

Letnie Mistrzostwa Polski Juniorów Młodszych 14-lat w pływaniu
Olsztyn, 10. - 13.07.2025r.

Konkurencja 21
12.07.2025 - 10:12

Chłopców, 400m dowolny

14 lat

Wyniki Eliminacje

Rekod Polski Open	3:45.71	STANCZYK Przemysław	POL	Chiba (JPN)	21.08.2007
Rekod Polski 14	4:06.35	WISZNIEWSKI Tymoteusz	POL	Ostrowiec Świętokrzyski	06.07.2024

Punkty: AQUA 2025

Pozycja	Rok ur.										Czas	Pkt.
1.	KACZMAREK Mikołaj			11	UKS „GIM 92 Ursynów"					4:21.12	598	A
	50m:	30.31	30.31	150m:	1:37.43	33.92	250m:	2:44.30	33.06	350m:	3:49.70	32.70
	100m:	1:03.51	33.20	200m:	2:11.24	33.81	300m:	3:17.00	32.70	400m:	4:21.12	31.42
2.	BORKOWSKI Albert			11	UKS Delfin Tarnobrzeg					4:21.42	596	A
	50m:	30.22	30.22	150m:	1:36.53	33.50	250m:	2:43.48	33.51	350m:	3:49.91	33.25
	100m:	1:03.03	32.81	200m:	2:09.97	33.44	300m:	3:16.66	33.18	400m:	4:21.42	31.51
3.	SKŁODOWSKI Jan			11	MKS Jedynka Łódź					4:22.79	587	A
	50m:	29.79	29.79	150m:	1:36.08	32.91	250m:	2:42.93	33.79	350m:	3:50.06	33.12
	100m:	1:03.17	33.38	200m:	2:09.14	33.06	300m:	3:16.94	34.01	400m:	4:22.79	32.73
4.	IGNATENKO Mykola			11	CSiR MOS w Dąbrowie Górniczej					4:24.12	578	A
	50m:	30.93	30.93	150m:	1:37.48	33.46	250m:	2:45.21	33.74	350m:	3:52.84	33.92
	100m:	1:04.02	33.09	200m:	2:11.47	33.99	300m:	3:18.92	33.71	400m:	4:24.12	31.28
5.	MIZGAŁSKI Tymoteusz			11	KS Warta Poznań					4:25.06	572	A
	50m:	30.96	30.96	150m:	1:38.15	34.00	250m:	2:45.39	33.71	350m:	3:52.89	33.98
	100m:	1:04.15	33.19	200m:	2:11.68	33.53	300m:	3:18.91	33.52	400m:	4:25.06	32.17
6.	PROKOP Wojciech			11	MKP Szczecin					4:29.65	543	A
	50m:	29.90	29.90	150m:	1:36.54	34.07	250m:	2:45.72	34.70	350m:	3:55.60	35.11
	100m:	1:02.47	32.57	200m:	2:11.02	34.48	300m:	3:20.49	34.77	400m:	4:29.65	34.05
7.	ŁUNIEWSKI Tymoteusz			11	TP Skalar, Słupsk					4:30.12	540	A
	50m:	30.59	30.59	150m:	1:39.22	34.35	250m:	2:49.49	34.89	350m:	3:59.54	35.62
	100m:	1:04.87	34.28	200m:	2:14.60	35.38	300m:	3:23.92	34.43	400m:	4:30.12	30.58
	ŁUKASZEWICZ Michał			11	UKP „Polonia Warszawa"					4:30.12	540	A
	50m:	30.69	30.69	150m:	1:39.45	34.76	250m:	2:47.77	33.87	350m:	3:56.77	34.55
	100m:	1:04.69	34.00	200m:	2:13.90	34.45	300m:	3:22.22	34.45	400m:	4:30.12	33.35
9.	GORLACH Miłosz			11	Stowarzyszenie Solne Miasto Wieliczka					4:30.99	535	A
	50m:	30.99	30.99	150m:	1:40.70	35.19	250m:	2:49.79	34.81	350m:	3:59.03	34.96
	100m:	1:05.51	34.52	200m:	2:14.98	34.28	300m:	3:24.07	34.28	400m:	4:30.99	31.96
10.	KUCZMAR Zbigniew			11	MKS Ochota Warszawa					4:31.15	534	A
	50m:	30.48	30.48	150m:	1:38.55	34.57	250m:	2:48.18	34.78	350m:	3:57.73	34.72
	100m:	1:03.98	33.50	200m:	2:13.40	34.85	300m:	3:23.01	34.83	400m:	4:31.15	33.42
11.	DEREDAS Stanisław			11	UKS 190 Łódź					4:33.06	523	B
	50m:	30.41	30.41	150m:	1:38.04	34.26	250m:	2:48.64	35.33	350m:	3:58.77	34.92
	100m:	1:03.78	33.37	200m:	2:13.31	35.27	300m:	3:23.85	35.21	400m:	4:33.06	34.29
12.	KOTŁOWSKI Piotr			11	UKS „GIM 92 Ursynów"					4:33.90	518	B
	50m:	30.46	30.46	150m:	1:38.61	34.13	250m:	2:48.15	34.81	350m:	3:58.88	35.08
	100m:	1:04.48	34.02	200m:	2:13.34	34.73	300m:	3:23.80	35.65	400m:	4:33.90	35.02
13.	PALMOWSKI Jakub			11	UKS SP-149 Łódź					4:35.76	508	B
	50m:	30.44	30.44	150m:	1:39.44	35.19	250m:	2:50.46	35.62	350m:	4:01.72	35.70
	100m:	1:04.25	33.81	200m:	2:14.84	35.40	300m:	3:26.02	35.56	400m:	4:35.76	34.04
14.	JURZAK Konrad			11	UKS Victoria Kozy					4:36.34	505	B
	50m:	30.22	30.22	150m:	1:38.24	34.69	250m:	2:49.46	35.82	350m:	4:01.66	35.83
	100m:	1:03.55	33.33	200m:	2:13.64	35.40	300m:	3:25.83	36.37	400m:	4:36.34	34.68
15.	NITECKI Adam			11	MKS Piaseczno					4:36.56	503	B
	50m:	30.75	30.75	150m:	1:40.35	35.22	250m:	2:52.12	36.42	350m:	4:02.87	35.18
	100m:	1:05.13	34.38	200m:	2:15.70	35.35	300m:	3:27.69	35.57	400m:	4:36.56	33.69
16.	KUSYK Franciszek			11	MKS „Jagiellonka" Warszawa					4:37.99	496	B
	50m:	31.36	31.36	150m:	1:41.90	35.43	250m:	2:53.44	35.84	350m:	4:03.93	34.78
	100m:	1:06.47	35.11	200m:	2:17.60	35.70	300m:	3:29.15	35.71	400m:	4:37.99	34.06

