



Mistrzostwa Województwa Warmińsko-Mazurskiego OZP
OLSZTYN, 23. - 24.11.2024

Konkurencja 11
23.11.2024 - 13:04

Kobiet, 400m dowolny

11 lat i starsi
Wyniki

Punkty: FINA 2022

Pozycja			Wiek						Czas	Pkt.
11 lat										
1.	KUBACKA Lena		11	MTP Kormoran Olsztyn				6:08.90	254	
	50m:	41.91 41.91	150m:	2:15.86	47.19	250m:	3:51.30	47.44	350m:	5:24.13 45.52
	100m:	1:28.67 46.76	200m:	3:03.86	48.00	300m:	4:38.61	47.31	400m:	6:08.90 44.77
2.	B KOWSKA Gabriela		11	MTP Kormoran Olsztyn				6:17.84	237	
	50m:	44.02 44.02	150m:	2:21.24	48.75	250m:	3:58.11	48.65	350m:	5:33.56 47.21
	100m:	1:32.49 48.47	200m:	3:09.46	48.22	300m:	4:46.35	48.24	400m:	6:17.84 44.28
3.	FUTERSKA Julia		11	SWIMLAND Olsztyn				7:17.63	152	
	50m:	46.80 46.80	150m:	2:37.72	56.04	250m:	4:31.27	56.34	350m:	6:25.63 56.43
	100m:	1:41.68 54.88	200m:	3:34.93	57.21	300m:	5:29.20	57.93	400m:	7:17.63 52.00
12 lat										
1.	PI TKOWSKA Maja		12	UKS „Frog” Gi ycko				5:27.78	363	
	50m:	35.49 35.49	150m:	1:57.56	41.93	250m:	3:22.46	42.56	350m:	4:48.49 43.22
	100m:	1:15.63 40.14	200m:	2:39.90	42.34	300m:	4:05.27	42.81	400m:	5:27.78 39.29
2.	DEPTUŁA Julia		12	MUKS Piorun Gołdap				6:05.52	262	
	50m:	41.01 41.01	150m:	2:14.35	46.93	250m:	3:49.21	47.44	350m:	5:21.87 46.10
	100m:	1:27.42 46.41	200m:	3:01.77	47.42	300m:	4:35.77	46.56	400m:	6:05.52 43.65
13 lat										
1.	BARCZAK Karolina		13	MTP Kormoran Olsztyn				4:49.36	528	
	50m:	32.56 32.56	150m:	1:44.58	36.23	250m:	2:58.75	37.17	350m:	4:13.14 36.54
	100m:	1:08.35 35.79	200m:	2:21.58	37.00	300m:	3:36.60	37.85	400m:	4:49.36 36.22
2.	KAROLEWSKA Julia		13	SWIMLAND Olsztyn				5:04.23	454	
	50m:	32.74 32.74	150m:	1:47.51	38.44	250m:	3:06.26	39.55	350m:	4:26.34 40.38
	100m:	1:09.07 36.33	200m:	2:26.71	39.20	300m:	3:45.96	39.70	400m:	5:04.23 37.89
3.	ŁOPACI SKA Lena		13	UKP Jedyńka Elbl g				5:16.09	405	
	50m:	34.97 34.97	150m:	1:53.76	40.22	250m:	3:15.09	40.68	350m:	4:36.57 40.82
	100m:	1:13.54 38.57	200m:	2:34.41	40.65	300m:	3:55.75	40.66	400m:	5:16.09 39.52
4.	PROCHOWICZ Hanna		13	MUKS Piorun Gołdap				5:24.52	374	
	50m:	35.77 35.77	150m:	1:56.36	40.60	250m:	3:18.62	41.63	350m:	4:44.26 42.38
	100m:	1:15.76 39.99	200m:	2:36.99	40.63	300m:	4:01.88	43.26	400m:	5:24.52 40.26
5.	KACZY SKA Michalina		13	UKP Jedyńka Elbl g				6:03.10	267	
	50m:		150m:			250m:			350m:	5:19.27 47.47
	100m:	1:23.75	200m:			300m:	4:31.80		400m:	6:03.10 43.83
14 lat										
1.	GRABOWSKA Amelia		14	UKP Jedyńka Elbl g				5:16.77	402	
	50m:	35.43 35.43	150m:	1:55.63	40.59	250m:	3:17.72	41.08	350m:	4:38.92 40.56
	100m:	1:15.04 39.61	200m:	2:36.64	41.01	300m:	3:58.36	40.64	400m:	5:16.77 37.85
2.	MY LI SKA Martyna		14	UKS „Frog” Gi ycko				5:20.53	388	
	50m:	34.89 34.89	150m:	1:54.71	40.31	250m:	3:16.92	41.26	350m:	4:40.44 41.97
	100m:	1:14.40 39.51	200m:	2:35.66	40.95	300m:	3:58.47	41.55	400m:	5:20.53 40.09
3.	ZALEWSKA Lena		14	UKS „Frog” Gi ycko				5:27.56	364	
	50m:	35.23 35.23	150m:	1:57.27	42.06	250m:	3:21.43	41.84	350m:	4:47.77 43.56
	100m:	1:15.21 39.98	200m:	2:39.59	42.32	300m:	4:04.21	42.78	400m:	5:27.56 39.79



