Konkurencja 18 | Kobiet, 400m dowolny | Open
21.11.2026 - 16:40 | Wyniki

Punkty: AQUA 2026

Pozycja		Rok ur.		Czas	Pkt.

12 lat

1.	FELIKSIOWSKA Hanna	14	KS KSZO Ostrowiec Św.	**4:57.34**	464

50m:	33.07	33.07	150m:	1:48.47	37.89	250m:	3:05.01	38.43	350m:	4:21.93	38.62
100m:	1:10.58	37.51	200m:	2:26.58	38.11	300m:	3:43.31	38.30	400m:	4:57.34	35.41

2.	WYSOCKA Aleksandra	14	MUKP MOSiR Orka Kielce	**5:09.68**	411

50m:	34.15	34.15	150m:	1:52.11	39.44	250m:	3:11.38	39.80	350m:	4:32.23	40.12
100m:	1:12.67	38.52	200m:	2:31.58	39.47	300m:	3:52.11	40.73	400m:	5:09.68	37.45

3.	KAMIŃSKA Agata	14	Kajman Połaniec	**5:13.06**	397

50m:	36.56	36.56	150m:	1:58.24	40.37	250m:	3:17.57	39.27	350m:	4:35.71	38.38
100m:	1:17.87	41.31	200m:	2:38.30	40.06	300m:	3:57.33	39.76	400m:	5:13.06	37.35

4.	BOROWSKA Lena	14	KS KSZO Ostrowiec Św.	**5:39.76**	311

50m:	37.84	37.84	150m:	2:04.20	43.67	250m:	3:31.67	43.26	350m:	5:00.74	44.38
100m:	1:20.53	42.69	200m:	2:48.41	44.21	300m:	4:16.36	44.69	400m:	5:39.76	39.02

5.	GAJ Urszula	14	MUKP MOSiR Orka Kielce	**6:01.97**	257

50m:	40.24	40.24	150m:	2:12.73	47.00	250m:	3:46.71	47.32	350m:	5:20.01	46.34
100m:	1:25.73	45.49	200m:	2:59.39	46.66	300m:	4:33.67	46.96	400m:	6:01.97	41.96

6.	PTAK Aleksandra	14	TS Akwedukt Kielce	**7:59.41**	110

50m:	54.43	54.43	150m:	2:58.42	1:02.32	250m:	5:01.00	1:01.12	350m:	7:02.39	59.51
100m:	1:56.10	1:01.67	200m:	3:59.88	1:01.46	300m:	6:02.88	1:01.88	400m:	7:59.41	57.02

NW	SOŁTYSIAK Antonina	14	MUKS Unia Busko Zdrój		

13 lat

1.	LIS Wiktoria	13	MUKP MOSiR Orka Kielce	**4:52.08**	489

50m:	33.79	33.79	150m:	1:48.43	37.64	250m:	3:03.53	37.40	350m:	4:17.03	36.26
100m:	1:10.79	37.00	200m:	2:26.13	37.70	300m:	3:40.77	37.24	400m:	4:52.08	35.05

2.	KARPOWICZ Aurelia	13	MUKP MOSiR Orka Kielce	**4:53.99**	480

50m:	33.59	33.59	150m:	1:47.55	37.27	250m:	3:02.68	37.52	350m:	4:17.79	37.23
100m:	1:10.28	36.69	200m:	2:25.16	37.61	300m:	3:40.56	37.88	400m:	4:53.99	36.20

3.	KACPRZYK Nikola	13	MUKP MOSiR Orka Kielce	**5:00.95**	447

50m:	33.39	33.39	150m:	1:50.27	38.82	250m:	3:07.43	38.34	350m:	4:24.93	38.74
100m:	1:11.45	38.06	200m:	2:29.09	38.82	300m:	3:46.19	38.76	400m:	5:00.95	36.02

4.	JĘDRZEJCZAK Hanna	13	St. Lok. SALOS Cortile Kielce	**5:01.14**	446

50m:	36.18	36.18	150m:	1:51.51	38.09	250m:	3:08.00	38.56	350m:	4:23.74	37.74
100m:	1:13.42	37.24	200m:	2:29.44	37.93	300m:	3:46.00	38.00	400m:	5:01.14	37.40

