

IX GRAND PRIX WARMII I MAZUR W PŁYWANIU OLSZTYN, 6. - 7.12.2025

Konkurencja 29
07.12.2025 - 12:28

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Rekord PL Open	4:02.68	POLANSKA Aleksandra	07614	Olsztyn	18.12.2020
Rekord PL 19 +	4:02.68	POLANSKA Aleksandra	07614	Olsztyn	18.12.2020
Rekord PL 18	4:04.30	GUŚC Wiktoria	00116	Bydgoszcz	02.12.2022
Rekord PL 17	4:08.05	GUŚC Wiktoria	01705	Bydgoszcz	03.12.2021
Rekord PL 16	4:08.04	KILIJAŃSKA Donata	00612	Poznań	17.12.2011
Rekord PL 15	4:08.60	GUŚC Wiktoria	01705	Poznań	23.11.2019
Rekord PL 14	4:09.54	GUŚC Wiktoria	01705	Olsztyn	15.12.2018
Rekord PL 13	4:18.09	KNOP Aleksandra	01605	Ostrowiec Sw	18.06.2016
Rekord PL 12	4:33.26	CIERPIAŁOWSKA Paulina	00310	Gdańsk	09.12.2017

Punkty: AQUA 2024

Pozycja	Wiek	Czas	Pkt.
12 lat			
1. STASZEWSKA Natasza	12	UKS „GIM 92 Ursynów”	5:13.36 402
50m: 34.20 34.20	150m: 1:53.55 40.04	250m: 3:13.27 39.72	350m: 4:35.07 41.11
100m: 1:13.51 39.31	200m: 2:33.55 40.00	300m: 3:53.96 40.69	400m: 5:13.36 38.29
2. DEMBIŃSKA Maja	12	KS Delfin Gdynia	5:14.84 396
50m: 35.72 35.72	150m: 1:56.69 41.24	250m: 3:18.51 41.07	350m: 4:37.80 38.30
100m: 1:15.45 39.73	200m: 2:37.44 40.75	300m: 3:59.50 40.99	400m: 5:14.84 37.04
3. ANDRULYTĖ Odrė	12	Klaipėdos Gintaro SC	5:24.17 363
50m: 34.71 34.71	150m: 1:56.80 41.51	250m: 3:21.87 43.10	350m: 4:46.19 41.36
100m: 1:15.29 40.58	200m: 2:38.77 41.97	300m: 4:04.83 42.96	400m: 5:24.17 37.98
4. BAŁKOWSKA Gabriela	12	MTP Kormoran Olsztyn	5:26.22 356
50m: 36.99 36.99	150m: 1:59.56 41.58	250m: 3:22.96 41.81	350m: 4:46.22 41.72
100m: 1:17.98 40.99	200m: 2:41.15 41.59	300m: 4:04.50 41.54	400m: 5:26.22 40.00
5. WAWER Rozalia	12	UKS G-8 Bielany Warszawa	5:30.35 343
50m: 36.43 36.43	150m: 1:59.27 42.28	250m: 3:24.41 42.20	350m: 4:49.66 42.60
100m: 1:16.99 40.56	200m: 2:42.21 42.94	300m: 4:07.06 42.65	400m: 5:30.35 40.69
6. SIEROCKA Zofia	12	Grudziądzki KP „Orka”	5:30.80 341
50m: 37.63 37.63	150m: 2:02.71 42.58	250m: 3:27.85 42.64	350m: 4:51.95 41.37
100m: 1:20.13 42.50	200m: 2:45.21 42.50	300m: 4:10.58 42.73	400m: 5:30.80 38.85
7. JURZYK Maja	12	UKS „GIM 92 Ursynów”	5:32.38 336
50m: 36.08 36.08	150m: 2:00.53 43.21	250m: 3:27.28 43.45	350m: 4:53.80 43.44
100m: 1:17.32 41.24	200m: 2:43.83 43.30	300m: 4:10.36 43.08	400m: 5:32.38 38.58
8. KUBACKA Lena	12	MTP Kormoran Olsztyn	5:42.05 309
50m: 37.74 37.74	150m: 2:03.25 43.66	250m: 3:30.88 42.93	350m: 4:58.91 43.89
100m: 1:19.59 41.85	200m: 2:47.95 44.70	300m: 4:15.02 44.14	400m: 5:42.05 43.14
9. DOBEK Natalia	12	UKS „GIM 92 Ursynów”	5:54.31 278
50m: 40.43 40.43	150m: 2:12.31 45.79	250m: 3:42.98 44.49	350m: 5:12.16 44.12
100m: 1:26.52 46.09	200m: 2:58.49 46.18	300m: 4:28.04 45.06	400m: 5:54.31 42.15
10. BURACZEWSKA Malwina	12	KS Delfin Gdynia	5:59.62 266
50m: 39.68 39.68	150m: 2:12.57 47.21	250m: 3:45.44 47.27	350m: 5:17.53 45.82
100m: 1:25.36 45.68	200m: 2:58.17 45.60	300m: 4:31.71 46.27	400m: 5:59.62 42.09