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Konkurencja 21, Chłopców, 400m dowolny, Eliminacje, 14 lat

Pozycja	Rok ur.				Czas				Pkt.
17. SZYMAŃSKI Jakub	11	KS Warta Poznań			4:39.16	489	B		
50m:	31.99	31.99	150m:	1:41.61	35.03	250m:	2:52.56	35.65	350m: 4:04.06 35.92
100m:	1:06.58	34.59	200m:	2:16.91	35.30	300m:	3:28.14	35.58	400m: 4:39.16 35.10
18. KOWALCZYK Kamil	11	MKS Juvenia Wrocław			4:39.61	487	B		
50m:	30.00	30.00	150m:	1:40.28	35.77	250m:	2:52.83	36.58	350m: 4:05.37 36.38
100m:	1:04.51	34.51	200m:	2:16.25	35.97	300m:	3:28.99	36.16	400m: 4:39.61 34.24
19. MILEWSKI Jan	11	UKS „GIM 92 Ursynów"			4:39.69	487	B		
50m:	30.43	30.43	150m:	1:40.69	35.78	250m:	2:52.06	35.90	350m: 4:04.56 36.35
100m:	1:04.91	34.48	200m:	2:16.16	35.47	300m:	3:28.21	36.15	400m: 4:39.69 35.13
20. MAZUR Kajetan	11	Dwójka Morena Gdańsk			4:40.91	480	B		
50m:	31.54	31.54	150m:	1:42.05	35.28	250m:	2:53.47	35.72	350m: 4:05.72 35.92
100m:	1:06.77	35.23	200m:	2:17.75	35.70	300m:	3:29.80	36.33	400m: 4:40.91 35.19
21. DOMINIK Hubert	11	Klub Sportowy "H2O Bochnia"			4:41.11	479	R		
50m:	31.47	31.47	150m:	1:42.92	36.53	250m:	2:56.47	36.76	350m: 4:07.69 35.13
100m:	1:06.39	34.92	200m:	2:19.71	36.79	300m:	3:32.56	36.09	400m: 4:41.11 33.42
22. STARASOTNIKAU Maciej	11	MTKP Delfin Toruń			4:41.77	476	R		
50m:	32.22	32.22	150m:	1:43.24	35.89	250m:	2:54.40	35.26	350m: 4:06.83 36.35
100m:	1:07.35	35.13	200m:	2:19.14	35.90	300m:	3:30.48	36.08	400m: 4:41.77 34.94
23. TRELA Sergiusz	11	MKS Jordan Kraków			4:44.05	465			
50m:	30.27	30.27	150m:	1:41.39	37.08	250m:	2:55.75	37.07	350m: 4:09.41 36.31
100m:	1:04.31	34.04	200m:	2:18.68	37.29	300m:	3:33.10	37.35	400m: 4:44.05 34.64
24. DZIAMSKI Szymon	11	KS Warta Poznań			4:44.27	463			
50m:	31.91	31.91	150m:	1:42.64	35.77	250m:	2:56.63	37.30	350m: 4:09.96 36.51
100m:	1:06.87	34.96	200m:	2:19.33	36.69	300m:	3:33.45	36.82	400m: 4:44.27 34.31
25. LUBICKI Adam	11	MKS Jedyńka Łódź			4:44.80	461			
50m:	31.67	31.67	150m:	1:42.69	36.57	250m:	2:55.70	37.10	350m: 4:09.68 37.23