5.	WORWA Alicja	13	MUKP MOSiR Orka Kielce	**5:02.82**	439

50m:	33.29	33.29	150m:	1:49.87	38.67	250m:	3:07.84	38.88	350m:	4:25.77	38.89
100m:	1:11.20	37.91	200m:	2:28.96	39.09	300m:	3:46.88	39.04	400m:	5:02.82	37.05

6.	GAWROŃSKA Zofia	13	Kajman Połaniec	**5:18.45**	377

50m:	36.08	36.08	150m:	1:56.87	40.76	250m:	3:18.99	40.81	350m:	4:40.34	40.37
100m:	1:16.11	40.03	200m:	2:38.18	41.31	300m:	3:59.97	40.98	400m:	5:18.45	38.11

7.	PIERZAK Hanna	13	St. Lok. SALOS Cortile Kielce	**5:35.89**	322

50m:	37.95	37.95	150m:	2:02.57	42.91	250m:	3:28.56	42.78	350m:	4:54.44	42.48
100m:	1:19.66	41.71	200m:	2:45.78	43.21	300m:	4:11.96	43.40	400m:	5:35.89	41.45

Konkurencja 18, Kobiet, 400m dowolny

14 lat

1.	GRZEGORCZYK Amelia		12	MUKP Korona-Swim Kielce							**4:47.86**	511
	50m:	32.91	32.91	150m:	1:45.10	36.20	250m:	2:58.45	36.32	350m:	4:12.48	37.29
	100m:	1:08.90	35.99	200m:	2:22.13	37.03	300m:	3:35.19	36.74	400m:	4:47.86	35.38
2.	GRZEGORCZYK Helena		12	MUKP Korona-Swim Kielce							**4:56.70**	467
	50m:	34.44	34.44	150m:	1:49.24	37.27	250m:	3:03.77	37.37	350m:	4:19.50	37.92
	100m:	1:11.97	37.53	200m:	2:26.40	37.16	300m:	3:41.58	37.81	400m:	4:56.70	37.20
3.	ZYCHOWICZ Julia		12	TS Akwedukt Kielce							**5:03.91**	434
	50m:	34.93	34.93	150m:	1:52.65	39.05	250m:	3:10.45	38.90	350m:	4:27.45	38.68
	100m:	1:13.60	38.67	200m:	2:31.55	38.90	300m:	3:48.77	38.32	400m:	5:03.91	36.46
4.	ERNESTOWICZ Julia		12	MUKP Korona-Swim Kielce							**5:07.13**	421
	50m:	36.02	36.02	150m:	1:54.00	39.35	250m:	3:12.80	39.26	350m:	4:30.77	38.70
	100m:	1:14.65	38.63	200m:	2:33.54	39.54	300m:	3:52.07	39.27	400m:	5:07.13	36.36
5.	SYNOWIEC Julia		12	TS Akwedukt Kielce							**5:16.51**	384
	50m:	36.64	36.64	150m:	1:56.90	40.55	250m:	3:18.14	40.49	350m:	4:39.23	40.42
	100m:	1:16.35	39.71	200m:	2:37.65	40.75	300m:	3:58.81	40.67	400m:	5:16.51	37.28
6.	OGÓREK Rozalia		12	St. Lok. SALOS Cortile Kielce							**5:16.61**	384
	50m:	35.16	35.16	150m:	1:56.22	40.83	250m:	3:17.70	40.69	350m:	4:37.68	40.08
	100m:	1:15.39	40.23	200m:	2:37.01	40.79	300m:	3:57.60	39.90	400m:	5:16.61	38.93
7.	BĄK Zofia		12	St. Lok. SALOS Cortile Kielce							**5:19.15**	375
	50m:	36.89	36.89	150m:	1:57.92	41.26	250m:	3:20.12	40.43	350m:	4:41.39	40.29
	100m:	1:16.66	39.77	200m:	2:39.69	41.77	300m:	4:01.10	40.98	400m:	5:19.15	37.76
8.	KUNDERA Lena		12	St. Lok. SALOS Cortile Kielce							**5:30.06**	339
	50m:	36.29	36.29	150m:	1:58.84	41.64	250m:	3:23.12	42.33	350m:	4:48.69	42.97
	100m:	1:17.20	40.91	200m:	2:40.79	41.95	300m:	4:05.72	42.60	400m:	5:30.06	41.37

