



Otwarte Mistrzostwa Okręgu Lubuskiego 2025
Zielona Góra, 14.6.2025

Konkurencja 3
14.06.2025 - 10:51

Kobiet, 400m zmienny

Open
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.								Czas		Pkt.
Rocznik 2010											
1. Kozłowska Milena	10		Just Swim Beavers						6:00.51		394
50m: 39.04 39.04	150m: 2:14.83 47.10	250m: 3:46.40 47.09	350m: 5:18.61 44.07								
100m: 1:27.73 48.69	200m: 2:59.31 44.48	300m: 4:34.54 48.14	400m: 6:00.51 41.90								
Rocznik 2012											
1. Bielous Lena	12		KS Rekin Świebodzice						6:15.55		348
50m: 37.77 37.77	150m: 2:13.90 49.43	250m: 3:53.03 52.02	350m: 5:32.39 44.72								
100m: 1:24.47 46.70	200m: 3:01.01 47.11	300m: 4:47.67 54.64	400m: 6:15.55 43.16								
Open											
1. Glińska Oliwia	07		TP Zielona Góra						5:08.82		627
50m: 33.55 33.55	150m: 1:49.40 38.17	250m: 3:12.14 45.27	350m: 4:33.67 36.34								
100m: 1:11.23 37.68	200m: 2:26.87 37.47	300m: 3:57.33 45.19	400m: 5:08.82 35.15								
2. Borczyk Martyna	00		UKS ALFA Wałbrzych						5:43.93		454
50m: 35.42 35.42	150m: 2:01.20 43.83	250m: 3:32.92 48.60	350m: 5:03.93 41.51								
100m: 1:17.37 41.95	200m: 2:44.32 43.12	300m: 4:22.42 49.50	400m: 5:43.93 40.00								
3. Kozłowska Milena	10		Just Swim Beavers						6:00.51		394
50m: 39.04 39.04	150m: 2:14.83 47.10	250m: 3:46.40 47.09	350m: 5:18.61 44.07								
100m: 1:27.73 48.69	200m: 2:59.31 44.48	300m: 4:34.54 48.14	400m: 6:00.51 41.90								
4. Bielous Lena	12		KS Rekin Świebodzice						6:15.55		348
50m: 37.77 37.77	150m: 2:13.90 49.43	250m: 3:53.03 52.02	350m: 5:32.39 44.72								
100m: 1:24.47 46.70	200m: 3:01.01 47.11	300m: 4:47.67 54.64	400m: 6:15.55 43.16								
5. Świdurska Aurelia	09		KS Rekin Świebodzice						6:20.53		335
50m: 40.56 40.56	150m: 2:14.87 46.32	250m: 3:54.66 54.05	350m: 5:34.33 44.63								
100m: 1:28.55 47.99	200m: 3:00.61 45.74	300m: 4:49.70 55.04	400m: 6:20.53 46.20								