

Otwarte Letnie Mistrzostwa Dolnego Śląska w pływaniu 16.05.2026 Wrocław
Wrocław, 16.5.2026

Konkurencja 33
16.05.2026 - 16:46

Mężczyzn, 400m zmienny
Patron Ledzek Górski

13 - 50 lat
Wyniki

Punkty: AQUA 2026

Pozycja	Rok ur.	Czas	Pkt.
MŁODZIK 13 lat			
1. WITTIG Franciszek	13	5:49.99	332
50m: 35.07 35.07	150m: 2:05.71 48.78	250m: 3:44.27 51.73	350m: 5:13.17 39.04
100m: 1:16.93 41.86	200m: 2:52.54 46.83	300m: 4:34.13 49.86	400m: 5:49.99 36.82
2. CHUCHLA Filip	13	5:51.33	328
50m: 37.53 37.53	150m: 2:07.52 45.46	250m: 3:41.78 51.36	350m: 5:13.99 41.35
100m: 1:22.06 44.53	200m: 2:50.42 42.90	300m: 4:32.64 50.86	400m: 5:51.33 37.34
3. STAWARZ Jan	13	5:58.96	308
50m: 37.08 37.08	150m: 2:07.74 46.34	250m: 3:46.92 54.19	350m: 5:20.52 39.49
100m: 1:21.40 44.32	200m: 2:52.73 44.99	300m: 4:41.03 54.11	400m: 5:58.96 38.44
4. MA CZYK Adam	13	6:25.67	248
50m: 40.25 40.25	150m: 2:17.77 50.42	250m: 4:00.74 53.95	350m: 5:42.44 45.16
100m: 1:27.35 47.10	200m: 3:06.79 49.02	300m: 4:57.28 56.54	400m: 6:25.67 43.23

MŁODZIK 14 lat

1. SZYMA SKI Nikodem	12	5:57.84	311
50m: 38.37 38.37	150m: 2:09.78 45.26	250m: 3:44.76 50.86	350m: 5:18.68 42.70
100m: 1:24.52 46.15	200m: 2:53.90 44.12	300m: 4:35.98 51.22	400m: 5:57.84 39.16

JUNIOR MŁODSZY 15 lat

1. ZIEMBICKI Borys	11	5:15.20	455
50m: 33.14 33.14	150m: 1:54.11 40.10	250m: 3:17.34 43.46	350m: 4:40.44 38.62
100m: 1:14.01 40.87	200m: 2:33.88 39.77	300m: 4:01.82 44.48	400m: 5:15.20 34.76
2. WOLNY Dariusz	11	5:16.80	448
50m: 31.15 31.15	150m: 1:52.12 41.66	250m: 3:19.03 46.89	350m: 4:41.81 35.78
100m: 1:10.46 39.31	200m: 2:32.14 40.02	300m: 4:06.03 47.00	400m: 5:16.80 34.99
3. BOBYK Karol	11	5:25.03	415
50m: 36.08 36.08	150m: 2:00.11 40.96	250m: 3:26.31 46.88	350m: 4:51.35 37.62
100m: 1:19.15 43.07	200m: 2:39.43 39.32	300m: 4:13.73 47.42	400m: 5:25.03 33.68
4. SZALAST Piotr	11	5:30.96	393
50m: 31.10 31.10	150m: 1:55.79 45.20	250m: 3:30.30 49.07	350m: 4:56.70 38.03
100m: 1:10.59 39.49	200m: 2:41.23 45.44	300m: 4:18.67 48.37	400m: 5:30.96 34.26

JUNIOR I STARSI

1. DZIEDZIC Michał	09	4:43.93	623
50m: 28.60 28.60	150m: 1:40.41 38.10	250m: 2:58.44 40.32	350m: 4:12.69 31.93
100m: 1:02.31 33.71	200m: 2:18.12 37.71	300m: 3:40.76 42.32	400m: 4:43.93 31.24
2. TRUSEWICZ Konstanty	10	5:39.93	363
50m: 34.25 34.25	150m: 2:01.95 43.12	250m: 3:33.22 47.95	350m: 5:02.48 40.26
100m: 1:18.83 44.58	200m: 2:45.27 43.32	300m: 4:22.22 49.00	400m: 5:39.93 37.45



**DOLNY
ŚLĄSK**



H₂O SHOP.PL
DOMAGAMY WYGRWAĆ