15 lat

1.	MAJ Zuzanna		11	KS KSZO Ostrowiec Św.							**4:31.87**	607
	50m:	31.89	31.89	150m:	1:39.61	34.05	250m:	2:48.55	34.53	350m:	3:58.56	35.05
	100m:	1:05.56	33.67	200m:	2:14.02	34.41	300m:	3:23.51	34.96	400m:	4:31.87	33.31
2.	WÓJTOWICZ Sandra		11	KS KSZO Ostrowiec Św.							**4:48.52**	508
	50m:	32.63	32.63	150m:	1:44.47	36.21	250m:	2:58.55	37.09	350m:	4:12.83	37.18
	100m:	1:08.26	35.63	200m:	2:21.46	36.99	300m:	3:35.65	37.10	400m:	4:48.52	35.69
3.	SELL Magdalena		11	MUKP Korona-Swim Kielce							**5:14.26**	393
	50m:	35.49	35.49	150m:	1:55.35	40.27	250m:	3:15.61	40.06	350m:	4:34.98	39.61
	100m:	1:15.08	39.59	200m:	2:35.55	40.20	300m:	3:55.37	39.76	400m:	5:14.26	39.28
4.	KOŻUCHOWSKA Hanna		11	TS Akwedukt Kielce							**5:19.78**	373
	50m:	36.96	36.96	150m:	1:56.83	40.20	250m:	3:18.69	41.10	350m:	4:40.21	40.68
	100m:	1:16.63	39.67	200m:	2:37.59	40.76	300m:	3:59.53	40.84	400m:	5:19.78	39.57

Open

1.	MAJ Zuzanna		11	KS KSZO Ostrowiec Św.							**4:31.87**	607
	50m:	31.89	31.89	150m:	1:39.61	34.05	250m:	2:48.55	34.53	350m:	3:58.56	35.05
	100m:	1:05.56	33.67	200m:	2:14.02	34.41	300m:	3:23.51	34.96	400m:	4:31.87	33.31
2.	GRZEGORCZYK Amelia		12	MUKP Korona-Swim Kielce							**4:47.86**	511
	50m:	32.91	32.91	150m:	1:45.10	36.20	250m:	2:58.45	36.32	350m:	4:12.48	37.29
	100m:	1:08.90	35.99	200m:	2:22.13	37.03	300m:	3:35.19	36.74	400m:	4:47.86	35.38
3.	WÓJTOWICZ Sandra		11	KS KSZO Ostrowiec Św.							**4:48.52**	508
	50m:	32.63	32.63	150m:	1:44.47	36.21	250m:	2:58.55	37.09	350m:	4:12.83	37.18
	100m:	1:08.26	35.63	200m:	2:21.46	36.99	300m:	3:35.65	37.10	400m:	4:48.52	35.69
4.	WÓJTOWICZ Aleksandra		10	Kajman Połaniec							**4:49.90**	501
	50m:	33.49	33.49	150m:	1:46.47	36.67	250m:	3:00.94	37.26	350m:	4:14.40	36.28
	100m:	1:09.80	36.31	200m:	2:23.68	37.21	300m:	3:38.12	37.18	400m:	4:49.90	35.50

