



Konkurencja 19
27.06.2026 - 17:25

Mężczyzn, 400m dowolny

Open
Wyniki

Rek.okr. 19 +	3:52.97	KACZMARSKI Marcin	KSOST	Olsztyn	15.06.2013
Rek.okr. 18	3:55.31	KACZMARSKI Marcin	KSOST	O wicim	19.07.2012
Rek.okr. 17	4:01.26	RADKIEWICZ KAJETAN	KSOST	O wicim	21.07.2022
Rek.okr. 16	4:03.80	KURANT ROGER	KSOST	Ostrowiec w.	23.05.2009
Rek.okr. 15	4:03.80	KURANT ROGER	KSOST	Ostrowiec w.	23.05.2009
Rek.okr. 14	4:14.10	KURANT ROGER	KSOST	O wicim	05.07.2008
Rek.okr. 13	4:28.93	KURANT ROGER	KSOST	O wicim	08.07.2007
Rek.okr. 12	4:50.23	WILK JAKUB	KSOST	Ostrowiec w.	14.06.2014
Rek.okr. - 11	5:11.29	BEKIER WIKTOR	KOKIE	Końce (SVK)	20.12.2019

Punkty: AQUA 2025

Pozycja Rok ur. Czas Pkt.

12 lat

1.	CIELIK Bartosz	14	Kajman Połaniec	4:55.96	411
	50m: 32.67 32.67	150m: 1:48.91 38.72	250m: 3:07.77 39.53	350m: 4:22.12 35.85	
	100m: 1:10.19 37.52	200m: 2:28.24 39.33	300m: 3:46.27 38.50	400m: 4:55.96 33.84	
2.	CISŁOWSKI Antoni	14	Kajman Połaniec	5:12.18	350
	50m: 34.65 34.65	150m: 1:54.98 40.42	250m: 3:16.20 40.56	350m: 4:36.61 38.80	
	100m: 1:14.56 39.91	200m: 2:35.64 40.66	300m: 3:57.81 41.61	400m: 5:12.18 35.57	
3.	KACZMARCZYK Marcel	14	Kajman Połaniec	5:56.80	234
	50m: 38.15 38.15	150m: 2:10.67 47.00	250m: 3:43.88 45.54	350m: 5:12.77 42.71	
	100m: 1:23.67 45.52	200m: 2:58.34 47.67	300m: 4:30.06 46.18	400m: 5:56.80 44.03	
4.	WŁADNY Adam	14	MUKS Unia Busko Zdrój	6:19.19	195
	50m: 41.03 41.03	150m: 2:18.84 50.69	250m: 3:58.35 50.74	350m: 5:36.34 48.97	
	100m: 1:28.15 47.12	200m: 3:07.61 48.77	300m: 4:47.37 49.02	400m: 6:19.19 42.85	

13 lat

1.	RACHUNA Marcel	13	Kajman Połaniec	5:04.76	376
	50m: 34.16 34.16	150m: 1:52.56 39.73	250m: 3:12.35 39.80	350m: 4:30.49 39.09	
	100m: 1:12.83 38.67	200m: 2:32.55 39.99	300m: 3:51.40 39.05	400m: 5:04.76 34.27	
2.	PŁAWSKI Michał	13	MUKS Unia Busko Zdrój	5:23.62	314
	50m: 35.94 35.94	150m: 1:57.50 41.78	250m: 3:21.22 42.91	350m: 4:43.99 41.33	
	100m: 1:15.72 39.78	200m: 2:38.31 40.81	300m: 4:02.66 41.44	400m: 5:23.62 39.63	

15 lat

1.	ZAGNI SKI Aleksander	11	MUKP MOSiR Orka Kielce	4:41.60	477
	50m: 30.24 30.24	150m: 1:39.87 35.88	250m: 2:53.18 36.93	350m: 4:06.40 36.81	
	100m: 1:03.99 33.75	200m: 2:16.25 36.38	300m: 3:29.59 36.41	400m: 4:41.60 35.20	
2.	RAMI CZEK Aleksander	11	St. Lok. SALOS Cortile Kielce	5:16.84	335
	50m: 35.03 35.03	150m: 1:53.70 40.07	250m: 3:16.70 41.87	350m: 4:38.24 40.78	
	100m: 1:13.63 38.60	200m: 2:34.83 41.13	300m: 3:57.46 40.76	400m: 5:16.84 38.60	
3.	PŁAWSKI Piotr	11	MUKS Unia Busko Zdrój	5:20.99	322
	50m: 35.19 35.19	150m: 1:55.43 40.29	250m: 3:19.46 41.95	350m: 3:22.65	
	100m: 1:15.14 39.95	200m: 2:37.51 42.08	300m: 4:01.65 42.19	400m: 5:20.99 1:58.34	