100m:	1:06.12	34.45	200m:	2:18.60	35.91	300m:	3:32.45	36.75	400m: 4:44.80 35.12
26. WOŹNY Julian	11	Just Swim Beavers			4:45.07	460			
50m:	32.34	32.34	150m:	1:43.29	35.93	250m:	2:56.36	36.36	350m: 4:09.53 36.23
100m:	1:07.36	35.02	200m:	2:20.00	36.71	300m:	3:33.30	36.94	400m: 4:45.07 35.54
27. SAUK Jakub	11	LKS Jedność 32 Przyszowice			4:45.22	459			
50m:	30.64	30.64	150m:	1:41.93	36.37	250m:	2:55.87	37.05	350m: 4:09.98 36.79
100m:	1:05.56	34.92	200m:	2:18.82	36.89	300m:	3:33.19	37.32	400m: 4:45.22 35.24
28. ROBAKIEWICZ Kacper	11	CSiR MOS w Dąbrowie Górniczej			4:45.85	456			
50m:	31.17	31.17	150m:	1:41.89	35.91	250m:	2:55.59	37.14	350m: 4:09.75 36.82
100m:	1:05.98	34.81	200m:	2:18.45	36.56	300m:	3:32.93	37.34	400m: 4:45.85 36.10
29. REBIAŁKOWSKI Adam	11	MKS Trójka Łódź			4:46.60	452			
50m:	31.60	31.60	150m:	1:44.17	36.73	250m:	2:58.01	36.21	350m: 4:10.98 35.96
100m:	1:07.44	35.84	200m:	2:21.80	37.63	300m:	3:35.02	37.01	400m: 4:46.60 35.62
30. GAWROŃSKI Mateusz	11	WKS Śląsk			4:47.03	450			
50m:	31.73	31.73	150m:	1:43.19	36.32	250m:	2:58.48	37.99	350m: 4:13.61 37.36
100m:	1:06.87	35.14	200m:	2:20.49	37.30	300m:	3:36.25	37.77	400m: 4:47.03 33.42
31. GOLON Leon	11	IKS Konstancin			4:47.76	447			
50m:	30.89	30.89	150m:	1:44.04	36.97	250m:	2:59.27	37.91	350m: 4:12.93 36.80
100m:	1:07.07	36.18	200m:	2:21.36	37.32	300m:	3:36.13	36.86	400m: 4:47.76 34.83
32. BANUCH Dorian	11	MKP Szczecin			4:48.33	444			
50m:	31.83	31.83	150m:	1:43.74	36.31	250m:	2:57.60	36.91	350m: 4:12.04 37.00
100m:	1:07.43	35.60	200m:	2:20.69	36.95	300m:	3:35.04	37.44	400m: 4:48.33 36.29
33. MIŚKOWIEC Oliwier	11	UKS „Manta Kochłowice Ruda Śląska"			4:49.00	441			
50m:	31.80	31.80	150m:	1:42.50	35.98	250m:	2:55.98	36.47	350m: 4:11.76 37.90
100m:	1:06.52	34.72	200m:	2:19.51	37.01	300m:	3:33.86	37.88	400m: 4:49.00 37.24
34. WITKOWIAK Filip	11	UKS "Olimp" Gorzów Wlkp.			4:49.28	440			
50m:	31.96	31.96	150m:	1:43.88	36.34	250m:	2:59.09	37.79	350m: 4:13.61 36.77
100m:	1:07.54	35.58	200m:	2:21.30	37.42	300m:	3:36.84	37.75	400m: 4:49.28 35.67

