Konkurencja 19 — Mężczyzn, 400m dowolny — Open
21.11.2026 - 17:05 — Wyniki

Punkty: AQUA 2026

Pozycja		Rok ur.		Czas	Pkt.

12 lat

1.	ŚCISŁOWSKI Antoni	14	Kajman Połaniec	**4:50.33**	390

50m:	32.21	32.21	150m:	1:47.24	37.97	250m:	3:02.60	37.57	350m:	4:16.40	37.04
100m:	1:09.27	37.06	200m:	2:25.03	37.79	300m:	3:39.36	36.76	400m:	4:50.33	33.93

2.	WIECH Karol	14	Kajman Połaniec	**4:54.87**	372

50m:	33.10	33.10	150m:	1:49.91	38.38	250m:	3:06.54	38.04	350m:	4:18.62	35.74
100m:	1:11.53	38.43	200m:	2:28.50	38.59	300m:	3:42.88	36.34	400m:	4:54.87	36.25

3.	WŁADNY Adam	14	MUKS Unia Busko Zdrój	**5:53.62**	216

50m:	38.75	38.75	150m:	2:07.52	45.43	250m:	3:39.84	46.13	350m:	5:12.01	45.82
100m:	1:22.09	43.34	200m:	2:53.71	46.19	300m:	4:26.19	46.35	400m:	5:53.62	41.61

4.	TOKARSKI Antoni	14	MUKP Korona-Swim Kielce	**5:56.67**	210

50m:	37.74	37.74	150m:	2:07.96	45.57	250m:	3:40.45	46.02	350m:	5:14.59	46.81
100m:	1:22.39	44.65	200m:	2:54.43	46.47	300m:	4:27.78	47.33	400m:	5:56.67	42.08

5.	MAKOWSKI Michał	14	MUKS Unia Busko Zdrój	**6:55.50**	133

50m:	47.94	47.94	150m:	2:38.31	55.62	250m:	4:27.34	54.46	350m:	6:12.12	50.82
100m:	1:42.69	54.75	200m:	3:32.88	54.57	300m:	5:21.30	53.96	400m:	6:55.50	43.38

13 lat

1.	KOSOWICZ Gabriel	13	Kajman Połaniec	**4:24.15**	518

50m:	28.82	28.82	150m:	1:35.56	34.08	250m:	2:44.18	34.16	350m:	3:52.51	34.04
100m:	1:01.48	32.66	200m:	2:10.02	34.46	300m:	3:18.47	34.29	400m:	4:24.15	31.64

2.	RACHUNA Marcel	13	Kajman Połaniec	**4:38.25**	443

50m:	30.46	30.46	150m:	1:41.25	36.08	250m:	2:53.46	35.60	350m:	4:05.80	36.25
100m:	1:05.17	34.71	200m:	2:17.86	36.61	300m:	3:29.55	36.09	400m:	4:38.25	32.45

3.	KOŻUCHOWSKI Michał	13	TS Akwedukt Kielce	**4:46.33**	407

50m:	31.83	31.83	150m:	1:43.99	36.43	250m:	2:57.67	37.01	350m:	4:11.34	36.73
100m:	1:07.56	35.73	200m:	2:20.66	36.67	300m:	3:34.61	36.94	400m:	4:46.33	34.99

4.	MADEJ Błażej	13	KS KSZO Ostrowiec Św.	**4:53.49**	378

50m:	32.41	32.41	150m:	1:47.70	38.10	250m:	3:02.99	37.57	350m:	4:17.73	37.35
100m:	1:09.60	37.19	200m:	2:25.42	37.72	300m:	3:40.38	37.39	400m:	4:53.49	35.76

5.	IDZIK Kacper	13	Kajman Połaniec	**4:57.43**	363

50m:	33.34	33.34	150m:	1:50.52	39.06	250m:	3:07.53	38.43	350m:	4:23.67	37.33
100m:	1:11.46	38.12	200m:	2:29.10	38.58	300m:	3:46.34	38.81	400m:	4:57.43	33.76

14 lat

1.	GLICA Oliwier	12	Kajman Połaniec	**4:24.92**	514

50m:	29.88	29.88	150m:	1:37.67	34.16	250m:	2:46.97	34.57	350m:	3:55.17	33.65
100m:	1:03.51	33.63	200m:	2:12.40	34.73	300m:	3:21.52	34.55	400m:	4:24.92	29.75

2.	SZEWCZYK Ignacy	12	MUKP Korona-Swim Kielce	**4:25.26**	512

50m:	29.93	29.93	150m:	1:37.59	34.29	250m:	2:46.97	34.65	350m:	3:54.79	33.59
100m:	1:03.30	33.37	200m:	2:12.32	34.73	300m:	3:21.20	34.23	400m:	4:25.26	30.47

3.	PRASAŁ Bartosz	12	MUKP Korona-Swim Kielce	**4:26.04**	507

50m:	29.03	29.03	150m:	1:35.43	33.97	250m:	2:44.34	34.34	350m:	3:53.47	34.52
100m:	1:01.46	32.43	200m:	2:10.00	34.57	300m:	3:18.95	34.61	400m:	4:26.04	32.57

