50.38	350m: 5:05.46 38.99	
100m: 1:15.68 40.93	200m: 2:45.78 44.32	300m: 4:26.47 50.31	400m: 5:42.80 37.34	
3. GRZEGORCZYK Helena	12	MUKP Korona-Swim Kielce	6:08.38	347
50m: 42.59 42.59	150m: 2:19.53 48.58	250m: 3:56.30 48.00	350m: 5:27.45 41.37	
100m: 1:30.95 48.36	200m: 3:08.30 48.77	300m: 4:46.08 49.78	400m: 6:08.38 40.93	
4. RÓŻYCKA Antonia	12	TS Akwedukt Kielce	6:11.76	337
50m: 40.59 40.59	150m: 2:15.86 49.72	250m: 3:54.86 52.36	350m: 5:30.65 42.71	
100m: 1:26.14 45.55	200m: 3:02.50 46.64	300m: 4:47.94 53.08	400m: 6:11.76 41.11	
5. GRZEGORCZYK Amelia	12	MUKP Korona-Swim Kielce	6:13.77	332
50m: 39.74 39.74	150m: 2:17.56 49.51	250m: 3:56.93 52.33	350m: 5:32.84 43.16	
100m: 1:28.05 48.31	200m: 3:04.60 47.04	300m: 4:49.68 52.75	400m: 6:13.77 40.93	
6. KOBYLKA Elżbieta	12	MUKP Korona-Swim Kielce	6:15.23	328
50m: 40.05 40.05	150m: 2:17.90 48.99	250m: 3:57.47 52.30	350m: 5:33.49 44.01	
100m: 1:28.91 48.86	200m: 3:05.17 47.27	300m: 4:49.48 52.01	400m: 6:15.23 41.74	
7. ERNESTOWICZ Julia	12	MUKP Korona-Swim Kielce	6:32.00	288
50m: 42.47 42.47	150m: 2:23.06 50.45	250m: 4:07.94 57.87	350m: 5:50.57 45.42	
100m: 1:32.61 50.14	200m: 3:10.07 47.01	300m: 5:05.15 57.21	400m: 6:32.00 41.43	
8. KUBICZ Kornelia	12	MUKP Korona-Swim Kielce	6:36.20	279
50m: 43.05 43.05	150m: 2:21.10 48.91	250m: 4:08.25 59.20	350m: 5:53.38 45.73	
100m: 1:32.19 49.14	200m: 3:09.05 47.95	300m: 5:07.65 59.40	400m: 6:36.20 42.82	
9. GOŁYŃSKA Gabriela	12	St. Lok. SALOS Cortile Kielce	6:46.20	259
50m: 46.50 46.50	150m: 2:31.18 48.24	250m: 4:19.68 59.28	350m: 6:04.93 45.35	
100m: 1:42.94 56.44	200m: 3:20.40 49.22	300m: 5:19.58 59.90	400m: 6:46.20 41.27	

14 - 15 lat

1. MAJ Zuzanna	11	KS KSZO Ostrowiec Św.	5:28.49	489
50m: 35.72 35.72	150m: 1:58.96 41.88	250m: 3:25.64 46.86	350m: 4:51.44 38.97	
100m: 1:17.08 41.36	200m: 2:38.78 39.82	300m: 4:12.47 46.83	400m: 5:28.49 37.05	
2. OLSZEWSKA Natalia	10	St. Lok. SALOS Cortile Kielce	5:31.82	475
50m: 35.14 35.14	150m: 1:59.92 44.31	250m: 3:29.72 47.60	350m: 4:56.08 38.69	
100m: 1:15.61 40.47	200m: 2:42.12 42.20	300m: 4:17.39 47.67	400m: 5:31.82 35.74	
3. BOSZCZYK Zuzanna	11	MUKP MOSiR Orka Kielce	5:31.83	475
50m: 33.16 33.16	150m: 1:56.75 46.04	250m: 3:28.25 47.32	350m: 4:56.00 39.69	
100m: 1:10.71 37.55	200m: 2:40.93 44.18	300m: 4:16.31 48.06	400m: 5:31.83 35.83	
4. NAGÓRNA Wiktoria	10	MUKP Korona-Swim Kielce	5:47.00	415
50m: 37.74 37.74	150m: 2:04.45 43.86	250m: 3:38.40 52.92	350m: 5:10.50 39.24	
100m: 1:20.59 42.85	200m: 2:45.48 41.03	300m: 4:31.26 52.86	400m: 5:47.00 36.50	
5. WÓJTOWICZ Aleksandra	10	Kajman Połaniec	5:56.60	382
50m: 38.21 38.21	150m: 2:10.57 47.21	250m: 3:47.52 51.07	350m: 5:19.30 39.79	
100m: 1:23.36 45.15	200m: 2:56.45 45.88	300m: 4:39.51 51.99	400m: 5:56.60 37.30	



Duża Liga Runda III
Kielce, 4.10.2025



Konkurencja 7, Dziewcząt, 400m zmienny, 14 - 15 lat

Pozycja	Rok ur.								Czas	Pkt.	
6. SELL Magdalena	11 MUKP Korona-Swim Kielce								6:13.76	332	
50m:	40.15	40.15	150m:	2:15.69	47.94	250m:	3:57.98	56.90	350m:	5:38.03	42.38
100m:	1:27.75	47.60	200m:	3:01.08	45.39	300m:	4:55.65	57.67	400m:	6:13.76	35.73

16 lat i starsi

1. BOBROVSKA Alina	08				KS KSZO Ostrowiec Św.				4:58.87		650
50m:	31.46	31.46	150m:	1:46.18	39.00	250m:	3:07.78	43.13	350m:	4:26.20	35.03
100m:	1:07.18	35.72	200m:	2:24.65	38.47	300m:	3:51.17	43.39	400m:	4:58.87	32.67
2. PRASAŁ Aleksandra	09				MUKP Korona-Swim Kielce				5:34.28		464
50m:	35.61	35.61	150m:	1:58.88	42.25	250m:	3:28.55	48.36	350m:	4:56.97	39.79
100m:	1:16.63	41.02	200m:	2:40.19	41.31	300m:	4:17.18	48.63	400m:	5:34.28	37.31