



Mistrzostwa Województwa Warmińsko-Mazurskiego OZP  
OLSZTYN, 23. - 24.11.2024

Konkurencja 12  
23.11.2024 - 13:18

Mężczyzn, 400m dowolny

11 lat i starsi  
Wyniki

Punkty: FINA 2022

Pozycja			Wiek						Czas	Pkt.
11 lat										
1.	CHEŁKOWSKI Piotr		11	UKS „Frog” Gi ycko				<b>5:49.25</b>	224	
	50m:	39.28 39.28	150m:	2:09.15	45.01	250m:	3:37.76	44.01	350m:	5:08.56 45.61
	100m:	1:24.14 44.86	200m:	2:53.75	44.60	300m:	4:22.95	45.19	400m:	5:49.25 40.69
2.	SZOSTAWICKI Tomasz		11	MTP Kormoran Olsztyn				<b>6:24.03</b>	168	
	50m:	41.58 41.58	150m:	2:21.14	50.26	250m:	4:02.64	51.04	350m:	5:38.36 47.64
	100m:	1:30.88 49.30	200m:	3:11.60	50.46	300m:	4:50.72	48.08	400m:	6:24.03 45.67
3.	MIKULEWICZ Filip		11	SWIMLAND Olsztyn				<b>6:36.61</b>	153	
	50m:	43.90 43.90	150m:	2:27.05	52.45	250m:	4:09.51	50.86	350m:	5:51.14 49.15
	100m:	1:34.60 50.70	200m:	3:18.65	51.60	300m:	5:01.99	52.48	400m:	6:36.61 45.47
4.	GROMEK Szymon		11	MTP Kormoran Olsztyn				<b>6:44.87</b>	144	
	50m:	42.16 42.16	150m:	2:25.51	51.58	250m:	4:10.20	52.93	350m:	5:56.64 52.67
	100m:	1:33.93 51.77	200m:	3:17.27	51.76	300m:	5:03.97	53.77	400m:	6:44.87 48.23
12 lat										
1.	TUNKIEWICZ Piotr		12	MTP Kormoran Olsztyn				<b>4:55.80</b>	369	
	50m:	34.64 34.64	150m:	1:50.33	37.97	250m:	3:05.91	37.60	350m:	4:20.33 37.18
	100m:	1:12.36 37.72	200m:	2:28.31	37.98	300m:	3:43.15	37.24	400m:	4:55.80 35.47
2.	GIECZEWSKI Julian		12	UKS „Frog” Gi ycko				<b>5:07.86</b>	327	
	50m:	33.23 33.23	150m:	1:51.03	39.11	250m:	3:10.10	39.34	350m:	4:29.61 39.79
	100m:	1:11.92 38.69	200m:	2:30.76	39.73	300m:	3:49.82	39.72	400m:	5:07.86 38.25
3.	RAC Mikołaj		12	MTP Kormoran Olsztyn				<b>5:24.48</b>	279	
	50m:	36.31 36.31	150m:	1:56.61	40.62	250m:	3:19.86	41.97	350m:	4:44.37 42.41
	100m:	1:15.99 39.68	200m:	2:37.89	41.28	300m:	4:01.96	42.10	400m:	5:24.48 40.11
4.	JAKOWICZ Patryk		12	UKS „Frog” Gi ycko				<b>5:57.97</b>	208	
	50m:	41.24 41.24	150m:	2:13.05	45.72	250m:	3:46.22	46.79	350m:	5:16.99 44.73
	100m:	1:27.33 46.09	200m:	2:59.43	46.38	300m:	4:32.26	46.04	400m:	5:57.97 40.98
5.	WOJEWÓDZKI Przemysław		12	SWIMLAND Olsztyn				<b>7:17.39</b>	114	
	50m:	47.29 47.29	150m:	2:36.57	55.53	250m:	4:32.43	58.13	350m:	6:23.00 53.06
	100m:	1:41.04 53.75	200m:	3:34.30	57.73	300m:	5:29.94	57.51	400m:	7:17.39 54.39
13 lat										
1.	WALKIEWICZ Juliusz		13	MUKS Piorun Gołdap				<b>4:58.31</b>	360	
	50m:	33.78 33.78	150m:	1:48.57	37.30	250m:	3:04.71	38.15	350m:	4:20.31 37.66
	100m:	1:11.27 37.49	200m:	2:26.56	37.99	300m:	3:42.65	37.94	400m:	4:58.31 38.00
2.	EVDOKIMOV Robert		13	KS „Orzeł”				<b>5:02.42</b>	345	
	50m:	33.35 33.35	150m:	1:49.81	38.81	250m:	3:07.98	39.33	350m:	4:25.12 38.06
	100m:	1:11.00 37.65	200m:	2:28.65	38.84	300m:	3:47.06	39.08	400m:	5:02.42 37.30
3.	MIKŁOSZ Mateusz		13	MTP Kormoran Olsztyn				<b>5:11.75</b>	315	
	50m:	34.44 34.44	150m:	1:52.66	39.73	250m:	3:13.15	40.04	350m:	4:32.90 39.45
	100m:	1:12.93 38.49	200m:	2:33.11	40.45	300m:	3:53.45	40.30	400m:	5:11.75 38.85
4.	PITUCH Mateusz		13	UKP Jedyńka Elbl g				<b>5:41.79</b>	239	
	50m:	35.81 35.81	150m:	2:00.34	43.93	250m:	3:28.31	43.93	350m:	4:57.64 45.63
	100m:	1:16.41 40.60	200m:	2:44.38	44.04	300m:	4:12.01	43.70	400m:	5:41.79 44.15
5.	RÒ ALSKI Kamil		13	UKS PIRAT Elbl g				<b>5:45.43</b>	231	
	50m:	36.64 36.64	150m:	2:02.04	44.00	250m:	3:31.26	44.92	350m:	5:01.44 44.80
	100m:	1:18.04 41.40	200m:	2:46.34	44.30	300m:	4:16.64	45.38	400m:	5:45.43 43.99