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Pozycja	Rok ur.								Czas		Pkt.	
35.	BARYCKI Fryderyk			11	UKP „Polonia Warszawa"					4:49.43	439	
	50m:	32.47	32.47	150m:	1:47.72	37.92	250m:	3:01.79	36.63	350m:	4:14.71	36.01
	100m:	1:09.80	37.33	200m:	2:25.16	37.44	300m:	3:38.70	36.91	400m:	4:49.43	34.72
36.	POMORSKI-RÓŻYK Seweryn			11	UKS SMS Galicja Kraków					4:49.58	438	
	50m:	32.43	32.43	150m:	1:46.48	37.50	250m:	3:01.57	37.63	350m:	4:15.69	36.78
	100m:	1:08.98	36.55	200m:	2:23.94	37.46	300m:	3:38.91	37.34	400m:	4:49.58	33.89
37.	LASEK Tomasz			11	KS Swim2Win Krosno					4:49.82	437	
	50m:	31.65	31.65	150m:	1:43.49	36.52	250m:	2:58.59	37.72	350m:	4:13.87	37.73
	100m:	1:06.97	35.32	200m:	2:20.87	37.38	300m:	3:36.14	37.55	400m:	4:49.82	35.95
38.	JONIAK Marcel			11	MKP Szczecin					4:51.41	430	
	50m:	32.67	32.67	150m:	1:46.70	37.54	250m:	3:01.32	37.55	350m:	4:15.76	36.93
	100m:	1:09.16	36.49	200m:	2:23.77	37.07	300m:	3:38.83	37.51	400m:	4:51.41	35.65
39.	ADAMIOK Jan			11	UKS „Karlik" Katowice					4:51.92	428	
	50m:	31.44	31.44	150m:	1:44.24	37.33	250m:	3:00.42	38.24	350m:	4:16.15	37.49
	100m:	1:06.91	35.47	200m:	2:22.18	37.94	300m:	3:38.66	38.24	400m:	4:51.92	35.77
40.	RYBAK Anatol			11	MTP „Lublinianka"					4:52.03	427	
	50m:	32.13	32.13	150m:	1:47.06	38.13	250m:	3:02.75	37.28	350m:	4:17.60	36.80
	100m:	1:08.93	36.80	200m:	2:25.47	38.41	300m:	3:40.80	38.05	400m:	4:52.03	34.43
41.	WALKIEWICZ Juliusz			11	MUKS Piorun Gołdap					4:52.07	427	
	50m:	32.65	32.65	150m:	1:46.16	37.14	250m:	3:00.82	37.54	350m:	4:16.84	38.44
	100m:	1:09.02	36.37	200m:	2:23.28	37.12	300m:	3:38.40	37.58	400m:	4:52.07	35.23
42.	SUSABOWSKI Paweł			11	MKS Piaseczno					4:52.14	427	
	50m:	32.07	32.07	150m:	1:46.55	37.87	250m:	3:01.92	37.08	350m:	4:17.92	38.01
	100m:	1:08.68	36.61	200m:	2:24.84	38.29	300m:	3:39.91	37.99	400m:	4:52.14	34.22
43.	NOWICKI Wiktor			11	KS Warta Poznań					4:52.90	424	
	50m:	32.37	32.37	150m:	1:46.04	37.58	250m:	3:01.51	37.65	350m:	4:16.99	37.59
	100m:	1:08.46	36.09	200m:	2:23.86	37.82	300m:	3:39.40	37.89	400m:	4:52.90	35.91