4.	CIEŚLICKI Mikołaj	12	TS Akwedukt Kielce	**4:57.43**	363

50m:	33.39	33.39	150m:	1:48.75	37.55	250m:	3:04.93	38.07	350m:	4:20.12	37.42
100m:	1:11.20	37.81	200m:	2:26.86	38.11	300m:	3:42.70	37.77	400m:	4:57.43	37.31

5.	STĄPÓR Oskar	12	TS Akwedukt Kielce	**5:20.14**	291

50m:	34.86	34.86	150m:	1:54.54	40.76	250m:	3:17.88	41.75	350m:	4:41.15	41.35
100m:	1:13.78	38.92	200m:	2:36.13	41.59	300m:	3:59.80	41.92	400m:	5:20.14	38.99

Konkurencja 19, Chłopców, 400m dowolny, 14 lat

Pozycja		Rok ur.		Czas	Pkt.
6.	RASAŁA Dominik	12	MUKS Unia Busko Zdrój	**5:51.04**	221
	50m: 37.96 37.96 150m: 2:06.22 44.64 250m: 3:38.36 46.04 350m: 5:08.43 44.78				
	100m: 1:21.58 43.62 200m: 2:52.32 46.10 300m: 4:23.65 45.29 400m: 5:51.04 42.61				
NW	MUCHA Kornel	12	MUKP Korona-Swim Kielce		

15 lat

1.	NAWROT Stanisław	11	MUKP Korona-Swim Kielce	**5:04.43**	338
	50m: 32.53 32.53 150m: 1:46.30 38.14 250m: 3:05.49 39.60 350m: 4:25.71 39.73				
	100m: 1:08.16 35.63 200m: 2:25.89 39.59 300m: 3:45.98 40.49 400m: 5:04.43 38.72				

Open

1.	ANDRZEJCZAK Maciej	10	MUKP Korona-Swim Kielce	**4:05.68**	644
	50m: 27.53 27.53 150m: 1:29.42 31.43 250m: 2:32.84 31.62 350m: 3:36.45 31.75				
	100m: 57.99 30.46 200m: 2:01.22 31.80 300m: 3:04.70 31.86 400m: 4:05.68 29.23				
2.	KOWALCZYK Bartosz	10	MUKP Korona-Swim Kielce	**4:18.95**	550
	50m: 29.37 29.37 150m: 1:33.18 32.38 250m: 2:38.23 32.32 350m: 3:45.52 33.85				
	100m: 1:00.80 31.43 200m: 2:05.91 32.73 300m: 3:11.67 33.44 400m: 4:18.95 33.43				
3.	NALEJ Maciej	09	St. Lok. SALOS Cortile Kielce	**4:19.21**	549
	50m: 29.96 29.96 150m: 1:35.24 32.93 250m: 2:41.06 32.94 350m: 3:47.33 33.32				
	100m: 1:02.31 32.35 200m: 2:08.12 32.88 300m: 3:14.01 32.95 400m: 4:19.21 31.88				
4.	KOSOWICZ Gabriel	13	Kajman Połaniec	**4:24.15**	518
	50m: 28.82 28.82 150m: 1:35.56 34.08 250m: 2:44.18 34.16 350m: 3:52.51 34.04				
	100m: 1:01.48 32.66 200m: 2:10.02 34.46 300m: 3:18.47 34.29 400m: 4:24.15 31.64				
5.	GLICA Oliwier	12	Kajman Połaniec	**4:24.92**	514
	50m: 29.88 29.88 150m: 1:37.67 34.16 250m: 2:46.97 34.57 350m: 3:55.17 33.65				
	100m: 1:03.51 33.63 200m: 2:12.40 34.73 300m: 3:21.52 34.55 400m: 4:24.92 29.75				
6.	SZEWCZYK Ignacy	12	MUKP Korona-Swim Kielce	**4:25.26**	512
	50m: 29.93 29.93 150m: 1:37.59 34.29 250m: 2:46.97 34.65 350m: 3:54.79 33.59				
	100m: 1:03.30 33.37 200m: 2:12.32 34.73 300m: 3:21.20 34.23 400m: 4:25.26 30.47				
7.	PRASAŁ Bartosz	12	MUKP Korona-Swim Kielce	**4:26.04**	507
	50m: 29.03 29.03 150m: 1:35.43 33.97 250m: 2:44.34 34.34 350m: 3:53.47 34.52				
	100m: 1:01.46 32.43 200m: 2:10.00 34.57 300m: 3:18.95 34.61 400m: 4:26.04 32.57				
8.	RACHUNA Marcel	13	Kajman Połaniec	**4:38.25**	443
	50m: 30.46 30.46 150m: 1:41.25 36.08 250m: 2:53.46 35.60 350m: 4:05.80 36.25				
	100m: 1:05.17 34.71 200m: 2:17.86 36.61 300m: 3:29.55 36.09 400m: 4:38.25 32.45				
9.	KOŻUCHOWSKI Michał	13	TS Akwedukt Kielce	**4:46.33**	407
	50m: 31.83 31.83 150m: 1:43.99 36.43 250m: 2:57.67 37.01 350m: 4:11.34 36.73				
	100m: 1:07.56 35.73 200m: 2:20.66 36.67 300m: 3:34.61 36.94 400m: 4:46.33 34.99				
10.	ŚCISŁOWSKI Antoni	14	Kajman Połaniec	**4:50.33**	390
	50m: 32.21 32.21 150m: 1:47.24 37.97 250m: 3:02.60 37.57 350m: 4:16.40 37.04				
	100m: 1:09.27 37.06 200m: 2:25.03 37.79 300m: 3:39.36 36.76 400m: 4:50.33 33.93				
11.	MADEJ Błażej	13	KS KSZO Ostrowiec Św.	**4:53.49**	378
	50m: 32.41 32.41 150m: 1:47.70 38.10 250m: 3:02.99 37.57 350m: 4:17.73 37.35				
	100m: 1:09.60 37.19 200m: 2:25.42 37.72 300m: 3:40.38 37.39 400m: 4:53.49 35.76				
12.	WIECH Karol	14	Kajman Połaniec	**4:54.87**	372
	50m: 33.10 33.10 150m: 1:49.91 38.38 250m: 3:06.54 38.04 350m: 4:18.62 35.74				
	100m: 1:11.53 38.43 200m: 2:28.50 38.59 300m: 3:42.88 36.34 400m: 4:54.87 36.25				
13.	IDZIK Kacper	13	Kajman Połaniec	**4:57.43**	363
	50m: 33.34 33.34 150m: 1:50.52 39.06 250m: 3:07.53 38.43 350m: 4:23.67 37.33				
	100m: 1:11.46 38.12 200m: 2:29.10 38.58 300m: 3:46.34 38.81 400m: 4:57.43 33.76				
	CIEŚLICKI Mikołaj	12	TS Akwedukt Kielce	**4:57.43**	363
	50m: 33.39 33.39 150m: 1:48.75 37.55 250m: 3:04.93 38.07 350m: 4:20.12 37.42				
	100m: 1:11.20 37.81 200m: 2:26.86 38.11 300m: 3:42.70 37.77 400m: 4:57.43 37.31				

