



Ministerstwo
Sportu i Turystyki



PATRONAT HONOROWY
Prezydent Olsztyna
Robert Sawicki

MISTRZOSTWA POLSKI W KATEGORII OPEN
OLSZTYN, 21. - 24.4.2026

Konkurencja 18
22.04.2026 - 10:58

M czyzn, 400m zmienny

Open
Wyniki Eliminacje

Rekord Polski 4:12.28 MATCZAK Mateusz 00905 Belgrade (SRB) 2009
Min. kwal. ME Juniorów Monachium 14 - 16: 4:30.64; 17 - 18: 4:27.96 / Min. kwal. ME Seniorów Pary (Min A) : 4:20.05 /
Min. kwal. ME Seniorów Pary (Min B) - 19: 4:22.62

Punkty: AQUA 2026

Pozycja			Rok ur.						Czas	Pkt.	
1.	SUCHA	SKI Filip	05	KU AZS UMCS Lublin					4:32.32	706	A
	50m:	27.19 27.19	150m:	1:34.27 35.38	250m:	2:49.91 41.76	350m:	4:02.51		31.71	
	100m:	58.89 31.70	200m:	2:08.15 33.88	300m:	3:30.80 40.89	400m:	4:32.32		29.81	
2.	WIRASZKA	Piotr	09	UKS GIM 92 Ursynów					4:32.65	703	A
	50m:	28.63 28.63	150m:	1:37.82 35.78	250m:	2:51.91 39.20	350m:	4:03.20		31.87	
	100m:	1:02.04 33.41	200m:	2:12.71 34.89	300m:	3:31.33 39.42	400m:	4:32.65		29.45	
3.	TARCZY	SKI Bartosz	07	UKS 190 Łódź					4:33.55	696	A
	50m:	28.76 28.76	150m:	1:38.18 36.46	250m:	2:50.55 37.38	350m:	4:02.29		33.82	
	100m:	1:01.72 32.96	200m:	2:13.17 34.99	300m:	3:28.47 37.92	400m:	4:33.55		31.26	
4.	TARASIEWICZ	Piotr	09	UKP Polonia Warszawa					4:36.41	675	A
	50m:	28.53 28.53	150m:	1:38.74 37.06	250m:	2:52.59 37.70	350m:	4:04.96		32.60	
	100m:	1:01.68 33.15	200m:	2:14.89 36.15	300m:	3:32.36 39.77	400m:	4:36.41		31.45	
5.	MAJOR	Erik	07	MKS Park Wodny Tarnowskie Góry					4:37.59	666	A
	50m:	27.75 27.75	150m:	1:36.89 36.34	250m:	2:51.70 39.34	350m:	4:05.32		32.84	
	100m:	1:00.55 32.80	200m:	2:12.36 35.47	300m:	3:32.48 40.78	400m:	4:37.59		32.27	
6.	HALKIEWICZ	Maciej	08	UKS Omega Olkusz					4:38.05	663	A
	50m:	27.09 27.09	150m:	1:35.42 36.19	250m:	2:51.63 39.84	350m:	4:05.29		32.69	
	100m:	59.23 32.14	200m:	2:11.79 36.37	300m:	3:32.60 40.97	400m:	4:38.05		32.76	
7.	PAPUGA	Grzegorz	11	UKS 190 Łódź					4:38.26	661	A