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14 lat

1. BUDZISZ Szymon	14	MTP Kormoran Olsztyn	<b>4:23.31</b>	523
50m: 29.60 29.60	150m: 1:35.47 33.21	250m: 2:43.25 33.88	350m: 3:50.96 33.54	
100m: 1:02.26 32.66	200m: 2:09.37 33.90	300m: 3:17.42 34.17	400m: 4:23.31 32.35	

15 lat i starsi

1. WO NIAK Piotr	19	MTP Kormoran Olsztyn	<b>3:55.43</b>	732
50m: 27.43 27.43	150m: 1:26.45 29.65	250m: 2:26.16 29.88	350m: 3:26.09 30.35	
100m: 56.80 29.37	200m: 1:56.28 29.83	300m: 2:56.22 30.06	400m: 3:55.43 28.86	
2. KAPAŁA Szymon	21	MTP Kormoran Olsztyn	<b>3:59.59</b>	695
50m: 27.71 27.71	150m: 1:27.86 30.37	250m: 2:29.33 30.71	350m: 3:30.09 29.96	
100m: 57.49 29.78	200m: 1:58.62 30.76	300m: 3:00.13 30.80	400m: 3:59.59 29.50	
3. KAPAŁA Bartosz	18	MTP Kormoran Olsztyn	<b>4:01.35</b>	680
50m: 28.33 28.33	150m: 1:29.06 30.49	250m: 2:30.26 30.59	350m: 3:31.45 30.41	
100m: 58.57 30.24	200m: 1:59.67 30.61	300m: 3:01.04 30.78	400m: 4:01.35 29.90	
4. CHODA Maciej	18	MTP Kormoran Olsztyn	<b>4:11.12</b>	603
50m: 29.05 29.05	150m: 1:31.37 31.34	250m: 2:35.02 31.83	350m: 3:39.42 32.40	
100m: 1:00.03 30.98	200m: 2:03.19 31.82	300m: 3:07.02 32.00	400m: 4:11.12 31.70	
5. SOKOŁOWSKI Franciszek	18	MTP Kormoran Olsztyn	<b>4:11.34</b>	602
50m: 29.21 29.21	150m: 1:32.33 31.73	250m: 2:36.39 32.01	350m: 3:40.92 31.74	
100m: 1:00.60 31.39	200m: 2:04.38 32.05	300m: 3:09.18 32.79	400m: 4:11.34 30.42	
6. ŁOJEWSKI Adam	17	MTP Kormoran Olsztyn	<b>4:13.84</b>	584
50m: 28.82 28.82	150m: 1:31.73 31.69	250m: 2:36.34 32.40	350m: 3:41.35 32.51	
100m: 1:00.04 31.22	200m: 2:03.94 32.21	300m: 3:08.84 32.50	400m: 4:13.84 32.49	
7. TOMCZYK Jan	17	SSP „Orka” Iława	<b>4:16.89</b>	564
50m: 27.72 27.72	150m: 1:31.35 32.35	250m: 2:37.34 33.09	350m: 3:44.25 33.48	
100m: 59.00 31.28	200m: 2:04.25 32.90	300m: 3:10.77 33.43	400m: 4:16.89 32.64	
8. GEBAUER Wolfgang	16	MTP Kormoran Olsztyn	<b>4:23.26</b>	524
50m: 29.77 29.77	150m: 1:36.67 33.75	250m: 2:43.81 33.52	350m: 3:50.97 33.34	
100m: 1:02.92 33.15	200m: 2:10.29 33.62	300m: 3:17.63 33.82	400m: 4:23.26 32.29	
9. SROKA Zoran	16	UKS „Frog” Giżycko	<b>4:27.47</b>	499
50m: 30.13 30.13	150m: 1:37.19 33.60	250m: 2:45.70 34.50	350m: 3:54.28 34.19	
100m: 1:03.59 33.46	200m: 2:11.20 34.01	300m: 3:20.09 34.39	400m: 4:27.47 33.19	
10. CZĄŁBOWSKI Mikołaj	16	UKS „Frog” Giżycko	<b>4:35.95</b>	455
50m: 29.51 29.51	150m: 1:36.72 34.04	250m: 2:47.06 35.38	350m: 3:59.75 36.72	
100m: 1:02.68 33.17	200m: 2:11.68 34.96	300m: 3:23.03 35.97	400m: 4:35.95 36.20	
11. RYBAK Aleksander	15	UKP Jedyńka Elbląg	<b>4:53.78</b>	377
50m: 31.96 31.96	150m: 1:44.21 37.07	250m: 3:01.14 38.64	350m: 4:18.06 38.56	
100m: 1:07.14 35.18	200m: 2:22.50 38.29	300m: 3:39.50 38.36	400m: 4:53.78 35.72	
12. PODOLECKI Karol	15	SWIMLAND Olsztyn	<b>5:06.33</b>	332
50m: 30.78 30.78	150m: 1:44.49 38.17	250m: 3:04.22 40.41	350m: 4:25.98 40.91	
100m: 1:06.32 35.54	200m: 2:23.81 39.32	300m: 3:45.07 40.85	400m: 5:06.33 40.35	