44.	MOSKAL Tomasz			11	UKS SMS Galicja Kraków					4:53.97	419	
	50m:	32.08	32.08	150m:	1:46.27	37.49	250m:	3:03.02	38.00	350m:	4:18.89	37.96
	100m:	1:08.78	36.70	200m:	2:25.02	38.75	300m:	3:40.93	37.91	400m:	4:53.97	35.08
45.	ROZCZYPAŁA Mikołaj			11	Uks "Salmo Żory"					4:54.04	419	
	50m:	31.84	31.84	150m:	1:44.97	37.20	250m:	3:01.66	38.42	350m:	4:18.13	38.44
	100m:	1:07.77	35.93	200m:	2:23.24	38.27	300m:	3:39.69	38.03	400m:	4:54.04	35.91
46.	GAJOCHA Nataniel			11	CSiR MOS w Dąbrowie Górniczej					4:54.10	418	
	50m:	33.57	33.57	150m:	1:49.81	38.02	250m:	3:05.36	37.22	350m:	4:20.33	37.02
	100m:	1:11.79	38.22	200m:	2:28.14	38.33	300m:	3:43.31	37.95	400m:	4:54.10	33.77
47.	HUBACZ Mateusz			11	MTP Kormoran Olsztyn					4:54.23	418	
	50m:	31.93	31.93	150m:	1:45.29	37.79	250m:	3:01.85	38.60	350m:	4:18.30	38.14
	100m:	1:07.50	35.57	200m:	2:23.25	37.96	300m:	3:40.16	38.31	400m:	4:54.23	35.93
48.	BALKIEWICZ Kajetan			11	UKS Butterfly Łomża					4:54.25	418	
	50m:	33.08	33.08	150m:	1:47.23	37.80	250m:	3:03.46	37.47	350m:	4:20.76	38.56
	100m:	1:09.43	36.35	200m:	2:25.99	38.76	300m:	3:42.20	38.74	400m:	4:54.25	33.49
49.	SZABLIŃSKI Ignacy			11	MKS Piaseczno					4:55.85	411	
	50m:	31.81	31.81	150m:	1:46.13	38.22	250m:	3:03.91	39.18	350m:	4:19.59	37.62
	100m:	1:07.91	36.10	200m:	2:24.73	38.60	300m:	3:41.97	38.06	400m:	4:55.85	36.26
50.	DZIĘCIOŁOWSKI Kamil			11	MKS „Jagiellonka" Warszawa					4:56.01	410	
	50m:	31.94	31.94	150m:	1:46.99	38.15	250m:	3:04.33	38.69	350m:	4:20.24	37.15
	100m:	1:08.84	36.90	200m:	2:25.64	38.65	300m:	3:43.09	38.76	400m:	4:56.01	35.77
51.	POSMYK Aleksander			11	Dwójka Morena Gdańsk					4:57.21	405	
	50m:	33.23	33.23	150m:	1:50.19	38.74	250m:	3:08.14	37.51	350m:	4:23.29	37.31
	100m:	1:11.45	38.22	200m:	2:30.63	40.44	300m:	3:45.98	37.84	400m:	4:57.21	33.92
52.	DZIEKAN Igor			11	KS „Górnik" Sosnowiec					4:57.29	405	
	50m:	33.20	33.20	150m:	1:49.07	38.56	250m:	3:07.24	39.23	350m:	4:23.05	37.13
	100m:	1:10.51	37.31	200m:	2:28.01	38.94	300m:	3:45.92	38.68	400m:	4:57.29	34.22