Konkurencja 18, Kobiet, 400m dowolny, Open

Pozycja		Rok ur.		Czas	Pkt.
5.	LIS Wiktoria	13	MUKP MOSiR Orka Kielce	**4:52.08**	489
	50m: 33.79 33.79 150m: 1:48.43 37.64 250m: 3:03.53 37.40 350m: 4:17.03 36.26				
	100m: 1:10.79 37.00 200m: 2:26.13 37.70 300m: 3:40.77 37.24 400m: 4:52.08 35.05				
6.	KARPOWICZ Aurelia	13	MUKP MOSiR Orka Kielce	**4:53.99**	480
	50m: 33.59 33.59 150m: 1:47.55 37.27 250m: 3:02.68 37.52 350m: 4:17.79 37.23				
	100m: 1:10.28 36.69 200m: 2:25.16 37.61 300m: 3:40.56 37.88 400m: 4:53.99 36.20				
7.	GRZEGORCZYK Helena	12	MUKP Korona-Swim Kielce	**4:56.70**	467
	50m: 34.44 34.44 150m: 1:49.24 37.27 250m: 3:03.77 37.37 350m: 4:19.50 37.92				
	100m: 1:11.97 37.53 200m: 2:26.40 37.16 300m: 3:41.58 37.81 400m: 4:56.70 37.20				
8.	FELIKSIOWSKA Hanna	14	KS KSZO Ostrowiec Św.	**4:57.34**	464
	50m: 33.07 33.07 150m: 1:48.47 37.89 250m: 3:05.01 38.43 350m: 4:21.93 38.62				
	100m: 1:10.58 37.51 200m: 2:26.58 38.11 300m: 3:43.31 38.30 400m: 4:57.34 35.41				
9.	KACPRZYK Nikola	13	MUKP MOSiR Orka Kielce	**5:00.95**	447
	50m: 33.39 33.39 150m: 1:50.27 38.82 250m: 3:07.43 38.34 350m: 4:24.93 38.74				
	100m: 1:11.45 38.06 200m: 2:29.09 38.82 300m: 3:46.19 38.76 400m: 5:00.95 36.02				
10.	JĘDRZEJCZAK Hanna	13	St. Lok. SALOS Cortile Kielce	**5:01.14**	446
	50m: 36.18 36.18 150m: 1:51.51 38.09 250m: 3:08.00 38.56 350m: 4:23.74 37.74				
	100m: 1:13.42 37.24 200m: 2:29.44 37.93 300m: 3:46.00 38.00 400m: 5:01.14 37.40				
11.	WORWA Alicja	13	MUKP MOSiR Orka Kielce	**5:02.82**	439
	50m: 33.29 33.29 150m: 1:49.87 38.67 250m: 3:07.84 38.88 350m: 4:25.77 38.89				
	100m: 1:11.20 37.91 200m: 2:28.96 39.09 300m: 3:46.88 39.04 400m: 5:02.82 37.05				
12.	ZYCHOWICZ Julia	12	TS Akwedukt Kielce	**5:03.91**	434
	50m: 34.93 34.93 150m: 1:52.65 39.05 250m: 3:10.45 38.90 350m: 4:27.45 38.68				
	100m: 1:13.60 38.67 200m: 2:31.55 38.90 300m: 3:48.77 38.32 400m: 5:03.91 36.46				
13.	ERNESTOWICZ Julia	12	MUKP Korona-Swim Kielce	**5:07.13**	421
	50m: 36.02 36.02 150m: 1:54.00 39.35 250m: 3:12.80 39.26 350m: 4:30.77 38.70				
	100m: 1:14.65 38.63 200m: 2:33.54 39.54 300m: 3:52.07 39.27 400m: 5:07.13 36.36				
14.	WYSOCKA Aleksandra	14	MUKP MOSiR Orka Kielce	**5:09.68**	411
	50m: 34.15 34.15 150m: 1:52.11 39.44 250m: 3:11.38 39.80 350m: 4:32.23 40.12				
	100m: 1:12.67 38.52 200m: 2:31.58 39.47 300m: 3:52.11 40.73 400m: 5:09.68 37.45				
15.	KAMIŃSKA Agata	14	Kajman Połaniec	**5:13.06**	397
	50m: 36.56 36.56 150m: 1:58.24 40.37 250m: 3:17.57 39.27 350m: 4:35.71 38.38				
	100m: 1:17.87 41.31 200m: 2:38.30 40.06 300m: 3:57.33 39.76 400m: 5:13.06 37.35				
16.	SELL Magdalena	11	MUKP Korona-Swim Kielce	**5:14.26**	393
	50m: 35.49 35.49 150m: 1:55.35 40.27 250m: 3:15.61 40.06 350m: 4:34.98 39.61				
	100m: 1:15.08 39.59 200m: 2:35.55 40.20 300m: 3:55.37 39.76 400m: 5:14.26 39.28				
17.	SYNOWIEC Julia	12	TS Akwedukt Kielce	**5:16.51**	384
	50m: 36.64 36.64 150m: 1:56.90 40.55 250m: 3:18.14 40.49 350m: 4:39.23 40.42				
	100m: 1:16.35 39.71 200m: 2:37.65 40.75 300m: 3:58.81 40.67 400m: 5:16.51 37.28				
18.	OGÓREK Rozalia	12	St. Lok. SALOS Cortile Kielce	**5:16.61**	384
	50m: 35.16 35.16 150m: 1:56.22 40.83 250m: 3:17.70 40.69 350m: 4:37.68 40.08				
	100m: 1:15.39 40.23 200m: 2:37.01 40.79 300m: 3:57.60 39.90 400m: 5:16.61 38.93				
19.	GAWROŃSKA Zofia	13	Kajman Połaniec	**5:18.45**	377
	50m: 36.08 36.08 150m: 1:56.87 40.76 250m: 3:18.99 40.81 350m: 4:40.34 40.37				
	100m: 1:16.11 40.03 200m: 2:38.18 41.31 300m: 3:59.97 40.98 400m: 5:18.45 38.11				
20.	BĄK Zofia	12	St. Lok. SALOS Cortile Kielce	**5:19.15**	375
	50m: 36.89 36.89 150m: 1:57.92 41.26 250m: 3:20.12 40.43 350m: 4:41.39 40.29				
	100m: 1:16.66 39.77 200m: 2:39.69 41.77 300m: 4:01.10 40.98 400m: 5:19.15 37.76				
21.	KOŻUCHOWSKA Hanna	11	TS Akwedukt Kielce	**5:19.78**	373
	50m: 36.96 36.96 150m: 1:56.83 40.20 250m: 3:18.69 41.10 350m: 4:40.21 40.68				
	100m: 1:16.63 39.67 200m: 2:37.59 40.76 300m: 3:59.53 40.84 400m: 5:19.78 39.57				
22.	KUNDERA Lena	12	St. Lok. SALOS Cortile Kielce	**5:30.06**	339
	50m: 36.29 36.29 150m: 1:58.84 41.64 250m: 3:23.12 42.33 350m: 4:48.69 42.97				
	100m: 1:17.20 40.91 200m: 2:40.79 41.95 300m: 4:05.72 42.60 400m: 5:30.06 41.37				