Open

1.	SIKORA Cyprian	07	KS KSZO Ostrowiec w.	4:14.73	644
	50m: 29.49 29.49	150m: 1:33.59 32.43	250m: 2:38.92 32.85	350m: 3:44.24 32.69	
	100m: 1:01.16 31.67	200m: 2:06.07 32.48	300m: 3:11.55 32.63	400m: 4:14.73 30.49	
2.	NALEJ Maciej	09	St. Lok. SALOS Cortile Kielce	4:36.82	502
	50m: 31.40 31.40	150m: 1:41.64 35.56	250m: 2:52.19 35.54	350m: 4:02.60 35.06	
	100m: 1:06.08 34.68	200m: 2:16.65 35.01	300m: 3:27.54 35.35	400m: 4:36.82 34.22	
3.	ZAGNI SKI Aleksander	11	MUKP MOSiR Orka Kielce	4:41.60	477
	50m: 30.24 30.24	150m: 1:39.87 35.88	250m: 2:53.18 36.93	350m: 4:06.40 36.81	
	100m: 1:03.99 33.75	200m: 2:16.25 36.38	300m: 3:29.59 36.41	400m: 4:41.60 35.20	



Letnie Mistrzostwa Okręgu wioślarskiego
Ostrowiec w., 27. - 28.6.2026



Konkurencja 19, Mężczyźni, 400m dowolny, Open

Pozycja	Rok ur.				Czas	Pkt.
4. CIELIK Bartosz	14	Kajman Połaniec	4:55.96	411		
50m: 32.67 32.67	150m: 1:48.91 38.72	250m: 3:07.77 39.53	350m: 4:22.12 35.85			
100m: 1:10.19 37.52	200m: 2:28.24 39.33	300m: 3:46.27 38.50	400m: 4:55.96 33.84			
5. WUJEK Jakub	08	St. Lok. SALOS Cortile Kielce	5:04.53	377		
50m: 33.62 33.62	150m: 1:51.34 39.43	250m: 3:10.16 39.82	350m: 4:27.71 38.21			
100m: 1:11.91 38.29	200m: 2:30.34 39.00	300m: 3:49.50 39.34	400m: 5:04.53 36.82			
6. RACHUNA Marcel	13	Kajman Połaniec	5:04.76	376		
50m: 34.16 34.16	150m: 1:52.56 39.73	250m: 3:12.35 39.80	350m: 4:30.49 39.09			
100m: 1:12.83 38.67	200m: 2:32.55 39.99	300m: 3:51.40 39.05	400m: 5:04.76 34.27			
7. LITWISKI Wiktor	10	St. Lok. SALOS Cortile Kielce	5:05.34	374		
50m: 32.16 32.16	150m: 1:49.46 39.29	250m: 3:10.40 40.30	350m: 4:29.45 39.67			
100m: 1:10.17 38.01	200m: 2:30.10 40.64	300m: 3:49.78 39.38	400m: 5:05.34 35.89			
8. CISŁOWSKI Antoni	14	Kajman Połaniec	5:12.18	350		
50m: 34.65 34.65	150m: 1:54.98 40.42	250m: 3:16.20 40.56	350m: 4:36.61 38.80			
100m: 1:14.56 39.91	200m: 2:35.64 40.66	300m: 3:57.81 41.61	400m: 5:12.18 35.57			
9. RAMIŃSKI Aleksander	11	St. Lok. SALOS Cortile Kielce	5:16.84	335		
50m: 35.03 35.03	150m: 1:53.70 40.07	250m: 3:16.70 41.87	350m: 4:38.24 40.78			
100m: 1:13.63 38.60	200m: 2:34.83 41.13	300m: 3:57.46 40.76	400m: 5:16.84 38.60			
10. PŁAWSKI Piotr	11	MUKS Unia Busko Zdrój	5:20.99	322		
50m: 35.19 35.19	150m: 1:55.43 40.29	250m: 3:19.46 41.95	350m: 4:32.65			
100m: 1:15.14 39.95	200m: 2:37.51 42.08	300m: 4:01.65 42.19	400m: 5:20.99 1:58.34			
11. PŁAWSKI Michał	13	MUKS Unia Busko Zdrój	5:23.62	314		
50m: 35.94 35.94	150m: 1:57.50 41.78	250m: 3:21.22 42.91	350m: 4:43.99 41.33			
100m: 1:15.72 39.78	200m: 2:38.31 40.81	300m: 4:02.66 41.44	400m: 5:23.62 39.63			
12. KACZMARCZYK Marcel	14	Kajman Połaniec	5:56.80	234		
50m: 38.15 38.15	150m: 2:10.67 47.00	250m: 3:43.88 45.54	350m: 5:12.77 42.71			
100m: 1:23.67 45.52	200m: 2:58.34 47.67	300m: 4:30.06 46.18	400m: 5:56.80 44.03			
13. WŁADNY Adam	14	MUKS Unia Busko Zdrój	6:19.19	195		
50m: 41.03 41.03	150m: 2:18.84 50.69	250m: 3:58.35 50.74	350m: 5:36.34 48.97			
100m: 1:28.15 47.12	200m: 3:07.61 48.77	300m: 4:47.37 49.02	400m: 6:19.19 42.85			