

Letnie Mistrzostwa Polski Juniorów Młodszych 14-lat w pływaniu
Olsztyn, 10. - 13.07.2025r.

Konkurencja 7 Chłopców, 400m zmienny 14 lat
11.07.2025 - 10:05 Wyniki Eliminacje

Rekod Polski Open	4:12.28	MATCZAK Mateusz	POL	Belgrade (SRB)	11.07.2009
Rekod Polski 14	4:39.38	SOBEK Nikodem	POL	Berlin (GER)	16.12.2016

Punkty: AQUA 2025

Pozycja	Rok ur.									Czas	Pkt.	
1. PAPUGA Grzegorz	11	UKS 190 Łódź								4:55.17	554	A
50m:	30.27	30.27	150m:	1:43.92	39.86	250m:	3:04.54	42.46	350m:	4:21.72	35.27	
100m:	1:04.06	33.79	200m:	2:22.08	38.16	300m:	3:46.45	41.91	400m:	4:55.17	33.45	
2. SUSLIK Adam	11	UKS „GIM 92 Ursynów"								4:59.48	530	A
50m:	31.10	31.10	150m:	1:44.57	38.63	250m:	3:06.76	44.52	350m:	4:25.04	34.87	
100m:	1:05.94	34.84	200m:	2:22.24	37.67	300m:	3:50.17	43.41	400m:	4:59.48	34.44	
3. MIZGALSKI Tymoteusz	11	KS Warta Poznań								5:03.80	508	A
50m:	31.87	31.87	150m:	1:48.81	39.84	250m:	3:11.24	43.41	350m:	4:30.60	34.61	
100m:	1:08.97	37.10	200m:	2:27.83	39.02	300m:	3:55.99	44.75	400m:	5:03.80	33.20	
4. NITECKI Adam	11	MKS Piaseczno								5:07.95	488	A
50m:	31.87	31.87	150m:	1:50.23	41.64	250m:	3:13.78	43.39	350m:	4:33.27	36.06	
100m:	1:08.59	36.72	200m:	2:30.39	40.16	300m:	3:57.21	43.43	400m:	5:07.95	34.68	
5. DUBAJ Mikołaj	11	SP Motyl Stalowa Wola								5:17.29	446	A
50m:	30.95	30.95	150m:	1:50.42	42.77	250m:	3:16.28	44.71	350m:	4:40.48	38.14	
100m:	1:07.65	36.70	200m:	2:31.57	41.15	300m:	4:02.34	46.06	400m:	5:17.29	36.81	
6. WOLNICKI Franciszek	11	UKS SMS Galicja Kraków								5:17.59	445	A
50m:	31.80	31.80	150m:	1:52.70	42.90	250m:	3:18.88	43.43	350m:	4:41.19	38.42	
100m:	1:09.80	38.00	200m:	2:35.45	42.75	300m:	4:02.77	43.89	400m:	5:17.59	36.40	
7. BARYCKI Fryderyk	11	UKP „Polonia Warszawa"								5:21.58	428	A
50m:	33.28	33.28	150m:	1:56.12	42.05	250m:	3:24.28	47.21	350m:	4:47.35	35.07	
100m:	1:14.07	40.79	200m:	2:37.07	40.95	300m:	4:12.28	48.00	400m:	5:21.58	34.23	
8. WOLNY Dariusz	11	KS "Swimmers Ślęza"								5:21.92	427	A
50m:	32.55	32.55	150m:	1:54.37	38.48	250m:	3:21.94	48.85	350m:	4:46.81	37.43	
100m:	1:15.89	43.34	200m:	2:33.09	38.72	300m:	4:09.38	47.44	400m:	5:21.92	35.11	
9. RONOWSKI Szymon	11	UKS Żabianka Gdańsk								5:24.02	419	A
50m:	31.51	31.51	150m:	1:53.05	43.55	250m:	3:18.58	43.68	350m:	4:47.24	41.65	
100m:	1:09.50	37.99	200m:	2:34.90	41.85	300m:	4:05.59	47.01	400m:	5:24.02	36.78	
10. TETLA Kacper	11	Uks "Salmo Żory"								5:28.64	401	A
50m:	32.02	32.02	150m:	1:51.95	42.79	250m:	3:25.56	49.33	350m:	4:51.92	37.29	
100m:	1:09.16	37.14	200m:	2:36.23	44.28	300m:	4:14.63	49.07	400m:	5:28.64	36.72	
11. NOWICKI Wiktor	11	KS Warta Poznań								5:31.03	393	B
50m:	33.62	33.62	150m:	1:59.94	44.53	250m:	3:31.49	47.16	350m:	4:55.56	36.15	
100m:	1:15.41	41.79	200m:	2:44.33	44.39	300m:	4:19.41	47.92	400m:	5:31.03	35.47	
12. JÓŹWIAK Mikołaj	11	UKS Piątka Konstantynów Łódzki								5:32.31	388	B
50m:	34.20	34.20	150m:	1:58.67	44.28	250m:	3:29.20	49.57	350m:	4:56.92	38.01	
100m:	1:14.39	40.19	200m:	2:39.63	40.96	300m:	4:18.91	49.71	400m:	5:32.31	35.39	
13. SPOTT Szymon	11	DOKiS SP Vega Dobrodzień								5:33.90	383	B
50m:	33.62	33.62	150m:	2:01.70	46.63	250m:	3:28.61	40.82	350m:	4:53.18	40.94	
100m:	1:15.07	41.45	200m:	2:47.79	46.09	300m:	4:12.24	43.63	400m:	5:33.90	40.72	
14. ADAMIOK Jan	11	UKS „Karlik" Katowice								5:35.07	379	B
50m:	33.17	33.17	150m:	1:56.03	42.83	250m:	3:28.61	49.30	350m:	4:58.15	39.12	
100m:	1:13.20	40.03	200m:	2:39.31	43.28	300m:	4:19.03	50.42	400m:	5:35.07	36.92	
15. KALATA Mateusz	11	MKS SMS Victoria Racibórz								5:36.74	373	B
50m:	37.40	37.40	150m:	2:06.21	43.94	250m:	3:33.78	44.82	350m:	5:00.08	39.79	
100m:	1:22.27	44.87	200m:	2:48.96	42.75	300m:	4:20.29	46.51	400m:	5:36.74	36.66	
16. ISSER-DRYKA Jakub	11	KS KSZO Ostrowiec Św.								5:38.74	366	B
50m:	34.87	34.87	150m:	2:01.83	45.21	250m:	3:29.51	43.87	350m:	4:59.36	43.16	
100m:	1:16.62	41.75	200m:	2:45.64	43.81	300m:	4:16.20	46.69	400m:	5:38.74	39.38	

