

X Otwarte Mistrzostwa Warmii i Mazur o Puchar Prezydenta Olsztyna
 Olsztyn, 6. - 7.6.2026

 Konkurencja 29
 07.06.2026 - 12:04

Kobiet, 400m dowolny

 12 lat i starsi
 Wyniki

Punkty: AQUA 2026

Pozycja					Wiek					Czas	Pkt.	
12 lat												
1.	KUMKOWSKA Michalina				12	WOPR Malbork				5:19.53	393	
	50m:	36.82	36.82	150m:	1:59.43	41.60	250m:	3:21.95	40.91	350m:	4:43.68	40.80
	100m:	1:17.83	41.01	200m:	2:41.04	41.61	300m:	4:02.88	40.93	400m:	5:19.53	35.85
2.	STA KIEWICZ Pola				12	MTP Kormoran Olsztyn				5:21.89	385	
	50m:	36.90	36.90	150m:	1:58.75	40.98	250m:	3:21.65	41.50	350m:	4:43.06	40.66
	100m:	1:17.77	40.87	200m:	2:40.15	41.40	300m:	4:02.40	40.75	400m:	5:21.89	38.83
3.	BŁASZCZYK Matylda				12	UKS „GIM 92 Ursynów”				5:26.09	370	
	50m:	35.61	35.61	150m:	1:57.71	41.78	250m:	3:21.67	42.07	350m:	4:45.20	41.94
	100m:	1:15.93	40.32	200m:	2:39.60	41.89	300m:	4:03.26	41.59	400m:	5:26.09	40.89
4.	NASZKIEWICZ Liza				12	MUKS Piorun Gołdap				5:28.67	361	
	50m:	36.71	36.71	150m:	2:01.85	43.62	250m:	3:28.50	43.09	350m:	4:51.52	40.97
	100m:	1:18.23	41.52	200m:	2:45.41	43.56	300m:	4:10.55	42.05	400m:	5:28.67	37.15
5.	RAC Maria				12	MTP Kormoran Olsztyn				5:36.86	335	
	50m:	37.68	37.68	150m:	2:02.59	43.28	250m:	3:29.01	43.72	350m:	4:55.97	43.42
	100m:	1:19.31	41.63	200m:	2:45.29	42.70	300m:	4:12.55	43.54	400m:	5:36.86	40.89
6.	GIECZEWSKA Urszula				12	UKS „Frog” Gi ycko				6:02.86	268	
	50m:	38.00	38.00	150m:	2:07.63	46.12	250m:	3:43.32	47.97	350m:	5:18.43	47.65
	100m:	1:21.51	43.51	200m:	2:55.35	47.72	300m:	4:30.78	47.46	400m:	6:02.86	44.43
7.	SIENIC Natalia				12	MKS Medyk Gi ycko				6:36.52	205	
	50m:	41.57	41.57	150m:	2:20.29	50.30	250m:	4:03.91	51.94	350m:	5:47.35	52.09
	100m:	1:29.99	48.42	200m:	3:11.97	51.68	300m:	4:55.26	51.35	400m:	6:36.52	49.17
8.	JARMACEWICZ Kamila				12	"KS Michałowo"				6:57.18	176	
	50m:	43.52	43.52	150m:	2:27.59	53.09	250m:	4:18.21	56.07	350m:	6:07.63	55.01
	100m:	1:34.50	50.98	200m:	3:22.14	54.55	300m:	5:12.62	54.41	400m:	6:57.18	49.55
9.	BAGI SKA-WALOSZEK Kornelia				12	KS Płetwał Szczytno				7:03.43	169	
	50m:	44.73	44.73	150m:	2:33.92	55.57	250m:	4:25.55	56.32	350m:	6:13.79	53.43
	100m:	1:38.35	53.62	200m:	3:29.23	55.31	300m:	5:20.36	54.81	400m:	7:03.43	49.64
13 lat												
1.	DEMBI SKA Maja				13	Neptun Gda sk				5:32.44	349	
	50m:	36.63	36.63	150m:	2:02.47	43.61	250m:	3:30.03	43.81	350m:	4:54.34	41.60
	100m:	1:18.86	42.23	200m:	2:46.22	43.75	300m:	4:12.74	42.71	400m:	5:32.44	38.10
2.	LASKOWSKA Nadia				13	UKS „Frog” Gi ycko				5:44.54	314	
	50m:	37.13	37.13	150m:	2:03.26	44.49	250m:	3:33.30	44.73	350m:	5:02.94	44.58
	100m:	1:18.77	41.64	200m:	2:48.57	45.31	300m:	4:18.36	45.06	400m:	5:44.54	41.60
14 lat												
1.	KRYSZTOF Alicja				14	MTP Kormoran Olsztyn				4:31.48	641	
	50m:	31.36	31.36	150m:	1:40.52	34.99	250m:	2:49.68	34.41	350m:	3:58.23	34.13
	100m:	1:05.53	34.17	200m:	2:15.27	34.75	300m:	3:24.10	34.42	400m:	4:31.48	33.25
2.	GALEWSKA Isabella				14	MTP Kormoran Olsztyn				5:19.66	393	
	50m:	35.77	35.77	150m:	1:56.87	41.44	250m:	3:18.95	41.08	350m:	4:40.78	41.11
	100m:	1:15.43	39.66	200m:	2:37.87	41.00	300m:	3:59.67	40.72	400m:	5:19.66	38.88
3.	GŁ BOCKA Elena				14	UKS Juwenia iSwim Białystok				5:20.02	391	
	50m:	36.05	36.05	150m:	1:56.74	41.08	250m:	3:18.75	41.07	350m:	4:40.29	40.86
	100m:	1:15.66	39.61	200m:	2:37.68	40.94	300m:	3:59.43	40.68	400m:	5:20.02	39.73

