

Letnie Mistrzostwa Polski Juniorów Młodszych 14-lat w pływaniu
Olsztyn, 10. - 13.07.2025r.

Konkurencja 6 Dziewcząt, 400m zmienny 14 lat
11.07.2025 - 9:44 Wyniki Eliminacje

Rekod Polski Open	4:36.95	BARANOWSKA Katarzyna	POL	Beijing (CHN)	09.08.2008
Rekod Polski 14	4:52.05	KNOP Aleksandra	POL	Lublin	19.05.2017

Punkty: AQUA 2025

Pozycja	Rok ur.				Czas				Pkt.
1. BOMBA Julia	11	CSiR MOS w Dąbrowie Górniczej	5:15.52	588	A				
50m:	32.43	32.43	150m:	1:52.22	41.84	250m:	3:18.38	46.14	35.19
100m:	1:10.38	37.95	200m:	2:32.24	40.02	300m:	4:05.61	47.23	34.72
2. PRZYWARA Laura	11	UKS „Skalar” Warszawa	5:22.88	548	A				
50m:	31.68	31.68	150m:	1:53.32	43.29	250m:	3:21.17	46.04	36.55
100m:	1:10.03	38.35	200m:	2:35.13	41.81	300m:	4:08.24	47.07	38.09
3. KULKA Milena	11	CSiR MOS w Dąbrowie Górniczej	5:26.22	532	A				
50m:	33.75	33.75	150m:	1:58.24	44.23	250m:	3:26.35	43.84	37.73
100m:	1:14.01	40.26	200m:	2:42.51	44.27	300m:	4:11.72	45.37	36.77
4. BARCZAK Karolina	11	MTP Kormoran Olsztyn	5:30.45	512	A				
50m:	33.33	33.33	150m:	1:55.79	43.35	250m:	3:26.29	48.33	37.64
100m:	1:12.44	39.11	200m:	2:37.96	42.17	300m:	4:16.58	50.29	36.23
5. ŁYSIUK Karina	11	UKS „GIM 92 Ursynów”	5:31.97	505	A				
50m:	34.35	34.35	150m:	1:56.14	41.62	250m:	3:25.56	47.38	39.71
100m:	1:14.52	40.17	200m:	2:38.18	42.04	300m:	4:14.32	48.76	37.94
6. TATARA Patrycja	11	MKS AVIA Świdnik	5:35.33	490	A				
50m:	34.16	34.16	150m:	2:00.59	43.81	250m:	3:30.27	47.75	39.31
100m:	1:16.78	42.62	200m:	2:42.52	41.93	300m:	4:18.09	47.82	37.93
7. MAJ Zuzanna	11	KS KSZO Ostrowiec Św.	5:38.26	477	A				
50m:	33.68	33.68	150m:	1:57.30	43.62	250m:	3:29.54	49.67	39.58
100m:	1:13.68	40.00	200m:	2:39.87	42.57	300m:	4:19.23	49.69	39.45
8. WYLEŻYK Natalia	11	UKS „Manta Kochłowice Ruda Śląska”	5:42.14	461	A				
50m:	34.53	34.53	150m:	1:59.26	44.10	250m:	3:32.74	50.08	39.67
100m:	1:15.16	40.63	200m:	2:42.66	43.40	300m:	4:24.79	52.05	37.68
9. FILIPEK Małgorzata	11	MKS MOS Katowice	5:45.33	448	A				
50m:	35.59	35.59	150m:	2:02.00	43.74	250m:	3:35.47	48.72	39.96
100m:	1:18.26	42.67	200m:	2:46.75	44.75	300m:	4:26.75	51.28	38.62
10. KRAUS Otylia	11	KS Neptun Świdnica	5:46.10	445	A				
50m:	35.99	35.99	150m:	2:06.54	48.01	250m:	3:39.40	47.70	38.93
100m:	1:18.53	42.54	200m:	2:51.70	45.16	300m:	4:28.95	49.55	38.22
11. SKÓRKA Kamila	11	MKS Park Wodny Tarnowskie Góry	5:48.29	437	B				
50m:	34.82	34.82	150m:	2:07.00	47.17	250m:	3:39.83	47.30	41.63
100m:	1:19.83	45.01	200m:	2:52.53	45.53	300m:	4:27.32	47.49	39.34
12. PACYK Alexandra	11	IUKS „Muszelka” Warszawa	5:48.34	437	B				
50m:	36.12	36.12	150m:	2:04.14	44.78	250m:	3:40.01	52.19	39.01
100m:	1:19.36	43.24	200m:	2:47.82	43.68	300m:	4:31.98	51.97	37.35
13. ŻOŁĄDEK Julia	11	MKS Jedyńka Łódź	5:49.18	434	B				
50m:	36.59	36.59	150m:	2:07.60	47.81	250m:	3:40.81	47.01	40.48
100m:	1:19.79	43.20	200m:	2:53.80	46.20	300m:	4:28.48	47.67	40.22
14. SADO Jagoda	11	Swim Team MOSiR Kędzierzyn-Koźle	5:49.44	433	B				
50m:	35.71	35.71	150m:	2:02.31	43.03	250m:	3:35.71	52.02	42.19
100m:	1:19.28	43.57	200m:	2:43.69	41.38	300m:	4:27.68	51.97	39.57
15. KRAKUS Liliana	11	UKS SP-149 Łódź	5:50.73	428	B				
50m:	38.45	38.45	150m:	2:11.58	47.03	250m:	3:46.61	51.37	37.71
100m:	1:24.55	46.10	200m:	2:55.24	43.66	300m:	4:38.02	51.41	35.00
16. DEFLORIAN Laura	11	Stowarzyszenie "OLIMPIJCZYK KRAKÓW"	5:51.51	425	B				
50m:	36.05	36.05	150m:	2:06.90	46.71	250m:	3:40.60	48.55	41.58
100m:	1:20.19	44.14	200m:	2:52.05	45.15	300m:	4:30.24	49.64	39.69