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Pozycja					Rok ur.					Czas	Pkt.	
17.	WALC Jan				11	MKS Park Wodny Tarnowskie Góry				5:41.08	359	B
	50m:	35.01	35.01	150m:	2:04.56	44.47	250m:	3:36.42	48.22	350m:	5:05.12	39.42
	100m:	1:20.09	45.08	200m:	2:48.20	43.64	300m:	4:25.70	49.28	400m:	5:41.08	35.96
18.	RYSZKOWSKI Kacper				11	Akademia Sms Racibórz				5:42.90	353	B
	50m:	35.28	35.28	150m:	2:03.34	45.63	250m:	3:37.09	49.32	350m:	5:05.27	38.41
	100m:	1:17.71	42.43	200m:	2:47.77	44.43	300m:	4:26.86	49.77	400m:	5:42.90	37.63
19.	RUSEK Michał				11	MKS Jordan Kraków				5:45.35	346	B
	50m:	35.31	35.31	150m:	2:03.32	44.79	250m:	3:37.33	50.15	350m:	5:08.50	38.81
	100m:	1:18.53	43.22	200m:	2:47.18	43.86	300m:	4:29.69	52.36	400m:	5:45.35	36.85
20.	WŁODARCZYK Mikołaj				11	Klub Sportowy "H2O Bochnia"				5:47.99	338	B
	50m:	35.61	35.61	150m:	2:06.00	46.98	250m:	3:39.32	46.79	350m:	5:09.49	40.12
	100m:	1:19.02	43.41	200m:	2:52.53	46.53	300m:	4:29.37	50.05	400m:	5:47.99	38.50
21.	KAMIŃSKI Ignacy				11	UKP „Polonia Warszawa"				5:56.41	314	R
	50m:	35.92	35.92	150m:	2:07.72	48.12	250m:	3:43.93	50.59	350m:	5:17.88	42.34
	100m:	1:19.60	43.68	200m:	2:53.34	45.62	300m:	4:35.54	51.61	400m:	5:56.41	38.53
22.	KONACHOWICZ Jan				11	KU AZS UMCS Lublin				6:09.23	283	R
	50m:	35.40	35.40	150m:	2:09.20	48.30	250m:	3:50.42	54.82	350m:	5:29.98	43.29
	100m:	1:20.90	45.50	200m:	2:55.60	46.40	300m:	4:46.69	56.27	400m:	6:09.23	39.25
DYSKW.	CIEŚLIK Jan				11	Akademia Sms Racibórz						
	Z3/G8											
DYSKW.	SZALAST Piotr				11	MKS Juvenia Wrocław						
	K1											