Konkurencja 18, Kobiet, 400m dowolny, Open

Pozycja		Rok ur.			Czas	Pkt.
23.	PIERZAK Hanna	13	St. Lok. SALOS Cortile Kielce		**5:35.89**	322
	50m: 37.95 37.95	150m: 2:02.57 42.91	250m: 3:28.56 42.78	350m: 4:54.44 42.48		
	100m: 1:19.66 41.71	200m: 2:45.78 43.21	300m: 4:11.96 43.40	400m: 5:35.89 41.45		
24.	BOROWSKA Lena	14	KS KSZO Ostrowiec Św.		**5:39.76**	311
	50m: 37.84 37.84	150m: 2:04.20 43.67	250m: 3:31.67 43.26	350m: 5:00.74 44.38		
	100m: 1:20.53 42.69	200m: 2:48.41 44.21	300m: 4:16.36 44.69	400m: 5:39.76 39.02		
25.	DUDEK Martyna	15	St. Lok. SALOS Cortile Kielce		**5:46.06**	294
	50m: 39.42 39.42	150m: 2:08.76 45.28	250m: 3:37.09 43.59	350m: 5:04.40 43.13		
	100m: 1:23.48 44.06	200m: 2:53.50 44.74	300m: 4:21.27 44.18	400m: 5:46.06 41.66		
26.	GAJ Urszula	14	MUKP MOSiR Orka Kielce		**6:01.97**	257
	50m: 40.24 40.24	150m: 2:12.73 47.00	250m: 3:46.71 47.32	350m: 5:20.01 46.34		
	100m: 1:25.73 45.49	200m: 2:59.39 46.66	300m: 4:33.67 46.96	400m: 6:01.97 41.96		
27.	SIDEŁ Liliana	15	St. Lok. SALOS Cortile Kielce		**6:05.34**	250
	50m: 40.92 40.92	150m: 2:15.63 46.01	250m: 3:53.75 51.18	350m: 5:25.70 39.03		
	100m: 1:29.62 48.70	200m: 3:02.57 46.94	300m: 4:46.67 52.92	400m: 6:05.34 39.64		
28.	POLIT Wiktoria	15	St. Lok. SALOS Cortile Kielce		**6:21.53**	219
	50m: 43.98 43.98	150m: 2:20.15 48.11	250m: 3:58.89 49.50	350m: 5:35.39 47.51		
	100m: 1:32.04 48.06	200m: 3:09.39 49.24	300m: 4:47.88 48.99	400m: 6:21.53 46.14		
29.	PTAK Aleksandra	14	TS Akwedukt Kielce		**7:59.41**	110
	50m: 54.43 54.43	150m: 2:58.42 1:02.32	250m: 5:01.00 1:01.12	350m: 7:02.39 59.51		
	100m: 1:56.10 1:01.67	200m: 3:59.88 1:01.46	300m: 6:02.88 1:01.88	400m: 7:59.41 57.02		
NW	SOŁTYSIAK Antonina	14	MUKS Unia Busko Zdrój			