Konkurencja 19, Mężczyzn, 400m dowolny, Open

Pozycja		Rok ur.		Czas	Pkt.
15.	NAWROT Stanisław	11	MUKP Korona-Swim Kielce	**5:04.43**	338
	50m: 32.53 32.53 150m: 1:46.30 38.14 250m: 3:05.49 39.60 350m: 4:25.71 39.73				
	100m: 1:08.16 35.63 200m: 2:25.89 39.59 300m: 3:45.98 40.49 400m: 5:04.43 38.72				
16.	STĄPÓR Oskar	12	TS Akwedukt Kielce	**5:20.14**	291
	50m: 34.86 34.86 150m: 1:54.54 40.76 250m: 3:17.88 41.75 350m: 4:41.15 41.35				
	100m: 1:13.78 38.92 200m: 2:36.13 41.59 300m: 3:59.80 41.92 400m: 5:20.14 38.99				
17.	BORÓWKA Marcel	15	St. Lok. SALOS Cortile Kielce	**5:44.98**	232
	50m: 37.56 37.56 150m: 2:05.18 44.45 250m: 3:32.70 44.55 350m: 5:01.94 44.28				
	100m: 1:20.73 43.17 200m: 2:48.15 42.97 300m: 4:17.66 44.96 400m: 5:44.98 43.04				
18.	RASAŁA Dominik	12	MUKS Unia Busko Zdrój	**5:51.04**	221
	50m: 37.96 37.96 150m: 2:06.22 44.64 250m: 3:38.36 46.04 350m: 5:08.43 44.78				
	100m: 1:21.58 43.62 200m: 2:52.32 46.10 300m: 4:23.65 45.29 400m: 5:51.04 42.61				
19.	WŁADNY Adam	14	MUKS Unia Busko Zdrój	**5:53.62**	216
	50m: 38.75 38.75 150m: 2:07.52 45.43 250m: 3:39.84 46.13 350m: 5:12.01 45.82				
	100m: 1:22.09 43.34 200m: 2:53.71 46.19 300m: 4:26.19 46.35 400m: 5:53.62 41.61				
20.	TOKARSKI Antoni	14	MUKP Korona-Swim Kielce	**5:56.67**	210
	50m: 37.74 37.74 150m: 2:07.96 45.57 250m: 3:40.45 46.02 350m: 5:14.59 46.81				
	100m: 1:22.39 44.65 200m: 2:54.43 46.47 300m: 4:27.78 47.33 400m: 5:56.67 42.08				
21.	MAKOWSKI Michał	14	MUKS Unia Busko Zdrój	**6:55.50**	133
	50m: 47.94 47.94 150m: 2:38.31 55.62 250m: 4:27.34 54.46 350m: 6:12.12 50.82				
	100m: 1:42.69 54.75 200m: 3:32.88 54.57 300m: 5:21.30 53.96 400m: 6:55.50 43.38				
NW	MUCHA Kornel	12	MUKP Korona-Swim Kielce		
NW	STASZEWSKI Ignacy	15	St. Lok. SALOS Cortile Kielce		