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Pozycja	Rok ur.								Czas		Pkt.	
17. KULIGA Katarzyna			11	Dwójka Morena Gdańsk						5:53.13	419	B
50m:	36.31	36.31	150m:	2:08.29	46.95	250m:	3:40.87	48.63	350m:	5:13.44	42.76	
100m:	1:21.34	45.03	200m:	2:52.24	43.95	300m:	4:30.68	49.81	400m:	5:53.13	39.69	
18. KOZŁOWSKA Alicja			11	Proswim						5:53.93	416	B
50m:	34.53	34.53	150m:	2:06.35	48.56	250m:	3:42.02	49.51	350m:	5:14.16	41.46	
100m:	1:17.79	43.26	200m:	2:52.51	46.16	300m:	4:32.70	50.68	400m:	5:53.93	39.77	
19. ŚLUSARCZYK Hanna			11	MKS CKS-SMS Szczecin						5:55.94	409	B
50m:	35.29	35.29	150m:	2:03.77		250m:	3:41.97	54.24	350m:	5:17.22	40.81	
100m:			200m:	2:47.73	43.96	300m:	4:36.41	54.44	400m:	5:55.94	38.72	
20. ONEILL Kiera			11	UKP „Polonia Warszawa"						5:56.52	407	B
50m:	35.88	35.88	150m:	2:06.10	47.01	250m:	3:45.13	53.20	350m:	5:17.29	39.60	
100m:	1:19.09	43.21	200m:	2:51.93	45.83	300m:	4:37.69	52.56	400m:	5:56.52	39.23	
21. ZYSK Natalia			11	UKS Siódemka Gdynia						6:01.75	390	R
50m:	35.23	35.23	150m:	2:01.22	44.17	250m:	3:40.11	55.22	350m:	5:19.22	44.00	
100m:	1:17.05	41.82	200m:	2:44.89	43.67	300m:	4:35.22	55.11	400m:	6:01.75	42.53	
22. SIEWIERSKA Paulina			11	MKS Znicz Koszalin						6:06.85	374	R
50m:	35.75	35.75	150m:	2:07.11	47.81	250m:	3:47.33	52.65	350m:	5:23.89	43.63	
100m:	1:19.30	43.55	200m:	2:54.68	47.57	300m:	4:40.26	52.93	400m:	6:06.85	42.96	
23. PISZCZEK Wiktoria			11	Uks "Salmo Żory"						6:08.28	369	
50m:	38.89	38.89	150m:	2:11.90	45.85	250m:	3:51.48	52.66	350m:	5:28.89	42.33	
100m:	1:26.05	47.16	200m:	2:58.82	46.92	300m:	4:46.56	55.08	400m:	6:08.28	39.39	
24. MARYŃCZAK Kornelia			11	UKS „Siódemka" Brodnica						6:10.39	363	
50m:	38.86	38.86	150m:	2:14.54	48.35	250m:	3:52.87	53.74	350m:	5:30.79	44.79	
100m:	1:26.19	47.33	200m:	2:59.13	44.59	300m:	4:46.00	53.13	400m:	6:10.39	39.60	
25. KAMIŃSKA Oliwia			11	MKS „Jagiellonka" Warszawa						6:14.95	350	
50m:	37.84	37.84	150m:	2:14.41	50.47	250m:	3:53.71	49.81	350m:	5:31.77	44.95	
100m:	1:23.94	46.10	200m:	3:03.90	49.49	300m:	4:46.82	53.11	400m:	6:14.95	43.18	
26. LUNIAK Antonina			11	UKS Piątka Konstantynów Łódzki						6:26.16	320	
50m:	39.87	39.87	150m:	2:16.67	46.77	250m:	3:56.99	54.58	350m:	5:40.31	48.69	
100m:	1:29.90	50.03	200m:	3:02.41	45.74	300m:	4:51.62	54.63	400m:	6:26.16	45.85	
27. MAŁECKA Hanna			11	MKS CKS-SMS Szczecin						6:39.98	288	
50m:	42.07	42.07	150m:	2:23.80	48.84	250m:	4:10.27	58.58	350m:	5:54.02	45.38	
100m:	1:34.96	52.89	200m:	3:11.69	47.89	300m:	5:08.64	58.37	400m:	6:39.98	45.96	