	50m:	28.59 28.59	150m:	1:38.59 37.34	250m:	2:52.73 38.26	350m:	4:05.70		33.83	
	100m:	1:01.25 32.66	200m:	2:14.47 35.88	300m:	3:31.87 39.14	400m:	4:38.26		32.56	
8.	KLONOWSKI	Mikołaj	07	St. KP Olimpia wiecie					4:39.09	655	A
	50m:	28.03 28.03	150m:	1:36.99 36.54	250m:	2:51.34 38.54	350m:	4:05.73		34.19	
	100m:	1:00.45 32.42	200m:	2:12.80 35.81	300m:	3:31.54 40.20	400m:	4:39.09		33.36	
9.	KRY	Radosław	07	MKP Szczecin					4:39.55	652	A
	50m:	29.48 29.48	150m:	1:39.38 36.58	250m:	2:55.04 40.20	350m:	4:08.00		32.16	
	100m:	1:02.80 33.32	200m:	2:14.84 35.46	300m:	3:35.84 40.80	400m:	4:39.55		31.55	
10.	LUTOMSKI	Jan	10	O AZS w Poznaniu					4:41.94	636	A
	50m:	29.83 29.83	150m:	1:41.76 37.07	250m:	2:57.73 39.68	350m:	4:11.38		32.43	
	100m:	1:04.69 34.86	200m:	2:18.05 36.29	300m:	3:38.95 41.22	400m:	4:41.94		30.56	
11.	DZIEDZIC	Michał	09	UKS ORKA Luba					4:43.04	628	B
	50m:	28.80 28.80	150m:	1:40.03 37.75	250m:	2:57.22 40.09	350m:	4:10.94		32.58	
	100m:	1:02.28 33.48	200m:	2:17.13 37.10	300m:	3:38.36 41.14	400m:	4:43.04		32.10	
12.	BORUSZEWSKI	Filip	07	UKS SP-149 Łódź					4:43.35	626	B
	50m:	28.25 28.25	150m:	1:38.82 36.94	250m:	2:56.19 40.37	350m:	4:11.14		33.40	
	100m:	1:01.88 33.63	200m:	2:15.82 37.00	300m:	3:37.74 41.55	400m:	4:43.35		32.21	
13.	ZAWOLIK	Szymon	08	CSiR MOS w D browie Górnicy					4:43.67	624	B
	50m:	29.26 29.26	150m:	1:41.53 38.24	250m:	2:57.48 38.14	350m:	4:10.83		34.38	
	100m:	1:03.29 34.03	200m:	2:19.34 37.81	300m:	3:36.45 38.97	400m:	4:43.67		32.84	
14.	SUSLIK	Adam	11	UKS GIM 92 Ursynów					4:44.54	619	B
	50m:	29.70 29.70	150m:	1:39.29 36.03	250m:	2:56.69 41.47	350m:	4:12.14		33.28	
	100m:	1:03.26 33.56	200m:	2:15.22 35.93	300m:	3:38.86 42.17	400m:	4:44.54		32.40	
15.	ZIELI	SKI Szymon	09	MKP Szczecin					4:45.55	612	B
	50m:	29.24 29.24	150m:	1:40.17 37.27	250m:	2:57.15 40.18	350m:	4:12.89		33.90	
	100m:	1:02.90 33.66	200m:	2:16.97 36.80	300m:	3:38.99 41.84	400m:	4:45.55		32.66	



