

X Otwarte Mistrzostwa Warmii i Mazur o Puchar Prezydenta Olsztyna
Olsztyn, 6. - 7.6.2026

 Konkurencja 30
07.06.2026 - 12:27

M czyzn, 400m dowolny

 12 lat i starsi
Wyniki

Punkty: AQUA 2026

Pozycja			Wiek						Czas	Pkt.		
12 lat												
1.	ABRAMCZYK Zbigniew		12	UKS „GIM 92 Ursynów”					5:10.43	355		
	50m:	33.10	33.10	150m:	1:51.10	39.65	250m:	3:13.56	41.76	350m:	4:32.21	39.30
	100m:	1:11.45	38.35	200m:	2:31.80	40.70	300m:	3:52.91	39.35	400m:	5:10.43	38.22
2.	SZACHT Dominik		12	UKS H2O Warszawa					5:34.68	283		
	50m:	37.72	37.72	150m:	2:03.47	43.58	250m:	3:28.85	43.29	350m:	4:54.31	41.75
	100m:	1:19.89	42.17	200m:	2:45.56	42.09	300m:	4:12.56	43.71	400m:	5:34.68	40.37
3.	FREYER Kacper		12	UKS „Frog” Gi ycko					6:42.06	163		
	50m:	45.76	45.76	150m:	2:30.06	53.13	250m:	4:13.16	50.99	350m:	5:53.47	50.21
	100m:	1:36.93	51.17	200m:	3:22.17	52.11	300m:	5:03.26	50.10	400m:	6:42.06	48.59
13 lat												
1.	SZOSTAWICKI Tomasz		13	MTP Kormoran Olsztyn					4:55.90	410		
	50m:	33.88	33.88	150m:	1:49.25	38.20	250m:	3:05.11	37.42	350m:	4:21.01	37.47
	100m:	1:11.05	37.17	200m:	2:27.69	38.44	300m:	3:43.54	38.43	400m:	4:55.90	34.89
2.	GROMEK Szymon		13	MTP Kormoran Olsztyn					4:57.47	404		
	50m:	34.28	34.28	150m:	1:51.72	38.93	250m:	3:07.93	38.21	350m:	4:23.45	37.39
	100m:	1:12.79	38.51	200m:	2:29.72	38.00	300m:	3:46.06	38.13	400m:	4:57.47	34.02
3.	WIERZCHOWSKI Oliwier		13	PUKS Orka Ostrów Mazowiecka					5:36.93	278		
	50m:	33.98	33.98	150m:	1:59.05	43.43	250m:	3:28.79	45.23	350m:	4:58.78	44.60
	100m:	1:15.62	41.64	200m:	2:43.56	44.51	300m:	4:14.18	45.39	400m:	5:36.93	38.15
4.	KŁOSOWSKI Paweł		13	SSP „Orka” Iława					6:12.59	205		
	50m:	41.64	41.64	150m:	2:16.13	47.90	250m:	3:53.07	49.27	350m:	5:27.95	46.43
	100m:	1:28.23	46.59	200m:	3:03.80	47.67	300m:	4:41.52	48.45	400m:	6:12.59	44.64
5.	TOKARSKI Aleksander		13	"KS Michałowo"					6:38.75	167		
	50m:	40.16	40.16	150m:	2:21.54	53.13	250m:	4:06.90	52.23	350m:	5:51.90	51.53
	100m:			200m:	3:14.67	53.13	300m:	5:00.37	53.47	400m:	6:38.75	46.85
6.	SADOWSKI Gabriel		13	"KS Michałowo"					7:28.49	117		
	50m:	45.38	45.38	150m:	2:37.08	58.07	250m:	4:35.10	59.55	350m:	6:35.00	1:00.27
	100m:	1:39.01	53.63	200m:	3:35.55	58.47	300m:	5:34.73	59.63	400m:	7:28.49	53.49
14 lat												
1.	SEFERY SKI Mikołaj		14	UKS „GIM 92 Ursynów”					4:33.78	518		
	50m:	30.00	30.00	150m:	1:38.46	34.70	250m:	2:48.33	34.47	350m:	3:59.27	35.89
	100m:	1:03.76	33.76	200m:	2:13.86	35.40	300m:	3:23.38	35.05	400m:	4:33.78	34.51
2.	GŁUSZKIEWICZ Marcel		14	UKS „Dwójka” Tczew					4:37.09	500		
	50m:	30.66	30.66	150m:	1:39.85	34.96	250m:	2:51.19	35.85	350m:	4:02.63	35.37
	100m:	1:04.89	34.23	200m:	2:15.34	35.49	300m:	3:27.26	36.07	400m:	4:37.09	34.46
3.	RAC Mikołaj		14	MTP Kormoran Olsztyn					4:45.12	459		
	50m:	31.33	31.33	150m:	1:41.96	35.78	250m:	2:55.27	36.78	350m:	4:09.88	37.13
	100m:	1:06.18	34.85	200m:	2:18.49	36.53	300m:	3:32.75	37.48	400m:	4:45.12	35.24
4.	MACHNACZ Leon		14	UKS H2O Warszawa					4:49.88	436		
	50m:	31.34	31.34	150m:	1:44.00	37.30	250m:	2:59.94	38.04	350m:	4:14.50	37.15
	100m:	1:06.70	35.36	200m:	2:21.90	37.90	300m:	3:37.35	37.41	400m:	4:49.88	35.38
5.	WUTTKOWSKI Olivier		14	UKS „Dwójka” Tczew					4:54.15	418		
	50m:	32.93	32.93	150m:	1:46.92	37.45	250m:	3:03.22	37.86	350m:	4:18.59	37.34
	100m:	1:09.47	36.54	200m:	2:25.36	38.44	300m:	3:41.25	38.03	400m:	4:54.15	35.56

