

Konkurencja 32  
16.05.2026 - 16:38

Kobiet, 400m zmienny  
Patron Wojciech Ostrowski

13 - 50 lat  
Wyniki

Punkty: AQUA 2026

Pozycja		Rok ur.							Czas	Pkt.	
<b>MŁODZIK 13 lat</b>											
1.	DOBIELSKA Kaja	13	MKS Juvenia Wrocław						<b>5:43.29</b>	453	8,6
	50m: 35.90 35.90	150m: 2:06.92	47.44	250m: 3:38.72	47.17	350m: 5:06.28	40.82				
	100m: 1:19.48 43.58	200m: 2:51.55	44.63	300m: 4:25.46	46.74	400m: 5:43.29	37.01				
2.	PURZYCKA Katarzyna	13	MKS Juvenia Wrocław						<b>5:46.18</b>	441	7,9
	50m: 38.33 38.33	150m: 2:10.19	45.71	250m: 3:43.23	48.52	350m: 5:10.03	37.86				
	100m: 1:24.48 46.15	200m: 2:54.71	44.52	300m: 4:32.17	48.94	400m: 5:46.18	36.15				
3.	BEDNARSKA Michalina	13	Aquapark Strzelin						<b>6:27.43</b>	315	
	50m: 40.44 40.44	150m: 2:20.21	52.07	250m: 4:03.41	51.70	350m: 5:42.92	46.71				
	100m: 1:28.14 47.70	200m: 3:11.71	51.50	300m: 4:56.21	52.80	400m: 6:27.43	44.51				
<b>MŁODZIK 14 lat</b>											
1.	LE NIOWSKA Marketa	12	WKS I sk						<b>5:37.83</b>	475	8,4
	50m: 33.11 33.11	150m: 2:02.78	47.66	250m: 3:31.45	44.27	350m: 4:58.81	41.41				
	100m: 1:15.12 42.01	200m: 2:47.18	44.40	300m: 4:17.40	45.95	400m: 5:37.83	39.02				
2.	RÓLCZY SKA Aleksandra	12	UKS KORAL Wrocław						<b>5:46.93</b>	438	6,4
	50m: 37.06 37.06	150m: 2:05.74	44.32	250m: 3:39.48	48.95	350m: 5:10.22	39.66				
	100m: 1:21.42 44.36	200m: 2:50.53	44.79	300m: 4:30.56	51.08	400m: 5:46.93	36.71				
DYSKW.	MIKULSKA Aleksandra	12	MKS Juvenia Wrocław								
	Z3 / K15										
	50m: 36.43 36.43	150m: 2:08.02	47.20	250m: 3:42.98	49.74	350m: 5:14.53	40.27				
	100m: 1:20.82 44.39	200m: 2:53.24	45.22	300m: 4:34.26	51.28	400m:					
<b>JUNIOR MŁODSZY 15 lat</b>											
1.	KRAUS Otylia	11	KS Neptun widnica						<b>5:52.68</b>	417	3,8
	50m: 36.14 36.14	150m: 2:07.30	47.93	250m: 3:42.69	50.37	350m: 5:14.32	39.98				
	100m: 1:19.37 43.23	200m: 2:52.32	45.02	300m: 4:34.34	51.65	400m: 5:52.68	38.36				
2.	KO CIELNIAK Wiktoria	11	KS Rekin wiebodzice						<b>6:02.98</b>	383	1,5
	50m: 38.04 38.04	150m: 2:14.74	48.41	250m: 3:54.43	54.10	350m: 5:26.29	37.75				
	100m: 1:26.33 48.29	200m: 3:00.33	45.59	300m: 4:48.54	54.11	400m: 6:02.98	36.69				
<b>JUNIOR I STARSI</b>											
1.	KOZŁOWSKA Milena	10	Just Swim Beavers						<b>5:58.15</b>	398	1,5
	50m: 39.30 39.30	150m: 2:13.36	47.37	250m: 3:47.13	48.36	350m: 5:17.47	42.92				
	100m: 1:25.99 46.69	200m: 2:58.77	45.41	300m: 4:34.55	47.42	400m: 5:58.15	40.68				
2.	POŁE Julia	10	KS Pływacy Bielawa						<b>6:12.14</b>	355	
	50m: 38.32 38.32	150m: 2:13.42	47.37	250m: 3:51.68	52.71	350m: 5:30.25	44.90				
	100m: 1:26.05 47.73	200m: 2:58.97	45.55	300m: 4:45.35	53.67	400m: 6:12.14	41.89				



**DOLNY  
ŚLĄSK**



**H<sub>2</sub>O SHOP.PL**  
DOMAGAMY WYGRYWAĆ