Letnie Mistrzostwa Polski Juniorów Młodszych 14-lat w pływaniu
Olsztyn, 10. - 13.07.2025r.

Konkurencja 21, Chłopców, 400m dowolny, Eliminacje, 14 lat

Pozycja	Rok ur.				Czas				Pkt.
53. TURSKI Szymon	11	UKS Ruch Grudziądz			4:57.79				403
50m:	31.90	31.90	150m:	1:47.60	38.97	250m:	3:05.17	38.71	37.58
100m:	1:08.63	36.73	200m:	2:26.46	38.86	300m:	3:44.90	39.73	35.31
54. KMIEĆ Karol	11	UKS „Sokół-Mościce” Tarnów			4:58.55				400
50m:	32.59	32.59	150m:	1:46.48	38.21	250m:	3:03.34	38.69	38.91
100m:	1:08.27	35.68	200m:	2:24.65	38.17	300m:	3:42.87	39.53	36.77
55. BOBYK Karol	11	WKS Śląsk			5:00.37				393
50m:	33.58	33.58	150m:	1:50.13	38.56	250m:	3:07.06	38.50	38.37
100m:	1:11.57	37.99	200m:	2:28.56	38.43	300m:	3:45.28	38.22	36.72
56. MATUSZAK Antoni	11	Kaliski KS „Włóknarz” 1925 Kalisz			5:00.91				391
50m:	32.39	32.39	150m:	1:48.10	38.92	250m:	3:06.03	39.53	38.96
100m:	1:09.18	36.79	200m:	2:26.50	38.40	300m:	3:45.06	39.03	36.89
57. RUSEK Michał	11	MKS Jordan Kraków			5:02.07				386
50m:	33.74	33.74	150m:	1:50.09	39.04	250m:	3:07.24	38.84	38.63
100m:	1:11.05	37.31	200m:	2:28.40	38.31	300m:	3:46.13	38.89	37.31
58. RYSZKOWSKI Kacper	11	Akademia Sms Racibórz			5:06.62				369
50m:	33.58	33.58	150m:	1:51.54	38.92	250m:	3:10.89	39.30	39.12
100m:	1:12.62	39.04	200m:	2:31.59	40.05	300m:	3:50.29	39.40	37.21
59. MUSZYŃSKI Wojciech	11	UKS Żabianka Gdańsk			5:06.71				369
50m:	35.16	35.16	150m:	1:52.84	39.80	250m:	3:12.57	39.92	38.20
100m:	1:13.04	37.88	200m:	2:32.65	39.81	300m:	3:51.82	39.25	36.69
60. NOWAK Witold	11	KS Barrakuda Gdańsk			5:07.51				366
50m:	30.76	30.76	150m:	1:46.49	39.21	250m:	3:06.94	40.04	41.14
100m:	1:07.28	36.52	200m:	2:26.90	40.41	300m:	3:48.12	41.18	38.25
61. CZARNOTA Maksymilian	11	UKP „Ruda Śląska”			5:11.58				352
50m:	34.80	34.80	150m:	1:53.25	40.11	250m:	3:13.63	39.53	38.16
100m:	1:13.14	38.34	200m:	2:34.10	40.85	300m:	3:54.69	41.06	38.73
62. SMOLAREK Stanisław	11	UKS „GIM 92 Ursynów”			5:11.93				351
50m:	34.93	34.93	150m:	1:55.40	40.22	250m:	3:15.28	39.77	38.74
100m:	1:15.18	40.25	200m:	2:35.51	40.11	300m:	3:54.95	39.67	38.24
63. NOWAK Witold	11	UKS SMS Galicja Kraków			5:12.59				348
50m:	35.41	35.41	150m:	1:55.17	40.22	250m:	3:15.91	40.51	39.71
100m:	1:14.95	39.54	200m:	2:35.40	40.23	300m:	3:55.82	39.91	37.06
64. WACIŃSKI Jan	11	UKS SP5 Swim Lublin			5:13.76				345
50m:	33.61	33.61	150m:	1:53.14	40.78	250m:	3:15.93	41.39	40.07
100m:	1:12.36	38.75	200m:	2:34.54	41.40	300m:	3:57.17	41.24	36.52
65. CUPER Wojciech	11	UKS „Manta Kochłowice Ruda Śląska”			5:14.15				343
50m:	34.29	34.29	150m:	1:54.06	41.75	250m:	3:15.66	40.51	39.02
100m:	1:12.31	38.02	200m:	2:35.15	41.09	300m:	3:56.70	41.04	38.43
66. ROSA Michał	11	MKS „Jagiellonka” Warszawa			5:14.33				343
50m:	34.54	34.54	150m:	1:54.81	39.94	250m:	3:15.98	40.76	40.12
100m:	1:14.87	40.33	200m:	2:35.22	40.41	300m:	3:55.92	39.94	38.29
67. PAWŁOWICZ Filip	11	Sp „Żagańskie Boberki”			5:14.48				342
50m:	34.38	34.38	150m:	1:53.56	40.59	250m:	3:15.65	41.11	40.21
100m:	1:12.97	38.59	200m:	2:34.54	40.98	300m:	3:56.59	40.94	37.68
68. WIERZBICKI Maksymilian	11	Uks „Salmo Żory”			5:14.79				341
50m:	32.84	32.84	150m:	1:53.22	41.60	250m:	3:15.33	41.56	40.66
100m:	1:11.62	38.78	200m:	2:33.77	40.55	300m:	3:57.29	41.96	36.84
69. ZGLINICKI Arkadiusz	11	MKS CKS-SMS Szczecin			5:15.17				340
50m:	34.87	34.87	150m:	1:52.94	39.82	250m:	3:13.39	39.84	41.36
100m:	1:13.12	38.25	200m:	2:33.55	40.61	300m:	3:53.83	40.44	39.98
70. KOWALCZYK Jakub	11	TP Zielona Góra			5:16.05				337
50m:	34.91	34.91	150m:	1:54.34	40.06	250m:	3:16.05	41.04	40.76
100m:	1:14.28	39.37	200m:	2:35.01	40.67	300m:	3:57.10	41.05	38.19