Mistrzostwa Województwa Warmińsko-Mazurskiego OZP
OLSZTYN, 23. - 24.11.2024

Konkurencja 11, Dziewcz t, 400m dowolny, 14 lat

Pozycja			Wiek				Czas		Pkt.
4.	W	GŁOWSKA Alicja	14	UKP	Jedynka Elbl g		5:46.55	307	
	50m:	38.23 38.23	150m:	2:07.01 44.93	250m:	3:37.19 44.87	350m:	5:05.82 43.69	
	100m:	1:22.08 43.85	200m:	2:52.32 45.31	300m:	4:22.13 44.94	400m:	5:46.55 40.73	

15 lat i starsi

1.	JABŁO	SKA Natalia	16	MTP	Kormoran Olsztyn		4:45.44	550
	50m:	32.80 32.80	150m:	1:43.61 35.87	250m:	2:56.37 36.40	350m:	4:09.87 36.60
	100m:	1:07.74 34.94	200m:	2:19.97 36.36	300m:	3:33.27 36.90	400m:	4:45.44 35.57
2.	SUSKA	Zuzanna	17	UKP	Jedynka Elbl g		5:04.80	452
	50m:	33.70 33.70	150m:	1:50.38 39.05	250m:	3:08.78 39.13	350m:	4:27.41 39.17
	100m:	1:11.33 37.63	200m:	2:29.65 39.27	300m:	3:48.24 39.46	400m:	5:04.80 37.39
3.	NASZKIEWICZ	Inga	15	MUKS	Piorun Gołdap		5:39.09	328
	50m:	35.68 35.68	150m:	1:57.67 41.88	250m:	3:26.22 45.29	350m:	4:55.00 45.20
	100m:	1:15.79 40.11	200m:	2:40.93 43.26	300m:	4:09.80 43.58	400m:	5:39.09 44.09
4.	BURKIEWICZ	Zofia	15	SSP	„Orka” Iława		5:46.61	307
	50m:	37.95 37.95	150m:	2:03.31 43.52	250m:	3:33.17 45.04	350m:	5:03.32 45.12
	100m:	1:19.79 41.84	200m:	2:48.13 44.82	300m:	4:18.20 45.03	400m:	5:46.61 43.29

PK	PIEKARSKA	Natalia	18	UKS	190 Łód		4:23.62	698
	50m:	30.67 30.67	150m:	1:36.93 33.23	250m:	2:44.10 33.55	350m:	3:51.10 33.38
	100m:	1:03.70 33.03	200m:	2:10.55 33.62	300m:	3:17.72 33.62	400m:	4:23.62 32.52