Konkurencja 11 — Kobiet, 400m dowolny — 11 lat i starsi
21.11.2026 - 12:57 — Wyniki

Punkty: AQUA 2025

11 lat

Pozycja		Wiek					Czas	Pkt.
1.	KOLASA Marika	11	MUKS Piorun Gołdap				**6:23.71**	216
	50m: 40.73 40.73	150m: 2:16.07 48.46	250m: 3:55.68 50.23	350m: 5:37.66 50.90				
	100m: 1:27.61 46.88	200m: 3:05.45 49.38	300m: 4:46.76 51.08	400m: 6:23.71 46.05				
2.	TARANOWSKA Alicja	11	SSP ,,Orka" Iława				**6:24.19**	215
	50m: 41.99 41.99	150m: 2:19.14 49.58	250m: 3:59.20 49.87	350m: 5:39.09 50.12				
	100m: 1:29.56 47.57	200m: 3:09.33 50.19	300m: 4:48.97 49.77	400m: 6:24.19 45.10				

12 lat

Pozycja		Wiek					Czas	Pkt.
1.	RAC Maria	12	MTP Kormoran Olsztyn				**5:13.56**	395
	50m: 35.65 35.65	150m: 1:54.20 39.75	250m: 3:15.18 40.42	350m: 4:35.81 40.43				
	100m: 1:14.45 38.80	200m: 2:34.76 40.56	300m: 3:55.38 40.20	400m: 5:13.56 37.75				
2.	NASZKIEWICZ Liza	12	MUKS Piorun Gołdap				**5:19.00**	376
	50m: 36.60 36.60	150m: 1:58.79 41.89	250m: 3:21.38 41.04	350m: 4:41.53 39.79				
	100m: 1:16.90 40.30	200m: 2:40.34 41.55	300m: 4:01.74 40.36	400m: 5:19.00 37.47				
3.	ULATOWSKA Natalia	12	MTP Kormoran Olsztyn				**5:21.48**	367
	50m: 36.91 36.91	150m: 1:58.46 41.00	250m: 3:20.93 41.23	350m: 4:43.19 41.26				
	100m: 1:17.46 40.55	200m: 2:39.70 41.24	300m: 4:01.93 41.00	400m: 5:21.48 38.29				
4.	WŁODKOWSKA Zofia	12	UKS ,,Frog" Giżycko				**5:34.22**	326
	50m: 36.05 36.05	150m: 1:59.04 42.57	250m: 3:25.32 44.22	350m: 4:53.80 44.38				
	100m: 1:16.47 40.42	200m: 2:41.10 42.06	300m: 4:09.42 44.10	400m: 5:34.22 40.42				
5.	GIECZEWSKA Urszula	12	UKS ,,Frog" Giżycko				**5:35.60**	322
	50m: 37.52 37.52	150m: 2:01.50 42.57	250m: 3:27.94 43.05	350m: 4:54.46 42.39				
	100m: 1:18.93 41.41	200m: 2:44.89 43.39	300m: 4:12.07 44.13	400m: 5:35.60 41.14				

13 lat

Pozycja		Wiek					Czas	Pkt.
1.	BĄKOWSKA Gabriela	13	SWIMLAND Olsztyn				**5:19.91**	372
	50m: 35.77 35.77	150m: 1:56.39 41.02	250m: 3:19.08 41.45	350m: 4:40.41 40.33				
	100m: 1:15.37 39.60	200m: 2:37.63 41.24	300m: 4:00.08 41.00	400m: 5:19.91 39.50				
2.	KOWALSKA Kornelia	13	MTP Kormoran Olsztyn				**5:40.66**	308
	50m: 37.38 37.38	150m: 2:02.79 43.67	250m: 3:31.37 44.35	350m: 4:59.71 43.50				
	100m: 1:19.12 41.74	200m: 2:47.02 44.23	300m: 4:16.21 44.84	400m: 5:40.66 40.95				
3.	RADAWIEC Zuzanna	13	KS Płetwal Szczytno				**6:49.45**	177
	50m: 45.89 45.89	150m: 2:29.48 52.44	250m: 4:16.09 53.61	350m: 5:58.84 51.79				
	100m: 1:37.04 51.15	200m: 3:22.48 53.00	300m: 5:07.05 50.96	400m: 6:49.45 50.61				
DYSKW.	KUBACKA Lena	13	MTP Kormoran Olsztyn					
	O2							
	50m: 35.24 35.24	150m: 1:56.93 42.10	250m:	350m:				
	100m: 1:14.83 39.59	200m:	300m:	400m:				