13 lat

1. RĄCZKA Maja	13	UKS „GIM 92 Ursynów”	5:18.43 383
50m: 35.25 35.25	150m: 1:55.01 40.74	250m: 3:16.85 40.78	350m: 4:38.89 40.82
100m: 1:14.27 39.02	200m: 2:36.07 41.06	300m: 3:58.07 41.22	400m: 5:18.43 39.54
2. HUTKOWSKA Marta	13	UKS 307 Warszawa	5:40.53 313
50m: 35.12 35.12	150m: 1:59.35 43.27	250m: 3:27.30 44.20	350m: 4:54.24 42.31
100m: 1:16.08 40.96	200m: 2:43.10 43.75	300m: 4:11.93 44.63	400m: 5:40.53 46.29

IX GRAND PRIX WARMII I MAZUR W PŁYWANIU
OLSZTYN, 6. - 7.12.2025

Konkurencja 29, Dziewcząt, 400m dowolny, 13 lat

Pozycja				Wiek					Czas	Pkt.
3.	WÓJTOWICZ LENA			13	WMKS Olsztyńska Szkoła Triatl				5:46.77	296
	50m:	37.25	37.25	150m:	2:04.21	44.47	250m:	3:34.47	45.27	350m: 5:03.51 44.49
	100m:	1:19.74	42.49	200m:	2:49.20	44.99	300m:	4:19.02	44.55	400m: 5:46.77 43.26
4.	PRUSIK GABRIELA			13	WMKS Olsztyńska Szkoła Triatl				5:53.38	280
	50m:	39.65	39.65	150m:	2:07.78	44.24	250m:	3:39.72	46.51	350m: 5:11.91 45.83
	100m:	1:23.54	43.89	200m:	2:53.21	45.43	300m:	4:26.08	46.36	400m: 5:53.38 41.47

14 lat i starsi

1.	KAKTYTĖ Lukrecija			15	Klaipėdos Gintaro SC				5:07.97	423
	50m:	33.87	33.87	150m:	1:51.05	39.12	250m:	3:10.54	39.63	350m: 4:29.69 39.87
	100m:	1:11.93	38.06	200m:	2:30.91	39.86	300m:	3:49.82	39.28	400m: 5:07.97 38.28
2.	BURKIEWICZ Zofia			16	SSP „Orka” Ilawa				5:32.35	337
	50m:	36.13	36.13	150m:	1:59.00	42.38	250m:	3:24.88	43.08	350m: 4:51.01 42.79
	100m:	1:16.62	40.49	200m:	2:41.80	42.80	300m:	4:08.22	43.34	400m: 5:32.35 41.34
3.	MOSZCZULSKA MAGDALENA			15	WMKS Olsztyńska Szkoła Triatl				5:40.03	314
	50m:	36.37	36.37	150m:	2:01.55	43.22	250m:	3:30.40	44.37	350m: 4:58.64 43.87
	100m:	1:18.33	41.96	200m:	2:46.03	44.48	300m:	4:14.77	44.37	400m: 5:40.03 41.39