

Ogólnopolski Sprawdzian Wytrzymała ci i Wszechstronno ci Stylowej Olsztyn
 Olsztyn, 26.10.2024

 Konkurencja 3
 26.10.2024 - 11:42

Dziewcz t, 400m dowolny

 11 lat
 Wyniki

Punkty: AQUA 2024

Pozycja			Rok ur.					Czas	Pkt.
1.	POLAK Aleksandra		13	UKS „Frog” Gi ycko				6:16.55	231
	50m:	40.34 40.34	150m:	2:15.41 48.29	250m:	3:53.15 48.63	350m:	5:30.52 48.46	
	100m:	1:27.12 46.78	200m:	3:04.52 49.11	300m:	4:42.06 48.91	400m:	6:16.55 46.03	
2.	BIELI SKA Łucja		13	MTP Kormoran Olsztyn				6:19.16	227
	50m:	42.19 42.19	150m:	2:18.65 49.09	250m:	3:57.72 49.11	350m:	5:33.54 47.65	
	100m:	1:29.56 47.37	200m:	3:08.61 49.96	300m:	4:45.89 48.17	400m:	6:19.16 45.62	
3.	B KOWSKA Gabriela		13	MTP Kormoran Olsztyn				6:21.32	223
	50m:	44.63 44.63	150m:	2:21.47 48.43	250m:	3:59.99 49.85	350m:	5:37.03 48.42	
	100m:	1:33.04 48.41	200m:	3:10.14 48.67	300m:	4:48.61 48.62	400m:	6:21.32 44.29	
4.	KUBACKA Lena		13	MTP Kormoran Olsztyn				6:23.63	219
	50m:	42.89 42.89	150m:	2:20.37 48.51	250m:	3:59.10 49.54	350m:	5:36.06 47.86	
	100m:	1:31.86 48.97	200m:	3:09.56 49.19	300m:	4:48.20 49.10	400m:	6:23.63 47.57	
5.	LASKOWSKA Nadia		13	UKS „Frog” Gi ycko				6:26.43	214
	50m:	42.27 42.27	150m:	2:20.35 49.70	250m:	3:59.13 49.38	350m:	5:38.33 49.42	
	100m:	1:30.65 48.38	200m:	3:09.75 49.40	300m:	4:48.91 49.78	400m:	6:26.43 48.10	
6.	HORSZWALD Marcelina		13	MTP Kormoran Olsztyn				6:39.58	193
	50m:	45.83 45.83	150m:	2:28.01 51.52	250m:	4:11.55 51.28	350m:	5:54.93 50.83	
	100m:	1:36.49 50.66	200m:	3:20.27 52.26	300m:	5:04.10 52.55	400m:	6:39.58 44.65	
7.	SR BOWATY Wiktoria		13	UKP Jedyńka Elbl g				6:52.17	176
	50m:	46.17 46.17	150m:	2:29.67 52.71	250m:	4:16.40 53.71	350m:	6:03.36 52.90	
	100m:	1:36.96 50.79	200m:	3:22.69 53.02	300m:	5:10.46 54.06	400m:	6:52.17 48.81	
8.	KOWALSKA Kornelia		13	MTP Kormoran Olsztyn				7:02.01	164
	50m:	46.03 46.03	150m:	2:34.47 54.27	250m:	4:23.40 55.31	350m:	6:11.65 53.88	
	100m:	1:40.20 54.17	200m:	3:28.09 53.62	300m:	5:17.77 54.37	400m:	7:02.01 50.36	
9.	D BAŁA Wiktoria		13	UKP Jedyńka Elbl g				7:21.99	143
	50m:	47.29 47.29	150m:	2:40.75 57.83	250m:	4:36.83 58.76	350m:	6:34.16 57.56	
	100m:	1:42.92 55.63	200m:	3:38.07 57.32	300m:	5:36.60 59.77	400m:	7:21.99 47.83	
10.	SZMIT Lena		13	UKS „Frog” Gi ycko				7:35.38	131
	50m:	47.67 47.67	150m:	2:40.36 58.39	250m:	4:39.50 59.83	350m:	6:38.26 58.92	
	100m:	1:41.97 54.30	200m:	3:39.67 59.31	300m:	5:39.34 59.84	400m:	7:35.38 57.12	