14 lat

Pozycja		Wiek					Czas	Pkt.
1.	KRYSZTOF Alicja	14	MTP Kormoran Olsztyn				**4:27.16**	640
	50m: 30.70 30.70	150m: 1:38.38 33.98	250m: 2:45.82 33.71	350m: 3:54.32 34.18				
	100m: 1:04.40 33.70	200m: 2:12.11 33.73	300m: 3:20.14 34.32	400m: 4:27.16 32.84				
2.	DEPTUŁA Julia	14	MUKS Piorun Gołdap				**5:30.13**	339
	50m: 37.01 37.01	150m: 1:59.85 41.95	250m: 3:25.10 42.51	350m: 4:50.17 42.55				
	100m: 1:17.90 40.89	200m: 2:42.59 42.74	300m: 4:07.62 42.52	400m: 5:30.13 39.96				

Konkurencja 11, Kobiet, 400m dowolny

15 lat i starsi

1.	ŁOPACIŃSKA Lena				15	UKP Jedynka Elbląg						**4:44.41**	530
	50m:	31.31	31.31	150m:	1:41.25	35.37	250m:	2:54.37	36.73	350m:	4:08.68	36.88
	100m:	1:05.88	34.57	200m:	2:17.64	36.39	300m:	3:31.80	37.43	400m:	4:44.41	35.73
2.	BURKIEWICZ Zofia				17	SSP ,,Orka" Iława						**5:23.94**	359
	50m:	34.77	34.77	150m:	1:56.06	41.46	250m:	3:19.76	41.46	350m:	4:42.96	41.71
	100m:	1:14.60	39.83	200m:	2:38.30	42.24	300m:	4:01.25	41.49	400m:	5:23.94	40.98
3.	BORKOWSKA Patrycja				15	KS ,,Orzeł"						**6:01.00**	259
	50m:	39.50	39.50	150m:	2:09.97	46.24	250m:	3:46.15	48.03	350m:	5:20.58	46.24
	100m:	1:23.73	44.23	200m:	2:58.12	48.15	300m:	4:34.34	48.19	400m:	6:01.00	40.42
PK	GNAŚ Nadia				17	UKS Tri-Team Rumia						**4:40.73**	551
	50m:	31.80	31.80	150m:	1:42.26	35.57	250m:	2:53.88	35.88	350m:	4:06.11	36.10
	100m:	1:06.69	34.89	200m:	2:18.00	35.74	300m:	3:30.01	36.13	400m:	4:40.73	34.62
PK	SŁOWIŃSKA Łucja				13	UKS Tri-Team Rumia						**5:12.22**	401
	50m:	35.73	35.73	150m:	1:54.81	40.02	250m:	3:15.03	40.00	350m:	4:35.54	40.03
	100m:	1:14.79	39.06	200m:	2:35.03	40.22	300m:	3:55.51	40.48	400m:	5:12.22	36.68
PK	GŁOGOWSKA Maja				16	UKS Piątka Konstantynów Łódzki						**5:15.57**	388
	50m:	33.72	33.72	150m:	1:51.46	39.52	250m:	3:13.99	41.58	350m:	4:36.41	40.49
	100m:	1:11.94	38.22	200m:	2:32.41	40.95	300m:	3:55.92	41.93	400m:	5:15.57	39.16
PK	BER Lena				12	UKS Piątka Konstantynów Łódzki						**5:21.07**	368
	50m:	37.42	37.42	150m:	1:58.55	40.30	250m:	3:19.58	40.49	350m:	4:41.01	40.59
	100m:	1:18.25	40.83	200m:	2:39.09	40.54	300m:	4:00.42	40.84	400m:	5:21.07	40.06
PK	NAJI Kamila				18	UKS Piątka Konstantynów Łódzki						**5:28.49**	344
	50m:	35.49	35.49	150m:	1:56.86	41.58	250m:	3:22.22	42.85	350m:	4:48.33	42.95
	100m:	1:15.28	39.79	200m:	2:39.37	42.51	300m:	4:05.38	43.16	400m:	5:28.49	40.16
PK	KOLASA Dominika				12	UKS Piątka Konstantynów Łódzki						**5:29.03**	342
	50m:	36.74	36.74	150m:	2:00.98	42.76	250m:	3:26.85	42.48	350m:	4:52.64	42.27
	100m:	1:18.22	41.48	200m:	2:44.37	43.39	300m:	4:10.37	43.52	400m:	5:29.03	36.39
PK	BUJNOWICZ Zofia				14	UKS Piątka Konstantynów Łódzki						**6:12.38**	236
	50m:	41.89	41.89	150m:	2:15.80	47.77	250m:	3:52.02	48.20	350m:	5:28.21	47.86
	100m:	1:28.03	46.14	200m:	3:03.82	48.02	300m:	4:40.35	48.33	400m:	6:12.38	44.17