X Otwarte Mistrzostwa Warmii i Mazur o Puchar Prezydenta Olsztyna
 Olsztyn, 6. - 7.6.2026

Konkurencja 29, Dziewcz t, 400m dowolny, 14 lat

Pozycja					Wiek					Czas	Pkt.	
4.	LEE Natalia				14	Ks "Marlin Mława"				5:34.48	343	
	50m:	37.77	37.77	150m:	2:02.58	42.99	250m:	3:30.15	44.14	350m:	4:54.71	41.86
	100m:	1:19.59	41.82	200m:	2:46.01	43.43	300m:	4:12.85	42.70	400m:	5:34.48	39.77
5.	DEPTUŁA Julia				14	MUKS Piorun Gołdap				5:47.57	305	
	50m:	39.21	39.21	150m:	2:07.34	45.57	250m:	3:37.05	44.74	350m:	5:05.86	44.33
	100m:	1:21.77	42.56	200m:	2:52.31	44.97	300m:	4:21.53	44.48	400m:	5:47.57	41.71
6.	KAMI SKA Nadia				14	MKS „Astoria” Bydgoszcz				5:58.22	279	
	50m:	36.75	36.75	150m:	2:05.77	46.10	250m:	3:40.52	47.59	350m:	5:14.56	46.19
	100m:	1:19.67	42.92	200m:	2:52.93	47.16	300m:	4:28.37	47.85	400m:	5:58.22	43.66
7.	MINKO Ksenia				14	"KS Michałowo"				6:49.63	186	
	50m:	42.53	42.53	150m:	2:26.78	52.57	250m:	4:13.23	53.08	350m:	5:59.84	52.08
	100m:	1:34.21	51.68	200m:	3:20.15	53.37	300m:	5:07.76	54.53	400m:	6:49.63	49.79

15 lat i starsi

1.	KAROLEWSKA Julia				15	SWIMLAND Olsztyn				4:34.01	624	
	50m:	30.74	30.74	150m:	1:39.13	34.81	250m:	2:49.53	35.33	350m:	3:59.58	34.82
	100m:	1:04.32	33.58	200m:	2:14.20	35.07	300m:	3:24.76	35.23	400m:	4:34.01	34.43
2.	ŁOPACI SKA Lena				15	UKP Jedyńka Elbl g				4:56.51	492	
	50m:	32.49	32.49	150m:	1:45.70	37.36	250m:	3:02.52	38.58	350m:	4:19.38	38.69
	100m:	1:08.34	35.85	200m:	2:23.94	38.24	300m:	3:40.69	38.17	400m:	4:56.51	37.13
3.	CIARKOWSKA Oliwia				15	UKS Ruch Grudzi dz				5:14.18	414	
	50m:	34.55	34.55	150m:	1:53.44	40.00	250m:	3:14.52	40.50	350m:	4:35.32	40.31
	100m:	1:13.44	38.89	200m:	2:34.02	40.58	300m:	3:55.01	40.49	400m:	5:14.18	38.86
4.	PROCHOWICZ Hanna				15	MUKS Piorun Gołdap				5:30.87	354	
	50m:	36.81	36.81	150m:	2:01.18	42.63	250m:	3:24.91	41.82	350m:	4:50.56	43.39
	100m:	1:18.55	41.74	200m:	2:43.09	41.91	300m:	4:07.17	42.26	400m:	5:30.87	40.31
5.	BURKIEWICZ Zofia				17	SSP „Orka” Iława				5:34.47	343	
	50m:	36.01	36.01	150m:	2:00.33	43.30	250m:	3:26.85	43.27	350m:	4:53.26	43.34
	100m:	1:17.03	41.02	200m:	2:43.58	43.25	300m:	4:09.92	43.07	400m:	5:34.47	41.21
6.	GNIADA Zuzanna				15	KP Płetwał Mława				5:35.18	341	
	50m:	37.13	37.13	150m:	2:02.88	43.63	250m:	3:31.08	44.09	350m:	4:55.63	41.77
	100m:	1:19.25	42.12	200m:	2:46.99	44.11	300m:	4:13.86	42.78	400m:	5:35.18	39.55
7.	SZULC Alicja				16	KP Płetwał Mława				5:35.92	338	
	50m:	35.46	35.46	150m:	1:58.42	43.09	250m:	3:25.94	43.38	350m:	4:53.53	43.43
	100m:	1:15.33	39.87	200m:	2:42.56	44.14	300m:	4:10.10	44.16	400m:	5:35.92	42.39
8.	SZERSZUN Kornelia				15	UKS Butterfly Łom a				5:42.18	320	
	50m:	35.30	35.30	150m:	2:02.10	44.51	250m:	3:31.54	44.93	350m:	5:01.09	44.25
	100m:	1:17.59	42.29	200m:	2:46.61	44.51	300m:	4:16.84	45.30	400m:	5:42.18	41.09