Letnie Mistrzostwa Polski Juniorów Młodszych 14-lat w pływaniu
Olsztyn, 10. - 13.07.2025r.

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Pozycja	Rok ur.				Czas				Pkt.
71. ORŁOWSKI Łukasz	11				UKS SP AQUARIUS Lesko				5:17.76 332
50m:	32.89	32.89	150m:	1:50.19	39.51	250m:	3:11.67	41.01	350m: 4:36.01 42.07
100m:	1:10.68	37.79	200m:	2:30.66	40.47	300m:	3:53.94	42.27	400m: 5:17.76 41.75
72. PYTEL Michał	11				UKS Ósemka Oświęcim				5:18.94 328
50m:	35.22	35.22	150m:	1:56.68	41.39	250m:	3:18.65	40.37	350m: 4:40.18 40.19
100m:	1:15.29	40.07	200m:	2:38.28	41.60	300m:	3:59.99	41.34	400m: 5:18.94 38.76
73. MASZEWSKI Michał	11				UKS Nawa Skierniewice				5:19.71 326
50m:	33.86	33.86	150m:	1:53.38	40.53	250m:	3:16.18	41.64	350m: 4:39.26 41.32
100m:	1:12.85	38.99	200m:	2:34.54	41.16	300m:	3:57.94	41.76	400m: 5:19.71 40.45
74. TSIKHANOUSKI Aliaksandr	11				MKS Piaseczno				5:23.63 314
50m:	33.79	33.79	150m:	1:55.38	40.96	250m:	3:19.33	42.64	350m: 4:43.89 41.70
100m:	1:14.42	40.63	200m:	2:36.69	41.31	300m:	4:02.19	42.86	400m: 5:23.63 39.74
75. GRZYWACZ Michał	11				UKS „Siódemka” Brodnica				5:46.81 255
50m:	35.82	35.82	150m:	2:01.38	44.29	250m:	3:32.18	46.11	350m: 5:02.91 45.63
100m:	1:17.09	41.27	200m:	2:46.07	44.69	300m:	4:17.28	45.10	400m: 5:46.81 43.90
76. PRZYBYŁA Alan	11				MKS Jedyńka Łódź				5:53.11 242
50m:	37.51	37.51	150m:	2:09.30	46.56	250m:	3:42.98	46.86	350m: 5:13.71 44.17
100m:	1:22.74	45.23	200m:	2:56.12	46.82	300m:	4:29.54	46.56	400m: 5:53.11 39.40