X Otwarte Mistrzostwa Warmii i Mazur o Puchar Prezydenta Olsztyna
 Olsztyn, 6. - 7.6.2026

Konkurencja 30, Chłopców, 400m dowolny, 14 lat

Pozycja					Wiek					Czas	Pkt.	
6.	TWORKOWSKI Maciej				14	UKS Juvenia iSwim Białystok				4:55.70	411	
	50m:	32.37	32.37	150m:	1:46.62	37.75	250m:	3:02.87	37.53	350m:	4:18.36	37.43
	100m:	1:08.87	36.50	200m:	2:25.34	38.72	300m:	3:40.93	38.06	400m:	4:55.70	37.34
7.	EKIERT Dominik				14	UKS Juvenia iSwim Białystok				4:57.04	406	
	50m:	32.65	32.65	150m:	1:47.67	38.59	250m:	3:05.55	38.74	350m:	4:22.42	37.52
	100m:	1:09.08	36.43	200m:	2:26.81	39.14	300m:	3:44.90	39.35	400m:	4:57.04	34.62
8.	GIECZEWSKI Julian				14	UKS „Frog” Gi ycko				4:57.58	403	
	50m:	32.74	32.74	150m:	1:47.46	37.98	250m:	3:04.49	38.39	350m:	4:20.60	37.93
	100m:	1:09.48	36.74	200m:	2:26.10	38.64	300m:	3:42.67	38.18	400m:	4:57.58	36.98
9.	MISIEWICZ Franciszek				14	UKP Jedyńka Elbl g				5:11.41	352	
	50m:	34.30	34.30	150m:	1:54.24	41.39	250m:	3:15.04	39.36	350m:	4:34.35	39.35
	100m:	1:12.85	38.55	200m:	2:35.68	41.44	300m:	3:55.00	39.96	400m:	5:11.41	37.06
10.	GDANIETZ Oleg				14	UKS „Dwójka” Tczew				5:11.78	351	
	50m:	34.21	34.21	150m:	1:53.22	40.19	250m:	3:14.27	40.68	350m:	4:33.75	39.85
	100m:	1:13.03	38.82	200m:	2:33.59	40.37	300m:	3:53.90	39.63	400m:	5:11.78	38.03
11.	JAKOWICZ Kuba				14	UKS „Frog” Gi ycko				5:25.80	307	
	50m:	37.93	37.93	150m:	2:01.28	41.83	250m:	3:25.43	42.77	350m:	4:48.95	41.08
	100m:	1:19.45	41.52	200m:	2:42.66	41.38	300m:	4:07.87	42.44	400m:	5:25.80	36.85
12.	JAKOWICZ Patryk				14	UKS „Frog” Gi ycko				5:26.20	306	
	50m:	37.76	37.76	150m:	2:01.53	41.92	250m:	3:25.33	42.50	350m:	4:49.18	40.95
	100m:	1:19.61	41.85	200m:	2:42.83	41.30	300m:	4:08.23	42.90	400m:	5:26.20	37.02