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Pozycja	Rok ur.								Czas	Pkt.	
16. PORWIK Kacper	06 AZS KU Politechniki Opolskiej								4:53.13	566 B	
50m:	29.27	29.27	150m:	1:42.94	38.59	250m:	3:01.96	41.88	350m:	4:19.25	34.71
100m:	1:04.35	35.08	200m:	2:20.08	37.14	300m:	3:44.54	42.58	400m:	4:53.13	33.88
17. PAWLAK Dawid	08 UKS 190 Łód								4:54.86	556 B	
50m:	30.14	30.14	150m:	1:45.23	39.10	250m:	3:07.45	43.84	350m:	4:23.69	32.55
100m:	1:06.13	35.99	200m:	2:23.61	38.38	300m:	3:51.14	43.69	400m:	4:54.86	31.17
18. OSTASZEWSKI Szymon	10 UKS GIM 92 Ursynów								4:54.96	555 B	
50m:	30.33	30.33	150m:	1:43.77	38.37	250m:	3:04.48	42.81	350m:	4:21.94	34.02
100m:	1:05.40	35.07	200m:	2:21.67	37.90	300m:	3:47.92	43.44	400m:	4:54.96	33.02
19. D BSKI Antoni	09 KS KSZO Ostrowiec w.								4:56.42	547 B	
50m:	29.62	29.62	150m:	1:41.87	37.49	250m:	3:02.33	43.05	350m:	4:22.18	35.98
100m:	1:04.38	34.76	200m:	2:19.28	37.41	300m:	3:46.20	43.87	400m:	4:56.42	34.24
20. MISZTAL Olaf	10 KS Korona 1919								4:56.79	545 B	
50m:	32.53	32.53	150m:	1:51.22	39.56	250m:	3:08.90	39.20	350m:	4:23.34	34.32
100m:	1:11.66	39.13	200m:	2:29.70	38.48	300m:	3:49.02	40.12	400m:	4:56.79	33.45
21. MIZGALSKI Kacper	09 KS Posenania Pozna								4:57.82	539 R	
50m:	30.14	30.14	150m:	1:44.84	38.93	250m:	3:04.64	41.44	350m:	4:22.83	36.16
100m:	1:05.91	35.77	200m:	2:23.20	38.36	300m:	3:46.67	42.03	400m:	4:57.82	34.99
22. WITECKI Wojciech	10 CSiR MOS w D browie Górnicy								4:59.09	533 R	
50m:	29.21	29.21	150m:	1:44.20	40.24	250m:	3:07.01	42.62	350m:	4:26.92	35.30
100m:	1:03.96	34.75	200m:	2:24.39	40.19	300m:	3:51.62	44.61	400m:	4:59.09	32.17
23. SKAWI SKI Aleksander	10 UKS 307 Warszawa								5:00.94	523	
50m:	29.83	29.83	150m:	1:46.09	39.95	250m:	3:07.99	42.36	350m:	4:26.80	36.09
100m:	1:06.14	36.31	200m:	2:25.63	39.54	300m:	3:50.71	42.72	400m:	5:00.94	34.14
24. ZAWŁOCKI Kajetan	10 UKS G-8 Bielany Warszawa								5:01.86	518	
50m:	30.57	30.57	150m:	1:47.11	41.10	250m:	3:10.76	42.92	350m:	4:28.71	34.06
100m:	1:06.01	35.44	200m:	2:27.84	40.73	300m:	3:54.65	43.89	400m:	5:01.86	33.15
25. BATUGOWSKI Szymon	09 KS KSZO Ostrowiec w.								5:12.47	467	
50m:	29.92	29.92	150m:	1:45.07	40.65	250m:	3:09.79	45.09	350m:	4:35.59	37.70
100m:	1:04.42	34.50	200m:	2:24.70	39.63	300m:	3:57.89	48.10	400m:	5:12.47	36.88
26. KAPU NIAK Maksym	06 KU AZS UMCS Lublin								5:18.29	442	
50m:	29.36	29.36	150m:	1:48.63	43.27	250m:	3:15.03	44.34	350m:	4:41.10	39.47
100m:	1:05.36	36.00	200m:	2:30.69	42.06	300m:	4:01.63	46.60	400m:	5:18.29	37.19
27. TUNKIEWICZ Piotr	12 MTP Kormoran Olsztyn								5:21.65	428	
50m:	32.49	32.49	150m:	1:53.59	43.31	250m:	3:22.08	46.84	350m:	4:46.37	35.90
100m:	1:10.28	37.79	200m:	2:35.24	41.65	300m:	4:10.47	48.39	400m:	5:21.65	35.28
28. RAC Mikołaj	12 MTP Kormoran Olsztyn								5:30.01	396	
50m:	32.97	32.97	150m:	1:54.62	43.61	250m:	3:26.57	49.96	350m:	4:53.82	37.31
100m:	1:11.01	38.04	200m:	2:36.61	41.99	300m:	4:16.51	49.94	400m:	5:30.01	36.19
29. WRÓBEL Filip	12 KP Strzałka Puławy								5:43.03	353	
50m:	34.59	34.59	150m:	2:00.88	46.11	250m:	3:35.30	49.85	350m:	5:05.13	40.52
100m:	1:14.77	40.18	200m:	2:45.45	44.57	300m:	4:24.61	49.31	400m:	5:43.03	37.90
30. HUBACZ Mateusz	11 MTP Kormoran Olsztyn								5:49.51	334	
50m:	33.93	33.93	150m:	2:07.44	50.47	250m:	3:44.84	49.34	350m:	5:14.53	37.90
100m:	1:16.97	43.04	200m:	2:55.50	48.06	300m:	4:36.63	51.79	400m:	5:49.51	34.98
DYSKW. MURAS Szymon	06 AZS AWF Katowice										
K16											