15 lat i starsi

1.	TOMCZYK Jan				19	SSP „Orka” Iława				4:30.82	535	
	50m:	28.83	28.83	150m:	1:36.36	34.12	250m:	2:46.06	34.95	350m:	3:56.55	35.38
	100m:	1:02.24	33.41	200m:	2:11.11	34.75	300m:	3:21.17	35.11	400m:	4:30.82	34.27
2.	RÒ ALSKI Kamil				15	UKP Jedyńka Elbl g				4:41.04	479	
	50m:	31.70	31.70	150m:	1:42.36	35.79	250m:	2:54.50	36.22	350m:	4:06.74	35.45
	100m:	1:06.57	34.87	200m:	2:18.28	35.92	300m:	3:31.29	36.79	400m:	4:41.04	34.30
3.	CZUPRYN Aleksander				17	KP Płetwał Mława				4:42.60	471	
	50m:	31.23	31.23	150m:	1:42.30	36.01	250m:	2:54.95	36.47	350m:	4:07.51	36.41
	100m:	1:06.29	35.06	200m:	2:18.48	36.18	300m:	3:31.10	36.15	400m:	4:42.60	35.09
4.	FLIS Jakub				16	UKS abianka Gda sk				4:43.67	466	
	50m:	30.64	30.64	150m:	1:42.66	37.08	250m:	2:56.79	37.29	350m:	4:09.88	36.23
	100m:	1:05.58	34.94	200m:	2:19.50	36.84	300m:	3:33.65	36.86	400m:	4:43.67	33.79
5.	TURSKI Szymon				15	UKS Ruch Grudzi dz				4:44.09	464	
	50m:	29.92	29.92	150m:	1:41.04	36.28	250m:	2:55.49	37.41	350m:	4:09.79	37.18
	100m:	1:04.76	34.84	200m:	2:18.08	37.04	300m:	3:32.61	37.12	400m:	4:44.09	34.30
6.	RUTKOWSKI Bartosz				17	UKP „Polonia Warszawa”				4:45.03	459	
	50m:	31.75	31.75	150m:	1:43.94	36.51	250m:	2:57.10	36.36	350m:	4:09.74	36.12
	100m:	1:07.43	35.68	200m:	2:20.74	36.80	300m:	3:33.62	36.52	400m:	4:45.03	35.29
7.	HUBACZ Mateusz				15	MTP Kormoran Olsztyn				4:45.06	459	
	50m:	32.04	32.04	150m:	1:43.74	36.31	250m:	2:57.07	36.94	350m:	4:10.24	36.34
	100m:	1:07.43	35.39	200m:	2:20.13	36.39	300m:	3:33.90	36.83	400m:	4:45.06	34.82
8.	WALKIEWICZ Juliusz				15	MUKS Piorun Gołdap				4:53.47	421	
	50m:	32.40	32.40	150m:	1:45.50	37.14	250m:	3:00.83	37.98	350m:	4:17.44	38.62
	100m:	1:08.36	35.96	200m:	2:22.85	37.35	300m:	3:38.82	37.99	400m:	4:53.47	36.03
9.	MISIEWICZ Kajetan				17	UKP Jedyńka Elbl g				4:58.90	398	
	50m:	34.19	34.19	150m:	1:48.66	37.42	250m:	3:04.61	38.01	350m:	4:20.81	37.52
	100m:	1:11.24	37.05	200m:	2:26.60	37.94	300m:	3:43.29	38.68	400m:	4:58.90	38.09

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Olsztyn, 6. - 7.6.2026

Konkurencja 30, M czyn, 400m dowolny, 15 lat i starsi

Pozycja									Wiek									Czas	Pkt.
10.	BALKIEWICZ Kajetan								15	UKS Butterfly Łom a								5:00.57	391
	50m:	32.20	32.20	150m:	1:47.39	38.88	250m:	3:07.53	39.65	350m:	4:25.38	38.60							
	100m:	1:08.51	36.31	200m:	2:27.88	40.49	300m:	3:46.78	39.25	400m:	5:00.57	35.19							
11.	KONDRATOWICZ Szymon								15	"KS Michałowo"								5:37.13	277
	50m:	37.12	37.12	150m:	2:03.42	43.93	250m:	3:31.85	44.15	350m:	4:59.51	43.73							
	100m:	1:19.49	42.37	200m:	2:47.70	44.28	300m:	4:15.78	43.93	400m:	5:37.13	37.62							